

**Byeenkoms :2025 INTERHUIS  
2025/01/17 by OOS-MOOT**

**Alle Finale se uitslae**

Gerankskik volgens Item tipes

Prestasie-punte: APE 2024 tabel, Handtyd, Hoogte bo seevlak=1400

Age	Plek	Atleet	Span	Pres	Pres	Punte	Medalje	Wind	Rekords
<b>Item 101 11:50:00 Final Resultate Dogters 14 100m</b>									
	1	KORFF, RUMAY, , / /	B	12.66	<b>850</b>	8	G		
	2	MAHLANGU, MBALI, ,	B	13.97	<b>734</b>	7	S		
	3	ROBERTSON, KAHINA, ,	B	14.73	<b>680</b>	6	B		
	4	VAN ROOYEN, MIKAYLA, ,	H	14.95	<b>665</b>	5			
	5	VAN DER MERWE, NOA, ,	H	15.06	<b>658</b>	4			
	6	MYBURGH, MICHAYLA, ,	B	15.22	<b>648</b>	3			
	7	PARK, KAYLA, ,	B	15.46	<b>633</b>	2			
	8	VRAAGOM, SCHYLAR, ,	H	15.75	<b>616</b>	1			
<b>Item 102 11:52:00 Final Resultate Seuns 14 100m</b>									
	1	VAN STADEN, ZANDER, ,	H	12.42	<b>567</b>	8	G		
	2	JACOBS, TIEGO, ,	B	12.67	<b>532</b>	7	S		
	3	MYBURGH, RUVAN, ,	B	12.68	<b>531</b>	6	B		
	4	MODIMOLA, MAHLATSI, ,	B	12.70	<b>528</b>	5			
	5	ERASMUS, DIVAN, ,	A	12.79	<b>517</b>	4			
	6	DE WET, DAMION, ,	A	13.15	<b>472</b>	3			
	7	VAN DER VINNE, ROBERT, ,	H	13.19	<b>467</b>	2			
	8	JORDAAN, ALEXANDER, ,	B	13.43	<b>440</b>	1			
<b>Item 103 11:55:00 Final Resultate Dogters 15 100m</b>									
	1	RIEKERT, YARA-LEE, ,	B	12.81	<b>824</b>	8	G		
	2	NIENABER, ELZAY, ,	B	13.55	<b>759</b>	7	S		
	3	BOTHA, TEMIKE, ,	A	13.75	<b>743</b>	6	B		
	4	MALAN, WIANDRI, ,	B	14.02	<b>722</b>	5			
	5	CRONJE, MEGAN, ,	A	14.71	<b>673</b>	4			
	6	BIELDT, KIARA, ,	A	15.04	<b>652</b>	3			
	7	GROBLER, LEIGH-CHAE, ,	A	15.30	<b>635</b>	2			
	8	MASANGU, NTANDO, ,	B	15.38	<b>630</b>	1			
<b>Item 104 11:58:00 Final Resultate Seuns 15 100m</b>									
	1	OLCKERS, DRIKUS, ,	B	11.77	<b>645</b>	8	G		
	2	STRYDOM, WANRÉ, , / /	H	12.05	<b>601</b>	7	S		
	3	LUDICK, DANRÉ, ,	B	12.06	<b>600</b>	6	B		
	4	STORM, IVAN, ,	H	12.62	<b>521</b>	5			
	5	KLEINSMIT, AJ, ,	B	12.64	<b>518</b>	4			
	6	BREYTENBACH, JOSHUA, ,	A	12.67	<b>514</b>	3			
	7	MASANGU, BRIGHT, ,	B	12.68	<b>513</b>	2			
	8	PUTTER, ZACK, ,	B	13.02	<b>470</b>	1			
	9	DEWET, LUAN, ,	A	13.48	<b>416</b>	0			
<b>Item 105 12:01:00 Final Resultate Dogters 16 100m</b>									
	1	BOTHA, AMELIA, ,	A	12.19	<b>878</b>	8	G		
	2	FERREIRA, MEGAN, ,	A	13.51	<b>754</b>	7	S		
	3	THERON, TILANI, ,	H	13.81	<b>730</b>	6	B		
	4	SILVIUS, GABBY, ,	H	14.16	<b>704</b>	5			
	5	BREYTENBACH, TELANA, ,	A	14.59	<b>674</b>	4			
	6	SIEBERT, MARZEL, ,	H	14.74	<b>664</b>	3			
	7	LOVE, LANA, ,	B	15.18	<b>636</b>	2			
	8	CAMPHER, MICAH, ,	A	15.54	<b>614</b>	1			
<b>Item 106 12:04:00 Final Resultate Seuns 16 100m</b>									
	1	SMITH, LE ROUX, ,	H	10.65	<b>845</b>	8	G		START25
	2	VENTER, LUKE, ,	H	11.17	<b>732</b>	7	S		
	3	BADENHORST, ARNO, ,	A	11.67	<b>643</b>	6	B		

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4	BUDHA, MICHAEL, ,	A 11.92	<b>604</b>	5
5	DREYER, CORNE, ,	A 12.02	<b>588</b>	4
6	MCCREAMER, RYAN, ,	B 12.03	<b>587</b>	3
7	VAN DER ZEE, STEPHAN, ,	H 12.06	<b>582</b>	2
8	PRINSLOO, PHILIP, ,	B 13.17	<b>437</b>	1

**Item 111 12:07:00 Final Resultate Dogters 17 100m**

1	DINGELSTAD, MIA, ,	A 13.05	<b>785</b>	8	G
2	STOKES, ZANDRI, ,	H 13.34	<b>760</b>	7	S
3	DIPPENAAR, KIARA, ,	A 14.07	<b>702</b>	6	B
4	ROUX, MISCHKE, ,	H 14.10	<b>700</b>	5	
5	STEYN, LIA, ,	H 14.50	<b>673</b>	4	
6	GALVIN, EMMA, ,	A 14.78	<b>654</b>	3	
7	VILJOEN, PAGAN, ,	H 15.18	<b>629</b>	2	
8	BARNARD, VERONIQUE, ,	A 15.45	<b>612</b>	1	

**Item 112 12:10:00 Final Resultate Seuns 17 100m**

1	DELPORT, LEANDRO, ,	A 10.69	<b>811</b>	8	G
2	COLLINSON, DINO, , / /	A 10.88	<b>770</b>	7	S
3	BOTHA, DEVAN, ,	A 11.12	<b>721</b>	6	B
4	JACOBS, BRADLEY, ,	B 11.57	<b>641</b>	5	
5	BREYTENBACH, KEEGAN, ,	A 11.63	<b>631</b>	4	
6	MALAN, DEWAN, ,	B 11.65	<b>628</b>	3	
7	THERON, ELMAR, ,	H 11.66	<b>626</b>	2	
8	KOK, KAREL, ,	B 12.25	<b>538</b>	1	

**Item 113 12:13:00 Final Resultate Dogters 19 100m**

1	DE BEER, ARETHA, ,	A 12.69	<b>800</b>	8	G
2	STOKES, MINÉ, ,	H 13.21	<b>755</b>	7	S
3	NIEMANDT, KARA, ,	B 13.46	<b>734</b>	6	B
4	STEENKAMP, JANA, ,	H 14.00	<b>693</b>	5	
5	VAN DEN BERG, CHARNE, ,	H 14.47	<b>661</b>	4	
6	SNYDERS, RENE, ,	H 14.84	<b>636</b>	3	
7	BRIDER, MIKAYLA, ,	A 14.94	<b>630</b>	2	

**Item 114 12:16:00 Final Resultate Seuns 19 100m**

1	PRETORIUS, JAYDEN, ,	B 10.42	<b>835</b>	8	G	START25
2	JOUBERT, DAVID, ,	B 10.72	<b>768</b>	7	S	
3	BOSHOFF, SAREL, ,	A 11.15	<b>683</b>	6	B	
4	WILLIAMS, DREW, ,	H 11.25	<b>665</b>	5		
5	LE ROUX, KAYDEN, ,	B 11.32	<b>653</b>	4		
6	AFORD, DEWRON, ,	A 11.47	<b>628</b>	3		
7	PETROWSKI, MICHAEL, ,	B 11.95	<b>554</b>	2		

**Item 125 12:51:00 Naal Vroue MixAge 100m****Item 126 12:53:00 Naal Mans MixAge 100m****Item 71 10:41:00 Final Resultate Dogters 14 200m**

1	KORFF, RUMAY, , / /	B 26.83	<b>835</b>	8	G
2	MAHLANGU, MBALI, ,	B 29.13	<b>749</b>	7	S
3	DE NYSSCHEN, GABBY, ,	A 31.21	<b>684</b>	6	B
4	MARAIS, AMOREY, ,	B 33.34	<b>627</b>	5	
5	GROENEWALD, MIEKE, ,	A 36.34	<b>558</b>	4	

**Item 72 10:44:00 Final Resultate Seuns 14 200m**

1	VAN STADEN, ZANDER, ,	H 25.35	<b>538</b>	8	G
2	MODIMOLA, MAHLATSI, ,	B 25.42	<b>533</b>	7	S
3	ERASMUS, DIVAN, ,	A 26.65	<b>450</b>	6	B
4	MYBURGH, RUVAN, ,	B 27.66	<b>389</b>	5	
5	BERGMAN, WILLIAM, ,	A 27.82	<b>380</b>	4	

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6	LUDICK, LOGAN, ,	B 32.48	<b>160</b>	3	
<b>Item 73</b>	<b>10:47:00</b>	<b>Final Resultate Dogters 15 200m</b>			
1	RIEKERT, YARA-LEE, ,	B 28.74	<b>755</b>	8	G
2	NIENABER, ELZAY, ,	B 28.77	<b>754</b>	7	S
3	GROBLER, LEIGH-CHAE, ,	A 30.00	<b>713</b>	6	B
4	BOTHA, TEMIKE, ,	A 30.92	<b>686</b>	5	
5	DE HAAST, MARI, ,	A 32.16	<b>651</b>	4	
6	ROODT, JANE, ,	B 32.76	<b>635</b>	3	
7	GALETTI, AMY, ,	A 35.31	<b>575</b>	2	
8	STAPELBERG, CARMEN, ,	H 40.00	<b>482</b>	1	
<b>Item 74</b>	<b>10:50:00</b>	<b>Final Resultate Seuns 15 200m</b>			
1	STEENKAMP, DANIEL, ,	H 23.60	<b>657</b>	8	G
2	STRYDOM, WANRÉ, , / /	H 25.16	<b>531</b>	7	S
3	LUDICK, DANRÉ, ,	B 25.69	<b>494</b>	6	B
4	KLEINSMIT, AJ, ,	B 26.20	<b>460</b>	5	
5	PUTTER, ZACK, ,	B 26.64	<b>432</b>	4	
6	VAN HEERDEN, DIVAN, ,	H 48.48	<b>0</b>	3	
<b>Item 75</b>	<b>10:52:00</b>	<b>Final Resultate Dogters 16 200m</b>			
1	BOTHA, ILINE, ,	A 25.86	<b>859</b>	8	G
2	BREYTENBACH, TELANA, ,	A 30.65	<b>687</b>	7	S
3	SCHOEMAN, JESS, ,	H 33.96	<b>599</b>	6	B
<b>Item 76</b>	<b>10:55:00</b>	<b>Final Resultate Seuns 16 200m</b>			
1	SMITH, LE ROUX, ,	H 23.14	<b>678</b>	8	G
2	BADENHORST, ARNO, ,	A 24.17	<b>589</b>	7	S
3	DREYER, CORNE, ,	A 25.17	<b>513</b>	6	B
4	HUGO, FRANCO, ,	A 25.36	<b>500</b>	5	
5	VAN DER ZEE, STEPHAN, ,	H 26.12	<b>449</b>	4	
6	PRETORIUS, HANDRE, ,	B 28.70	<b>302</b>	3	
7	DE BRUIN, AIDEN, ,	A 30.49	<b>216</b>	2	
8	KOEN, EBEN, ,	B 32.39	<b>136</b>	1	
<b>Item 77</b>	<b>10:59:00</b>	<b>Final Resultate Dogters 17 200m</b>			
1	STOKES, ZANDRI, ,	H 28.68	<b>742</b>	8	G
2	DINGELSTAD, MIA, ,	A 29.10	<b>728</b>	7	S
3	VILJOEN, PAGAN, ,	H 34.05	<b>591</b>	6	B
<b>Item 78</b>	<b>11:02:00</b>	<b>Final Resultate Seuns 17 200m</b>			
1	DELPORT, LEANDRO, ,	A 22.20	<b>752</b>	8	G
2	JACOBS, BRADLEY, ,	B 24.72	<b>529</b>	7	S
3	WEPENAAR, LEONARD, ,	H 31.91	<b>144</b>	6	B
<b>Item 79</b>	<b>11:05:00</b>	<b>Final Resultate Dogters 19 200m</b>			
1	DE BEER, ARETHA, ,	A 27.38	<b>774</b>	8	G
<b>Item 80</b>	<b>11:08:00</b>	<b>Final Resultate Seuns 19 200m</b>			
1	PRETORIUS, JAYDEN, ,	B 21.60	<b>782</b>	8	G
2	JOUBERT, DAVID, ,	B 21.69	<b>772</b>	7	S
3	WILLIAMS, DREW, ,	H 23.12	<b>629</b>	6	B
4	BOSHOFF, SAREL, ,	A 23.76	<b>575</b>	5	
5	DU TOIT, ADLEY, ,	A 26.17	<b>406</b>	4	
<b>Item 115</b>	<b>12:20:00</b>	<b>Final Resultate Dogters 14 400m</b>			
1	KORFF, RUMAY, , / /	B 1:09.38	<b>715</b>	8	G
2	VAN DER MERWE, NOA, ,	H 1:17.11	<b>627</b>	7	S
3	DE NYSSCHEN, GABBY, ,	A 1:18.18	<b>616</b>	6	B
4	VAN ROOYEN, MIKAYLA, ,	H 1:21.48	<b>585</b>	5	
5	STEYN, KAYLEE, ,	H 1:31.28	<b>503</b>	4	

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6	TALJAARD, ABBIGAELE, ,	H	1:33.30	<b>488</b>	3	
<b>Item 116 12:23:00 Naal Seuns 14 400m</b>						
1	ESTERHUIZEN, RUBEN, , / /	A	1:03.02	<b>483</b>	8	G
2	VAN STADEN, ZANDER, ,	H	1:03.64	<b>470</b>	7	S
3	JORDAAN, ALEXANDER, ,	B	1:05.72	<b>428</b>	6	B
4	ACKERMAN, JAUN, ,	A	1:23.18	<b>162</b>	5	
5	VAN STADEN, WALDO, ,	H	1:29.04	<b>94</b>	4	
<b>Item 117 12:26:00 Naal Dogters 15 400m</b>						
1	HAY, LANE, ,	A	1:19.66	<b>603</b>	8	G
2	GINDRA, SHANTINE, ,	A	1:25.23	<b>553</b>	7	S
3	SCHOLTZ, ABIGAIL, ,	H	1:28.32	<b>527</b>	6	B
4	JOUBERT, DIANE, ,	B	1:30.79	<b>508</b>	5	
5	VAN DER MERWE, SANDRA-KATE, ,	H	1:32.01	<b>499</b>	4	
6	TOM, LIYEMA, ,	H	1:35.82	<b>472</b>	3	
<b>Item 118 12:29:00 Naal Seuns 15 400m</b>						
1	GEYER, CIHAN, ,	A	1:02.12	<b>489</b>	8	G
2	NIENABER, JANU, ,	B	1:02.95	<b>471</b>	7	S
3	BRONKHORST, JD, ,	A	1:15.13	<b>258</b>	6	B
<b>Item 119 12:32:00 Naal Dogters 16 400m</b>						
1	BOTHA, ILINE, ,	A	1:09.61	<b>699</b>	8	G
2	DEYSEL, ALEX, ,	A	1:13.17	<b>657</b>	7	S
3	STEENKAMP, MIA, ,	H	1:15.39	<b>633</b>	6	B
4	MARSHALL, JAMIE, ,	B	1:17.18	<b>614</b>	5	
5	THERON, TILANI, ,	H	1:19.86	<b>589</b>	4	
6	LOMBERTS, MIEKE, ,	B	1:20.57	<b>582</b>	3	
<b>Item 120 12:35:00 Naal Seuns 16 400m</b>						
1	SMITH, LE ROUX, ,	H	0:56.17	<b>621</b>	8	G
2	BUDHA, MICHAEL, ,	A	1:01.48	<b>489</b>	7	S
3	KAMPHER, DIAN, ,	B	1:07.79	<b>365</b>	6	B
4	HUGO, DEAN, ,	A	1:14.52	<b>256</b>	5	
5	KOEN, EBEN, ,	B	1:26.91	<b>98</b>	4	
6	PRETORIUS, DRIKUS, ,	B	1:27.16	<b>95</b>	3	
<b>Item 121 12:38:00 Naal Dogters 17 400m</b>						
1	DINGELSTAD, MIA, ,	A	1:12.31	<b>668</b>	8	G
2	STOKES, ZANDRI, ,	H	1:12.65	<b>664</b>	7	S
3	WALTER, CATELYN, ,	H	1:51.49	<b>367</b>	6	B
4	MEIRING, BIANCA, ,	B	1:51.63	<b>366</b>	5	
5	ROSS, LANE, ,	B	1:52.01	<b>364</b>	4	
<b>Item 122 12:41:00 Naal Seuns 17 400m</b>						
1	MALAN, DEWAN, ,	B	0:56.11	<b>609</b>	8	G
2	DELPORT, LEANDRO, ,	A	0:58.34	<b>551</b>	7	S
3	BOTHA, DEVAN, ,	A	0:58.95	<b>535</b>	6	B
4	KEKANA, HENDRIK, ,	B	1:07.59	<b>357</b>	5	
5	VAN ROOYEN, RUARD, ,	H	1:11.60	<b>291</b>	4	
<b>Item 123 12:44:00 Naal Dogters 19 400m</b>						
1	STOKES, MINÉ, ,	H	1:13.00	<b>649</b>	8	G
<b>Item 124 12:47:00 Naal Seuns 19 400m</b>						
1	JOUBERT, DAVID, ,	B	0:57.44	<b>551</b>	8	G
<b>Item 81 11:11:00 Naal Dogters 14 800m</b>						
1	KORFF, RUMAY, , / /	B	2:46.21	<b>691</b>	8	G
2	DU PLESSIS, LANA, ,	A	2:48.87	<b>676</b>	7	S

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3	VAN DER MERWE, NOA, ,	H 2:55.25	<b>641</b>	6	B
4	VAN HEERDEN, LUME, ,	H 3:55.55	<b>408</b>	5	
5	STEYN, KAYLEE, ,	H 3:55.65	<b>408</b>	4	
6	VAN NIEKERK, NICOLA, ,	H 4:07.25	<b>375</b>	3	
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<b>Item 86</b>	<b>11:15:00</b>	<b>Onaal Seuns 14 800m</b>			
1	BOTHA, JEANDRE, ,	A 2:51.00	<b>0</b>	8	G
2	MAXWELL, ADRIAN, ,	B 2:54.32	<b>0</b>	7	S
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<b>Item 93</b>	<b>11:19:00</b>	<b>Onaal Dogters 15 800m</b>			
1	MULDER, JANA, ,	B 2:58.30	<b>617</b>	8	G
2	GROBLER, LEIGH-CHAE, ,	A 2:58.53	<b>616</b>	7	S
3	VAN DER MERWE, SANDRA-KATE, ,	H 3:16.87	<b>534</b>	6	B
4	FERREIRA, INGE, ,	A 3:19.92	<b>522</b>	5	
5	VAN AARDT, NADIA, ,	H 3:28.86	<b>488</b>	4	
6	LE ROUX, FLEUR, ,	B 3:36.07	<b>463</b>	3	
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<b>Item 94</b>	<b>11:23:00</b>	<b>Onaal Seuns 15 800m</b>			
1	PRETORIUS, IVANDRÉ, ,	B 2:23.09	<b>251</b>	8	G
2	GEYER, CIHAN, ,	A 2:26.00	<b>208</b>	7	S
3	ESTERHUIZEN, RUBEN, , / /	A 2:26.76	<b>197</b>	6	B
4	TUBERRY, MATTHEW, ,	H 2:46.64	<b>0</b>	5	
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<b>Item 95</b>	<b>11:27:00</b>	<b>Onaal Dogters 16 800m</b>			
1	GROENEWALD, CHANEL, ,	A 2:33.40	<b>756</b>	8	G
2	MARSHALL, JAMIE, ,	B 2:41.75	<b>702</b>	7	S
3	DAYSEL, ALEX, ,	A 2:46.88	<b>672</b>	6	B
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<b>Item 96</b>	<b>11:31:00</b>	<b>Onaal Seuns 16 800m</b>			
1	PRETORIUS, FRANCO, ,	B 2:22.87	<b>231</b>	8	G
2	BEUKES, ZUWAN, ,	A 2:24.68	<b>204</b>	7	S
3	LOOCK, ETHAN, ,	B 2:40.40	<b>3</b>	6	B
4	SNYDER, KURT, ,	H 2:40.71	<b>0</b>	5	
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<b>Item 97</b>	<b>11:35:00</b>	<b>Onaal Dogters 17 800m</b>			
1	VAN DER MERWE, TINDALL, ,	H 2:54.28	<b>632</b>	8	G
2	MAXWELL, CLARINE, ,	B 3:27.42	<b>489</b>	7	S
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<b>Item 98</b>	<b>11:39:00</b>	<b>Onaal Seuns 17 800m</b>			
1	ESTERHUIZEN, DANIEL, ,	A 2:16.40	<b>311</b>	8	G
2	WILLERING, HENRU, ,	H 2:19.83	<b>254</b>	7	S
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<b>Item 99</b>	<b>11:43:00</b>	<b>Onaal Dogters 19 800m</b>			
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<b>Item 100</b>	<b>11:47:00</b>	<b>Onaal Seuns 19 800m</b>			
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<b>Item 50</b>	<b>10:04:00</b>	<b>Onaal Dogters 14 1500m</b>			
1	DU PLESSIS, LANA, ,	A 05:44.00	<b>583</b>	8	G
2	VAN DER MERWE, NOA, ,	H 06:03.00	<b>517</b>	7	S
3	PARK, KAYLA, ,	B 07:03.00	<b>350</b>	6	B
4	TALJAARD, MIKAYLA, ,	H 07:07.00	<b>340</b>	5	
5	SIRRALS, ALEXI, ,	H 07:08.00	<b>338</b>	4	
6	VAN JAARSVELD, LUMANDIE, ,	H 07:42.00	<b>264</b>	3	
7	HARMSE, SHENITA, ,	A 08:03.00	<b>223</b>	2	
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<b>Item 49</b>	<b>09:58:00</b>	<b>Onaal Seuns 14 1500m</b>			
1	ESTERHUIZEN, RUBEN, , / /	A 05:02.00	<b>648</b>	8	G
2	DAVEL, DECKLEN, ,	A 05:20.00	<b>584</b>	7	S
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<b>Item 48</b>	<b>09:52:00</b>	<b>Onaal Dogters 15 1500m</b>			
1	MULDER, JANA, ,	B 06:09.00	<b>479</b>	8	G
2	VAN DER MERWE, SANDRA-KATE, ,	H 06:38.00	<b>396</b>	7	S

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3	WILCOCKS, LEANDRI, ,	H 06:39.00	<b>394</b>	6	B
4	GALETTI, AMY, ,	A 07:03.00	<b>334</b>	5	
5	CRONJE, JOLENE, ,	A 08:05.00	<b>206</b>	4	
6	POOTS, ANDREA, ,	B 08:35.00	<b>153</b>	3	
7	MALAN, CINTY-SHAY, ,	B 08:56.00	<b>120</b>	2	

**Item 47 09:46:00 Onaal Seuns 15 1500m**

1	GROBLER, MARIUS, ,	A 05:00.00	<b>643</b>	8	G
2	PRETORIUS, IVANDRÉ, ,	B 05:09.00	<b>610</b>	7	S
3	KLEINSMIT, AJ, ,	B 05:19.00	<b>575</b>	6	B
4	JOUBERT, AB, ,	B 05:20.17	<b>572</b>	5	

**Item 46 09:40:00 Onaal Dogters 16 1500m**

1	GROENEWALD, CHANEL, ,	A 05:08.70	<b>698</b>	8	G
2	DAYSSEL, ALEX, ,	A 05:51.00	<b>527</b>	7	S
3	MARSHALL, JAMIE, ,	B 06:22.00	<b>430</b>	6	B
4	VAN DYK, KARLA, ,	H 06:38.00	<b>386</b>	5	
5	BEETGE, CHELSEY, ,	A 06:59.00	<b>334</b>	4	
6	VAN NIEKERK, GABRIELLA, ,	H 07:01.00	<b>329</b>	3	
7	VAN DER WALT, AVA, ,	H 07:26.00	<b>274</b>	2	

**Item 35 09:34:00 Onaal Seuns 16 1500m**

1	PRETORIUS, FRANCO, ,	B 05:07.00	<b>605</b>	8	G
2	BADENHORST, AIDEN, ,	A 05:10.32	<b>593</b>	7	S
3	BEUKES, ZUWAN, ,	A 05:10.96	<b>591</b>	6	B
4	VAN BLERK, RUBEN, ,	H 05:42.00	<b>494</b>	5	
5	SMITH, ARMAND, ,	H 05:56.00	<b>456</b>	4	
6	PRETORIUS, DRIKUS, ,	B 06:06.00	<b>431</b>	3	
7	KAMPHER, DIAN, ,	B 06:13.00	<b>414</b>	2	
8	SENEKAL, JOSH, ,	H 07:16.00	<b>284</b>	1	

**Item 34 09:28:00 Onaal Dogters 17 1500m**

1	VAN DER MERWE, TINDALL, ,	H 05:51.00	<b>520</b>	8	G
2	PERCELL, TAYLE, ,	B 06:22.00	<b>424</b>	7	S
3	MAXWELL, CLARINE, ,	B 06:34.00	<b>391</b>	6	B
4	GRIESEL, BELINDA, ,	A 06:45.00	<b>362</b>	5	

**Item 33 09:22:00 Onaal Seuns 17 1500m**

1	ESTERHUIZEN, DANIEL, ,	A 04:44.50	<b>680</b>	8	G
2	BADENHORST, BURGER, ,	A 06:18.50	<b>392</b>	7	S
3	STOLP, TIAAN, ,	H 06:18.60	<b>392</b>	6	B
4	VILJOEN, HENNING, ,	H 06:25.00	<b>377</b>	5	
5	DE KOK, DERICK, ,	A 06:38.00	<b>349</b>	4	
6	KOK, JOSHUA, ,	B 06:44.00	<b>337</b>	3	
7	SWANEPOEL, SHANE, ,	H 06:45.00	<b>335</b>	2	

**Item 32 09:16:00 Onaal Dogters 19 1500m**

1	BAASCH, KAYLIN, ,	A 05:46.00	<b>530</b>	8	G
2	TOPPER, MIANDIE, ,	H 07:07.00	<b>304</b>	7	S
3	SMIT, JANINE, ,	H 07:29.00	<b>256</b>	6	B
4	BOTHA, BRONWYN, ,	A 07:31.00	<b>252</b>	5	

**Item 31 09:10:00 Onaal Seuns 19 1500m**

1	COETZEE, HEINRICH, ,	A 04:44.30	<b>656</b>	8	G
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**Item 127 12:55:00 Onaal Vroue MixAge 3000m**

13	1	GROENEWALD, CHANEL, ,	A 11:41.36	<b>0</b>	8	G
13	2	DU PLESSIS, LANA, ,	A 12:22.99	<b>0</b>	7	S
13	3	BAASCH, KAYLIN, ,	A 12:50.00	<b>0</b>	6	B
13	4	VAN DER MERWE, TINDAL, ,	H 13:24.09	<b>0</b>	5	
13	5	VAN DER MERWE, NOA, ,	H 13:35.33	<b>0</b>	4	

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13	6	VAN DER MERWE, SANDRA-KATE, ,	H 15:56.39	<b>0</b>	3
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**Item 128 13:10:00 Onaal Mans MixAge 3000m**

13	1	COETZEE, HEINRICH, ,	A 10:09.03	<b>0</b>	8	G
13	2	PRETORIUS, FRANCO, ,	B 11:15.87	<b>0</b>	7	S
13	3	BADENHORST, AIDEN, ,	A 11:40.30	<b>0</b>	6	B
13	4	BEUKES, ZUWHAN, ,	A 11:59.35	<b>0</b>	5	
13	5	PRETORIUS, IVANDRE, ,	B 12:03.05	<b>0</b>	4	
13	6	VAN NIEKERK, WILLIE, ,	H 14:13.33	<b>0</b>	3	
13	7	LIEBENBERG, JORDAN, ,	B 14:14.69	<b>0</b>	2	
13	8	STRYDOM, DIAN, ,	H 14:15.53	<b>0</b>	1	
13	9	ESTERHUIZEN, DANIEL, ,	A 17:51.27	<b>0</b>	0	

**Item 51 10:09:00 Onaal Dogters 14 90m Hekkie**

76.2cm

1	KORFF, RUMAY, , / /	B 14.00	<b>881</b>	8	G
2	MAHLANGU, MBALI, ,	B 16.00	<b>741</b>	7	S
3	MARAIS, AMOREY, ,	B 19.60	<b>570</b>	6	B
4	EHLERS, ANZEL, ,	A 19.90	<b>558</b>	5	
5	JOUBERT, SUNE, ,	B 23.00	<b>455</b>	4	

**Item 52 10:12:00 Onaal Dogters 15 90m Hekkie**

76.2cm

1	BIELDT, KIARA, ,	A 20.06	<b>531</b>	8	G
2	GALETTI, NICOLE, ,	A 21.20	<b>491</b>	7	S

**Item 56 10:23:00 Onaal Seuns 14 100m Hekkie**

76.2cm

1	VAN STADEN, ZANDER, ,	H 16.00	<b>668</b>	8	G
2	VISAGIE, ESTIAN, ,	H 19.00	<b>501</b>	6.5	S
2	BESTER, JOHNATHAN, ,	A 19.00	<b>501</b>	6.5	S
4	KLUE, JEANDRE, ,	B 20.00	<b>457</b>	4.5	
4	SMITH, LOGAN-LEE, ,	H 20.00	<b>457</b>	4.5	
6	KORFF, MULDER, ,	B 21.57	<b>396</b>	3	
7	O'NIEL, DALTON, ,	B 21.75	<b>389</b>	2	
8	GINDRA, XANDER, ,	A 21.78	<b>388</b>	1	

**Item 67 10:29:00 Onaal Seuns 15 100m Hekkie**

84cm

1	DIEDERICKS, BART, ,	A 16.00	<b>648</b>	8	G
2	PUTTER, ZACK, ,	B 17.00	<b>587</b>	6.5	S
2	BREDENHAN, MELDON, ,	A 17.00	<b>587</b>	6.5	S
4	KLEINSMIT, AJ, ,	B 18.00	<b>534</b>	4.5	
4	BREYTENBACH, JOSHUA, ,	A 18.00	<b>534</b>	4.5	
6	TALJAARD, MJ, ,	H 19.00	<b>486</b>	3	
7	VAN OORDT, JAYDEN, ,	H 19.55	<b>461</b>	2	
8	HEPBURN, DRIKUS, ,	B 19.98	<b>443</b>	1	

**Item 53 10:17:00 Onaal Dogters 16 100m Hekkie**

76.2cm

1	STEENKAMP, MIA, ,	H 16.00	<b>735</b>	8	G
2	FERREIRA, MEGAN, ,	A 18.00	<b>600</b>	7	S
3	LOVE, LANA, ,	B 19.32	<b>528</b>	6	B

**Item 54 10:20:00 Onaal Dogters 17 100m Hekkie**

76.2cm

1	ROUX, MISCKE, ,	B 19.88	<b>476</b>	8	G
2	BARNARD, VERONIQUE, ,	A 26.28	<b>246</b>	7	S

**Item 55 10:23:00 Onaal Dogters 19 100m Hekkie**

84cm

1	VAN DEN BERG, CHARNE, ,	H 19.63	<b>615</b>	8	G
2	BOTHA, SIMONE, ,	A 19.86	<b>607</b>	7	S
3	TALJARD, KATHLEEN, ,	H 22.55	<b>522</b>	6	B
4	SMIT, JANINE, ,	H 23.00	<b>509</b>	5	

**Item 68 10:32:00 Onaal Seuns 16 110m Hekkie**

84cm

1	VENTER, LUKE, ,	H 15.00	<b>788</b>	8	G
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2	DREYER, CORNE, ,	A 16.00	<b>711</b>	7	S
3	BUDHA, MICHAEL, ,	A 17.86	<b>596</b>	6	B
4	NEL, TIAAN, ,	B 21.56	<b>428</b>	5	
5	KAMPHER, DIAN, ,	B 21.80	<b>419</b>	4	
<b>Item 69</b>	<b>10:35:00</b>	<b>Onaal Seuns 17 110m Hekkie</b>			91.4cm
1	WILLEMSE, CHRISTIN, ,	H 18.60	<b>493</b>	8	G
2	BREYTENBACH, KEEGAN, ,	A 18.77	<b>483</b>	7	S
3	TUNJISAN, TOPE, ,	H 19.00	<b>470</b>	6	B
<b>Item 70</b>	<b>10:38:00</b>	<b>Onaal Seuns 19 110m Hekkie</b>			99.5cm
1	PETROWSKI, MICHAEL, ,	B 19.00	<b>557</b>	8	G
2	CORBET, DANIE, ,	A 24.64	<b>347</b>	7	S
3	BOTHA, JAYDEN, ,	A 24.75	<b>344</b>	6	B
<b>Item 30</b>	<b>09:05:00</b>	<b>Onaal Dogters 14 300m Hekkie</b>			76.2cm
1	KORFF, RUMAY, , / /	B 0:48.00	<b>822</b>	8	G
2	VAN ROOYEN, MIKAYLA, ,	B 1:00.00	<b>628</b>	6.5	S
2	VAN JAARSVELDT, LUMANDIE, ,	A 1:00.00	<b>628</b>	6.5	S
4	JOUBERT, CHANE, ,	A 1:13.00	<b>489</b>	5	
<b>Item 29</b>	<b>09:00:00</b>	<b>Onaal Seuns 14 300m Hekkie</b>			76.2cm
1	BESTER, JOHNATHAN, ,	A 0:52.00	<b>352</b>	8	G
2	BASSON, MARLO, ,	A 1:10.00	<b>26</b>	7	S
3	VD WESTHUIZEN, NATHAN, ,	H 1:28.00	<b>0</b>	6	B
<b>Item 28</b>	<b>08:55:00</b>	<b>Onaal Dogters 15 300m Hekkie</b>			76.2cm
1	GINDRA, SHANTINE, ,	A 62.00	<b>596</b>	8	G
2	GALETTI, NICOLE, ,	A 62.80	<b>587</b>	7	S
<b>Item 27</b>	<b>08:50:00</b>	<b>Onaal Seuns 15 300m Hekkie</b>			84cm
1	STRYDOM, WANRÉ, , / /	H 47.00	<b>496</b>	8	G
2	DIEDERICKS, BART, ,	A 48.00	<b>465</b>	6.5	S
2	GROBLER, MARIUS, ,	A 48.00	<b>465</b>	6.5	S
<b>Item 16</b>	<b>08:25:00</b>	<b>Onaal Dogters 16 400m Hekkie</b>			76.2cm
1	STEENKAMP, MIA, ,	H 1:25.00	<b>654</b>	8	G
2	LOVE, LANA, ,	B 1:33.00	<b>592</b>	7	S
<b>Item 13</b>	<b>08:10:00</b>	<b>Onaal Seuns 16 400m Hekkie</b>			84cm
1	BUDHA, MICHAEL, ,	A 1:06.00	<b>468</b>	8	G
2	DREYER, CORNE, ,	A 1:09.00	<b>400</b>	7	S
3	MARX, RUDOLF, ,	B 1:39.00	<b>0</b>	6	B
<b>Item 15</b>	<b>08:20:00</b>	<b>Onaal Dogters 17 400m Hekkie</b>			76.2cm
<b>Item 12</b>	<b>08:05:00</b>	<b>Onaal Seuns 17 400m Hekkie</b>			84cm
1	WILLEMSE, CHRISTIN, ,	H 1:05.00	<b>478</b>	8	G
<b>Item 14</b>	<b>08:15:00</b>	<b>Onaal Dogters 19 400m Hekkie</b>			76.2cm
1	TALJARD, KATHLEEN, ,	H 1:30.00	<b>601</b>	8	G
<b>Item 1</b>	<b>08:00:00</b>	<b>Onaal Seuns 19 400m Hekkie</b>			91.4cm
1	PETROWSKI, MICHAEL, ,	B 1:08.00	<b>651</b>	8	G
2	CORBET, DANIE, ,	A 1:11.00	<b>614</b>	7	S
3	ENGELBRECHT, DYLAN, ,	A 1:13.00	<b>591</b>	6	B
4	COERTZE, FRANCOIS, ,	A 1:26.00	<b>467</b>	5	
5	DE KLERK, LUKA, ,	A 1:27.00	<b>458</b>	4	
<b>Item 57</b>	<b>10:25:00</b>	<b>Onaal Dogters 14 Hoogspring</b>			
1	MAHLANGU, MBALI, ,	B 1.30	<b>440</b>	8	G
1	ROBERTSON, KAHINA, ,	B 1.30	<b>440</b>	8	G



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3	KORFF, RUMAY, , / /	B 1.30	<b>440</b>	6	B
4	VAN ROOYEN, MIKAYLA, ,	H 1.25	<b>370</b>	5	
5	ROBBERTSE, DANIKA, ,	B 1.25	<b>370</b>	4	
6	MARAIS, AMOREY, ,	B 1.25	<b>370</b>	3	
7	NAUDE, CHARA, ,	B 1.25	<b>370</b>	2	
8	DE WAAL, CHRISTI, ,	A 1.25	<b>370</b>	1	
9	VAN BLERK, NICOLE, ,	H 1.20	<b>300</b>	0	
9	VAN JAARVELD, LUMANDIE, ,	H 1.20	<b>300</b>	0	
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<b>Item 58</b>	<b>10:25:00</b>	<b>Onaal Seuns 14 Hoogspring</b>			
1	VAN STADEN, ZANDER, ,	H 1.56	<b>540</b>	8	G
2	VAN DER MERWE, LIAN, ,	H 1.45	<b>410</b>	7	S
3	COETZER, DYLAN, ,	A 1.45	<b>410</b>	6	B
4	PURCELL, LANDON, ,	B 1.40	<b>360</b>	5	
5	DE BLANCHE, KEAGAN, ,	A 1.40	<b>360</b>	4	
6	BOTHA, JEANDRE, ,	A 1.40	<b>360</b>	3	
7	MOORE, LOHAN, ,	B 1.35	<b>300</b>	2	
8	JORDAAN, ALEXANDER, ,	B 1.35	<b>300</b>	1	
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<b>Item 82</b>	<b>11:15:00</b>	<b>Onaal Dogters 15 Hoogspring</b>			
1	BOTHA, AMELIA, ,	A 1.35	<b>470</b>	8	G
2	WILCOCKS, LEANDRI, ,	H 1.35	<b>470</b>	7	S
3	TOM, LIYEMA, ,	H 1.30	<b>410</b>	6	B
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<b>Item 83</b>	<b>11:15:00</b>	<b>Onaal Seuns 15 Hoogspring</b>			
1	RAPPAR, VICTOR, ,	B 1.70	<b>650</b>	8	G
2	STORM, IVAN, ,	H 1.40	<b>310</b>	7	S
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<b>Item 17</b>	<b>08:45:00</b>	<b>Onaal Dogters 16 Hoogspring</b>			
1	FERREIRA, MEGAN, ,	A 1.55	<b>690</b>	8	G
2	JEFFERY, KATELYNNE, ,	B 1.50	<b>630</b>	7	S
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<b>Item 18</b>	<b>08:45:00</b>	<b>Onaal Seuns 16 Hoogspring</b>			
1	MCCREAMER, RYAN, ,	B 1.65	<b>550</b>	8	G
2	LUBBE, CHRISTIAAN, ,	B 1.65	<b>550</b>	7	S
3	BARNARD, BRIAN, ,	A 1.45	<b>330</b>	6	B
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<b>Item 2</b>	<b>08:00:00</b>	<b>Onaal Dogters 17 Hoogspring</b>			
1	TURNER, MICHAELA, ,	H 1.25	<b>300</b>	8	G
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<b>Item 3</b>	<b>08:00:00</b>	<b>Onaal Seuns 17 Hoogspring</b>			
1	LUYT, DYLLAN, ,	B 1.65	<b>510</b>	8	G
2	ZOWITSKI, DIVAN, ,	H 1.65	<b>510</b>	7	S
3	SWANNEPOEL, SHANE, ,	H 1.60	<b>460</b>	6	B
4	KOK, KAREL, ,	B 1.50	<b>350</b>	5	
5	DELPORT, LEANDRO, ,	A 1.45	<b>300</b>	4	
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<b>Item 36</b>	<b>09:35:00</b>	<b>Onaal Dogters 19 Hoogspring</b>			
1	TALJARD, KATHLEEN, ,	H 1.35	<b>380</b>	8	G
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<b>Item 37</b>	<b>09:35:00</b>	<b>Onaal Seuns 19 Hoogspring</b>			
1	BOSHOFF, SAREL, ,	A 1.70	<b>510</b>	8	G
2	DE JAGER, TIAN, ,	A 1.65	<b>450</b>	7	S
3	NIEMANDT, DIAAN, ,	B 1.60	<b>400</b>	6	B
4	CORBET, DANIE, ,	A 1.55	<b>350</b>	5	
5	DU TOIT, ADLEY, ,	H 1.55	<b>350</b>	4	
5	VENTER, JEANDRE, ,	H 1.55	<b>350</b>	4	
7	BOTHA, JAYDEN, ,	A 1.55	<b>350</b>	2	
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<b>Item 38</b>	<b>09:35:00</b>	<b>Onaal Dogters 14 Verspring</b>			
1	KORFF, RUMAY, , / /	B 4.77	<b>632</b>	8	G

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2	JANSE VAN VUUREN, CHANIKE, ,	B 4.62	<b>576</b>	7	S
3	DE NYSSCHEN, GABBY, ,	A 3.96	<b>308</b>	6	B
4	ROBERTSON, KAHINA, ,	H 3.95	<b>304</b>	5	
5	VAN ROOYEN, MIKAYLA, ,	H 3.17	<b>0</b>	4	

**Item 85 11:15:00 Naal Seuns 14 Verspring**

1	VAN STADEN, ZANDER, ,	H 5.58	<b>714</b>	8	G
2	DE WET, DAMION, ,	A 5.41	<b>670</b>	7	S
3	MODIMOLA, MAHLATSI, ,	B 5.39	<b>665</b>	6	B
4	NEL, STEFAN, ,	B 4.85	<b>520</b>	5	
5	JORDAAN, ALEXANDER, ,	B 4.78	<b>500</b>	4	
6	BERGMAN, WILLIAM, ,	A 4.77	<b>497</b>	3	

**Item 4 08:00:00 Naal Dogters 15 Verspring**

1	MALAN, WIANDRI, ,	B 4.70	<b>550</b>	8	G
2	CRONJE, JOLENE, ,	A 4.06	<b>300</b>	7	S
3	VAN WYNGAART, DEIDRE, , / /	H 3.92	<b>243</b>	6	B
4	TOM, LIYEMA, ,	B 3.72	<b>160</b>	5	
5	HUMAN, MICHELLE, ,	B 3.66	<b>136</b>	4	
6	FERREIRA, INGE, ,	A 3.65	<b>132</b>	3	
7	KELLY, MEGAN, ,	B 3.46	<b>50</b>	2	

**Item 5 08:00:00 Naal Seuns 15 Verspring**

1	MASANGU, BRIGHT, ,	B 5.79	<b>711</b>	8	G
2	STRYDOM, WANRÉ, , / /	H 5.72	<b>695</b>	7	S
3	DU BOIS, WALTER, ,	A 5.60	<b>665</b>	6	B
4	KLEINSMIT, AJ, ,	B 5.28	<b>582</b>	5	
5	DEWET, LUAN, ,	A 5.20	<b>562</b>	4	
6	BRONKHORST, JD, ,	A 4.89	<b>480</b>	3	
7	VAN HEERDEN, DIVAN, ,	H 4.69	<b>425</b>	2	

**Item 84 11:15:00 Naal Dogters 16 Verspring**

1	FERREIRA, MEGAN, ,	A 4.59	<b>463</b>	8	G
2	VAN WYK, KARLA, ,	H 4.50	<b>428</b>	7	S
3	LAMBERTS, MICKE, ,	B 4.48	<b>420</b>	6	B
4	GOUGH, ALEX, ,	A 3.52	<b>36</b>	5	

**Item 39 09:35:00 Naal Seuns 16 Verspring**

1	HUGO, FRANCO, ,	A 5.71	<b>645</b>	8	G
2	PRINSLOO, PHILIP, ,	B 5.52	<b>597</b>	7	S
3	SUMMERS, DIVAN, ,	H 5.49	<b>590</b>	6	B
4	WHITE, DAVID, ,	H 5.12	<b>497</b>	5	
5	VAN DER MERWE, MARTIN, ,	H 5.02	<b>470</b>	4	
6	KOEN, EBEN, ,	B 4.53	<b>340</b>	3	

**Item 59 10:25:00 Naal Dogters 17 Verspring**

1	ROUX, MISCKE, ,	B 4.29	<b>308</b>	8	G
2	KUUN, AMBER, ,	B 4.11	<b>240</b>	6.5	S
2	O'RILEY, KYLIE, ,	B 4.11	<b>240</b>	6.5	S
4	GERTENBACH, ANIKA, ,	A 3.96	<b>180</b>	4.5	
4	DIPPENAAR, KIARA, ,	A 3.96	<b>180</b>	4.5	

**Item 60 10:25:00 Naal Seuns 17 Verspring**

1	DELPORT, LEANDRO, ,	A 7.04	<b>910</b>	8	G	START25
2	BOTHA, DEVAN, ,	A 6.04	<b>682</b>	7	S	
3	ZOWITSKI, DIVAN, ,	H 5.76	<b>617</b>	6	B	
4	VAN DER MERWE, TERSIUS, ,	H 5.61	<b>580</b>	5		
5	VAN DER MERWE, KYLE, ,	H 5.60	<b>577</b>	4		
6	THERON, ELMAR, ,	H 5.55	<b>565</b>	2.5		
6	VAN ROOYEN, RUARD, ,	H 5.55	<b>565</b>	2.5		

**Item 19 08:45:00 Naal Dogters 19 Verspring**

**Byeenkoms :2025 INTERHUIS  
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1	DE BEER, ARETHA, ,	A 4.98	<b>496</b>	8	G
2	STEENKAMP, JANA, ,	H 4.57	<b>350</b>	7	S
3	VAN DEN BERG, CHARNE, ,	H 4.44	<b>303</b>	6	B
4	TALJARD, KATHLEEN, ,	H 4.13	<b>186</b>	5	

**Item 20 08:45:00 Naal Seuns 19 Verspring**

1	BOSHOFF, SAREL, ,	A 7.02	<b>837</b>	8	G	START25
2	LE ROUX, KAYDEN, ,	B 6.17	<b>650</b>	7	S	
3	DEWRON, AFORD, ,	B 6.15	<b>645</b>	6	B	
4	VENTER, JEANDRE, ,	B 5.94	<b>597</b>	5		
5	DU TOIT, ADLEY, ,	A 5.65	<b>530</b>	4		

**Item 107 12:05:00 Naal Dogters 17 Driesprong**

1	DIPPENAAR, KIARA, ,	A 09.48	<b>626</b>	8	G
2	ROUX, MISCKE, ,	B 09.32	<b>608</b>	7	S

**Item 109 12:05:00 Naal Seuns 17 Driesprong**

1	ZOWITSKI, DIVAN, ,	H 11.36	<b>367</b>	8	G
2	LUBBE, CHRISTIAAN, ,	B 11.22	<b>345</b>	7	S
3	HUGO, FRANCO, ,	A 11.13	<b>330</b>	6	B
4	THERON, ELMAR, ,	H 10.39	<b>206</b>	5	
5	WHITE, DAVID, ,	H 09.20	<b>1</b>	4	

**Item 108 12:05:00 Naal Dogters 19 Driesprong**

1	TALJARD, KATHLEEN, ,	H 09.60	<b>597</b>	8	G
2	VAN DEN BERG, CHARNE, ,	H 08.70	<b>494</b>	7	S

**Item 110 12:05:00 Naal Seuns 19 Driesprong**

1	LE ROUX, KAYDEN, ,	B 11.93	<b>400</b>	8	G
2	VENTER, JEANDRE, ,	H 11.73	<b>369</b>	7	S

**Item 25 08:45:00 Naal Dogters 14 Gewigstoot**

						3kg
1	OOSTHUIZEN, LUMARI, ,	B 08.71	<b>702</b>	8	G	
2	HATTINGH, SUMARI, ,	B 08.26	<b>677</b>	7	S	
3	GROENEWALD, JENNA, ,	B 07.44	<b>630</b>	6	B	
4	EHLERS, ANZEL, ,	A 07.41	<b>629</b>	5		
5	PETERSON, PHOEBE, ,	B 07.37	<b>626</b>	4		
6	VERMEULEN, KARLA, ,	H 07.21	<b>616</b>	3		

**Item 26 08:45:00 Naal Seuns 14 Gewigstoot**

						4kg
1	COETZEE, MARKUS, ,	A 11.85	<b>692</b>	8	G	
2	MURPHY, LEVI, ,	B 09.11	<b>536</b>	7	S	
3	JORDAAN, ALEXANDER, ,	A 08.94	<b>526</b>	6	B	
4	VISAGIE, ESTIAN, ,	H 08.35	<b>488</b>	5		
5	GERMUSHUIZEN, WIAN, ,	A 07.90	<b>457</b>	4		
6	VILJOEN, CHARL, , / /	H 07.31	<b>415</b>	3		
7	MOORE, LOHAN, ,	B 07.15	<b>404</b>	2		
8	VAN STADEN, WALDO, ,	H 06.63	<b>364</b>	1		

**Item 44 09:35:00 Naal Dogters 15 Gewigstoot**

						3kg
1	SCHOLTZ, ABIGAIL, ,	H 09.81	<b>744</b>	8	G	
2	ALDERSON, AMORE, ,	A 09.50	<b>729</b>	7	S	
3	VAN DER WESTHUIZEN, LANA, ,	H 08.70	<b>688</b>	6	B	
4	STAPELS, CARMEN, ,	H 08.41	<b>672</b>	5		
5	DE VENTE, LEANE, ,	A 08.18	<b>660</b>	4		
6	VERMEULEN, MIKAYLA, ,	H 08.10	<b>656</b>	3		

**Item 45 09:35:00 Naal Seuns 15 Gewigstoot**

						4kg
1	VAN TONDER, NIEL, ,	H 12.13	<b>701</b>	8	G	
2	STRYDOM, WANRÉ, , / /	H 11.77	<b>682</b>	7	S	
3	DU TOIT, WIHAN, ,	A 11.74	<b>681</b>	6	B	

**Byeenkoms :2025 INTERHUIS  
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4	PUTTER, ZACK, ,	B 11.66	<b>676</b>	5	
5	VAN DYK, ZANDRE, ,	H 11.28	<b>656</b>	4	
6	ROSSOUW, BISMARCK, ,	H 10.74	<b>627</b>	2.5	
6	DRAGER, XENIN, ,	A 10.74	<b>627</b>	2.5	
8	NOTHNAGEL, CHRISTIAAN, ,	B 10.51	<b>614</b>	1	

**Item 65 10:25:00 Onaal Dogters 16 Gewigstoot**

3kg

1	VILJOEN, LIANE, ,	H 10.60	<b>768</b>	8	G
2	THEOLOGO, SHELBY, ,	H 10.54	<b>765</b>	7	S
3	BREYTENBACH, TELANA, ,	A 09.46	<b>714</b>	6	B
4	GODISAMENG, ROSSEL, ,	A 08.99	<b>691</b>	5	
5	MAHLANGU, LUSENDA, ,	B 08.13	<b>645</b>	4	
6	VAN DYK, MIANE, , / /	H 07.60	<b>615</b>	2.5	
6	ADAMS, ELIZE, ,	A 07.60	<b>615</b>	2.5	

**Item 66 10:25:00 Onaal Seuns 16 Gewigstoot**

5kg

1	JONES, CALVIN, ,	B 10.77	<b>623</b>	8	G
2	BOTHA, CORRIE, ,	A 10.70	<b>620</b>	7	S
3	DE JAGER, CHRIS, ,	A 10.25	<b>595</b>	6	B
4	GOUWS, ESTIAN, ,	A 10.04	<b>583</b>	5	
5	SUMMERS, DIVAN, ,	H 10.03	<b>583</b>	4	
6	POTGIETER, EDUAN, ,	H 09.88	<b>575</b>	3	
7	BOTHA, JEANDRE, ,	A 09.62	<b>560</b>	2	
8	JACOBS, BRIGHAM, ,	B 09.61	<b>560</b>	1	

**Item 91 11:15:00 Onaal Dogters 17 Gewigstoot**

3kg

1	BARNARD, VERONIQUE, ,	A 09.48	<b>703</b>	8	G
2	KRYNAUW, MIA, ,	B 08.62	<b>660</b>	7	S
3	VILJOEN, CORLE, ,	H 08.44	<b>651</b>	6	B
4	WATTER, CAITLIN, ,	H 08.13	<b>634</b>	4.5	
4	ENGELBRECHT, DENIKA, ,	A 08.13	<b>634</b>	4.5	
6	VAN DYK, MARLÉ, ,	H 07.21	<b>581</b>	3	

**Item 92 11:15:00 Onaal Seuns 17 Gewigstoot**

5kg

1	JOUBERT, ROAN, ,	B 12.72	<b>716</b>	8	G
2	VAN TONDER, MC, ,	H 11.85	<b>674</b>	7	S
3	BARNARD, BARRY, ,	A 11.80	<b>672</b>	6	B
4	GERBER, ULRICH, ,	A 11.67	<b>665</b>	5	
5	BRITZ, RUAN, ,	A 10.64	<b>612</b>	4	
6	WILSON, RIAAN, ,	H 10.58	<b>609</b>	3	
7	DIEDERICKS, JADON, ,	A 10.20	<b>588</b>	2	
8	BARNARD, DUWAN, ,	A 09.61	<b>556</b>	1	

**Item 10 08:00:00 Onaal Dogters 19 Gewigstoot**

4kg

1	GELDENHUYS, MONIQUE, ,	A 10.68	<b>822</b>	8	G
2	DE BEER, ARETHA, ,	A 09.13	<b>761</b>	7	S
3	ROODT, LUME, ,	B 08.55	<b>736</b>	6	B
4	KEMP, MEGAN, ,	B 07.84	<b>704</b>	5	
5	BOTHMA, CHANTE, ,	A 07.49	<b>687</b>	4	
6	VAN HEERDEN, MIEKE, ,	H 07.30	<b>677</b>	3	

**Item 11 08:00:00 Onaal Seuns 19 Gewigstoot**

6kg

1	BASSON, OWEN, ,	A 13.59	<b>759</b>	8	G
2	NIENABER, LUAN, ,	B 10.47	<b>610</b>	7	S
3	DE BEER, JANDRE, ,	A 10.12	<b>592</b>	6	B
4	BOTHA, JAYDEN, ,	A 09.83	<b>576</b>	5	
5	CORBET, DANIE, ,	A 09.58	<b>562</b>	4	
6	FOURIE, IVAN, ,	A 09.14	<b>537</b>	3	
7	HORTEL, JASON, ,	B 09.12	<b>536</b>	2	
8	FAUL, ETHAN, ,	A 08.79	<b>517</b>	1	

**Item 6 08:00:00 Onaal Dogters 14 Diskusgooi**

1kg

**Byeenkoms :2025 INTERHUIS  
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1	HATTINGH, SUMARI, ,	A 22.21	<b>708</b>	8	G
2	GROENEWALD, JENNA, ,	A 20.30	<b>676</b>	7	S
3	EHLERS, ANZEL, ,	A 19.45	<b>661</b>	6	B
4	BHUDA, ASHLEY, ,	A 16.26	<b>601</b>	5	
5	KOEN, MIA, ,	B 16.00	<b>595</b>	4	
6	FOURIE, MICKE, ,	A 15.63	<b>588</b>	3	
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<b>Item 7</b>	<b>08:00:00</b>	<b>00naal Seuns 14 Diskusgooi</b>		<b>1kg</b>	
1	COETZEE, MARKUS, ,	A 39.05	<b>706</b>	8	G
2	GERMUSHUIZEN, WIAN, ,	A 27.20	<b>514</b>	7	S
3	VISAGIE, ESTIAN, ,	H 25.21	<b>477</b>	6	B
4	MURPHY, LEVI, ,	B 24.98	<b>472</b>	5	
5	GINDRA, XANDER, ,	A 23.20	<b>436</b>	4	
6	VAN DER VINNE, ROBERT, ,	H 21.30	<b>395</b>	3	
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<b>Item 21</b>	<b>08:45:00</b>	<b>00naal Dogters 15 Diskusgooi</b>		<b>1kg</b>	
1	ALDERSON, AMORE, ,	A 24.08	<b>726</b>	8	G
2	SCHOLTZ, ABIGAIL, ,	H 23.77	<b>721</b>	7	S
3	NEL, LUANDRI, ,	B 12.53	<b>507</b>	6	B
4	STAPELS, CARMEN, ,	H 11.76	<b>486</b>	5	
5	MULDER, MEGAN, ,	B 10.02	<b>437</b>	4	
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<b>Item 22</b>	<b>08:45:00</b>	<b>00naal Seuns 15 Diskusgooi</b>		<b>1kg</b>	
1	PUTTER, ZACK, ,	B 43.25	<b>754</b>	8	G
2	VAN DYK, ZANDRE, ,	H 35.69	<b>647</b>	7	S
3	LUBBE, DILLAN, ,	B 34.08	<b>622</b>	6	B
4	VAN TONDER, NIEL, ,	H 31.70	<b>583</b>	5	
5	LABUCHAGNE, IAN, ,	B 30.17	<b>558</b>	4	
6	MIENIE, JAYDEN, ,	B 27.10	<b>503</b>	3	
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<b>Item 40</b>	<b>09:35:00</b>	<b>00naal Dogters 16 Diskusgooi</b>		<b>1kg</b>	
1	THEOLOGO, SHELBY, ,	H 31.60	<b>815</b>	8	G
2	BREYTENBACH, TELANA, ,	A 26.56	<b>751</b>	7	S
3	VAN DYK, MIANE, , / /	H 23.37	<b>705</b>	6	B
4	ADAMS, ELIZE, ,	A 17.27	<b>601</b>	5	
5	VILJOEN, LIANE, ,	H 16.12	<b>578</b>	4	
6	DE WAAL, LIANÉ, ,	A 15.79	<b>572</b>	3	
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<b>Item 41</b>	<b>09:35:00</b>	<b>00naal Seuns 16 Diskusgooi</b>		<b>1.5kg</b>	
1	BOTHA, CORRIE, ,	A 28.94	<b>461</b>	8	G
2	GOUWS, ESTIAN, ,	A 28.06	<b>441</b>	7	S
3	MEIRING, JOCK, ,	B 27.08	<b>419</b>	6	B
4	POTGIETER, EDWAN, ,	B 26.30	<b>400</b>	5	
5	JONES, CALVIN, ,	B 24.74	<b>362</b>	4	
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<b>Item 61</b>	<b>10:25:00</b>	<b>00naal Dogters 17 Diskusgooi</b>		<b>1kg</b>	
1	BARNARD, VERONIQUE, ,	A 22.22	<b>678</b>	8	G
2	BIERMAN, DANIELLE, ,	A 21.12	<b>660</b>	7	S
3	KRYNAUW, MIA, ,	B 18.35	<b>612</b>	6	B
4	ENGELBRECHT, DENIKA, ,	A 17.28	<b>592</b>	5	
5	WATTER, CAITLIN, ,	H 15.22	<b>551</b>	4	
6	MEIRING, BIANCA, ,	B 14.40	<b>533</b>	3	
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<b>Item 62</b>	<b>10:25:00</b>	<b>00naal Seuns 17 Diskusgooi</b>		<b>1.5kg</b>	
1	JOUBERT, ROAN, ,	B 41.72	<b>703</b>	8	G
2	BRITZ, RUAN, ,	A 41.54	<b>700</b>	7	S
3	VAN TONDER, MC, ,	H 39.62	<b>665</b>	6	B
4	BARNARD, BARRY, ,	A 38.16	<b>638</b>	5	
5	GERBER, ULRICH, ,	A 26.30	<b>389</b>	4	
6	COETSEE, ZANDER, ,	A 21.96	<b>279</b>	3	
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<b>Item 87</b>	<b>11:15:00</b>	<b>00naal Dogters 19 Diskusgooi</b>		<b>1kg</b>	

**Byeenkoms :2025 INTERHUIS  
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1	GELDENHUYS, MONIQUE, ,	A 29.25	<b>757</b>	8	G
2	ROODT, LUME, ,	B 23.78	<b>683</b>	7	S
3	VAN HEERDEN, MIEKE, ,	H 22.48	<b>664</b>	6	B

**Item 88 11:15:00 Naal Seuns 19 Diskusgooi 1.75kg**

1	BASSON, OWEN, ,	A 39.90	<b>806</b>	8	G
2	DE BEER, JANDRE, ,	A 36.54	<b>769</b>	7	S
3	ALBERTS, HENDRIK, ,	A 29.53	<b>682</b>	6	B
4	BOTHA, JAYDEN, ,	A 28.98	<b>675</b>	5	
5	NIENABER, LUAN, ,	B 28.77	<b>672</b>	4	
6	CORBET, DANIE, ,	A 28.32	<b>665</b>	3	

**Item 63 10:25:00 Naal Dogters 14 Spiesgooi 500g**

1	HATTINGH, SUMARI, ,	B 23.75	<b>553</b>	8	G
2	VAN DYK, HALEY, ,	H 20.02	<b>467</b>	7	S
3	GRUNDLING, ALISHA, ,	A 19.43	<b>452</b>	6	B
4	ESTERHUIZEN, TONE, ,	A 16.07	<b>361</b>	5	
5	EHLERS, ANZEL, ,	A 15.60	<b>347</b>	4	
6	BHUDA, ASHLEY, ,	A 14.78	<b>322</b>	3	

**Item 64 10:25:00 Naal Seuns 14 Spiesgooi 600g**

1	VAN DER VINNE, ROBERT, ,	H 35.48	<b>387</b>	8	G
2	SMIT, JANNIE, ,	H 29.51	<b>258</b>	7	S
3	JOBERT, AB, ,	B 28.90	<b>244</b>	6	B
4	MOORE, LOHAN, ,	B 26.63	<b>189</b>	5	
5	GERMUSHUIZEN, WIAN, ,	A 26.51	<b>186</b>	4	
6	OOSTHUIZEN, RODRICK, ,	B 25.69	<b>166</b>	3	
7	PLOOS VAN AMSTEL, ROBERT, ,	B 23.00	<b>95</b>	2	
8	ROTHMAN, ROSS, ,	B 21.39	<b>50</b>	1	

**Item 89 11:15:00 Naal Dogters 15 Spiesgooi 500g**

1	KRYNAUW, MIEKE, ,	B 23.57	<b>539</b>	8	G
2	SCHOLTZ, ABIGAIL, ,	H 22.64	<b>519</b>	7	S
3	MOTAU, HOPE, ,	B 15.89	<b>347</b>	6	B
4	NEL, LUANDRI, ,	B 12.09	<b>224</b>	5	
5	MULLER, MEGAN, ,	B 10.89	<b>178</b>	4	

**Item 90 11:15:00 Naal Seuns 15 Spiesgooi 600g**

1	LUBBE, DILLAN, ,	B 43.51	<b>521</b>	8	G
2	STRYDOM, WANRÉ, , / /	H 36.23	<b>385</b>	7	S
3	VAN DYK, ZANDRE, ,	H 29.95	<b>252</b>	6	B
4	WIID, FRANCOIS, ,	H 26.81	<b>178</b>	5	
5	ROSSOUW, BISMARCK, ,	H 20.91	<b>20</b>	4	
6	SKOSANA, THEMBA, ,	H 16.17	<b>0</b>	3	
7	POTTAS, DIVAN, ,	B 14.56	<b>0</b>	2	
8	JANSE VAN VUUREN, JAYDEN, ,	B 11.54	<b>0</b>	1	

**Item 8 08:00:00 Naal Dogters 16 Spiesgooi 500g**

1	BREYTENBACH, TELANA, ,	A 38.25	<b>796</b>	8	G
2	MARSHALL, JAMIE, ,	B 27.27	<b>606</b>	7	S
3	VAN DYK, MIANE, , / /	H 25.65	<b>574</b>	6	B
4	VILJOEN, LIANE, ,	H 21.25	<b>478</b>	5	
5	BORNMAN, MUCHELENE, ,	A 19.44	<b>434</b>	4	
6	THERON, LEANE, ,	H 15.85	<b>337</b>	3	

**Item 9 08:00:00 Naal Seuns 16 Spiesgooi 700g**

1	WHITE, DAVID, ,	H 47.76	<b>587</b>	8	G
2	BUDHA, MICHAEL, ,	A 38.40	<b>396</b>	7	S
3	WINTER, ANDRE, ,	H 37.30	<b>372</b>	6	B
4	VAN DER MERWE, MARTIN, ,	H 30.30	<b>207</b>	5	

**Byeenkoms :2025 INTERHUIS  
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5	BOTHA, CORRIE, ,	A 30.22	<b>205</b>	4
6	GOUWS, ESTIAN, ,	A 27.90	<b>145</b>	3
7	SUMMERS, DIVAN, ,	H 27.16	<b>125</b>	2
8	OOSTHUIZEN, DANDRÉ, ,	B 25.60	<b>82</b>	1

**Item 23 08:45:00 Naal Dogters 17 Spiesgooi**

500g

1	STEYN, LIA, ,	H 23.83	<b>527</b>	8	G
2	BRIDER, ZURICA, ,	A 18.21	<b>395</b>	7	S
3	TALJAARD, MATTHEEN, ,	H 15.87	<b>330</b>	6	B
4	BESTER, MIEKE, ,	A 14.93	<b>302</b>	5	
5	VAN DYK, MARLÉ, ,	H 12.82	<b>234</b>	4	
6	WATTER, CAITLIN, ,	H 09.70	<b>114</b>	3	

**Item 24 08:45:00 Naal Seuns 17 Spiesgooi**

700g

1	KOK, KAREL, ,	B 59.33	<b>775</b>	8	G
2	ZOWITSKI, DIVAN, ,	H 49.20	<b>592</b>	7	S
3	BARNARD, BARRY, ,	A 39.88	<b>407</b>	6	B
4	ROUX, IAAN, ,	B 34.10	<b>280</b>	5	
5	GERBER, ULRICH, ,	A 30.22	<b>187</b>	4	
6	LUYT, DYLLAN, ,	B 28.80	<b>151</b>	3	
7	GROVÉ, SCHYLAR, ,	A 27.53	<b>117</b>	2	
8	ENGELBRECHT, ZACK, ,	A 26.59	<b>92</b>	1	

**Item 42 09:35:00 Naal Dogters 19 Spiesgooi**

600g

1	GELDENHUYS, MONIQUE, ,	A 35.40	<b>745</b>	8	G
2	SEYMOUR, CAYTLIN, ,	H 24.86	<b>559</b>	7	S
3	BRIDER, MIKAYLA, ,	A 21.73	<b>493</b>	6	B
4	BRITS, KARA, ,	A 08.65	<b>90</b>	5	

**Item 43 09:35:00 Naal Seuns 19 Spiesgooi**

800g

1	CORBET, DANIE, ,	A 44.20	<b>543</b>	8	G
2	NIENABER, LUAN, ,	B 40.61	<b>478</b>	7	S
3	BOTHA, JAYDEN, ,	A 38.15	<b>431</b>	6	B
4	VAN STADEN, STEVEN, ,	H 33.59	<b>339</b>	5	
5	KOEN, CHRISTIAAN, ,	B 31.28	<b>289</b>	4	
6	VENTER, JEANDRE, ,	H 28.75	<b>232</b>	3	

**Item 129 13:28:00 Naal Dogters 14 4x100m Aflos****Item 130 13:31:00 Naal Seuns 14 4x100m Aflos****Item 131 13:34:00 Naal Dogters 15 4x100m Aflos****Item 132 13:37:00 Naal Seuns 15 4x100m Aflos****Item 133 13:40:00 Naal Dogters 16 4x100m Aflos****Item 134 13:43:00 Naal Seuns 16 4x100m Aflos****Item 135 13:46:00 Naal Dogters 17 4x100m Aflos****Item 136 13:49:00 Naal Seuns 17 4x100m Aflos****Item 137 13:52:00 Naal Dogters 19 4x100m Aflos****Item 138 13:55:00 Naal Seuns 19 4x100m Aflos**