



Results of all Finals

Ordered by Item types

Performance Scores: ASA 2020 table, Hand time, Height above sea=1555

Place	Athlete	Team	Perf	Score	Points	Medal	Wind	Records
Item 139 20:15 FinalResults Girls 14 100m								
1	KORFF, RUMAY		O 12.84	806	8	G		
2	DU PLESSIS, LIZE	PG	13.05	781	7	S		
3	VAN ROOYEN, TYLOR	Z	13.54	725	6	B		
4	PETA, SELINA	N	14.08	670	5			
5	DE JAGER, SANMARI	PG	14.15	663	4			
6	JANSEN, MILLA	Z	14.20	659	3			
7	VAN REEUWYK, LIENKE	Z	14.39	641	2			
8	KEMP, LARIZE	PG	14.43	637	1			
9	PRETORIUS, MIEKE	Z	14.47	633	0			
10	DU TOIT, EMMA	Z	14.51	630	0			
11	SLABBERT, BAILEY	PG	14.56	626	0			
12	RHEEDERS, DIANE	Z	14.83	603	0			
13	VAN ROOYEN, MIKAYLA	O	14.92	595	0			
14	ROBERTSON, KAHINA	O	15.06	584	0			
15	BOOYSEN, NINA	N	15.16	576	0			
16	DE NYSSCHEN, GABBY	O	15.80	527	0			

Item 144 20:20 FinalResults Boys 14 100m

1	MANYAAPELO, REA	PG	11.84	680	8	G		
2	RAHATLAKANA, REA	PG	12.74	560	7	S		
3	WHITE, ETHAN	Z	12.78	555	6	B		
4	ROETS, ROBBIE	Z	13.05	523	5			
5	VAN RIET, ZUAN	PG	13.11	516	4			
6	JACOBS, TIEGO	O	13.14	513	2.5			
6	NKSHIZWE, BALO	Z	13.14	513	2.5			
8	STEYN, WIAN	Z	13.15	512	1			
9	GOOSEN, TIAAN	Z	13.16	511	0			
10	MANGONGO, TSHEGO	N	13.33	492	0			
11	JORDAAN, ALEXANDER	O	13.44	481	0			
12	MYBURGH, RUVAN	O	13.46	479	0			
13	BAASEN, JAEDEN	PG	13.50	475	0			
14	STEENKAMP, NATHAN	Z	13.90	435	0			
15	SHIVURI, PHENYO	N	14.04	421	0			
16	RAUTENBACH, JAMES	PG	14.82	352	0			

Item 147 20:25 FinalResults Girls 15 100m

1	PIENAAR, LEZANKE	PG	12.90	786	8	G		
2	VAN DER POLL, LARA	Z	12.92	783	7	S		
3	DU PREEZ, DIANIE	PG	13.04	769	6	B		
4	DELL, KIARA	Z	13.42	726	5			
5	ROOS, DANELLE	N	13.46	722	4			
6	BEZUIDENHOUT, SIMONE	PG	13.58	709	3			
7	NIENABER, ELZAY	O	13.69	697	2			
8	RIEKERT, YARA-LEE	O	13.81	685	1			
9	VAN ZYL, NATASHA	Z	13.84	682	0			
10	MULLER, MINE	PG	14.02	664	0			
11	MALAN, WIANDRI	O	14.25	643	0			
12	ROOS, LUZELLE	Z	14.37	632	0			
13	BOTHA, TEMIKE	O	14.39	630	0			
14	KUNENE, GLORIA	N	14.95	583	0			

Item 150 20:30 FinalResults Boys 15 100m

**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
2025/01/24 at ZWARTKOP**

1	LOTZ, ERIK	Z	12.29	598	8	G
2	GLEESON, ROSHUA	Z	12.47	575	6.5	S
2	OLCKERS, DRIKUS	O	12.47	575	6.5	S
4	STRYDOM, WANRE	O	12.48	573	5	
5	HUMAN, KEANU	Z	12.52	568	4	
6	LUDICK, DANRE	O	12.54	566	3	
7	COETZEE, DALE-ERIC	PG	12.59	560	2	
8	STEYN, RUAN	PG	12.69	548	1	
9	RAKWALE, TLHALOSANE	N	12.71	545	0	
10	BOWNES, LEHANN	PG	13.08	504	0	
11	STORM, IVAN	O	13.15	496	0	
12	BLAUW, BASHIER	Z	13.30	480	0	
13	COETZEE, MATTHEW	PG	13.33	477	0	
14	DU PLESSIS, JANCO	PG	13.37	473	0	

Item 153 20:35 FinalResults Girls 16 100m

1	VAN ZYL, LIZE	PG	12.75	792	8	G
2	BOTHA, ILINE	O	12.83	782	7	S
3	DU PLOOY, NICOLA	PG	13.65	691	6	B
4	FERREIRA, MEGAN	O	13.68	688	5	
5	BESTER, KIARA	Z	14.11	646	4	
6	THERON, TILANI	O	14.18	640	3	
7	BOOYSEN, RONEL	N	14.26	632	2	
8	MOKGWE, GIO	Z	14.28	630	1	
9	VAN ASWEGEN, KARLI	Z	14.42	618	0	
10	VAN ASWEGEN, LINDA	Z	14.48	613	0	
11	VAN DER WESTHUIZEN, MIA	Z	14.78	587	0	
12	COETZEE, ANE	Z	15.29	547	0	
13	DU PLESSIS, MICHAELA	Z	15.59	525	0	

Item 156 20:40 FinalResults Boys 16 100m

1	MASINGI, HLONGI	N	11.46	700	8	G
2	SMITH, LE ROUX	O	11.53	689	7	S
3	VENTER, LUKE	O	11.65	671	6	B
4	MODISHANE, DITSEGO	N	11.90	635	5	
5	KOTZE, LUKAS	PG	12.06	613	4	
6	HOLLENBACH, CONNER	PG	12.12	605	3	
7	BADENHORST, ARNO	O	12.14	602	2	
8	ETCHELL, PHILIP	Z	12.35	575	1	
9	STEENKAMP, RUAN	PG	12.38	571	0	
10	GROBLER, JASON	Z	12.39	570	0	
10	WARRI, GARRITH	Z	12.39	570	0	
12	DU PLOOY, DURAND	PG	12.43	565	0	
13	O'KELLY, RUWAN	Z	12.59	546	0	
14	LE ROUX, JAYDEN	Z	12.81	520	0	
15	DU RANDT, JANUS	Z	12.91	508	0	

Item 159 20:45 FinalResults Girls 17 100m

1	BRIEL, ANRI	N	13.32	715	8	G
2	STOKES, ZANDRI	O	14.05	642	7	S
3	DINGELSTAD, MIA	O	14.06	641	6	B
4	HARTMAN, RONEL	PG	14.07	640	5	
5	ROUX, MISCKE	O	14.20	629	3.5	
5	STIEGER, KAYLIN	PG	14.20	629	3.5	
7	VAN DE MERWE, HELENE	Z	14.27	622	2	
8	HECHTER, REESE	Z	14.30	620	1	
9	VENTER, FREDE-NE	PG	14.78	579	0	

Item 161 20:50 FinalResults Boys 17 100m



**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
2025/01/24 at ZWARTKOP**



1	DELPORT, LEANDRO	O 11.05	751	8	G
2	WELGEMOED, AJ	PG 11.11	740	7	S
3	COLLINSON, DINO	O 11.39	695	6	B
4	OTTE, STEPHAN.	Z 11.66	653	5	
5	BOTHA, DEVAN	O 11.82	630	4	
6	VORSTER, CHRISTIAAN	PG 11.99	607	3	
7	JACOBS, BRADLEY	O 12.05	598	2	
8	VAN HEERDEN, STEFAN	N 12.14	587	1	
9	JANSE VAN RENSBURG, LUAN	Z 12.17	583	0	
10	DU PLESSIS, JAQUES	Z 12.19	581	0	
11	DU PLESSIS, MICHAEL	Z 12.36	560	0	
12	RONTGEN, MARNUS	N 12.37	558	0	
13	BURGER, BEN	PG 12.61	530	0	

Item 163 20:55 FinalResults Girls 19 100m

1	DE BEER, ARETHA	O 13.24	703	8	G
2	MABOA, SHIRLEY	N 13.32	694	7	S
3	SWANEPOEL, MIKAYLA	PG 13.43	683	6	B
4	VENTER, ZELDIE	PG 13.58	668	4.5	
4	LOOTS, ANRI	N 13.58	668	4.5	
6	VISSER, LEE-ANN	PG 13.75	652	3	
7	LEPPAN, CHANTE	Z 13.87	640	2	
8	CRAFFORD, DIHANE	Z 15.04	541	1	

Item 165 20:58 FinalResults Boys 19 100m

1	PRETORIUS, JAYDEN	O 11.01	728	8	G
2	MASHABA, THABANG	N 11.39	667	7	S
3	KOENA, OARABILE	PG 11.49	651	6	B
4	WILLIAMS, LUAN	Z 11.55	642	5	
5	MARX, ANDRE	Z 11.70	621	4	
6	WILLIAMS, DREW	O 11.71	620	3	
7	BOSHOF, SAREL	O 11.78	610	2	
8	VAN DE GIESSEN, ANTON	Z 11.88	597	1	
9	PAULSEN, LEMEUL	PG 11.93	590	0	
10	SEABE, NEO	N 11.97	585	0	

Item 54 16:52 FinalResults Girls 14 200m

1	KORFF, RUMAY	O 27.00	799	8	G
2	DU PLESSIS, LIZE	PG 27.98	748	7	S
3	CRAFFORD, SONE	N 30.13	652	6	B
4	JANSEN, MILLA	Z 30.38	642	5	
5	SLABBERT, BAILEY	PG 30.53	636	4	
6	ITTMAN, LIZE-AN	PG 30.80	626	3	
7	RHEEDERS, DIANE	Z 31.05	616	2	
8	TAYLOR, ZUANE	Z 31.79	589	1	
9	BOOYSEN, NINA	N 32.34	570	0	
10	DE NYSSCHEN, GABBY	O 32.63	560	0	
11	MARAI, AMOREY	O 34.48	502	0	

Item 57 17:00 FinalResults Boys 14 200m

1	MANYAAPELO, REA	PG 25.32	620	8	G
2	VAN STADEN, ZANDER	O 26.48	556	7	S
3	MODIMOLA, MAHLATSI	O 27.07	526	6	B
4	RAHATLAKANA, REA	PG 27.56	503	5	
5	MYBURGH, RUJAN	O 27.94	485	4	
6	HENNOP, TRISTEN	Z 28.56	457	3	
7	MYBURGH, THOR	Z 28.89	443	2	

**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
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8	KEMP, HANDRE	PG 29.64	413	1	
9	OLIVIER, RUBEN.	Z 29.86	404	0	
10	RAUTENBACH, JAMES	PG 30.27	388	0	
11	STEENKAMP, NATHAN	Z 30.57	377	0	
12	SHIVURI, PHENYO	N 31.74	335	0	

Item 60 17:08 FinalResults Girls 15 200m

1	PIENAAR, LEZANKE	PG 26.60	810	8	G
2	DU PREEZ, DIANIE	PG 26.76	801	7	S
3	ROOS, DANELLE	N 28.26	724	6	B
4	ERASMUS, MANJE	Z 28.47	714	5	
5	GOUWS, BIANCA	Z 28.57	709	4	
6	BEZUIDENHOUT, SIMONE	PG 28.62	707	3	
7	VAN ZYL, NATASHA	Z 29.17	683	2	
8	DE JAGER, MIA	Z 29.26	679	1	
9	COERTZEN, WIHANE	PG 29.35	675	0	
10	NIENABER, ELZAY	O 29.39	673	0	
11	BOTHA, TEMIKE	O 30.12	643	0	
11	ROOS, LUZELLE	Z 30.12	643	0	
13	BARNARD, UNA	Z 31.33	597	0	
14	BEUKES, ADDISON	Z 32.58	553	0	
15	PRINSLOO, GENE	N 34.13	504	0	
16	GALETTI, AMY	O 35.45	466	0	
17	STAPELBERG, CARMEN	O 38.75	382	0	

Item 64 17:16 FinalResults Boys 15 200m

1	STEYN, RUAN	PG 25.37	601	8	G
2	COETZEE, DALE-ERIC	PG 25.90	571	7	S
3	STRYDOM, WANRE	O 25.91	571	6	B
4	LUDICK, DANRE	O 26.06	563	4.5	
4	LOTZ, ERIK	Z 26.06	563	4.5	
6	MOHLAMONYANE, PHENYO	Z 26.17	557	3	
7	BRITS, LLEWELLYN	Z 26.47	542	2	
8	CHRISTAN, ETHAN	N 26.59	535	1	
9	NAUDE, LEHAN	Z 26.80	525	0	
10	BLAUW, BASHIER	Z 27.49	492	0	
11	KLEINSMIT, AJ	O 27.77	479	0	
12	MATHEBULA, GEORGE	N 28.02	467	0	
13	DU PLESSIS, JANCO	PG 29.63	400	0	
14	RAKWALE, TLHALOSANE	N 33.30	271	0	

Item 67 17:24 FinalResults Girls 16 200m

1	BOTHA, ILINE	O 26.34	813	8	G
2	BOTES, ANIKA	PG 28.16	718	7	S
3	DU PLOOY, NICOLA	PG 28.82	688	6	B
4	BESTER, KIARA	Z 29.73	649	5	
5	VAN ASWEGEN, KARLI	Z 29.92	641	4	
6	BOOYSEN, RONEL	N 31.19	593	3	
7	MOSETLA, DIMPHO	N 31.39	586	2	
8	BREYTENBACH, TELANA	O 31.80	571	1	
9	LE ROUX, JAYLENE	Z 32.32	554	0	
10	COMBRINK, ABIGAIL	Z 32.66	542	0	
11	NORTJE, ANA	Z 32.74	540	0	
12	SCHOEMAN, JESS	O 33.92	503	0	

Item 77 17:32 FinalResults Boys 16 200m

1	MASINGI, HLONGI	N 23.48	705	8	G
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**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
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2	SMITH, LE ROUX	O 23.51	702	7	S
3	KOTZE, LUKAS	PG 24.73	624	6	B
4	BADENHORST, ARNO	O 24.78	621	5	
5	LE ROUX, JAYDEN	Z 24.82	618	4	
6	MODISHANE, DITSEGO	N 25.07	604	3	
7	GROBLER, JASON	Z 25.10	602	2	
8	WARRI, GARRITH	Z 25.11	601	1	
9	VAN DER ZEE, STEPHAN	O 25.66	571	0	
10	DREYER, CORNE	O 26.58	523	0	

Item 80 17:40 FinalResults Girls 17 200m

1	BRIEL, ANRI	N 28.32	701	8	G
2	STIEGER, KAYLIN	PG 29.54	648	7	S
3	DIPPENAAR, KIARA	O 29.86	635	6	B
4	JACOBS, ANKE	PG 29.87	635	5	
5	STOKES, ZANDRI	O 30.54	609	4	
6	DINGELSTAD, MIA	O 30.62	606	3	
7	VENTER, FREDE-NE	PG 31.26	582	2	
8	VAN DE MERWE, HELENE	Z 31.28	581	1	

Item 83 17:48 FinalResults Boys 17 200m

1	DELPORT, LEANDRO	O 22.45	767	8	G
2	WELGEMOED, AJ	PG 22.95	728	7	S
3	NAUDE, REGHARDT	Z 24.31	636	6	B
4	DU PLESSIS, JAKUES	Z 24.60	618	5	
5	DU PLESSIS, MICHAEL	Z 24.66	615	4	
6	BOTHA, SHAYDEN	Z 24.74	610	3	
7	VAN HEERDEN, STEFAN	N 24.79	607	2	
8	BOTHA, STIAAN	Z 24.87	602	1	
9	JACOBS, BRADLEY	O 25.00	595	0	
10	ROOS, ALTUS	N 25.42	571	0	
11	PONHAPEN, DIVANDRE	O 25.73	554	0	
12	GROBLER, DEWET	PG 26.18	531	0	
13	WEPENAAR, LEONARD	O 31.99	294	0	

Item 85 17:54 FinalResults Girls 19 200m

1	VENTER, ZELDIE	PG 27.71	711	8	G
2	DE BEER, ARETHA	O 28.14	691	7	S
3	VISSER, LEE-ANN	PG 28.29	685	6	B
4	PRETORIUS, CALEIGH	Z 28.99	654	5	
5	SWANEPOEL, MIKAYLA	PG 29.00	654	4	
6	LOOTS, ANRI	N 29.19	646	3	
7	STOKES, MINE	O 29.44	636	2	

Item 88 18:02 FinalResults Boys 19 200m

1	PRETORIUS, JAYDEN	O 21.85	788	8	G
2	MASHABA, THABANG	N 22.70	720	7	S
3	JOUBERT, DAVID	O 23.20	685	6	B
4	KOENA, OARABILE	PG 23.98	633	5	
5	MARX, ANDRE	Z 24.33	612	4	
6	WILLIAMS, DREW	O 24.47	604	3	
7	JULIES, JUSTIN	Z 24.87	581	2	
8	PAULSEN, LEMEUL	PG 24.99	574	1	
9	CLAASSENS, RUBEN	Z 25.14	565	0	
10	VAN WYK, NASHVILLE	PG 25.58	542	0	

Item 170 21:05 FinalResults Girls 14 400m

1	BEZUIDENHOUT, BELINDA	Z 1:04.27	750	8	G
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**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
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2	LUES, HAYLEY	PG 1:05.01	736	7	S
3	CRAFFORD, SONE	N 1:05.97	718	6	B
4	BARNARD, CHANENE	Z 1:07.45	692	5	
5	VAN ZYL, ANNABELLE	PG 1:07.63	689	4	
6	PRETORIUS, MIEKE	Z 1:10.52	642	3	
7	VISSER, NELIA	Z 1:11.25	631	2	
8	JANSEN, MILLA	Z 1:11.40	629	1	
9	RHEEDERS, DIANE	Z 1:12.18	617	0	
10	MAHLANGU, MBALI	O 1:13.80	595	0	
11	GOUWS, SARAH	Z 1:14.50	585	0	
12	VAN ROOYEN, MIKAYLA	O 1:15.03	578	0	
13	VAN DER MERWE, NOA	O 1:17.00	552	0	
14	VAN DER MERWE, KAYLA	N 1:21.50	498	0	

Item 173 21:10 FinalResults Boys 14 400m

1	HENNOP, TRISTEN	Z 1:03.39	523	8	G
2	STEYN, WIAN	Z 1:04.27	507	7	S
3	OLIVIER, RUBEN.	Z 1:04.70	499	6	B
4	JORDAAN, ALEXANDER	O 1:04.77	498	5	
5	STRYDOM, RIKUS	Z 1:06.85	461	4	
6	MATTHYSEN, SPENCER	N 1:08.64	432	3	

Item 176 21:15 FinalResults Girls 15 400m

1	ERASMUS, MANJE	Z 1:03.82	761	8	G
2	GOUWS, BIANCA	Z 1:07.61	692	7	S
3	ROOS, DANELLE	N 1:07.81	688	6	B
4	DE JAGER, MIA	Z 1:08.36	679	5	
5	SMIT, MIA	Z 1:10.16	650	4	
6	CHATAMBUDZA, KEILLA	PG 1:11.68	627	3	
7	BARNARD, UNA	Z 1:12.32	617	2	
8	LIEBENBERG, INNEKE	PG 1:12.42	616	1	
9	JOUBERT, DIANE	O 1:14.88	582	0	
10	HAY, LANE	O 1:15.92	568	0	

Item 179 21:20 FinalResults Boys 15 400m

1	DE KLERK, NJ	Z 0:56.59	657	8	G
2	GEYER, CIHAN	O 0:59.32	593	7	S
3	NAUDE, LEHAN	Z 0:59.62	587	6	B
4	COETZEE, DALE-ERIC	PG 1:00.05	578	5	
5	ANDERSON, LUAN	Z 1:00.06	577	4	
6	MONTANI, NTSAKO	N 1:02.07	536	3	
7	POSTHUMUS, LUCA	Z 1:02.79	522	2	
8	COETZEE, MATTHEW	PG 1:05.16	478	1	
9	BRONKHORST, JD	O 1:10.99	384	0	

Item 182 21:25 FinalResults Girls 16 400m

1	SLABBERT, VEANI	Z 1:06.64	689	8	G
2	BOTES, ANIKA	PG 1:07.10	681	7	S
3	JOUBERT, DANIELLE	PG 1:08.21	663	6	B
4	STEENKAMP, MIA	O 1:08.42	659	5	
5	VAN ASWEGEN, KARLI	Z 1:08.49	658	4	
6	VAN SCHALKWYK, JANA	Z 1:09.22	646	3	
7	DEYSEL, ALEX	O 1:11.02	619	2	
8	JACOBS, ANE	N 1:14.62	569	1	
9	COMBRINK, ABIGAIL	Z 1:18.01	526	0	
10	BARNARD, MANE	N 1:21.00	491	0	

Item 184 21:30 FinalResults Boys 16 400m

**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
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1	SMITH, LE ROUX	O 0:53.42	728	8	G
2	SCHEEPERS, CONRAD	Z 0:56.51	646	7	S
3	MODISHANE, DITSEGO	N 0:56.65	642	6	B
4	ETCHELL, PHILIP	Z 0:59.53	576	5	
5	VAN DE MERWE, HARIS	Z 1:01.42	537	4	
6	MYBURGH, LIAM	Z 1:02.40	518	3	
7	SCHALM, JC	PG 1:09.70	393	2	

Item 186 21:35 FinalResults Girls 17 400m

1	STEENKAMP, MARELIZE	N 1:06.89	687	8	G
2	DINGELSTAD, MIA	O 1:09.08	650	7	S
3	DE BEER, DEONE	Z 1:09.21	648	6	B
4	STOKES, ZANDRI	O 1:10.92	622	5	
5	BARRY, TAYLOR	Z 1:12.22	603	4	
6	VAN NIEKERK, JANKE	PG 1:13.93	579	3	
7	JONKER, GARDI	PG 1:14.11	577	2	
8	VAN NIEKERK, MINKE	PG 1:14.17	576	1	

Item 188 21:40 FinalResults Boys 17 400m

1	MALAN, DEWAN	O 0:54.37	688	8	G
2	NAUDE, REGHARDT	Z 0:54.92	673	7	S
3	VORSTER, CHRISTIAAN	PG 0:55.24	665	6	B
4	BRENKMAN, ZIAN	Z 0:55.57	657	5	
5	VISSER, MIGAEL	PG 0:56.33	638	4	
6	VAN HEERDEN, STEFAN	N 0:57.77	604	3	
7	SCHEEPERS, ROLAND	Z 0:58.14	595	2	
8	ROOS, ALTUS	N 0:58.57	586	1	
9	BASSON, DANIEL	Z 0:59.85	559	0	
10	GRUENEFELDER, STIAN	Z 1:01.74	521	0	

Item 189 21:45 FinalResults Girls 19 400m

1	DE WAAL, LUCA	Z 1:01.99	762	8	G
2	SCHUTTE, ANCHEN	PG 1:05.99	686	7	S
3	PRETORIUS, CALEIGH	Z 1:06.05	685	6	B
4	STOKES, MINE	O 1:07.27	665	5	
5	BADENHORST, DANE	PG 1:11.36	601	4	

Item 191 21:50 FinalResults Boys 19 400m

1	JOUBERT, DAVID	O 0:50.93	766	8	G
2	SCHEEPERS, FRANCOIS	Z 0:52.96	704	7	S
3	VAN DE GIESSEN, ANTON	Z 0:53.96	677	6	B
4	CLAASSENS, RUBEN	Z 0:57.96	579	5	
5	VAN WYK, NASHVILLE	PG 0:58.26	573	4	

Item 136 20:10 Final Girls 14 800m

1	BEZUIDENHOUT, BELINDA	Z 2:22.22	855	8	G
2	BARNARD, CHANENE	Z 2:28.02	796	7	S
3	CHANGUION, AME	Z 2:33.18	749	6	B
4	VAN ZYL, ANNABELLE	PG 2:33.37	747	5	
5	MIENIE, LEE-HANE	Z 2:36.68	719	4	
6	CRAFFORD, SONE	N 2:37.63	712	3	
7	GOUWS, SARAH	Z 2:42.80	672	2	
8	BEYERS, LANELLE	PG 2:43.07	670	1	
9	VAN DER MERWE, NOA	O 2:43.87	665	0	
10	DU PLESSIS, LANA	O 2:46.07	649	0	
11	VAN DEVENTER, ARIELLE	PG 2:56.87	579	0	
12	VAN DER MERWE, KAYLA	N 2:59.50	564	0	
13	HAYWARD, CARMIE	PG 3:00.84	556	0	

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14	DU PLESSIS, KARA	PG 3:03.68	540	0
15	VAN HEERDEN, LUME	O 3:54.30	320	0

Item 135 20:05 Final Boys 14 800m

1	COETZEE, ADRIAAN	Z 2:11.50	591	8	G
2	BOTHA, NICHOLAAS	Z 2:15.36	530	7	S
3	BEZUIDENHOUT, EDWARD	Z 2:19.46	471	6	B
4	KIELBLOCK, MATTIAS	Z 2:21.54	443	5	
5	ESTERHUIZEN, RUBEN	O 2:21.69	441	4	
6	OLIVIER, RUBEN.	Z 2:23.72	415	3	
7	HENNOP, TRISTEN	Z 2:29.26	349	2	
8	ELLS, QUINTIN	N 2:32.71	311	1	
9	VAN DER LINDE, LOUIS	PG 2:33.16	306	0	
10	BARNARD, EUGENE	N 2:36.62	271	0	
11	MAXWELL, ADRIAN	O 2:42.12	217	0	
12	BOTHA, JEANDRE	O 2:42.24	216	0	

Item 134 20:00 Final Girls 15 800m

1	SMIT, MIA	Z 2:32.57	741	8	G
2	LIEBENBERG, INNEKE	PG 2:38.30	695	7	S
3	VENTER, CHANE	Z 2:46.94	632	6	B
4	GROBLER, LEIGH-CHAE	O 2:52.74	594	5	
5	MULDER, JANA	O 2:54.06	586	4	
6	JOUBERT, DEANE	O 2:56.54	571	3	
7	PALMER, CALEY	Z 2:56.67	570	2	
8	DRYSDALE, KAYLEE	Z 3:02.13	539	1	
9	VAN DER MERWE, SANDRA-KATE	O 3:05.85	519	0	
10	SCHUTTE, MELISSA	N 3:10.70	493	0	

Item 133 19:55 Final Boys 15 800m

1	DE KLERK, NJ	Z 2:12.81	546	8	G
2	STRYDOM, WIHAN	PG 2:19.67	448	7	S
3	VAN STADEN, ADAM	PG 2:22.71	408	6	B
4	PRETORIUS, IVANDRE	O 2:22.96	405	5	
5	BADENHORST, ANTON	N 2:24.08	391	4	
6	GEYER, CIHAN	O 2:31.01	311	3	
7	BARNETT, NATHAN	Z 2:32.79	292	2	
8	MOBEEN, MASHIANE	N 2:33.49	285	1	
9	BENADIE, CHRISTIAAN	Z 2:34.73	272	0	
10	VAN ASWEGEN, NICO	Z 2:39.94	221	0	
11	TUBERRY, MATTHEW	O 2:44.97	175	0	

Item 132 19:50 Final Girls 16 800m

1	DEKKER, MIENKE	Z 2:16.61	896	8	G
2	GROENEWALD, CHANEL	O 2:27.64	778	7	S
3	SLABBERT, VEANI	Z 2:30.60	751	6	B
4	VAN SCHALKWYK, JANA	Z 2:32.37	735	5	
5	VISSER, KAYLINN	Z 2:40.14	673	4	
6	MARSHALL, JAMIE	O 2:40.34	672	3	
7	BARNARD, SALOME	Z 2:42.80	654	2	
8	JOUBERT, DANIELLE	PG 2:44.57	642	1	
9	DEYSEL, ALEX	O 2:46.94	625	0	
10	STEYN, MINKA	Z 2:53.56	583	0	
11	JACOBS, ANE	N 2:57.88	557	0	
12	TUBAKE, TSHOANE	N 3:30.15	399	0	

Item 127 19:45 Final Boys 16 800m

1	SCHEEPERS, CONRAD	Z 2:04.24	671	8	G
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2	BESTER, HANNO	Z 2:05.09	655	7	S
3	KIELBLOCK, EWAN	Z 2:10.04	568	6	B
4	BEESLAAR, JAN DANIEL	Z 2:12.56	528	5	
5	JOUBERT, HENCO	Z 2:14.09	505	4	
6	MYBURGH, LIAM	Z 2:19.17	434	3	
7	LOOCK, ETHAN	O 2:19.89	425	2	
8	PRETORIUS, FRANCO	O 2:20.95	411	1	
9	CHIKUTUKUTU, MUNASHE	N 2:24.20	371	0	
10	BEUKES, ZUWAN	O 2:25.47	356	0	
11	BADENHORST, AIDEN	O 2:25.71	353	0	
12	SNYDER, KURT	O 2:28.17	325	0	
13	VAN WYK, JD	PG 2:28.56	321	0	
14	GRUENENVELDER, UGHU	Z 2:34.46	258	0	

Item 126 19:40 Final Girls 17 800m

1	LIEBENBERG, MATHILDA	PG 2:30.44	747	8	G
2	DE BEER, DEONE	Z 2:39.62	673	7	S
3	PUTTER, JESSICA	N 2:40.63	665	6	B
4	STEENKAMP, MARELIZE	N 2:46.21	626	5	
5	NGOEPE, TUMI	N 2:48.64	610	4	
6	BARRY, TAYLOR	Z 2:49.08	607	3	
7	VAN NIEKERK, MINKE	PG 2:49.79	602	2	
8	HONEYMAN, CHELSEA	Z 2:50.26	599	1	
9	VAN DER MERWE, TINDALL	O 2:52.00	588	0	
10	BARNARD, RIANDI	Z 2:54.68	572	0	
11	VAN NIEKERK, JANKE	PG 2:59.90	542	0	
12	MAXWELL, CLARINE	O 3:10.25	486	0	

Item 125 19:35 Final Boys 17 800m

1	DELPORT, JP	Z 2:01.38	702	8	G
2	BRENKMAN, ZIAN	Z 2:02.53	679	7	S
3	CONTE, FRANCESCO	Z 2:05.54	622	6	B
4	ESTERHUIZEN, DANIEL	O 2:09.88	548	5	
5	JORDAAN, JANO	Z 2:10.49	539	4	
6	VISSER, MIGAEL	PG 2:11.33	526	3	
7	SCHEEPERS, ROLAND	Z 2:11.83	518	2	
8	BASSON, DANIEL	Z 2:12.70	505	1	
9	BOTHA, SHAYDEN	Z 2:13.73	490	0	
10	UYS, DYLAN	PG 2:15.45	465	0	
11	WILLERING, HENRU	O 2:19.15	415	0	
12	VENTER, ADRIAAN	Z 2:21.21	389	0	

Item 124 19:30 Final Girls 19 800m

1	STEYNBERG, ANDREA	PG 2:17.85	871	8	G
2	DE WAAL, LUCA	Z 2:18.58	862	7	S
3	SCHUTTE, ANCHEN	PG 2:29.85	749	6	B
4	VAN JAARVELD, MADIA	N 2:53.34	578	5	
5	VAN JAARVELD, MINETTE	N 2:54.53	571	4	
6	RAS, AMBER	N 3:41.95	347	3	

Item 120 19:25 Final Boys 19 800m

1	SCHEEPERS, FRANCOIS	Z 1:56.33	759	8	G
2	STRYDOM, TIHARD	PG 2:05.76	572	7	S
3	PUTTER, JP	N 2:09.69	509	6	B
4	RAS, STEFAN	N 2:19.72	371	5	
5	VAN NIEKERK, RUAN	PG 2:22.73	335	4	
6	POTGIETER, ZANTIN	O 3:08.39	0	3	

Item 49 16:44 Final Girls 14 1500m

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1	BARNARD, CHANENE	Z	04:59.26	808	8	G
2	BEZUIDENHOUT, BELINDA	Z	05:04.30	784	7	S
3	MIENIE, LEE-HANE	Z	05:04.90	782	6	B
4	CHANGUION, AME	Z	05:20.42	716	5	
5	CRAFFORD, SONE	N	05:24.34	701	4	
6	BEYERS, LANELLE	PG	05:37.10	654	3	
7	DU PLESSIS, LANA	O	05:37.19	654	2	
8	VAN DER MERWE, NOA	O	05:57.43	589	1	
9	VAN DER MERWE, KAYLA	N	06:17.76	531	0	
10	BOTHA, ELMIE	Z	06:20.90	523	0	
11	HAYWARD, CARMIE	PG	06:26.40	509	0	
12	PARK, KAYLA	O	06:37.48	482	0	
13	TALJAARD, MIKAYLA	O	06:55.13	441	0	

Item 48 16:36 Final Boys 14 1500m

1	COETZEE, ADRIAAN	Z	04:29.79	778	8	G
2	KIELBLOCK, MATTIAS	Z	04:45.45	692	7	S
3	BOTHA, NICHOLAAS	Z	04:50.11	669	6	B
4	BEZUIDENHOUT, EDWARD	Z	04:53.16	654	5	
5	OLIVIER, RUBEN.	Z	05:04.01	606	4	
6	HENNOP, TRISTEN	Z	05:05.83	598	3	
7	VAN DER LINDE, LOUIS	PG	05:11.06	576	2	
8	ESTERHUIZEN, RUBEN	O	05:16.01	557	1	
9	ELLS, QUINTIN	N	05:26.80	517	0	
10	BARNARD, EUGENE	N	05:36.40	484	0	
11	VILJOEN, MIGAEL	PG	05:39.74	472	0	
12	MAXWELL, ADRIAN	O	05:54.84	425	0	
13	SERFONTEIN, JUWAN	PG	06:23.24	346	0	

Item 43 16:28 Final Girls 15 1500m

1	SMIT, MIA	Z	05:29.06	665	8	G
2	VENTER, CHANE	Z	05:48.93	598	7	S
3	LIEBENBERG, INNEKE	PG	05:56.64	575	6	B
4	LEDINGWANE, TSHEPANG	Z	06:08.98	540	5	
5	MULDER, JANAE	O	06:11.14	534	4	
6	VAN DER MERWE, SANDRA-KATE	O	06:14.55	525	3	
7	PALMER, CALEY	Z	06:17.54	517	2	
8	MABOKELA, PUSELETSO	N	06:25.47	496	1	
9	DRYSDALE, KAYLEE	Z	06:33.97	475	0	
10	SCHUTTE, MELISSA	N	06:37.62	467	0	
11	HEYNS, ANIKA	Z	06:40.80	459	0	
12	GALETTI, AMY	O	06:41.29	458	0	

Item 42 16:20 Final Boys 15 1500m

1	VISAGIE, JEANDRE	Z	04:32.92	742	8	G
2	DE KLERK, NJ	Z	04:45.39	676	7	S
3	GROBLER, MARNUS	O	04:57.96	617	6	B
4	VAN STADEN, ADAM	PG	04:59.37	611	5	
5	BADENHORST, ANTON	N	04:59.44	611	4	
6	PRETORIUS, IVANDRE	O	05:04.82	588	3	
7	BENADIE, CHRISTIAAN	Z	05:14.77	548	2	
8	DE BEER, STIAAN	Z	05:19.59	530	1	
9	KLEINSMIT, AJ	O	05:21.02	525	0	
10	VAN ASWEGEN, NICO	Z	05:21.35	524	0	

Item 41 16:12 Final Girls 16 1500m

1	DEKKER, MIENKE	Z	04:39.80	873	8	G	ZWKB25
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2	GROENEWALD, CHANEL	O 05:07.28	737	7	S
3	SLABBERT, VEANI	Z 05:10.28	725	6	B
4	VISSER, KAYLINN	Z 05:21.67	680	5	
5	BOTHA, ANIKA	Z 05:26.19	663	4	
6	RABIE, MAGRIETJIE	Z 05:35.61	631	3	
7	DEYSEL, ALEX	O 05:53.70	573	2	
8	DE VILLIERS, MIA	Z 06:12.15	521	1	
9	MARAIS, NIKA	Z 06:24.96	488	0	
10	MARSHALL, JAMIE	O 06:26.58	484	0	
11	VAN DER LINDE, SIMONE	PG 06:37.25	459	0	

Item 40 16:04 Final Boys 16 1500m

1	BESTER, HANNO	Z 04:16.00	830	8	G
2	SCHEEPERS, CONRAD	Z 04:17.23	822	7	S
3	KIELBLOCK, EWAN	Z 04:24.06	777	6	B
4	BEESSLAAR, JAN DANIEL	Z 04:32.77	727	5	
5	JOUBERT, HENCO	Z 04:35.09	714	4	
6	MYBURGH, LIAM	Z 04:41.38	681	3	
7	MODIMOLLA, AMOGKETSWE	N 04:46.62	655	2	
8	PRETORIUS, FRANCO	O 04:56.90	608	1	
9	RALL, CHRISTIAAN	N 05:00.06	594	0	
10	BADENHORST, AIDEN	O 05:00.70	592	0	
11	BEUKES, ZUWAN	O 05:03.98	578	0	
12	GRUENENVELDER, UGHU	Z 05:11.64	547	0	

Item 37 15:56 Final Girls 17 1500m

1	LIEBENBERG, MATHILDA	PG 05:16.31	693	8	G
2	DE BEER, DEONE	Z 05:39.97	610	7	S
3	PUTTER, JESSICA	N 05:41.22	606	6	B
4	VAN DER MERWE, TINDALL	O 05:53.08	569	5	
5	HERBST, ANIENKE	PG 05:55.12	563	4	
6	NGOEPE, TUMI	N 06:02.57	542	3	
7	HONEYMAN, CHELSEA	Z 06:13.22	513	2	
8	PERCELL, TAYLE	O 06:48.16	428	1	

Item 36 15:48 Final Boys 17 1500m

1	DELPORT, JP	Z 04:10.78	848	8	G
2	BRENKMAN, ZIAN	Z 04:15.29	816	7	S
3	JORDAAN, JANO	Z 04:20.45	783	6	B
4	ESTERHUIZEN, DANIEL	O 04:26.86	744	5	
5	CONTE, FRANCESCO	Z 04:29.76	727	4	
6	JORDAAN, ALEXANDER	Z 04:30.58	723	3	
7	BASSON, DANIEL	Z 04:36.71	690	2	
8	UYS, DYLAN	PG 04:37.18	687	1	
9	GRUENEFELDER, STIAN	Z 04:39.51	675	0	
10	SCHEEPERS, ROLAND	Z 04:53.58	609	0	
11	VENTER, ADRIAAN	Z 05:08.36	547	0	
12	BADENHORST, BURGER	O 05:54.02	394	0	
13	STOLP, TIAAN	O 05:59.77	377	0	
14	VILJOEN, HENNING	O 06:31.37	295	0	

Item 35 15:40 Final Girls 19 1500m

1	STEYNBERG, ANDREA	PG 04:40.94	847	8	G
2	DE WAAL, LUCA	Z 04:44.29	829	7	S
3	LE ROUX, ELIZMA	Z 04:45.88	821	6	B
4	VILJOEN, ABIGAIL	PG 05:05.78	728	5	
5	BAASCH, KAYLIN	O 05:45.52	585	4	

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6	VAN JAARVELD, MADIA	N 06:16.58	498	3	
7	VAN DER MERWE, MEGAN	N 06:55.36	407	2	
8	TOPPER, MIANDIE	O 07:21.48	355	1	
9	RAS, AMBER	N 07:24.01	350	0	

Item 34 15:32 Final Boys 19 1500m

1	SCHEEPERS, FRANCOIS	Z 04:02.25	874	8	G	ZWKB25
2	COETZER, RICO	Z 04:05.05	853	7	S	
3	VAN DER LINDE, BERTUS	PG 04:09.45	821	6	B	
4	COETZEE, HEINRICH	O 04:34.02	674	5		
5	VAN NIEKERK, RUAN	PG 04:40.94	639	4		
6	STRYDOM, TIHARD	PG 04:40.98	639	3		
7	PUTTER, JP	N 04:51.90	589	2		
8	PITJA, MOSIMA	N 04:56.31	571	1		
9	RAS, STEFAN	N 04:57.64	565	0		
10	VILJOEN, HANNO	Z 05:08.07	523	0		

Item 195 22:15 Final Girls 15 3000m

1	MIENIE, LEE-HANE	Z 10:50.53	872	8	G
2	DU PLESSIS, LANA	O 12:10.75	768	7	S

Item 192 22:00 Final Boys 15 3000m

1	COETZEE, ADRIAAN	Z 09:46.24	809	8	G
2	VISAGIE, JEANDRE	Z 09:46.30	809	7	S
3	BOTHA, NICHOLAAS	Z 09:50.10	801	6	B
4	BEZUIDENHOUT, EDWARD	Z 10:49.72	687	5	
5	BADENHORST, ANTON	N 10:59.50	671	4	
6	PRETORIUS, IVANDRE	O 11:04.73	662	3	
7	VAN NIEKERK, WILLIE	O 11:07.04	659	2	
8	VILJOEN, MIGAEL	PG 11:22.63	635	1	
9	DU PLOOY, STEPHAN	PG 11:28.60	626	0	
10	STEYN, CHRISTIAAN	PG 11:48.57	598	0	

Item 196 22:15 Final Girls 17 3000m

1	DEKKER, MIENKE	Z 10:08.67	924	8	G	ZWKB25
2	VISSER, KAYLINN	Z 11:30.08	803	7	S	
3	VAN DER MERWE, TINDALL	O 12:33.50	731	6	B	
4	VAN DER MERWE, SANDRA-KATE	O 13:45.54	664	5		

Item 193 22:00 Final Boys 17 3000m

1	DELPORT, JP	Z 09:13.13	859	8	G
2	JORDAAN, ALEXANDER	Z 09:30.01	818	7	S
3	JORDAAN, JANO	Z 09:45.83	783	6	B
4	CONTE, FRANCESCO	Z 10:08.33	737	5	
5	GRUENEFELDER, STIAN	Z 10:13.86	727	4	
6	RALL, CHRISTIAAN	N 10:15.97	723	3	
7	PRETORIUS, FRANCO	O 10:22.51	711	2	
8	BEUKES, ZUWAN	O 10:24.48	707	1	
9	ESTERHUIZEN, DANIEL	O 10:31.28	695	0	

Item 197 22:15 Final Girls 19 3000m

1	DE WAAL, LUCA	Z 10:37.25	871	8	G
2	VILJOEN, ABIGAIL	PG 11:00.99	836	7	S
3	BAASCH, KAYLIN	O 12:06.66	755	6	B

Item 194 22:00 Final Boys 19 3000m

1	COETZER, RICO	Z 08:57.23	871	8	G
2	VAN DER LINDE, BERTUS	PG 09:12.22	833	7	S

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3	TITUS, CIANO	PBH 09:36.50	777	6	B
4	DU PLESSIS, TIAAN	PG 10:11.94	706	5	
5	RAS, STEFAN	N 10:56.41	632	4	
6	MODISHA, TSWARELO	N 10:59.73	626	3	

Item 90 18:10 FinalResults Girls 14 90m Hurdles

76.2cm

1	VAN ROOYEN, TYLOR	Z 13.83	895	8	G	ZWKB25
2	LUES, HAYLEY	PG 13.98	882	7	S	ZWKB25
3	VAN REEUWYK, LIENKE	Z 14.63	831	6	B	
4	KORFF, RUMAY	O 14.67	828	5		
5	DE JAGER, SANMARI	PG 14.79	820	4		
6	MAHLANGU, MBALI	O 16.85	693	3		
7	GOUWS, SARAH	Z 17.21	675	2		
8	PETA, SELINA	N 18.02	636	1		
9	GREEFF, GENIQUE	Z 19.53	572	0		
10	MARAIS, AMOREY	O 20.15	549	0		
11	EHLERS, ANZEL	O 20.25	545	0		

Item 94 18:18 FinalResults Girls 15 90m Hurdles

76.2cm

1	DELL, KIARA	Z 13.64	877	8	G
2	VAN DER POLL, LARA	Z 13.65	876	7	S
3	DUARTE, CHANEL	PG 16.92	664	6	B
4	GALETTI, NICOLE	O 19.01	571	5	
5	KOZA, NALEDI	N 19.52	551	4	
6	SCHUTTE, MELISSA	N 19.66	545	3	
7	BIELDT, KIARA	O 19.72	543	2	
8	VAN ZYL, HELET	PG 19.78	541	1	

Item 109 18:42 FinalResults Boys 14 100m Hurdles

84cm

1	WHITE, ETHAN	Z 14.82	753	8	G
2	VAN RIET, ZUAN	PG 14.99	740	7	S
3	VAN STADEN, ZANDER	O 15.90	674	6	B
4	BEUKES, DIAN	Z 16.51	634	5	
5	VISSER, RUAN	Z 16.87	612	4	
6	MANGONGO, TSHEGO	N 17.01	604	3	
7	WESSELS, STEFAN	Z 17.72	565	2	
8	VAN VREEDEN, SIMEON	PG 17.87	557	1	
9	DE JAGER, HANNO	Z 18.41	530	0	
10	VISAGIE, ESTIAN	O 18.47	527	0	
11	SHIVURI, PHENYO	N 18.82	510	0	
12	BESTER, JOHNATHAN	O 19.29	488	0	

Item 111 18:50 FinalResults Boys 15 100m Hurdles

84cm

1	DE LANGE, WILLIAM	Z 14.37	768	8	G
2	MOSES, DIANO	N 14.53	755	7	S
3	DIEDERICKS, BART	O 15.64	672	6	B
4	BREDENHAN, MELDON	O 16.96	589	5	
5	BREYTENBACH, JOSHUA	O 17.33	569	4	
6	PUTTER, ZACK	O 18.13	527	3	
7	JUDELS, BERNARD	PG 19.20	476	2	

Item 96 18:26 FinalResults Girls 16 100m Hurdles

76.2cm

1	VAN ZYL, LIZE	PG 14.70	862	8	G	ZWKB25
2	VAN ASWEGEN, LINDA	Z 16.94	718	7	S	
3	STEENKAMP, MIA	O 17.15	707	6	B	
4	FERREIRA, MEGAN	O 17.53	688	5		
5	VAN DER WESTHUIZEN, MIA	Z 17.66	681	4		
6	COETZEE, ANE	Z 17.89	670	3		

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7	VAN NIEKERK, HAYLEY	Z 19.87	584	2
8	BOOYSEN, RONEL	N 20.64	556	1
9	VAN WYK, JAYDENE	PG 21.11	538	0
10	DU PLESSIS, JANA	Z 21.27	533	0

Item 104 18:32 FinalResults Girls 17 100m Hurdles

76.2cm

1	HECHTER, REESE	Z 17.26	678	8	G
2	VORSTER, JANA	Z 17.28	677	7	S
3	STIEGER, KAYLIN	PG 17.92	646	6	B
4	ROUX, MISCKE	O 18.52	619	5	
5	LOVE, LANA	O 19.39	583	4	

Item 106 18:38 FinalResults Girls 19 100m Hurdles

84cm

1	MABOA, SHIRLEY	N 16.42	737	8	G	ZWKB25
2	LEPPAN, CHANTE	Z 17.98	656	7	S	
3	BAMM, STEFANIE	PG 18.16	648	6	B	
4	VAN DEN BERG, CHARNE	O 18.72	623	5		
5	VISSER, LEE-ANN	PG 19.23	601	4		

Item 113 18:58 FinalResults Boys 16 110m Hurdles

84cm

1	HOLLENBACH, CONNER	PG 14.88	797	8	G
2	VENTER, LUKE	O 15.26	766	7	S
3	CHAUKE, BOHLALE	N 15.49	748	6	B
4	MONYEBODI, THABANG	N 15.89	718	5	
5	O'KELLY, RUWAN	Z 16.55	673	4	
6	DREYER, CORNE	O 16.64	667	3	
7	ETCHELL, PHILIP	Z 17.16	635	2	
8	VERMAAK, JONATHAN	PG 19.26	525	1	
9	TALJAARD, CORNE	Z 19.29	523	0	

Item 117 19:06 FinalResults Boys 17 110m Hurdles

91.4cm

1	OTTE, STEPHAN.	Z 14.79	805	8	G
2	HLONGWANE, AMOGELANI	N 16.73	661	7	S
3	WILLEMSE, CHRISTIN	O 17.99	588	6	B
4	BOSMAN, CAIDEN	PG 18.18	578	5	
5	TUNJISAN, TOPE	O 18.61	556	4	
6	BREYTENBACH, KEEGAN	O 19.52	513	3	
7	WEPENAAR, LEONARD	O 24.16	339	2	

Item 119 19:18 FinalResults Boys 19 110m Hurdles

99.5cm

1	WILLIAMS, LUAN	Z 14.92	808	8	G	ZWKB25
2	VAN DE GIESSEN, ANTON	Z 15.27	779	7	S	ZWKB25
3	MARX, ANDRE	Z 15.42	767	6	B	ZWKB25
4	MAKHUBELA, LETHABO	N 16.74	673	5		
5	MOLELEKWA, SHALOM	N 17.83	608	4		
6	PETROWSKI, MICHAEL	O 18.55	570	3		
7	MUTSI, REA	PG 19.00	547	2		
8	CORBETT, DANIE	O 19.16	540	1		
9	VAN STAATEN, JACQUES	PG 21.70	432	0		

Item 27 15:24 FinalResults Girls 14 300m Hurdles

76.2cm

1	LUES, HAYLEY	PG 0:46.92	844	8	G	ZWKB25
2	KORFF, RUMAY	O 0:47.53	831	7	S	ZWKB25
3	VAN ROOYEN, TYLOR	Z 0:48.31	815	6	B	ZWKB25
4	VAN ZYL, ANNABELLE	PG 0:51.46	755	5		
5	GOUWS, SARAH	Z 0:52.86	731	4		
6	VAN REEUWYK, LIENKE	Z 0:55.51	689	3		
7	PETA, SELINA	N 0:55.84	684	2		

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8	MAHLANGU, MBALI	O 0:58.03	653	1
9	VAN ROOYEN, MIKAYLA	O 1:00.33	623	0

Item 21 15:08 FinalResults Boys 14 300m Hurdles

76.2cm

1	VAN STADEN, ZANDER	O 0:45.88	523	8	G
2	VAN RIET, ZUAN	PG 0:45.98	520	7	S
3	WHITE, ETHAN	Z 0:46.59	500	6	B
4	MYBURGH, THOR	Z 0:47.35	477	5	
5	MANGONGO, TSHEGO	N 0:47.66	467	4	
6	BEUKES, DIAN	Z 0:49.06	428	3	
7	VAN VREEDEN, SIMEON	PG 0:51.34	368	2	
8	VISSER, RUAN	Z 0:51.84	356	1	
9	WESSELS, STEFAN	Z 0:51.92	354	0	
10	BESTER, JOHNATHAN	O 0:54.22	300	0	

Item 25 15:16 FinalResults Girls 15 300m Hurdles

76.2cm

1	VAN DER POLL, LARA	Z 47.50	823	8	G
2	CHATAMBUDZA, KEILLA	PG 49.18	789	7	S
3	ERASMUS, MANJE	Z 50.10	772	6	B
4	GOUWS, BIANCA	Z 50.33	767	5	
5	PRETORIUS, KAYLIN	PG 54.50	697	4	
6	KOZA, NALEDI	N 58.40	641	3	
7	VAN ZYL, HELET	PG 58.77	636	2	
8	BLIGNAUT, DOMINIQUE	N 60.39	616	1	
9	GALETTI, NICOLE	O 61.62	600	0	
10	BIELDT, KIARA	O 67.22	538	0	
11	GINDRA, CHANTINAY	O 67.74	533	0	

Item 18 15:00 FinalResults Boys 15 300m Hurdles

84cm

1	DE LANGE, WILLIAM	Z 43.06	631	8	G
2	MOSES, DIANO	N 44.73	569	7	S
3	STRYDOM, WANRE	O 47.52	479	6	B
4	DIEDERICKS, BART	O 47.82	470	5	
5	GROBLER, MARNUS	O 47.95	466	4	
6	NAUDE, LEHAN	Z 48.05	463	3	
7	BENNETT, NATHAN	Z 50.30	401	2	
8	JUDELS, BERNARD	PG 51.24	377	1	
9	STEYN, CHRISTIAAN	PG 52.04	357	0	
10	DE NOBREGA, MATTHEW	PG 53.65	319	0	

Item 16 14:55 FinalResults Girls 16 400m Hurdles

76.2cm

1	VAN ASWEGEN, LINDA	Z 1:13.82	750	8	G
2	STEENKAMP, MIA	O 1:16.05	724	7	S
3	VAN DER WESTHUIZEN, MIA	Z 1:22.39	657	6	B
4	MOSETLA, DIMPHO	N 1:29.05	598	5	

Item 13 14:40 FinalResults Boys 16 400m Hurdles

84cm

1	HOLLENBACH, CONNER	PG 1:00.66	637	8	G
2	MAISELA, RAKGHOTO	N 1:02.30	592	7	S
3	MONYEBODI, THABANG	N 1:02.74	581	6	B
4	ETCHELL, PHILIP	Z 1:06.18	500	5	
5	DREYER, CORNE	O 1:08.81	445	4	
6	VERMAAK, JONATHAN	PG 1:10.95	403	3	

Item 15 14:50 FinalResults Girls 17 400m Hurdles

76.2cm

1	JONKER, TIMARIE	PG 1:18.15	695	8	G
2	LOVE, LANA	O 1:24.11	636	7	S
3	CLAYTON, ZELME	Z 1:27.10	609	6	B

Item 12 14:35 FinalResults Boys 17 400m Hurdles

84cm

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1	OTTE, STEPHAN.	Z 0:59.66	650	8	G
2	WILLEMSE, CHRISTIN	O 1:04.89	516	7	S
3	MOTSHEGOA , MAHLATSE	N 1:05.01	513	6	B
4	HLONGWANE, AMOGELANI	N 1:05.86	494	5	
5	BOSMAN, CAIDEN	PG 1:10.49	400	4	

Item 14 14:46 FinalResults Girls 19 400m Hurdles

76.2cm

1	MABOA, SHIRLEY	N 1:11.35	764	8	G
2	LEPPAN, CHANTE	Z 1:18.64	680	7	S
3	TALJARD, KATHLEEN	O 1:31.18	567	6	B

Item 2 14:30 FinalResults Boys 19 400m Hurdles

91.4cm

1	VAN DE GIESSEN, ANTON	Z 0:56.47	776	8	G
2	MAKHUBELA, LETHABO	N 1:00.75	639	7	S
3	MOLELEKWA, SHALOM	N 1:03.55	566	6	B
4	MUTSI, REA	PG 1:04.04	554	5	
5	MUTSI, LEBO	PG 1:04.80	536	4	
6	PETROWSKI, MICHAEL	O 1:07.70	472	3	
7	CORBETT, DANIE	O 1:12.46	380	2	
8	VAN STAATEN, JACQUES	PG 1:16.47	312	1	

Item 68 17:30 Final Girls 14 HighJump

1	DU TOIT, EMMA	Z 1.40	570	8	G
2	MAHLANGU, MBALI	O 1.35	500	7	S
2	VAN REEUWYK, LIENKE	Z 1.35	500	7	S
2	MANS, CHERISE	Z 1.35	500	7	S
5	JANSEN, MILLA	Z 1.35	500	4	
6	STRAUSS, ZANE	PG 1.30	440	3	
6	GELDENHUYS, NICOLA	PG 1.30	440	3	
8	VAN ZYL, MIEKE-ANN	N 1.30	440	1	
9	FERREIRA, BIANCA	Z 1.30	440	0	
9	COETZEE, MIANE	PG 1.30	440	0	
11	ROBERTSON, KAHINA	O 1.25	370	0	
12	BOOYSEN, NINA	N 1.25	370	0	

Item 69 17:30 Final Boys 14 HighJump

1	WHITE, ETHAN	Z 1.60	590	8	G
2	RAHATLAKANA, REA	PG 1.55	530	7	S
3	KRIEK, BENYAMIN	PG 1.55	530	6	B
4	COETZER, DYLAN	O 1.50	470	5	
5	PHILLIPUS, ETHAN	Z 1.45	410	4	
5	LAMERON, MICHAEL	PG 1.45	410	4	
7	VAN DER MERWE, LIAN	O 1.40	360	2	
8	BAASEN, JAEDEN	PG 1.35	300	1	

Item 97 18:30 Final Girls 15 HighJump

1	COERTZEN, WIHANE	PG 1.50	660	8	G
2	SWART, MILAN	Z 1.50	660	7	S
2	VERMAAK, TINIQUE	PG 1.50	660	7	S
4	DE JAGER, MIA	Z 1.45	600	5	
5	GALLOWAY, SHAE	O 1.45	600	4	
6	SWART, CARMIA	Z 1.45	600	3	
7	KOTZE, QIHARA-LEE	N 1.40	540	2	
8	ROOS, DANELLE	N 1.35	470	1	
9	ROESTROF, ELEANOR	PG 1.35	470	0	
10	HEYNS, ANIKA	Z 1.25	340	0	
11	BOTHA, AMELIA	O 1.25	340	0	
12	TOM, LIYEMA	O 1.20	280	0	

Item 98 18:30 Final Boys 15 HighJump

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1	DU BOIS, WALTER	O 1.65	600	8	G
2	MAJA, OFENTSE	N 1.65	600	7	S
3	RAPPAR, VICTOR	O 1.60	540	6	B
4	STORM, IVAN	O 1.45	370	5	
4	FUCHS, RUAN	Z 1.45	370	5	
4	MABOYANE, TUMELO	N 1.45	370	5	
7	ROOTMAN, LJ	Z 1.45	370	2	
8	HAUPTFLEISCH, KYLE	Z 1.45	370	1	

Item 28 15:30 Final Girls 16 HighJump

1	FERREIRA, MEGAN	O 1.45	570	8	G
2	JEFFERY, KATELYNNE	O 1.45	570	7	S
3	MOOLMAN, CHRISTI	PG 1.45	570	6	B
4	VAN ASWEGEN, LINDA	Z 1.40	500	5	
4	VAN ASWEGEN, KARLI	Z 1.40	500	5	
6	VAN NIEKERK, HAYLEY	Z 1.35	440	3	
6	BOOYSEN, RONEL	N 1.35	440	3	
8	DU PLOOY, ANRI	Z 1.25	310	1	
9	VAN WYK, JAYDENE	PG 1.25	310	0	

Item 29 15:30 Final Boys 16 HighJump

1	MC CREAMER, RYAN	O 1.80	710	8	G
2	VAN NIEKERK, ADRIAAN	PG 1.75	660	7	S
3	VAN VREDE, JOSHUA	PG 1.70	600	6	B
4	STEENKAMP, RUAN	PG 1.70	600	5	
5	RORICH, RUAN	Z 1.65	550	4	
6	PAPIER, WAYLIN	Z 1.55	440	3	
7	STOLS, STIAN	Z 1.55	440	2	
8	LUBBE, CHRISTIAAN	O 1.50	380	1	

Item 3 14:30 Final Girls 17 HighJump

1	MARITZ, JESSICA	Z 1.55	670	8	G
2	VAN DER BERG, JEANRE	Z 1.45	550	7	S
3	JACOBS, ANKE	PG 1.40	480	6	B
4	FERREIRA, LENEY	Z 1.35	420	5	
5	PILANE, DINEO	N 1.35	420	4	
6	MINNAAR, NICOLENE	PG 1.30	360	3	

Item 4 14:30 Final Boys 17 HighJump

1	MARAIS, MATTHEW	PBH 1.85	720	8	G
2	BURGER, BEN	PG 1.75	620	7	S
3	FOURIE, HENDRIK	Z 1.75	620	6	B
4	HOMAN, KADEN	Z 1.70	570	5	
5	DU PLESSIS, MICHAEL	Z 1.70	570	4	
6	LE ROUX, JETHRO	Z 1.60	460	3	
7	ZOWITSKI, DIVAN	O 1.55	410	2	
7	LUYT, DYLLAN	O 1.55	410	2	

Item 44 16:30 Final Girls 19 HighJump

1	BAMM, STEFANIE	PG 1.55	630	8	G
2	VAN DER WESTHUIZEN, LEANDRI	Z 1.55	630	7	S
3	MABOA, SHIRLEY	N 1.50	570	6	B
4	SCHUTTE, ANCHEN	PG 1.40	450	5	
5	TALJARD, KATHLEEN	O 1.35	380	4	
6	VAN JAARVELD, MINETTE	N 1.35	380	3	

Item 45 16:30 Final Boys 19 HighJump

1	BOSHOFF, SAREL	O 1.70	510	8	G
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2	BOTHA, ASHTON	Z 1.60	400	7	S
3	VAN STAATEN, JACQUES	PG 1.55	350	6	B
4	CORBETT, DANIE	O 1.55	350	5	
5	NIEMANDT, DIAAN	O 1.50	290	4	
5	LEKALAKALA, KATE	N 1.50	290	4	

Item 46 16:30 Final Girls 14 LongJump

1	VAN ROOYEN, MIKAYLA	O 4.94	700	8	G
2	DU PLESSIS, LIZE	PG 4.84	660	7	S
3	VAN REEUWYK, LIENKE	Z 4.75	624	6	B
4	DE NYSSCHEN, GABBY	O 4.50	526	5	
5	TOET, ISABELLA	Z 4.35	466	4	
6	KEMP, LARIZE	PG 4.33	460	3	
7	VISSER, NELIA	Z 4.23	420	2	
8	DIEDRIEKS, HANNAH	PG 4.04	343	1	
9	WELGEMOED, ANSUNE	PG 3.93	296	0	
10	ROBERTSON, KAHINA	O 3.92	292	0	
11	VAN ZYL, MIEKE-ANN	N 3.75	220	0	

Item 47 16:30 Final Boys 14 LongJump

1	VAN STADEN, ZANDER	O 5.48	623	8	G
2	MANYAAPELO, REA	PG 5.29	556	7	S
3	RAUBENHEINER, CHRSTOFF	PG 5.17	516	6	B
4	VAN DER MERWE, DUAN	Z 5.15	510	5	
5	MANGONGO, TSHEGO	N 5.11	496	4	
6	MARX, DANIELL	N 5.04	473	3	
7	MODIMOLA, MAHLATSI	O 4.99	456	2	
8	STRYDOM, RIKUS	Z 4.97	448	1	
9	NEL, STEFAN	O 4.70	353	0	
10	BESTER, RICUS	Z 4.55	300	0	
11	NKSHIZWE, BALO	Z 4.42	253	0	
12	MOUTON, FRANCO	PG 4.16	156	0	

Item 5 14:30 Final Girls 15 LongJump

1	DU PREEZ, DIANIE	PG 5.35	793	8	G
2	VAN DER POLL, LARA	Z 5.22	745	7	S
3	VAN ZYL, NATASHA	Z 4.53	484	6	B
4	SWART, CARMIA	Z 4.36	420	5	
5	COERTZEN, WIHANE	PG 4.31	400	4	
6	DUARTE, CHANEL	PG 4.19	353	3	
7	CRONJE, JOLENE	O 4.02	284	2	
8	MPHELA, DIMPHO	N 3.90	236	1	
9	SHONGOANE, AMOGELANG	N 3.63	124	0	
10	HUMAN, MICHELLE	O 3.60	110	0	
11	MOTHOA, TSHEGOFATSO	N 3.51	72	0	

Item 6 14:30 Final Boys 15 LongJump

1	DE LANGE, WILLIAM	Z 6.42	853	8	G	ZWKB25
2	MAJOLA, SANDILE	PBH 5.87	677	7	S	
3	MABOYANE, TUMELO	N 5.61	593	6	B	
4	FORRESTER, ROHAN	PG 5.44	540	5		
5	MASANGO, BRIGHT	O 5.36	513	4		
6	STRYDOM, WANRE	O 5.31	496	3		
7	DE WET, LUAN	O 5.28	486	2		
8	MOTOLLA, KATLEGO	PBH 5.08	420	1		

Item 121 19:30 Final Girls 16 LongJump

1	FERREIRA, MEGAN	O 4.83	552	8	G
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2	DU PLOOY, NICOLA	PG 4.81	544	7	S
3	STEENKAMP, MIA	O 4.76	526	6	B
4	BESTER, KIARA	Z 4.69	500	5	
5	BREYTENBACH, TELANA	O 4.35	372	4	
6	DU PLESSIS, MICHAELA	Z 4.27	340	3	
7	LAMBERTS, MICKE	O 4.13	284	1.5	
7	SKINNER, MECAYLI	Z 4.13	284	1.5	
9	LOVE, LANA	O 4.11	276	0	
10	COETZEE, ANE	Z 4.06	256	0	
11	VAN WYK, KARLA	O 4.00	232	0	
12	MOSETLA, DIMPHO	N 3.81	156	0	
13	VAN WYK, JAYDENE	PG 3.31	0	0	

Item 99 18:30 Final Boys 16 LongJump

1	LE ROUX, JAYDEN	Z 5.73	573	8	G
2	SUMMERS, DIVAN	O 5.57	523	7	S
3	ETCHELL, PHILIP	Z 5.40	466	5.5	B
3	MABE, KATLEGO	N 5.40	466	5.5	B
5	DE JAGER, RUAN	Z 5.32	442	4	
6	HUGO, FRANCO	O 5.29	433	3	
7	VAN VREDEN, LUKAS	PG 5.11	373	2	
8	DREY, MICHA	Z 5.06	356	1	
9	PRINSLOO, PHILIP	O 5.00	336	0	
10	PAGE, CONNOR	Z 4.93	313	0	
11	WHITE, DAVID	O 4.83	280	0	
12	NEL, ROSSOUW	PG 4.54	183	0	

Item 70 17:30 Final Girls 17 LongJump

1	HARTMAN, RONEL	PG 4.66	448	8	G
2	MARITZ, JESSICA	Z 4.49	384	7	S
3	NGOEPE, TUMI	N 4.40	350	6	B
4	SNYDERS, MEYA	Z 4.31	316	5	
5	ROUX, MISCKE	O 4.30	312	4	
6	BRIEL, ANRI	N 4.28	304	3	
7	VAN DER BERG, JEANRE	Z 4.06	220	2	
8	THELEDI, LISA	N 3.98	188	1	
9	KUUN, AMBER	O 3.93	168	0	
10	ORILEY, KYLIE	O 3.36	0	0	

Item 71 17:30 Final Boys 17 LongJump

1	DELPORT, LEANDRO	O 6.79	840	8	G
2	DE LANGE, JACQUES	Z 6.00	603	7	S
3	ESTERHUIZEN, REYNHARD	PG 5.90	573	6	B
4	JANSE VAN RENSBURG, LUAN	Z 5.77	533	5	
5	LE ROUX, JETHRO	Z 5.69	508	4	
6	ZOWITSKI, DIVAN	O 5.66	500	3	
7	VAN DEVENTER, FRIK	Z 5.55	465	2	
8	DU TOIT, ZANDER	Z 5.49	446	1	
9	KGOLE, KAMOGELO	N 5.42	423	0	
10	WEPENER, LUAN	Z 5.40	417	0	
11	PRINS, JUAN	Z 5.38	412	0	
12	RONTGEN, MARNUS	N 5.29	383	0	
13	DU PREEZ, RYNO	Z 5.28	380	0	
14	VAN DER MERWE, TERSIUS	O 5.21	356	0	
15	ROSSOUW, KRIEGE	Z 4.66	176	0	
16	MOTSHEGOA, MAHLATSE	N 4.60	156	0	

Item 30 15:30 Final Girls 19 LongJump

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1	SWANEPOEL, MIKAYLA	PG 5.18	566	8	G
2	VENTER, ZELDIE	PG 4.81	436	7	S
3	DE BEER, ARETHA	O 4.74	410	6	B
4	STEENKAMP, JANA	O 4.61	364	5	
5	VILJOEN, ABIGAIL	PG 4.58	353	4	
6	VAN DEN BERG, CHARNE	O 4.41	292	3	
7	VAN JAARVELD, MINETTE	N 4.22	220	2	
8	TALJARD, KATHLEEN	O 4.02	145	1	
9	JANSE VAN VUUREN, CHRISTEA	Z 3.99	132	0	
10	KLAASEN, JUVAHNE	Z 3.71	23	0	

Item 31 15:30 Final Boys 19 LongJump

1	BOSHOFF, SAREL	O 7.05	825	8	G	ZWKB25
2	DEWRON, AFORD	O 6.17	574	7	S	
3	VENTER, JEANDRE	O 5.92	500	6	B	
4	ARRIES, DAVERON	Z 5.88	488	4.5		
4	VENTER, JUNIOR	N 5.88	488	4.5		
6	SEABE, NEO	N 5.83	473	3		
7	PAULSEN, LEMEUL	PG 5.81	466	2		
8	KOTZE, PAUL	Z 5.45	357	1		
9	LOTRIET, LENARD	Z 5.44	355	0		
10	ROSSOUW, EMILE.	Z 5.18	274	0		
11	SAMBO, BUTHLE	PG 5.11	253	0		

Item 100 18:30 Final Girls 17 TripleJump

						9m
1	DU PLOOY, NICOLA	PG 10.13	570	8	G	
2	MINNAAR, NICOLENE	PG 10.08	561	7	S	
3	ROUX, MISCKE	O 09.40	438	6	B	
4	MARITZ, JESSICA	Z 09.32	423	5		
5	DIPPENAAR, KIARA	O 09.21	404	4		
6	BARNARD, SALOME	Z 08.86	340	3		
7	SNYDERS, MEYA	Z 08.68	305	2		
8	THELEDI, LISA	N 08.26	225	1		
9	VAN DER BERG, JEANRE	Z 07.85	146	0		

Item 122 19:30 Final Boys 17 TripleJump

						11m
1	NEL., ROSSOUW	PG 11.64	455	8	G	
2	PRINS, JUAN	Z 11.48	432	7	S	
3	MABE, KATLEGO	N 11.40	420	6	B	
4	DU PREEZ, RYNO	Z 11.36	414	5		
5	LUBBE, CHRISTIAAN	O 11.20	390	4		
6	ZOWITSKI, DIVAN	O 11.00	360	3		
7	HUGO, FRANCO	O 10.99	358	2		
8	DU TOIT, ZANDER	Z 10.87	340	1		
9	LE ROUX, JETHRO	Z 10.55	290	0		
10	WEPENER, LUAN	Z 10.15	229	0		
11	ROSSOUW, KRIEGE	Z 10.03	210	0		
12	DEACON, JANDER	PG 09.91	190	0		
13	BEZUIDENHOUT, FRANCOIS	Z 09.25	85	0		

Item 101 18:30 Final Girls 19 TripleJump

						11m
1	BAMM, STEFANIE	PG 09.87	455	8	G	
2	TALJARD, KATHLEEN	O 09.47	385	7	S	
3	BADENHORST, DANE	PG 09.08	314	6	B	

Item 123 19:30 Final Boys 19 TripleJump

						13m
1	LE ROUX, KAYDEN	O 11.70	411	8	G	
2	VENTER, JEANDRE	O 10.93	297	7	S	

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3	VAN STAATEN, JACQUES	PG 10.46	226	6	B
4	VAN DER MERWE, CAREL	Z 10.09	169	5	
5	VAN RENSBURG, ZANRO	PG 09.91	141	4	
6	CLAASSENS, RUBEN	Z 09.89	138	3	
7	JORDAAN, STEFAN	Z 09.64	100	2	

Item 102 18:30 Final Girls 14 Shotput

3kg

1	DU TOIT, MIHLAN	Z 11.11	820	8	G
2	BURGER, EMILY	PG 10.05	773	7	S
3	BADENHORST, ANKE	Z 09.65	754	6	B
4	DU PREEZ, ZELRI	PG 09.39	741	5	
5	CLAASSEN, GENNA	Z 08.87	715	4	
6	OOSTHUIZEN, LUMARI	O 08.86	715	3	
7	HATTINGH, SUMARI	O 08.75	709	2	
8	VISSER, NELIA	Z 08.54	698	1	
9	LUBBE, MIKAYLA	Z 08.30	686	0	
10	VAN HEERDEN, ELRI	Z 08.19	680	0	
11	DU PREEZ, ELZAAN	PG 08.15	678	0	
12	VERMEULEN, KARLA	O 07.88	663	0	
12	EHLERS, ANZEL	O 07.88	663	0	
14	VAN ASWEGEN, LIANE	PG 07.76	656	0	
15	GROENEWALD, JENNA	O 07.48	641	0	

Item 103 18:30 Final Boys 14 Shotput

4kg

1	COETZEE, MARKUS	O 12.14	707	8	G
2	VAN DER VINNE, ROBERT	O 11.12	653	7	S
3	ENGELBRECHT, NICO	PG 10.49	618	6	B
4	KRUGER, NIEL	Z 10.34	609	5	
5	PRINSLOO, LUAN	PG 09.80	578	4	
6	COETZEE, DEANDRE	Z 09.68	571	3	
7	LOUW, RUBEN	Z 09.34	550	2	
8	JORDAAN, ALEXANDER	O 09.19	541	1	
9	VAN VUUREN, MAX	Z 09.17	540	0	
10	ELS, PAUL	PG 08.95	526	0	
11	OOSTHUIZEN, RODRICK	O 08.88	522	0	
12	STEYN, WIAN	Z 08.65	507	0	
13	JULVAN, EDGAR	PG 08.63	506	0	
14	MURPHY, LEVI	O 08.49	497	0	
15	VISAGIE, ESTIAN	O 07.85	454	0	
16	MOTSEKI, MPH0	N 07.79	450	0	
17	VAN NIEKERK, WIHAN	N 07.76	447	0	
18	KOTZE, FRANCO	PG 07.58	435	0	

Item 130 19:45 Final Girls 15 Shotput

3kg

1	BORNMAN, IMKE	PG 12.65	869	8	G	ZWKB25
2	SCHOLTZ, ABIGAIL	O 10.42	776	7	S	
3	SMIT, ISABELLA	Z 09.65	741	6	B	
4	COETZEE, JUANE	Z 09.51	734	5		
5	RIETCHARD, CHRIZE	N 08.98	708	4		
6	STAPELS, CARMEN	O 08.61	689	3		
7	ALDERSON, AMORE	O 08.58	688	2		
8	VERMEULEN, MIKAYLA	O 08.14	665	1		
9	HUMAN, AMORE	PG 08.08	662	0		
10	VD WESTHUIZEN, LANA	O 07.97	656	0		
10	POTGIETER, MARIZEL	Z 07.97	656	0		
12	KOTZE, QIHARA-LEE	N 07.96	655	0		
13	KILLIANS, CARLENE	Z 07.85	649	0		



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14	MULLER, JUANIQUE	Z 07.53	631	0
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Item 131 19:45 Final Boys 15 Shotput

4kg

1	GOUWS, XIAN	Z 14.23	803	8	G
2	VAN TONDER, NIEL	O 13.34	761	7	S
3	BOTES, LIAM	PG 12.46	718	6	B
4	PUTTER, ZACK	O 12.30	710	5	
5	JONKER, ADOLF	PG 12.01	695	4	
6	VAN DYK, ZANDRE	O 11.89	688	2.5	
6	CLEVEY, KYRAN	PG 11.89	688	2.5	
8	DU TOIT, DOMINIQUE	Z 11.36	661	1	
9	KRUGER, DIVAN	PG 10.81	631	0	
10	VAN DE SMIT, NICO	Z 10.14	593	0	
11	NELSON, BOBBY	N 09.10	531	0	
12	HUISAM, SAREL	N 08.91	519	0	

Item 9 14:30 Final Girls 16 Shotput

3kg

1	ROUX, AMONE	Z 11.76	821	8	G
2	THEUNISSEN, MEGAN	Z 10.88	784	7	S
3	THEOLOGO, SHELBY	O 10.85	782	6	B
4	SMITH, CLARISSA	Z 10.78	780	5	
5	VILJOEN, LIANE	O 10.24	755	4	
6	VIVIERS, CHANEL	N 09.66	729	3	

Item 10 14:30 Final Boys 16 Shotput

5kg

1	BOTES, LOGAN	PG 14.62	802	8	G
2	FERREIRA, JUSTIN	Z 14.01	774	7	S
3	OPPERMAN, ARMIN	PG 13.89	769	6	B
4	DU PLOOY, DURAND	PG 11.38	645	5	
5	JONES, CALVIN	O 10.81	614	4	
6	GOUWS, ESTIAN	O 10.56	600	3	

Item 32 15:30 Final Girls 17 Shotput

3kg

1	STEYNBERG, DONELL	PG 13.00	857	8	G
2	CLARK, ANUSHCA	Z 12.00	818	7	S
3	ERASMUS, CARLIN	Z 11.76	809	6	B
4	MANS, DANIELLE	Z 11.35	792	5	
5	BARNARD, VERONIQUE	O 09.78	723	4	
6	HARTMAN, LINETTE	PG 09.68	719	3	

Item 33 15:30 Final Boys 17 Shotput

5kg

1	SMIT, MATTHEW	Z 14.06	772	8	G
2	JOUBERT, ROAN	O 13.21	732	7	S
3	GROBLER, DEWET	PG 12.80	712	6	B
4	VAN JAARVELD, DAVID	Z 12.63	704	5	
5	AFOUWAEJU, DERRICK	PBH 12.29	687	4	
6	DU PREEZ, WIAN	PG 12.17	681	3	
7	GERBER, ULRICH	O 12.16	681	2	
8	BARNARD, BARRY	O 11.93	669	1	
9	VAN TONDER, MC	O 11.58	651	0	
10	OLIVIER, RUBEN	Z 11.19	630	0	
11	KRUGER, HERMAN	N 10.85	612	0	
12	HANNEKOM, DAVID	Z 10.64	601	0	
13	WEPENER, LUAN	Z 10.21	576	0	
14	VAN DER MERWE, JANCU	N 09.70	547	0	
15	GONCALVES, NATHAN	PBH 09.57	540	0	

Item 74 17:30 Final Girls 19 Shotput

4kg

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1	GELDENHUYS, MONIQUE	O 11.13	826	8	G
2	MACKEY, KARLA	Z 10.34	791	7	S
3	ROODT, LUME	O 09.24	739	6	B
4	UNDERHAY, ESMERELDA	Z 08.55	704	5	
5	DE BEER, ARETHA	O 08.25	688	4	
6	VAN DER WESTHUIZEN, LEANDRI	Z 08.09	680	3	
7	MOOLMAN, ILANE	PG 07.88	668	2	
8	DU PREEZ, HANNA	PG 07.52	647	1	
9	MPHALELE, REFILWE	N 07.46	644	0	

Item 75 17:30 Final Boys 19 Shotput

6kg

1	STEFFEN, TIAAN	N 13.92	764	8	G
2	BARENDS, JUANDRE	PG 13.29	735	7	S
3	BASSON, OWEN	O 12.88	715	6	B
4	LA MARQUE, DIRCO	Z 12.40	691	5	
5	JANSE VAN RENSBURG, JANRU	PG 11.13	625	4	
6	POTGIETER, ZANDER	Z 10.72	603	3	
7	BOTHA, JAYDON	O 10.67	601	2	
8	ENGELBREGHT, REAGEN	Z 10.39	585	1	
9	DE BEER, JANDRE	O 10.23	576	0	
10	NIENABER, LUAN	O 10.07	567	0	
11	COETZEE, HANDRE	Z 09.98	562	0	

Item 7 14:30 Final Girls 14 Discus

1kg

1	DU TOIT, MIHLAN	Z 29.68	778	8	G
2	POTGIETER, ANJA	Z 24.66	682	7	S
3	SCHEEPERS, MARLENE	N 19.96	579	6	B
4	VAN HEERDEN, ELRI	Z 18.90	553	5	
5	JANSE VAN VUUREN, WYNINA	PG 18.30	538	4	
6	HATTINGH, SUMARI	O 17.63	521	3	

Item 22 15:15 Final Boys 14 Discus

1kg

1	KRUGER, NIEL	Z 37.85	689	8	G
2	VAN VUUREN, MAX	Z 36.63	671	7	S
3	COETZEE, MARKUS	O 35.78	658	6	B
4	LOUW, RUBEN	Z 31.54	591	5	
5	PHEIFFER, JANKO	PBH 31.25	586	4	
6	WHITE, ETHAN	Z 30.01	565	3	
7	SCHRECK, DIETERICH	PG 28.10	531	2	
8	JULVAN, EDGAR	PG 26.01	492	1	
9	SERFONTEIN, JUWAN	PG 25.15	475	0	
10	COETZEE, DEANDRE	Z 24.42	461	0	
11	ELS, PAUL	PG 23.68	446	0	
12	VAN NIEKERK, WIHAN	N 23.47	442	0	
13	GERMUSHUIZEN, WIAN	O 23.22	436	0	
14	MURPHY, LEVI	O 22.76	427	0	
15	VISAGIE, ESTIAN	O 21.78	406	0	
16	SELALA, JUNIOR	N 18.42	327	0	
17	OOSTHUIZEN, RODRICK	O 17.74	310	0	

Item 38 16:00 Final Girls 15 Discus

1kg

1	BORNMAN, IMKE	PG 41.55	952	8	G
2	COETZEE, JUANE	Z 30.38	774	7	S
3	DE JAGER, MIA	Z 29.78	764	6	B
4	LEMMER, TATUM	Z 24.72	668	5	
5	SCHOLTZ, ABIGAIL	O 22.08	613	4	
6	VAN DER MERWE, MEAGAN	PG 21.35	597	3	

ZWKB25



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7	HUMAN, AMORE	PG 20.28	572	2
8	POTGIETER, MARIZEL	Z 18.57	531	1
9	RIETCHARD, CHRIZE	N 18.23	523	0
10	ALDERSON, AMORE	O 17.44	503	0
11	ROESTROF, ELEANOR	PG 17.11	494	0
12	KOTZE, QIHARA-LEE	N 15.28	444	0
13	NEL, LUANDRI	O 12.80	367	0

Item 50 16:45 Final Boys 15 Discus

1kg

1	PUTTER, ZACK	O 42.25	741	8	G
2	DU TOIT, DOMINIQUE	Z 39.08	696	7	S
3	PRINSLOO, HANNES	PG 35.64	646	6	B
4	DIEDERIKS, JANDRE	PG 35.16	639	5	
5	VAN DYK, ZANDRE	O 35.07	637	4	
6	BOTES, LIAM	PG 31.02	572	3	
7	VAN TONDER, NIEL	O 30.86	569	2	
8	LUBBE, DILLAN	O 22.76	418	1	
9	VAN DE SMIT, NICO	Z 18.36	317	0	

Item 114 19:00 Final Girls 16 Discus

1kg

1	THEOLOGO, SHELBY	O 28.87	733	8	G
2	VAN WYK, LEANE	Z 27.03	699	7	S
3	DERCKSON, LYLA	Z 25.58	671	6	B
4	VAN DYK, MIANE	O 25.13	662	5	
5	LEMMER, JADE	Z 24.33	646	4	
6	COETZER, HALEY	N 24.25	645	3	
7	JOOSTE, NIEKE	Z 21.13	578	2	
8	VENTER, MILA	PG 20.93	574	1	
9	ROUX, AMONE	Z 20.65	567	0	
10	BREYTENBACH, TELANA	O 20.25	558	0	
11	SMITH, CLARISSA	Z 19.35	537	0	
12	DE VRY, SHARLE	PG 16.80	473	0	
13	ADAMS, ELIZE	O 16.66	469	0	
14	RABE, PAIGE	PG 14.01	393	0	

Item 128 19:45 Final Boys 16 Discus

1.5kg

1	OPPERMAN, ARMIN	PG 43.78	788	8	G
2	BOTES, LOGAN	PG 42.12	765	7	S
3	GOUWS, ESTIAN	O 33.02	629	6	B
4	LE ROUX, JUDAH	Z 30.70	591	5	
5	MOSIMA, KGAUGELO	N 30.56	588	4	
6	FERREIRA, JUSTIN	Z 27.45	533	3	
7	MEIRING, JOCK	O 26.60	517	2	
8	DU PLOOY, DURAND	PG 25.37	493	1	
9	VAN DE MERWE, DAMEON	Z 24.58	477	0	
10	BOTHA, CORRIE	O 24.18	469	0	
11	VAN NIEKERK, ELWIN	N 20.50	390	0	
12	POTGIETER, EDWAN	O 20.02	379	0	

Item 72 17:30 Final Girls 17 Discus

1kg

1	STEYNBERG, DONELL	PG 40.43	901	8	G
2	ERASMUS, CARLIN	Z 33.85	802	7	S
3	MANS, DANIELLE	Z 30.07	740	6	B
4	NEL, ASHLEY	Z 29.76	734	5	
5	BARNARD, VERONIQUE	O 25.37	653	4	
6	DERCKSEN, MARZEL	N 24.10	628	3	
7	BIERMAN, DANIELLE	O 18.61	507	2	

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8	KRYNAUW, MIA	O 18.10	494	1
9	THABETHE, HOPE	N 16.82	461	0
10	ENGELBRECHT, DENIKA	O 14.40	393	0

Item 91 18:15 Final Boys 17 Discus

1.5kg

1	JOUBERT, ROAN	O 40.85	737	8	G
2	BRITZ, RUAN	O 39.44	717	7	S
3	BARNARD, BARRY	O 38.76	707	6	B
4	VAN TONDER, MC	O 36.95	681	5	
5	ACKERMAN, BAILIN	Z 35.97	666	4	
6	SMIT, MATTHEW	Z 35.34	656	3	
7	MARAIS, DANIEL	PG 33.02	620	2	
8	OLIVIER, RUBEN	Z 31.49	595	1	
9	VAN DER MERWE, JANCU	N 29.99	569	0	
10	KRUGER, HERMAN	N 29.81	566	0	
11	HANNEKOM, DAVID	Z 29.75	565	0	
12	BEZUIDENHOUT, FRANCOIS	Z 29.06	553	0	
13	DU PREEZ, WIAN	PG 29.03	552	0	
14	HENDRIKS, AJ	Z 26.84	512	0	
15	DU PREEZ, RYNO	Z 26.08	498	0	
16	VAN DER WESTHUIZEN, LOUIS	PG 25.33	483	0	
17	GENIS, MICHIEL	PG 23.76	452	0	

Item 140 20:15 Final Girls 19 Discus

1kg

1	GELDENHUYS, MONIQUE	O 31.20	732	8	G
2	LOOCK, MIEKE	Z 25.49	630	7	S
3	ROODT, LUME	O 24.00	601	6	B
4	VAN HEERDEN, MIEKE	O 23.31	587	5	
5	UNDERHAY, ESMERELDA	Z 22.00	560	4	
6	DU PREEZ, HANNA	PG 20.66	531	3	
7	MPHALELE, REFILWE	N 19.85	512	2	
8	LIEBENBERG, LEONEZE	PG 19.41	502	1	
9	VAN DER WESTHUIZEN, ASHLEY	Z 17.01	443	0	

Item 166 21:00 Final Boys 19 Discus

1.75kg

1	STEFFEN, TIAAN	N 42.48	807	8	G
2	LA MARQUE, DIRCO	Z 41.92	800	7	S
3	DE BEER, JANDRE	O 39.87	770	6	B
4	BASSON, OWEN	O 39.14	759	5	
5	POTGIETER, ZANDER	Z 36.20	715	4	
6	JANSE VAN RENSBURG, JANRU	PG 27.77	571	3	
7	ALBERTS, HENDRIK	O 27.12	559	2	
8	BOTHA, JAYDON	O 26.78	553	1	
9	COETZEE, HANDRE	Z 26.35	544	0	
10	METCALFE, ETHAN	PG 23.08	478	0	

Item 39 16:00 Final Girls 14 Javelin

500g

1	BURGER, EMILY	PG 30.28	670	8	G
2	DE JAGER, SANMARI	PG 30.25	669	7	S
3	LUBBE, MIKAYLA	Z 28.12	627	6	B
4	CLAASSEN, GENNA	Z 26.38	591	5	
5	WELGEMOED, ANSUNE	PG 26.28	589	4	
6	HATTINGH, SUMARI	O 26.08	585	3	
7	HOLTZHAUSEN, KARA	Z 25.19	565	2	
8	VAN ASWEGEN, LIANE	PG 22.47	503	1	
9	POTGIETER, KAYLEE	Z 20.94	466	0	
10	ESTERHUIZEN, TONE	O 20.03	443	0	

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11	BADENHORST, ANKE	Z 19.10	418	0
12	VAN LOGGERENBERG, YUME	Z 16.46	343	0
13	GRUNDLING, ALISHA	O 15.72	321	0
14	SIRREL, ALEXI	O 14.42	279	0

Item 51 16:45 Final Boys 14 Javelin

600g

1	GOOSEN, TIAAN	Z 40.97	494	8	G
2	VAN DER VINNE, ROBERT	O 35.81	394	7	S
3	BRUWER, DIAN	Z 33.18	339	6	B
4	GREEF, DYLAN	Z 31.46	302	5	
5	KOTZE, FRANCO	PG 30.22	274	4	
6	OOSTHUIZEN, RODRICK	O 28.83	242	3	
7	JANOVSKY, ALEX	Z 28.68	239	2	
8	JOUBERT, AB	O 28.31	230	1	
9	ELS, PAUL	PG 25.90	171	0	
10	SMIT, JANNIE	O 25.60	164	0	
10	BESTER, SIMON	Z 25.60	164	0	
12	MOORE, LOHAN	O 24.87	145	0	
13	TINKLER, EBEN	Z 24.06	124	0	
14	VAN DER WALT, MAURICE	N 23.77	116	0	
15	SELALA, JUNIOR	N 21.54	54	0	
16	COETZEE, THINUS	PG 20.29	17	0	
17	SERFONTEIN, JUWAN	PG 19.48	0	0	
18	DROTSKY, DEHAN	N 17.00	0	0	

Item 115 19:00 Final Girls 15 Javelin

500g

1	BEUKES, ADDISON	Z 33.65	721	8	G
2	SMIT, ISABELLA	Z 32.87	707	7	S
3	DE JAGER, MIA	Z 31.45	681	6	B
4	VERMAAK, TINIQUE	PG 28.78	629	5	
5	LOOTS, MEGAN	PG 27.05	594	4	
6	SCHOLTZ, ABIGAIL	O 25.87	569	3	
7	ROESTROF, ELEANOR	PG 25.46	561	2	
8	COETZEE, GABBY	PG 25.39	559	1	
9	MPHALELE, LETHABO	N 20.32	440	0	
10	KRYNAUW, MIEKE	O 19.27	413	0	
11	MOTAU, HOPE	O 16.12	324	0	
12	NEL, LUANDRI	O 10.98	144	0	

Item 129 19:45 Final Boys 15 Javelin

600g

1	LUBBE, DILLAN	O 45.00	548	8	G
2	JACOBS, CARLISLE	Z 43.37	519	7	S
3	STRYDOM, WIHAN	PG 42.66	506	6	B
4	GOUWS, XIAN	Z 42.05	495	5	
5	STRYDOM, WANRE	O 40.57	468	4	
6	NELSON, BOBBY	N 38.87	436	3	
7	MARIAS, JOSHUA	PG 38.01	420	2	
8	EHLERS, ETHAN	Z 34.37	347	1	
9	PRINSLOO, HANNES	PG 32.23	302	0	
10	VAN DYK, ZANDRE	O 29.72	246	0	
11	VAN ZYL, JOHAN	N 28.12	209	0	
12	STORM, IVAN	O 21.03	24	0	

Item 73 17:30 Final Girls 16 Javelin

500g

1	BREYTENBACH, TELANA	O 36.27	756	8	G
2	LEMMER, JADE	Z 33.00	699	7	S
3	MOOLMAN, CHRISTI	PG 31.25	667	6	B



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4	MARSHALL, JAMIE	O 31.02	662	5
5	VAN DYK, MIANE	O 28.85	620	4
6	VILJOEN, LIANE	O 26.44	571	3
7	BESTER, KIARA	Z 20.82	443	2
8	MATHEKGA, THAHANE	N 20.15	426	1
9	ROUX, AMONE	Z 20.04	424	0
10	ERASMUS, KIRSTEN	Z 18.38	380	0

Item 92 18:15 Final Boys 16 Javelin

700g

1	SNYMAN, PEET	N 46.93	610	8	G
2	WHITE, DAVID	O 46.85	609	7	S
3	BOTES, LOGAN	PG 46.53	603	6	B
4	HUMAN, ZACH	PG 38.92	464	5	
5	BURGER, RUVAN	Z 37.12	429	4	
6	VAN NIEKERK, ADRIAAN	PG 37.06	427	3	
7	VAN DER MERWE, MARTIN	O 33.07	345	2	
8	VENTER, RYNHARDT	Z 32.61	335	1	
9	VAN DE MERWE, ARNO	Z 28.95	253	0	
10	RAS, JEANDRE	N 28.23	236	0	

Item 141 20:15 Final Girls 17 Javelin

500g

1	DE VILLIERS, AMY-JANE	N 38.59	784	8	G
2	CLARK, ANUSHCA	Z 36.21	745	7	S
3	BIERMAN, DANIELLE	O 35.14	727	6	B
4	JACOBS, ANKE	PG 33.80	703	5	
5	VAN DE MERWE, HELENE	Z 30.63	645	4	
6	STEYNBERG, DONELL	PG 30.60	645	3	
7	ERASMUS, CARLIN	Z 25.36	539	2	
8	MAARTENS, KIMMY	Z 25.29	538	1	
9	STASSEN, BATYA	N 24.11	512	0	
10	BRIDER, ZURICA	O 24.06	511	0	
11	BESTER, MIEKE	O 20.93	437	0	
12	STEYN, LIA	O 19.20	393	0	
13	TALJAARD, MATTLEEN	O 17.25	340	0	

Item 167 21:00 Final Boys 17 Javelin

700g

1	COETZEE, JAHNDRE.	PG 64.12	862	8	G
2	KOK, KAREL	O 58.89	784	7	S
3	MARAIS, DANIEL	PG 53.12	694	6	B
4	VAN JAARVELD, DAVID	Z 47.31	597	5	
5	ROUX, IAAN	O 37.56	420	4	
6	NEL, DOUW	Z 37.38	416	3	
7	GENIS, MICHIEL	PG 34.89	366	2	
8	DA SILVA, ZANDRE	PG 34.53	359	1	
9	BEZUIDENHOUT, FRANCOIS	Z 34.30	354	0	
10	BOTES, XAVIER	N 31.82	301	0	
11	BOSMAN, NIEL	N 31.58	296	0	

Item 8 14:30 Final Girls 19 Javelin

600g

1	GELDENHUYS, MONIQUE	O 39.15	793	8	G
2	MOOLMAN, ILANE	PG 34.19	710	7	S
3	VAN JAARVELD, THALITA	PG 33.76	702	6	B
4	MOOLMAN, LEANIE	PG 29.71	627	5	
5	LIEBENBERG, LEONEZE	PG 25.83	549	4	
6	SEYMOUR, CAYTLIN	O 22.44	473	3	
7	BRIDER, MIKAYLA	O 21.53	451	2	
8	HOLTZHAUSEN, HESME	N 19.62	404	1	

Item 23 15:15 Final Boys 19 Javelin

800g

**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
2025/01/24 at ZWARTKOP**

1	MASSYN, FRANCO	Z 46.83	589	8	G
2	JOUBERT, JOSH	Z 46.23	578	7	S
3	CORBETT, DANIE	O 42.46	512	6	B
4	BOTHA, ASHTON	Z 40.73	480	5	
5	BOTHA, JAYDON	O 40.59	477	4	
6	TEREBLANCHE, SP	PG 39.82	463	3	
7	NIENABER, LUAN	O 39.66	460	2	
8	KOTZE, PAUL	Z 39.26	452	1	

Item 198 22:30 Final Girls 14 4x100m Relay

1	RELAY TEAM,	PG 0:54.47	661	8	G
2	RELAY TEAM,	Z 0:56.19	617	7	S
3	RELAY TEAM,	N 0:57.13	594	6	B
4	RELAY TEAM,	O 0:57.56	583	5	

Item 200 22:34 Final Boys 14 4x100m Relay

1	RELAY TEAM,	O 0:51.57	579	8	G
2	RELAY TEAM,	PG 0:51.69	576	7	S
3	RELAY TEAM,	Z 0:52.12	565	6	B
4	RELAY TEAM,	N 0:54.24	514	5	

Item 199 22:32 Final Girls 15 4x100m Relay

1	RELAY TEAM,	Z 0:52.80	696	8	G	ZWKB25
2	RELAY TEAM,	O 0:57.05	584	7	S	
3	RELAY TEAM,	N 0:59.49	529	6	B	

Item 201 22:36 Final Boys 15 4x100m Relay

1	RELAY TEAM,	O 0:49.48	628	8	G
2	RELAY TEAM,	Z 0:49.50	627	7	S
3	RELAY TEAM,	PG 0:49.82	618	6	B
4	RELAY TEAM,	N 0:51.14	582	5	

Item 202 22:38 Final Girls 16 4x100m Relay

1	RELAY TEAM,	PG 0:52.30	698	8	G	ZWKB25
2	RELAY TEAM,	O 0:53.24	671	7	S	
3	RELAY TEAM,	Z 0:56.49	587	6	B	
4	RELAY TEAM,	N 0:58.73	536	5		

Item 204 22:42 Final Boys 16 4x100m Relay

1	RELAY TEAM,	N 0:46.08	727	8	G	ZWKB25
2	RELAY TEAM,	O 0:46.22	722	7	S	
3	RELAY TEAM,	PG 0:47.11	692	6	B	
4	RELAY TEAM,	Z 0:48.33	653	5		

Item 203 22:40 Final Girls 17 4x100m Relay

1	RELAY TEAM,	N 0:54.58	624	8	G
2	RELAY TEAM,	O 0:55.93	590	7	S
3	RELAY TEAM,	Z 0:57.00	565	6	B
4	RELAY TEAM,	PG 0:57.39	556	5	

Item 205 22:44 Final Boys 17 4x100m Relay

1	RELAY TEAM,	O 0:45.08	753	8	G
2	RELAY TEAM,	Z 0:45.99	720	7	S
3	RELAY TEAM,	PG 0:46.20	713	6	B
4	RELAY TEAM,	N 0:47.51	670	5	

Item 206 22:46 Final Girls 19 4x100m Relay

1	RELAY TEAM,	O 0:52.72	655	8	G
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**Meeting :ZWARTKOP_VRIENDSKAPLIK_24_JANUARIE
2025/01/24 at ZWARTKOP**

2	RELAY TEAM,	PG 0:53.28	639	7	S
3	RELAY TEAM,	N 0:54.87	598	6	B
4	RELAY TEAM,	Z 0:55.70	577	5	

Item 207 22:48 Final Boys 19 4x100m Relay

1	RELAY TEAM,	O 0:44.65	750	8	G
2	RELAY TEAM,	N 0:45.67	713	7	S
3	RELAY TEAM,	Z 0:46.16	696	6	B
4	RELAY TEAM,	PG 0:47.91	640	5	