



Results of all Finals and Heats

Ordered by Item types

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1748

Place	Athlete	Team	Perf	Score	Points	Medal	Wind	Records
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Item 94 17:45:00 Final Results Girls 14 100m

1	KORFF, ROEMAY	OMAK	12.53	881	8	G		
2	BURGER, SUNELLE	MENLO	13.11	801	7	S		
3	WEPENER, J	EGJAN	13.16	795	6	B		
4	RUYTER, LUKA	MENLO	13.19	791	5			
5	DE BRUYN, LOULENE	HELPIE	13.28	781	4			
6	LUBBE, ASHIN	HELPIE	13.37	770	3			
7	VAN DER WATT, ELRI	GRF	13.52	752	2			
8	HARDING, ANICA	WTK	13.53	751	1			
9	OLIVIER, JOANNE	MENLO	13.54	750	0			
10	STEYN, MIA	HELPIE	13.57	746	0			
11	ELS, DEMI	MONT	13.68	734	0			
12	SHIELLS, ISABELLA	GRF	13.73	729	0			
13	CASANOVES, TAYLEM	HELPIE	13.76	726	0			
14	DU PLOOY, MIEKE	WTK	13.91	710	0			
15	SCHOLTZ, MALISHA	MONT	14.05	696	0			
16	ROBERTSON, KAHINA	OMAK	14.11	690	0			
17	BESTER, TYLO	WTK	14.54	649	0			
18	BUCKLE, L	EGJAN	14.57	646	0			
18	GREYLING, NICOLE	MONT	14.57	646	0			
20	VAN ROOYEN, MIKAYLA	OMAK	15.06	603	0			

Item 94 17:45:00 Final 1 of 3 Girls 14 100m

1	WEPENER, J	EGJAN	13.16	795				
2	RUYTER, LUKA	MENLO	13.19	791				
3	DE BRUYN, LOULENE	HELPIE	13.28	781				
4	LUBBE, ASHIN	HELPIE	13.37	770				
5	VAN DER WATT, ELRI	GRF	13.52	752				
6	ELS, DEMI	MONT	13.68	734				
7	BUCKLE, L	EGJAN	14.57	646				

Item 94 17:45:00 Final 2 of 3 Girls 14 100m

1	KORFF, ROEMAY	OMAK	12.53	881				
2	BURGER, SUNELLE	MENLO	13.11	801				
3	OLIVIER, JOANNE	MENLO	13.54	750				
4	SHIELLS, ISABELLA	GRF	13.73	729				
5	BESTER, TYLO	WTK	14.54	649				
6	VAN ROOYEN, MIKAYLA	OMAK	15.06	603				
7	WIGGETT, MILA	MENLO	DNS	0				

Item 94 17:45:00 Final 3 of 3 Girls 14 100m

1	HARDING, ANICA	WTK	13.53	751				
2	STEYN, MIA	HELPIE	13.57	746				
3	CASANOVES, TAYLEM	HELPIE	13.76	726				
4	DU PLOOY, MIEKE	WTK	13.91	710				
5	SCHOLTZ, MALISHA	MONT	14.05	696				
6	ROBERTSON, KAHINA	OMAK	14.11	690				
7	GREYLING, NICOLE	MONT	14.57	646				

Item 97 17:50:00 Final Results Boys 14 100m

1	STRAUSS, TYRON	GRF	11.89	707	8	G		
2	MBOYI, MOMOLEZI	JBHS	11.96	696	7	S		

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3	VAN RHYN, TIAAN	GRF 12.07	680	6	B
3	NICHOLSON, NICHOLAS	HELPIE 12.07	680	6	B
5	MEIJ, ARIEL	HELPIE 12.11	673	4	
6	HATTINGH, JUAN	HELPIE 12.13	670	3	
7	MASHEGO, MMABALEDI	KES 12.16	666	2	
8	MOOLMAN, PG	HELPIE 12.18	663	1	
9	VAN NIEKERK, GJ	WTK 12.24	654	0	
10	ABATE, JOEL	KES 12.30	646	0	
11	SIBANYONI, SIYA	JBHS 12.35	640	0	
12	JACOBS, JOSHWIN	GRF 12.39	634	0	
13	DU PLESSIS, B	EGJAN 12.42	630	0	
14	BEUKMAN, KIAN	MENLO 12.43	628	0	
15	HATTINGH, WESSEL	HELPIE 12.48	621	0	
16	MAHLANGU, K	EGJAN 12.53	615	0	
17	CUMMINGS, KYE	HELPIE 12.56	611	0	
18	BRITS, WILLEM	WTK 12.61	605	0	
19	MAWELELA, NHLAMULO	MENLO 12.63	602	0	
20	VENTER, TIAAN	MONT 12.68	595	0	
21	KHUMALO, SHANE	KES 12.69	594	0	
22	BREEDT, ZIAN	HELPIE 12.72	590	0	
23	GOUWS, THOMAS	MENLO 12.74	587	0	
23	OLVER, WIAN	KES 12.74	587	0	
25	ALBERTS, J	EGJAN 12.78	582	0	
26	MODIMOLA, MAHLATSI	OMAK 12.94	563	0	
27	JACOBS, TIEGO	OMAK 12.99	557	0	
28	KEMP, DNIEL	WTK 13.16	537	0	
29	MYBURGH, RUVAN	OMAK 13.37	513	0	
30	MUHAMMED, MUHAMMED	VOR 13.42	507	0	
31	ROUGHTON, AARON	KES 13.65	483	0	

Item 97 17:50:00 Final 1 of 5 Boys 14 100m

1	VAN RHYN, TIAAN	GRF 12.07	680
2	HATTINGH, JUAN	HELPIE 12.13	670
3	JACOBS, JOSHWIN	GRF 12.39	634
4	HATTINGH, WESSEL	HELPIE 12.48	621
5	MAHLANGU, K	EGJAN 12.53	615
6	KEMP, DNIEL	WTK 13.16	537
7	ROUGHTON, AARON	KES 13.65	483
8	GILBERT, TIMOTHY	VOR DNS	0

Item 97 17:50:00 Final 2 of 5 Boys 14 100m

1	MBOYI, MOMOLEZI	JBHS 11.96	696
2	MEIJ, ARIEL	HELPIE 12.11	673
3	MOOLMAN, PG	HELPIE 12.18	663
4	ABATE, JOEL	KES 12.30	646
5	KHUMALO, SHANE	KES 12.69	594
6	OLVER, WIAN	KES 12.74	587
7	MPHAGA, SECHABA	VOR DNS	0
8	KGWAHLA, PHENYO	VOR DNS	0

Item 97 17:50:00 Final 3 of 5 Boys 14 100m

1	MASHEGO, MMABALEDI	KES 12.16	666
2	CUMMINGS, KYE	HELPIE 12.56	611
3	BREEDT, ZIAN	HELPIE 12.72	590
4	ALBERTS, J	EGJAN 12.78	582
5	MUHAMMED, MUHAMMED	VOR 13.42	507
6	SEHLAKE, MOHAU	JBHS DNS	0

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7 VAN DER SCHYFF, RILEY MONT DNS 0

Item 97 17:50:00 Final 4 of 5 Boys 14 100m

1	STRAUSS, TYRON	GRF	11.89	707
2	DU PLESSIS, B	EGJAN	12.42	630
3	VENTER, TIAAN	MONT	12.68	595
4	GOUWS, THOMAS	MENLO	12.74	587
5	MODIMOLA, MAHLATSI	OMAK	12.94	563
6	MYBURGH, RUVAN	OMAK	13.37	513
7	DUBE, LWANDLE	VOR	DNS	0

Item 97 17:50:00 Final 5 of 5 Boys 14 100m

1	NICHOLSON, NICHOLAS	HELPIE	12.07	680
2	VAN NIEKERK, GJ	WTK	12.24	654
3	SIBANYONI, SIYA	JBHS	12.35	640
4	BEUKMAN, KIAN	MENLO	12.43	628
5	MABUTFO, PILSEN	JBHS	12.61	605
5	BRITS, WILLEM	WTK	12.61	605
7	MAWELELA, NHLAMULO	MENLO	12.63	602
8	JACOBS, TIEGO	OMAK	12.99	557

Item 100 17:55:00 Final Results Girls 15 100m

1	JORDAAN, JUANE	MENLO	12.13	930	8	G
2	KIRKPATRICK, JANELLE	MENLO	12.22	915	7	S
3	VAN DER MERWE, MIECKE	HELPIE	12.80	828	6	B
4	PRETORIUS, CHANIQUE	MONT	12.83	824	5	
5	BEZUIDENHOUT, MULAN	HELPIE	12.88	817	4	
6	BOTHA, MIA	MENLO	12.99	803	3	
7	RAATH, CHELSEY	HELPIE	13.12	787	2	
8	CLOETE, KAYLEE	HELPIE	13.20	777	1	
9	STEENKAMP, DANIKA	GRF	13.26	770	0	
10	BOTHA, VIHANKE	GRF	13.28	768	0	
11	DU PLOOY, CHANTE	WTK	13.34	761	0	
12	VAN JAARSVELDT, DEONE	MENLO	13.35	760	0	
13	VAN NIEKERK, HAYLEE	WTK	13.40	753	0	
14	GUMEDE, SIBONGISENI	VOR	13.51	741	0	
15	KILLIAN, MAYLIN	WTK	13.53	738	0	
16	VAN DE MERWE, KAYLA	MONT	13.65	726	0	
17	NIENABER, ELZE	OMAK	13.76	714	0	
18	KNIFE, LIVIA	GRF	13.97	692	0	
19	MALAN, WIANDRI	OMAK	14.02	687	0	
20	POFFAAN, L	EGJAN	14.15	674	0	
21	BOTHA, TEMIKE	OMAK	14.35	655	0	

Item 100 17:55:00 Final 1 of 3 Girls 15 100m

1	BEZUIDENHOUT, MULAN	HELPIE	12.88	817
2	BOTHA, MIA	MENLO	12.99	803
3	RAATH, CHELSEY	HELPIE	13.12	787
4	STEENKAMP, DANIKA	GRF	13.26	770
5	GUMEDE, SIBONGISENI	VOR	13.51	741
6	KNIFE, LIVIA	GRF	13.97	692
7	POFFAAN, L	EGJAN	14.15	674
8	BOTHA, TEMIKE	OMAK	14.35	655

Item 100 17:55:00 Final 2 of 3 Girls 15 100m

1	KIRKPATRICK, JANELLE	MENLO	12.22	915
2	VAN DER MERWE, MIECKE	HELPIE	12.80	828
3	PRETORIUS, CHANIQUE	MONT	12.83	824

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4	DU PLOOY, CHANTE	WTK	13.34	761
5	VAN JAARVELDT, DEONE	MENLO	13.35	760
6	KILLIAN, MAYLIN	WTK	13.53	738
7	MALAN, WIANDRI	OMAK	14.02	687

Item 100 17:55:00 Final 3 of 3 Girls 15 100m

1	JORDAAN, JUANE	MENLO	12.13	930
2	CLOETE, KAYLEE	HELPIE	13.20	777
3	BOTHA, VIHANKE	GRF	13.28	768
4	VAN NIEKERK, HAYLEE	WTK	13.40	753
5	VAN DE MERWE, KAYLA	MONT	13.65	726
6	NIENABER, ELZE	OMAK	13.76	714
7	MURRAY, N	EGJAN	DNS	0

Item 101 18:00:00 Final Results Boys 15 100m

1	BEUKES, KAIDEN	MENLO	11.28	789	8	G
2	SHANZI, MICHAEL	MENLO	11.30	785	7	S
3	LOMBARD, PIERRE	GRF	11.53	745	6	B
4	NGCOBO, ALWANDE	KES	11.68	720	5	
5	VAN DYK, RUBEN	WTK	11.76	706	4	
6	THOMAS, GABRIEL	JBHS	11.77	705	3	
7	ROOS, FRANCOIS	WTK	11.81	698	2	
8	MBE, MONDESIR	KES	11.87	689	1	
9	FEBRUARY, ROGER	JBHS	11.88	687	0	
10	HENDRIKS, E	EGJAN	11.92	681	0	
11	DE VILLIERS, H	EGJAN	11.96	675	0	
12	LUDICK, DANRE	OMAK	12.00	670	0	
13	FERREIRA, DIVAN	HELPIE	12.01	668	0	
14	JANSE VAN RENSBURG, PIETER	WTK	12.03	665	0	
15	VAN JAARVELD, KEAGAN	HELPIE	12.11	654	0	
16	OLCKERS, DRIKUS	OMAK	12.19	642	0	
17	NKADIMENG, TUMI	GRF	12.20	641	0	
18	ROODT, AIDEN	MENLO	12.32	625	0	
19	JONK, CIAN	HELPIE	12.40	614	0	
20	ELS, KEAGAN	HELPIE	12.41	613	0	
21	NKUNA, MAKABONGWE	JBHS	12.51	600	0	
22	JANSEN VAN VUUREN, DANIEL	MONT	12.52	598	0	
23	KAKAIRE, THEMBA	MONT	12.69	576	0	
24	VISSER, JUAN	MONT	12.92	548	0	
25	BADENHORST, LE ROUX	GRF	12.93	547	0	
26	CHUMMIE, CALEB	VOR	13.09	528	0	
27	STORM, IVAN	OMAK	13.16	521	0	
28	SEPEGO, ZAID	VOR	14.39	396	0	

Item 101 18:00:00 Final 1 of 4 Boys 15 100m

1	VAN DYK, RUBEN	WTK	11.76	706
2	MBE, MONDESIR	KES	11.87	689
3	FEBRUARY, ROGER	JBHS	11.88	687
4	HENDRIKS, E	EGJAN	11.92	681
5	OLCKERS, DRIKUS	OMAK	12.19	642
6	NKADIMENG, TUMI	GRF	12.20	641
7	SEPEGO, ZAID	VOR	14.39	396
8	SILUAN, ALEXANDER	VOR	DNS	0

Item 101 18:00:00 Final 2 of 4 Boys 15 100m

1	DE VILLIERS, H	EGJAN	11.96	675
2	JANSE VAN RENSBURG, PIETER	WTK	12.03	665

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3	JONK, CIAN	HELPIE	12.40	614
4	ELS, KEAGAN	HELPIE	12.41	613
5	JANSEN VAN VUUREN, DANIEL	MONT	12.52	598
6	VISSER, JUAN	MONT	12.92	548
7	BADENHORST, LE ROUX	GRF	12.93	547
8	CHUMMIE, CALEB	VOR	13.09	528

Item 101 18:00:00 Final 3 of 4 Boys 15 100m

1	BEUKES, KAIDEN	MENLO	11.28	789
2	SHANZI, MICHAEL	MENLO	11.30	785
3	LOMBARD, PIERRE	GRF	11.53	745
4	ROOS, FRANCOIS	WTK	11.81	698
5	FERREIRA, DIVAN	HELPIE	12.01	668
6	ROODT, AIDEN	MENLO	12.32	625
7	KAKAIRE, THEMBA	MONT	12.69	576
8	STORM, IVAN	OMAK	13.16	521

Item 101 18:00:00 Final 4 of 4 Boys 15 100m

1	NGCOBO, ALWANDE	KES	11.68	720
2	THOMAS, GABRIEL	JBHS	11.77	705
3	LUDICK, DANRE	OMAK	12.00	670
4	VAN JAARVELD, KEAGAN	HELPIE	12.11	654
5	NKUNA, MAKABONGWE	JBHS	12.51	600
6	MOHAMED, SHAAHEEN	VOR	DNS	0
7	SAMUELS, LEVANDRE	VOR	DNS	0
8	BEUKES, JEANDRE	EGJAN	DNS	0

Item 102 18:05:00 Final Results Girls 16 100m

1	NIEMAN, MEGAN	MENLO	12.02	933	8	G
2	VOGEL, LENIQUE	WTK	12.06	926	7	S
3	GUNTER, ISABELLA	MONT	12.20	903	6	B
4	VENTER, MEGAN	WTK	12.42	869	5	
5	BOTHA, ILINE	OMAK	12.43	867	4	
6	DIPPENAAR, DIANE	MENLO	12.53	852	3	
7	BURGER, PETRA	GRF	12.65	836	2	
8	HAMILTON, M	EGJAN	12.67	833	1	
9	BREEDT, MIANDI	HELPIE	12.70	829	0	
10	CASSANOVES, MATTHEIA	HELPIE	12.86	808	0	
11	VAN DER ENDE, RUVE	MENLO	12.94	797	0	
12	DE KOOKER, KAYDEN	HELPIE	12.97	793	0	
13	FERREIRA, MEGAN	OMAK	13.06	782	0	
14	VD WALT, INAMARI	MENLO	13.32	752	0	
15	KRUGER, LIZE	MONT	13.53	728	0	
16	BARNES, ZOE	WTK	13.61	720	0	
17	THERON, TILANI	OMAK	13.62	718	0	
18	OOSTHUISEN, S	EGJAN	13.93	686	0	
19	LOURENS, LENÉ	GRF	14.03	676	0	
20	STOLTZ, CLAUDINE	GRF	14.30	650	0	

Item 102 18:05:00 Final 1 of 3 Girls 16 100m

1	GUNTER, ISABELLA	MONT	12.20	903
2	VENTER, MEGAN	WTK	12.42	869
3	BURGER, PETRA	GRF	12.65	836
4	CASSANOVES, MATTHEIA	HELPIE	12.86	808
5	DE KOOKER, KAYDEN	HELPIE	12.97	793
6	VD WALT, INAMARI	MENLO	13.32	752
7	STOLTZ, CLAUDINE	GRF	14.30	650

Item 102 18:05:00 Final 2 of 3 Girls 16 100m

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1	DIPPENAAR, DIANE	MENLO	12.53	852
2	HAMILTON, M	EGJAN	12.67	833
3	BREEDT, MIANDI	HELPIE	12.70	829
4	FERREIRA, MEGAN	OMAK	13.06	782
5	BARNES, ZOE	WTK	13.61	720
6	THERON, TILANI	OMAK	13.62	718
7	LOURENS, LENÉ	GRF	14.03	676

Item 102 18:05:00 Final 3 of 3 Girls 16 100m

1	NIEMAN, MEGAN	MENLO	12.02	933
2	VOGEL, LENIQUE	WTK	12.06	926
3	BOTHA, ILINE	OMAK	12.43	867
4	VAN DER ENDE, RUVE	MENLO	12.94	797
5	KRUGER, LIZE	MONT	13.53	728
6	OOSTHUISEN, S	EGJAN	13.93	686

Item 103 18:11:00 Final Results Boys 16 100m

1	KRIGE, ZUAN	HELPIE	10.88	848	8	G
2	GRIESEL, ALEXANDER	WTK	11.00	824	7	S
3	SMITH, LE ROUX	OMAK	11.27	772	6	B
4	VENTER, LUKE	OMAK	11.35	758	5	
5	BOTMA, DANIE	MENLO	11.39	750	4	
6	MBANDLWA , PROSPER	JBHS	11.44	741	3	
7	MUDAU, TAKALANI	KES	11.50	731	2	
8	OGIDI, SOCHI	KES	11.56	721	1	
9	GEORGHIOU, CHRISTIAN	GRF	11.61	713	0	
9	KELBRICK, DANIEL	HELPIE	11.61	713	0	
11	JALI , NJABULO	JBHS	11.62	711	0	
12	LOUW, C	EGJAN	11.63	710	0	
13	KRUGER, CORBAN	MONT	11.66	705	0	
14	WESSELS, CULLEM	MENLO	11.67	703	0	
15	HAMMAN, ZANDER	GRF	11.69	700	0	
16	KRUGER, WYNAND	GRF	11.74	692	0	
17	BADENHORST, ARNO	OMAK	11.78	686	0	
18	BREYTENBACH, W	EGJAN	11.86	674	0	
19	DE KLERK, JOHN	MONT	12.05	647	0	
20	KILLIAN, XANDER	HELPIE	12.15	632	0	
21	SCHUTTE, LIAM	WTK	12.16	631	0	
22	BESTER, DANIEL	MONT	12.37	602	0	
23	JOUBERT, PIERRE	MENLO	12.63	569	0	
24	MGIBA, RISIMA	KES	12.76	553	0	
25	MPAMBAMOSO, AKHONA	VOR	12.97	528	0	

Item 103 18:11:00 Final 1 of 4 Boys 16 100m

1	BOTMA, DANIE	MENLO	11.39	750
2	MBANDLWA , PROSPER	JBHS	11.44	741
3	MUDAU, TAKALANI	KES	11.50	731
4	OGIDI, SOCHI	KES	11.56	721
5	BREYTENBACH, W	EGJAN	11.86	674
6	MGIBA, RISIMA	KES	12.76	553
7	FOURIE, JUANTES	MONT	DNS	0
8	BEUKES, JORDAN	EGJAN	DNS	0

Item 103 18:11:00 Final 2 of 4 Boys 16 100m

1	KRIGE, ZUAN	HELPIE	10.88	848
2	GRIESEL, ALEXANDER	WTK	11.00	824
3	KILLIAN, XANDER	HELPIE	12.15	632

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4	BESTER, DANIEL	MONT	12.37	602
5	MPAMBAMOSO, AKHONA	VOR	12.97	528
6	ZIDE, ZACHARIA	JBHS	DNS	0
7	ELS, CHRISTIAAN	HELPIE	DNS	0
8	ECKARD, TEAGAN	WTK	DNS	0

Item 103 18:11:00 Final 3 of 4 Boys 16 100m

1	VENTER, LUKE	OMAK	11.35	758
2	KELBRICK, DANIEL	HELPIE	11.61	713
3	WESSELS, CULLEM	MENLO	11.67	703
4	HAMMAN, ZANDER	GRF	11.69	700
5	BADENHORST, ARNO	OMAK	11.78	686
6	DE KLERK, JOHN	MONT	12.05	647
7	JOUBERT, PIERRE	MENLO	12.63	569

Item 103 18:11:00 Final 4 of 4 Boys 16 100m

1	SMITH, LE ROUX	OMAK	11.27	772
2	GEORGHIOU, CHRISTIAN	GRF	11.61	713
3	JALI, NJABULO	JBHS	11.62	711
4	LOUW, C	EGJAN	11.63	710
5	KRUGER, CORBAN	MONT	11.66	705
6	KRUGER, WYNAND	GRF	11.74	692
7	SCHUTTE, LIAM	WTK	12.16	631

Item 104 18:17:00 Final Results Girls 17 100m

1	DAVIS, CHRYSTABEL	WTK	12.05	913	8	G
2	BORNMAN, ANKE	WTK	12.36	864	7	S
3	DE KLERK, AMAE	HELPIE	12.48	847	6	B
4	THEUNISSEN, MIGNONNE	HELPIE	12.76	809	5	
5	DE BEER, IZEL	MENLO	12.80	804	4	
6	PRETORIUS, LISA	MENLO	12.89	792	3	
7	VD BERG*, ZIANE	MENLO	12.96	783	2	
8	MEYER, NICOLE	MONT	12.97	782	1	
9	GRUNDLINGH, MARELIE	GRF	13.19	755	0	
10	CASTELYN, ANKE	MONT	13.42	729	0	
11	BELLINGHAM, ALLISON	HELPIE	13.52	718	0	
12	NEL, Z	EGJAN	13.67	702	0	
13	DIPPENAAR, KIARA	OMAK	13.78	691	0	
14	JANSEN VAN VUUREN, DANNIËLLE	WTK	13.80	689	0	
15	DINGELSTAD, MIA	OMAK	13.83	686	0	
16	STOKES, ZANDRI	OMAK	13.90	679	0	
17	BARTLE, K	EGJAN	14.16	653	0	
18	DU PLESSIS, M	EGJAN	14.28	642	0	
19	ROSSOUW, NINA	HELPIE	14.33	638	0	
20	SETHUGA, PHATU	MONT	14.36	635	0	
21	JENKINSON, JESSICA	HELPIE	14.42	630	0	
22	EICHSTADT, JESSI	GRF	14.68	606	0	

Item 104 18:17:00 Final 1 of 3 Girls 17 100m

1	DE KLERK, AMAE	HELPIE	12.48	847
2	DE BEER, IZEL	MENLO	12.80	804
3	PRETORIUS, LISA	MENLO	12.89	792
4	MEYER, NICOLE	MONT	12.97	782
5	CASTELYN, ANKE	MONT	13.42	729
6	JANSEN VAN VUUREN, DANNIËLLE	WTK	13.80	689
7	SETHUGA, PHATU	MONT	14.36	635
8	HORN, KIARA	GRF	DNS	0

Item 104 18:17:00 Final 2 of 3 Girls 17 100m

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1	DAVIS, CHRYSTABEL	WTK	12.05	913
2	BORNMAN, ANKE	WTK	12.36	864
3	THEUNISSEN, MIGNONNE	HELPIE	12.76	809
4	BELLINGHAM, ALLISON	HELPIE	13.52	718
5	NEL, Z	EGJAN	13.67	702
6	DIPPENAAR, KIARA	OMAK	13.78	691
7	STOKES, ZANDRI	OMAK	13.90	679
8	ROSSOUW, NINA	HELPIE	14.33	638

Item 104 18:17:00 Final 3 of 3 Girls 17 100m

1	VD BERG*, ZIANE	MENLO	12.96	783
2	GRUNDLINGH, MARELIE	GRF	13.19	755
3	DINGELSTAD, MIA	OMAK	13.83	686
4	BARTLE, K	EGJAN	14.16	653
5	DU PLESSIS, M	EGJAN	14.28	642
6	JENKINSON, JESSICA	HELPIE	14.42	630
7	EICHSTADT, JESSI	GRF	14.68	606

Item 105 18:23:00 Final Results Boys 17 100m

1	VENTER, VAN ZYL	MONT	10.66	875	8	G
2	COOPER, DYLAN	KES	10.70	865	7	S
3	JOUBERT, RIGHARDT	GRF	10.81	842	6	B
4	DELPORT, LEANDRO	OMAK	10.87	828	5	
5	GEORGE, YUVRAH	GRF	10.90	822	4	
6	MATLOU, RORISANG	KES	10.99	805	3	
7	WILKINSON, JOSHUA	KES	11.13	778	2	
8	COLLINSON, DINO	OMAK	11.14	776	1	
9	BARON, DREW	GRF	11.16	772	0	
10	KOTZE, LUCAN	MENLO	11.33	742	0	
10	ROWSE, LUKE	KES	11.33	742	0	
12	BECKER, DAVID	WTK	11.34	740	0	
13	BOTHA, MARTIENS	MONT	11.40	730	0	
14	MASHAO, LETHABO	JBHS	11.50	713	0	
15	BIRKEE, TYLOR	MENLO	11.56	704	0	
16	VAN NIEKERK, XANDER	HELPIE	11.60	698	0	
17	HESSEL, LIAM	HELPIE	11.63	693	0	
17	MILANZI, DALITSO	JBHS	11.63	693	0	
19	BRITS, JJ	WTK	11.64	691	0	
20	MIENIE, GUSTAV	WTK	11.71	680	0	
21	BOTHA, DEVAN	OMAK	11.74	675	0	
22	KLEIN, ZACHARY	KES	11.93	647	0	
23	BARNARD, LUAN	MONT	11.98	640	0	
24	SMITH, TAEYN	MENLO	12.01	636	0	
24	WEIDEMAN, DUWAN	HELPIE	12.01	636	0	
26	BESTER, RUBEL	MONT	12.06	629	0	
26	COETZEE, RUBEN	HELPIE	12.06	629	0	
28	DIESEL, J	EGJAN	12.07	628	0	
29	AKILO, JOEL	JBHS	12.31	595	0	
30	HOLTZHAUZEN, H	EGJAN	12.42	581	0	
31	NGOBESE, AMAHLE	KES	12.67	550	0	
32	NKOSI, SIPHO	VOR	12.82	532	0	
33	MASIMELA, DEENEN	VOR	12.84	530	0	
33	KHOZA, NHLANHLA	VOR	12.84	530	0	

Item 105 18:23:00 Final 1 of 5 Boys 17 100m

1	VENTER, VAN ZYL	MONT	10.66	875
2	COLLINSON, DINO	OMAK	11.14	776



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3	BIRKEE, TYLOR	MENLO	11.56	704
4	VAN NIEKERK, XANDER	HELPIE	11.60	698
5	MILANZI , DALITSO	JBHS	11.63	693
6	BOTHA, DEVAN	OMAK	11.74	675
7	KLEIN, ZACHARY	KES	11.93	647
8	AKILO, JOEL	JBHS	12.31	595

Item 105 18:23:00 Final 2 of 5 Boys 17 100m

1	GEORGE, YUVRAH	GRF	10.90	822
2	KOTZE, LUCAN	MENLO	11.33	742
3	BECKER, DAVID	WTK	11.34	740
4	BOTHA, MARTIENS	MONT	11.40	730
5	NKOSI, SIPHO	VOR	12.82	532
6	KHOZA, NHLANHLA	VOR	12.84	530
7	MASIMELA, DEENEN	VOR	12.84	530

Item 105 18:23:00 Final 3 of 5 Boys 17 100m

1	DELPORT, LEANDRO	OMAK	10.87	828
2	ROWSE, LUKE	KES	11.33	742
3	HESSEL, LIAM	HELPIE	11.63	693
4	BRITS, JJ	WTK	11.64	691
5	BARNARD, LUAN	MONT	11.98	640
6	DIESEL, J	EGJAN	12.07	628
7	NGOBESE, AMAHLE	KES	12.67	550

Item 105 18:23:00 Final 4 of 5 Boys 17 100m

1	COOPER , DYLAN	KES	10.70	865
2	JOUBERT, RIGHARDT	GRF	10.81	842
3	MATLOU, RORISANG	KES	10.99	805
4	WEIDEMAN, DUWAN	HELPIE	12.01	636
5	HOLTZHAUZEN, H	EGJAN	12.42	581
6	VAN ZYL, T	EGJAN	DNS	0
7	VAN ZYL, KEVIN	HELPIE	DNS	0

Item 105 18:23:00 Final 5 of 5 Boys 17 100m

1	WILKINSON , JOSHUA	KES	11.13	778
2	BARON, DREW	GRF	11.16	772
3	MASHAO , LETHABO	JBHS	11.50	713
4	MIENIE, GUSTAV	WTK	11.71	680
5	SMITH, TAELYN	MENLO	12.01	636
6	BESTER, RUBEL	MONT	12.06	629
7	COETZEE, RUBEN	HELPIE	12.06	629

Item 106 18:30:00 Final Results Girls 19 100m

1	VAN ROOYEN*, KATHLEEN	MENLO	12.28	850	8	G
2	FOUCHE, KEIRA	HELPIE	12.49	821	7	S
3	DE KLERK, HEIKE	WTK	12.50	820	6	B
4	VAN WYK, MIA	WTK	12.68	796	5	
5	ESTERHUYSE, VENE	HELPIE	12.70	793	4	
6	VAN JAARVELD, SHANIQUE	GRF	12.78	782	3	
7	BOSHOFF, A	EGJAN	12.89	769	2	
8	BOSHOFF, DANÉ	GRF	12.94	763	1	
9	DE BEER, ARETHA	OMAK	13.04	751	0	
10	LINDEQUE, K	EGJAN	13.06	748	0	
10	ADLAM, JENNA	MONT	13.06	748	0	
12	VAN NIEKERK, XANE	WTK	13.16	737	0	
13	DE WET, CHARNE	MENLO	13.35	716	0	
14	GOODWIN, ANDREA	MONT	13.40	711	0	



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15	MOSHWEU, TOBI	MONT	13.42	708	0
16	TOMS, CARMEN	HELPIE	13.52	697	0
17	BLOKPOEL, K	MENLO	13.67	682	0
18	STOKES, MINE	OMAK	13.73	676	0
19	PIENAAR, KEIRA	HELPIE	13.88	661	0
20	SADLER, ZANÉ	GRF	13.89	660	0
21	MENGEL, AMBER	HELPIE	13.99	651	0

Item 106 18:30:00 Final 1 of 3 Girls 19 100m

1	ESTERHUYSE, VENE	HELPIE	12.70	793	
2	VAN JAARVELD, SHANIQUE	GRF	12.78	782	
3	BOSHOFF, A	EGJAN	12.89	769	
4	BOSHOFF, DANÉ	GRF	12.94	763	
5	ADLAM, JENNA	MONT	13.06	748	
6	DE WET, CHARNE	MENLO	13.35	716	
7	STOKES, MINE	OMAK	13.73	676	
8	SADLER, ZANÉ	GRF	13.89	660	

Item 106 18:30:00 Final 2 of 3 Girls 19 100m

1	DE KLERK, HEIKE	WTK	12.50	820	
2	VAN WYK, MIA	WTK	12.68	796	
3	DE BEER, ARETHA	OMAK	13.04	751	
4	LINDEQUE, K	EGJAN	13.06	748	
5	GOODWIN, ANDREA	MONT	13.40	711	
6	MOSHWEU, TOBI	MONT	13.42	708	
7	TOMS, CARMEN	HELPIE	13.52	697	
8	NIEMANDT, KARA	OMAK	DNS	0	

Item 106 18:30:00 Final 3 of 3 Girls 19 100m

1	VAN ROOYEN*, KATHLEEN	MENLO	12.28	850	
2	FOUCHE, KEIRA	HELPIE	12.49	821	
3	VAN NIEKERK, XANE	WTK	13.16	737	
4	BLOKPOEL, K	MENLO	13.67	682	
5	PIENAAR, KEIRA	HELPIE	13.88	661	
6	MENGEL, AMBER	HELPIE	13.99	651	
7	SLABBERT, M	EGJAN	DNS	0	

Item 107 18:36:00 Final Results Boys 19 100m

1	RIEKERT, RYNO	MENLO	10.94	782	8	G
2	VD MERWE, BRENDAN	MENLO	11.01	769	7	S
3	MURRAY, SHANE	WTK	11.06	760	6	B
4	MATEYA, BOITUMELO	KES	11.13	748	5	
5	STUART, JUNAIDE	GRF	11.28	721	4	
6	BOSHOFF, SAREL	OMAK	11.31	716	3	
7	ZULU, O	EGJAN	11.36	708	2	
8	MULLER, RULAN	MENLO	11.41	700	1	
9	PRINGLE, MICHEAL	MENLO	11.43	696	0	
10	TRUTER, HENRE	WTK	11.47	690	0	
11	PASENSIE, JUNAIDE	GRF	11.51	684	0	
12	BERRY, G	EGJAN	11.64	664	0	
13	COLLINS, SAMEACH	GRF	11.75	647	0	
14	VAN DER MERWE, KEAGAN	MONT	11.77	644	0	
15	JOUBERT, DREW	OMAK	11.87	630	0	
16	VERWEY, JUANDRE	HELPIE	11.90	625	0	
17	NKAMBULE, LINDELANI	JBHS	11.93	621	0	
18	COERTZE, STIAN	WTK	11.98	614	0	
19	SANGONI, LIKHONA	KES	11.99	613	0	



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19	KOK, TRISTIAN	HELPIE 11.99	613	0
21	THEKISO, TSHEPANG	VOR 12.00	612	0
22	CHUMMIE, JOSHUA	VOR 12.26	577	0
23	MVINJELWA , KAMVA	JBHS 12.37	563	0

Item 107 18:36:00 Final 1 of 4 Boys 19 100m

1	VD MERWE, BRENDAN	MENLO 11.01	769
2	BOSHOFF, SAREL	OMAK 11.31	716
3	PRINGLE, MICHEAL	MENLO 11.43	696
4	TRUTER, HENRE	WTK 11.47	690
5	VAN DER MERWE, KEAGAN	MONT 11.77	644
6	NKAMBULE , LINDELANI	JBHS 11.93	621
7	SCHOEMAN, SAM	MONT DNS	0

Item 107 18:36:00 Final 2 of 4 Boys 19 100m

1	RIEKERT, RYNO	MENLO 10.94	782
2	ZULU, O	EGJAN 11.36	708
3	MULLER, RULAN	MENLO 11.41	700
4	JOUBERT, DREW	OMAK 11.87	630
5	VERWEY, JUANDRE	HELPIE 11.90	625
6	THEKISO, TSHEPANG	VOR 12.00	612
7	CHUMMIE, JOSHUA	VOR 12.26	577

Item 107 18:36:00 Final 3 of 4 Boys 19 100m

1	MURRAY, SHANE	WTK 11.06	760
2	MATEYA, BOITUMELO	KES 11.13	748
3	STUART, JUNAIDE	GRF 11.28	721
4	BERRY, G	EGJAN 11.64	664
5	SANGONI, LIKHONA	KES 11.99	613
6	SOLONDWANA, LOYISO	VOR DNS	0
7	REYNDERS, J	EGJAN DNS	0

Item 107 18:36:00 Final 4 of 4 Boys 19 100m

1	PASENSIE, JUNADE	GRF 11.51	684
2	COLLINS, SAMEACH	GRF 11.75	647
3	COERTZE, STIAN	WTK 11.98	614
4	KOK, TRISTIAN	HELPIE 11.99	613
5	MVINJELWA , KAMVA	JBHS 12.37	563
6	JOUBERT, DAVID	OMAK DNS	0

Item 45 14:56:00 Final Results Girls 14 200m

1	DE BRUYN, LOULENE	HELPIE 26.40	846	8	G
2	DU PLESSIS, DANIKA	MENLO 26.64	832	7	S
3	WEPENER, J	EGJAN 26.99	812	6	B
4	RUYTER, LUKA	MENLO 27.02	810	5	
5	LUBBE, ASHIN	HELPIE 27.30	794	4	
6	STEYN, MIA	HELPIE 27.52	782	3	
7	HARDING, ANICA	WTK 28.05	755	2	
8	SHIELLS, ISABELLA	GRF 28.29	743	1	
9	PRINSLOO, ABIGAIL	MENLO 28.37	739	0	
9	ELS, DEMI	MONT 28.37	739	0	
11	VAN DER WATT, ELRI	GRF 28.39	738	0	
12	DU PLOOY, MIEKE	WTK 28.55	730	0	
13	CASANOVES, TAYLEM	HELPIE 28.62	727	0	
14	FOURIE, JOHANÉ	GRF 29.26	698	0	
15	JONES, NIKITA	MONT 29.66	680	0	
16	GREYLING, NICOLE	MONT 30.53	644	0	
17	DE NYSSCHEN, GABBY	OMAK 30.81	633	0	

Item 45 14:56:00 Final 1 of 3 Girls 14 200m



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1	DE BRUYN, LOULENE	HELPIE 26.40	846
2	WEPENER, J	EGJAN 26.99	812
3	RUYTER, LUKA	MENLO 27.02	810
4	HARDING, ANICA	WTK 28.05	755
5	PRINSLOO, ABIGAIL	MENLO 28.37	739
6	JONES, NIKITA	MONT 29.66	680
7	CRAUSE, RUVE	WTK DNS	0

Item 45 14:56:00 Final 2 of 3 Girls 14 200m

1	LUBBE, ASHIN	HELPIE 27.30	794
2	SHIELLS, ISABELLA	GRF 28.29	743
3	VAN DER WATT, ELRI	GRF 28.39	738
4	DU PLOOY, MIEKE	WTK 28.55	730
5	FOURIE, JOHANÉ	GRF 29.26	698
6	DE NYSSCHEN, GABBY	OMAK 30.81	633

Item 45 14:56:00 Final 3 of 3 Girls 14 200m

1	DU PLESSIS, DANIKA	MENLO 26.64	832
2	STEYN, MIA	HELPIE 27.52	782
3	ELS, DEMI	MONT 28.37	739
4	CASANOVES, TAYLEM	HELPIE 28.62	727
5	GREYLING, NICOLE	MONT 30.53	644
6	MARAIS, AMOREY	OMAK DNS	0

Item 46 15:02:00 Final Results Boys 14 200m

1	STRAUSS, TYRON	GRF 24.04	715	8	G
2	MBOYI , MOMOLEZI	JBHS 24.37	692	7	S
3	HATTINGH, JUAN	HELPIE 24.50	684	6	B
4	VAN RHYN, TIAAN	GRF 24.56	680	5	
5	VAN NIEKERK, GJ	WTK 24.69	671	4	
6	MEIJ, ARIEL	HELPIE 24.86	661	3	
7	ABATE, JOEL	KES 25.22	638	2	
8	NICHOLSON, NICHOLAS	HELPIE 25.28	635	1	
9	MABUTFO , PILSEN	JBHS 25.38	629	0	
10	DU PLESSIS, B	EGJAN 25.59	616	0	
11	MAHLANGU, K	EGJAN 25.62	614	0	
12	VENTER, TIAAN	MONT 25.63	614	0	
13	LIEBENBERG, ROEDOLF	MENLO 25.77	606	0	
14	BRITS, WILLEM	WTK 25.78	605	0	
15	CUMMINGS, KYE	HELPIE 25.80	604	0	
15	MODIMOLA, MAHLATSI	OMAK 25.80	604	0	
17	COERTZEN, LIAM	MENLO 26.30	577	0	
17	MOKOATLE, LETLOTLO	MONT 26.30	577	0	
19	ALBERTS, J	EGJAN 26.38	572	0	
20	PETERSEN, DIEGO	VOR 26.94	543	0	
21	MYBURGH, RUVAN	OMAK 27.26	527	0	
22	KHOZA , ORATILE	JBHS 27.64	509	0	
23	SKYLER, WITBOOI	MENLO 27.69	507	0	
24	SMIT, JAMEE	MONT 28.38	475	0	
25	NKOSI, NKOSI	JBHS 28.56	467	0	
26	MCHUNU, WANDILE	KES 29.02	447	0	

Item 46 15:02:00 Final 1 of 4 Boys 14 200m

1	STRAUSS, TYRON	GRF 24.04	715
2	NICHOLSON, NICHOLAS	HELPIE 25.28	635
3	VENTER, TIAAN	MONT 25.63	614
4	COERTZEN, LIAM	MENLO 26.30	577



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5	PETERSEN, DIEGO	VOR 26.94	543
6	KHOZA , ORATILE	JBHS 27.64	509
7	SMIT, JAMEE	MONT 28.38	475
8	GRIFFITHS , OWEN	JBHS DNS	0

Item 46 15:02:00 Final 2 of 4 Boys 14 200m

1	MBOYI , MOMOLEZI	JBHS 24.37	692
2	HATTINGH, JUAN	HELPIE 24.50	684
3	ABATE, JOEL	KES 25.22	638
4	DU PLESSIS, B	EGJAN 25.59	616
5	CUMMINGS, KYE	HELPIE 25.80	604
6	MODIMOLA, MAHLATSI	OMAK 25.80	604
7	MOKOATLE, LETLOTLO	MONT 26.30	577

Item 46 15:02:00 Final 3 of 4 Boys 14 200m

1	VAN RHYN, TIAAN	GRF 24.56	680
2	MABUTFO , PILSEN	JBHS 25.38	629
3	MAHLANGU, K	EGJAN 25.62	614
4	SKYLER, WITBOOI	MENLO 27.69	507
5	NKOSI, NKOSI	JBHS 28.56	467
6	MPHAGA, SECHABA	VOR DNS	0

Item 46 15:02:00 Final 4 of 4 Boys 14 200m

1	VAN NIEKERK, GJ	WTK 24.69	671
2	MEIJ, ARIEL	HELPIE 24.86	661
3	LIEBENBERG, ROEDOLF	MENLO 25.77	606
4	BRITS, WILLEM	WTK 25.78	605
5	ALBERTS, J	EGJAN 26.38	572
6	MYBURGH, RUVAN	OMAK 27.26	527
7	MCHUNU, WANDILE	KES 29.02	447

Item 47 15:08:00 Final Results Girls 15 200m

1	JORDAAN, JUANE	MENLO 25.27	908	8	G
2	PRETORIUS, CHANIQUE	MONT 26.02	858	7	S
3	BOTHA, MIA	MENLO 26.31	840	6	B
4	VAN DER MERWE, MIECKE	HELPIE 26.81	810	5	
5	BUTHLER, ZUANIQUE	MENLO 27.03	797	4	
6	CLOETE, KAYLEE	HELPIE 27.05	796	3	
7	KILLIAN, MAYLIN	WTK 27.31	782	2	
8	YOUNG, HANNAH	GRF 27.39	778	1	
9	CLAASEN, ZENE	WTK 27.43	776	0	
9	STEENKAMP, DANIKA	GRF 27.43	776	0	
11	GUMEDE, SIBONGISENI	VOR 27.79	757	0	
12	GROBBELAAR, KIARA	WTK 27.82	756	0	
13	JACOBS, ELNIKA	MONT 27.91	751	0	
14	NIENABER, ELZE	OMAK 28.20	737	0	
15	KNIFE, LIVIA	GRF 28.92	703	0	
16	BOTHA, TEMIKE	OMAK 29.13	693	0	
17	SCHUTTE, A	EGJAN 29.57	674	0	
18	GROBLER, LEIGH-CHAE	OMAK 30.21	648	0	
19	SNEYDERS, M	EGJAN 31.03	616	0	

Item 47 15:08:00 Final 1 of 3 Girls 15 200m

1	PRETORIUS, CHANIQUE	MONT 26.02	858
2	BOTHA, MIA	MENLO 26.31	840
3	CLOETE, KAYLEE	HELPIE 27.05	796
4	KILLIAN, MAYLIN	WTK 27.31	782
5	GUMEDE, SIBONGISENI	VOR 27.79	757

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6	GROBBELAAR, KIARA	WTK	27.82	756
7	NIENABER, ELZE	OMAK	28.20	737

Item 47 15:08:00 Final 2 of 3 Girls 15 200m

1	JORDAAN, JUANE	MENLO	25.27	908
2	VAN DER MERWE, MIECKE	HELPIE	26.81	810
3	STEENKAMP, DANIKA	GRF	27.43	776
4	SCHUTTE, A	EGJAN	29.57	674
5	GROBLER, LEIGH-CHAE	OMAK	30.21	648
6	SNEYDERS, M	EGJAN	31.03	616

Item 47 15:08:00 Final 3 of 3 Girls 15 200m

1	BUTHLER, ZUANIQUE	MENLO	27.03	797
2	YOUNG, HANNAH	GRF	27.39	778
3	CLAASEN, ZENE	WTK	27.43	776
4	JACOBS, ELNIKA	MONT	27.91	751
5	KNIFE, LIVIA	GRF	28.92	703
6	BOTHA, TEMIKE	OMAK	29.13	693

Item 48 15:14:00 Final Results Boys 15 200m

1	SHANZI, MICHAEL	MENLO	22.68	800	8	G
2	BEUKES, KAIDEN	MENLO	23.00	773	7	S
2	OOSTHUIZEN, LOGAN	JBHS	23.00	773	7	S
4	FEBRUARY, ROGER	JBHS	23.60	728	5	
5	LOMBARD, PIERRE	GRF	23.69	721	4	
6	EDMEADES, CARTER	JBHS	23.76	716	3	
7	DE VILLIERS, H	EGJAN	23.88	708	2	
8	VAN DYK, RUBEN	WTK	24.02	698	1	
9	DE VILLIERS, JUAN-RAY	GRF	24.05	696	0	
10	FERREIRA, DIVAN	HELPIE	24.10	693	0	
11	HENDRIKS, E	EGJAN	24.18	687	0	
12	JONK, CIAN	HELPIE	24.34	676	0	
13	VAN DEN BERG, RUBEN	MENLO	24.48	667	0	
13	JANSE VAN RENSBURG, PIETER	WTK	24.48	667	0	
15	VAN JAARVELD, KEAGAN	HELPIE	24.68	655	0	
16	BUYS, STIAAN	MONT	25.02	633	0	
17	THAPELO, OMAATLA	KES	25.29	617	0	
18	JOHNSTON, TRISTAN	GRF	25.35	614	0	
19	LUDICK, DANRE	OMAK	25.37	613	0	
20	SILUAN, ALEXANDER	VOR	25.49	606	0	
21	BOTHA, JP	WTK	25.59	600	0	
22	JOHNSTONE, RICHARD	KES	26.31	561	0	
23	SAMUELS, LEVANDRE	VOR	26.70	541	0	
24	ADOLPH, TYRIQUE	MONT	26.78	536	0	
25	CHUMMIE, CALEB	VOR	27.35	508	0	
26	SEPEGO, ZAID	VOR	27.45	503	0	

Item 48 15:14:00 Final 1 of 4 Boys 15 200m

1	FEBRUARY, ROGER	JBHS	23.60	728
2	EDMEADES, CARTER	JBHS	23.76	716
3	VAN DYK, RUBEN	WTK	24.02	698
4	JANSE VAN RENSBURG, PIETER	WTK	24.48	667
5	VAN DEN BERG, RUBEN	MENLO	24.48	667
6	LUDICK, DANRE	OMAK	25.37	613
7	JOHNSTONE, RICHARD	KES	26.31	561
8	BEUKES, JEANDRE	EGJAN	DNS	0

Item 48 15:14:00 Final 2 of 4 Boys 15 200m

**Meeting :HELPMKAAR GOUE LIGA
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1	OOSTHUIZEN , LOGAN	JBHS 23.00	773
2	FERREIRA, DIVAN	HELPIE 24.10	693
3	HENDRIKS, E	EGJAN 24.18	687
4	THAPELO, OMAATLA	KES 25.29	617
5	SAMUELS, LEVANDRE	VOR 26.70	541
6	CHUMMIE, CALEB	VOR 27.35	508
7	HUGGET, EWAN	WTK DNS	0
8	KLEYNHANS, DUANDRE	MONT DNS	0

Item 48 15:14:00 Final 3 of 4 Boys 15 200m

1	SHANZI, MICHAEL	MENLO 22.68	800
2	BEUKES, KAIDEN	MENLO 23.00	773
3	LOMBARD, PIERRE	GRF 23.69	721
4	JONK, CIAN	HELPIE 24.34	676
5	VAN JAARVELD, KEAGAN	HELPIE 24.68	655
6	JOHNSTON, TRISTAN	GRF 25.35	614
7	ADOLPH, TYRIQUE	MONT 26.78	536
8	SEPEGO, ZAID	VOR 27.45	503

Item 48 15:14:00 Final 4 of 4 Boys 15 200m

1	DE VILLIERS, H	EGJAN 23.88	708
2	DE VILLIERS, JUAN-RAY	GRF 24.05	696
3	BUYS, STIAAN	MONT 25.02	633
4	SILOAN, ALEXANDER	VOR 25.49	606
5	BOTHA, JP	WTK 25.59	600
6	STEENKAMP, DANIEL	OMAK DNS	0
7	STRYDOM, WANRE	OMAK DNS	0

Item 53 15:20:00 Final Results Girls 16 200m

1	VOGEL, LENIQUE	WTK 24.49	952	8	G
2	BOTHA, ILINE	OMAK 24.95	917	7	S
3	VAN DER ENDE, RUVE	MENLO 25.11	905	6	B
4	HAMILTON, M	EGJAN 25.35	888	5	
5	DE VILLIERS, LINE	MENLO 25.41	884	4	
6	DIPPENAAR, DIANE	MENLO 25.45	882	3	
7	BURGER, PETRA	GRF 25.54	876	2	
8	BREEDT, MIANDI	HELPIE 25.89	853	1	
9	DE KOOKER, KAYDEN	HELPIE 26.46	818	0	
10	CASSANOVES, MATTHEIA	HELPIE 26.79	799	0	
11	OOSTHUISEN, S	EGJAN 28.22	725	0	
12	SCHOEMAN, JESS	OMAK 32.17	566	0	

Item 53 15:20:00 Final 1 of 2 Girls 16 200m

1	VOGEL, LENIQUE	WTK 24.49	952
2	BOTHA, ILINE	OMAK 24.95	917
3	VAN DER ENDE, RUVE	MENLO 25.11	905
4	DIPPENAAR, DIANE	MENLO 25.45	882
5	BREEDT, MIANDI	HELPIE 25.89	853
6	DE KOOKER, KAYDEN	HELPIE 26.46	818
7	KRUGER, LIZE	MONT DNS	0
8	LOTTERING, JOZLYN	WTK DNS	0

Item 53 15:20:00 Final 2 of 2 Girls 16 200m

1	HAMILTON, M	EGJAN 25.35	888
2	DE VILLIERS, LINE	MENLO 25.41	884
3	BURGER, PETRA	GRF 25.54	876
4	CASSANOVES, MATTHEIA	HELPIE 26.79	799
5	OOSTHUISEN, S	EGJAN 28.22	725



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6	SCHOEMAN, JESS	OMAK	32.17	566
7	BREYTENBACH, TELANA	OMAK	DNS	0

Item 58 15:26:00 Final Results Boys 16 200m

1	KRIGE, ZUAN	HELPIE	21.73	866	8	G
2	GRIESEL, ALEXANDER	WTK	21.74	865	7	S
3	VAN HEERDEN, LLEWELLYN	MENLO	22.04	837	6	B
4	SMITH, LE ROUX	OMAK	22.42	803	5	
5	KRUGER, WYNAND	GRF	22.95	760	4	
6	BOTMA, DANIE	MENLO	22.97	758	3	
6	MBANDLWA , PROSPER	JBHS	22.97	758	3	
8	GEORGHIOU, CHRISTIAN	GRF	23.17	743	1	
9	KRUGER, CORBAN	MONT	23.41	725	0	
10	BADENHORST, ARNO	OMAK	23.50	718	0	
11	MAMABOLO, MATUMA	JBHS	23.54	715	0	
12	PITZER, EGHARDT	WTK	23.56	714	0	
13	JALI , NJABULO	JBHS	23.75	700	0	
14	BREYTENBACH, W	EGJAN	23.82	696	0	
15	HAMMAN, ZANDER	GRF	24.22	669	0	
16	MANGANA, JOHN PAUL	KES	24.34	661	0	
17	COETZEE, XANDRE	MONT	24.35	660	0	
18	JOUBERT, PIERRE	MENLO	24.52	650	0	
19	CAMERON, ROSCIL	MONT	24.64	642	0	
20	DREYER, CORNE	OMAK	24.95	623	0	
21	LANGENHOVEN, MORNE	WTK	25.14	612	0	
22	GOUWS, ADRIAAN	MONT	25.22	607	0	
23	UZOUKWA, CHISOM	VOR	28.12	460	0	

Item 58 15:26:00 Final 1 of 4 Boys 16 200m

1	KRUGER, WYNAND	GRF	22.95	760
2	MBANDLWA , PROSPER	JBHS	22.97	758
3	MANGANA, JOHN PAUL	KES	24.34	661
4	CAMERON, ROSCIL	MONT	24.64	642
5	LANGENHOVEN, MORNE	WTK	25.14	612
6	ELS, CHRISTIAAN	HELPIE	DNS	0
7	VORSTER, HAYDEN	HELPIE	DNS	0

Item 58 15:26:00 Final 2 of 4 Boys 16 200m

1	VAN HEERDEN, LLEWELLYN	MENLO	22.04	837
2	BOTMA, DANIE	MENLO	22.97	758
3	GEORGHIOU, CHRISTIAN	GRF	23.17	743
4	PITZER, EGHARDT	WTK	23.56	714
5	JALI , NJABULO	JBHS	23.75	700
6	JOUBERT, PIERRE	MENLO	24.52	650
7	BEUKES, JORDAN	EGJAN	DNS	0

Item 58 15:26:00 Final 3 of 4 Boys 16 200m

1	KRIGE, ZUAN	HELPIE	21.73	866
2	BADENHORST, ARNO	OMAK	23.50	718
3	MAMABOLO, MATUMA	JBHS	23.54	715
4	BREYTENBACH, W	EGJAN	23.82	696
5	DREYER, CORNE	OMAK	24.95	623
6	UZOUKWA, CHISOM	VOR	28.12	460

Item 58 15:26:00 Final 4 of 4 Boys 16 200m

1	GRIESEL, ALEXANDER	WTK	21.74	865
2	SMITH, LE ROUX	OMAK	22.42	803
3	KRUGER, CORBAN	MONT	23.41	725

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4	HAMMAN, ZANDER	GRF 24.22	669
5	COETZEE, XANDRE	MONT 24.35	660
6	GOUWS, ADRIAAN	MONT 25.22	607

Item 59 15:32:00 Final Results Girls 17 200m

1	DE KLERK, AMAE	HELPIE 25.31	879	8	G
2	BORNMAN, ANKE	WTK 25.36	876	7	S
3	BOUWER, KARLA	MENLO 25.54	864	6	B
4	PRETORIUS, LISA	MENLO 25.68	854	5	
5	DE BEER, IZEL	MENLO 25.82	845	4	
6	MEYER, NICOLE	MONT 26.13	826	3	
7	NEL, Z	EGJAN 27.69	741	2	
8	SWANEPOEL, MELA	WTK 28.07	722	1	
9	BARTLE, K	EGJAN 28.26	713	0	
10	KEYSER, KAELYN	WTK 28.56	700	0	
11	STOKES, ZANDRI	OMAK 28.69	694	0	
12	ROSSOUW, NINA	HELPIE 28.72	692	0	
13	DIPPENAAR, KIARA	OMAK 28.76	691	0	
14	DU PLESSIS, M	EGJAN 29.00	680	0	
15	GILLESPIE, ADDISON	GRF 29.07	677	0	
16	JENKINSON, JESSICA	HELPIE 29.36	664	0	

Item 59 15:32:00 Final 1 of 3 Girls 17 200m

1	DE KLERK, AMAE	HELPIE 25.31	879
2	NEL, Z	EGJAN 27.69	741
3	KEYSER, KAELYN	WTK 28.56	700
4	DIPPENAAR, KIARA	OMAK 28.76	691
5	JENKINSON, JESSICA	HELPIE 29.36	664
6	GRUNDLINGH, MARELIE	GRF DNS	0
7	DINGELSTAD, MIA	OMAK DNS	0

Item 59 15:32:00 Final 2 of 3 Girls 17 200m

1	BOUWER, KARLA	MENLO 25.54	864
2	PRETORIUS, LISA	MENLO 25.68	854
3	MEYER, NICOLE	MONT 26.13	826
4	BARTLE, K	EGJAN 28.26	713
5	STOKES, ZANDRI	OMAK 28.69	694
6	DU PLESSIS, M	EGJAN 29.00	680

Item 59 15:32:00 Final 3 of 3 Girls 17 200m

1	BORNMAN, ANKE	WTK 25.36	876
2	DE BEER, IZEL	MENLO 25.82	845
3	SWANEPOEL, MELA	WTK 28.07	722
4	ROSSOUW, NINA	HELPIE 28.72	692
5	GILLESPIE, ADDISON	GRF 29.07	677
6	NEL, SIONE	MONT DNS	0

Item 60 15:38:00 Final Results Boys 17 200m

1	VENTER, VAN ZYL	MONT 21.42	878	8	G
2	COOPER, DYLAN	KES 21.48	872	7	S
3	DELPORT, LEANDRO	OMAK 21.57	863	6	B
4	GEORGE, YUVRAH	GRF 21.90	831	5	
5	VAN ZYL, KEVIN	HELPIE 21.92	830	4	
6	MATLOU, RORISANG	KES 22.24	801	3	
7	JORDAAN, LEVI	GRF 22.48	781	2	
8	ROWSE, LUKE	KES 22.83	753	1	
9	BECKER, DAVID	WTK 22.90	747	0	
10	HESEL, LIAM	HELPIE 23.40	710	0	

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11	PIETERSEN, DILAN	KES	23.50	703	0
12	JOUBERT, JUAN	MENLO	23.58	698	0
13	MILANZI , DALITSO	JBHS	23.61	696	0
14	JANSE VAN RENSBURG, MALAN	MENLO	23.82	682	0
15	KLEIN, ZACHARY	KES	23.85	680	0
16	MASHAO , LETHABO	JBHS	23.93	674	0
17	BIRKEE, TYLOR	MENLO	23.94	674	0
18	FOURIE, JEAN	MONT	23.98	671	0
19	COETZEE, RUBEN	HELPIE	24.04	667	0
20	JACOBS, BRADLEY	OMAK	24.20	656	0
21	MARX, JOSHUA	WTK	24.46	640	0
22	HOLTZHAUZEN, H	EGJAN	24.73	623	0
23	HECTOR, L	EGJAN	24.75	622	0
24	VERMAAK, LLEWELLYN	HELPIE	24.78	620	0
25	THAVHANA, DAVID	VOR	24.93	611	0
26	MASIMELA, DEENEN	VOR	25.36	586	0
27	NGOBESE, AMAHLE	KES	26.24	539	0
28	KHOZA, KGOTSO	VOR	27.79	464	0

Item 60 15:38:00 Final 1 of 4 Boys 17 200m

1	COOPER , DYLAN	KES	21.48	872	
2	DELPORT, LEANDRO	OMAK	21.57	863	
3	JOUBERT, JUAN	MENLO	23.58	698	
4	FOURIE, JEAN	MONT	23.98	671	
5	JACOBS, BRADLEY	OMAK	24.20	656	
6	HOLTZHAUZEN, H	EGJAN	24.73	623	
7	VERMAAK, LLEWELLYN	HELPIE	24.78	620	
8	THAVHANA, DAVID	VOR	24.93	611	

Item 60 15:38:00 Final 2 of 4 Boys 17 200m

1	VAN ZYL, KEVIN	HELPIE	21.92	830	
2	JORDAAN, LEVI	GRF	22.48	781	
3	BECKER, DAVID	WTK	22.90	747	
4	HESEL, LIAM	HELPIE	23.40	710	
5	PIETERSEN, DILAN	KES	23.50	703	
6	KLEIN, ZACHARY	KES	23.85	680	
7	MASIMELA, DEENEN	VOR	25.36	586	
8	BOTES, JADEN	WTK	DNS	0	

Item 60 15:38:00 Final 3 of 4 Boys 17 200m

1	VENTER, VAN ZYL	MONT	21.42	878	
2	MILANZI , DALITSO	JBHS	23.61	696	
3	JANSE VAN RENSBURG, MALAN	MENLO	23.82	682	
4	MASHAO , LETHABO	JBHS	23.93	674	
5	BIRKEE, TYLOR	MENLO	23.94	674	
6	KHOZA, KGOTSO	VOR	27.79	464	
7	KHOZA, NHLANHLA	VOR	DNS	0	
8	BARON, DREW	GRF	DNS	0	

Item 60 15:38:00 Final 4 of 4 Boys 17 200m

1	GEORGE, YUVRAH	GRF	21.90	831	
2	MATLOU, RORISANG	KES	22.24	801	
3	ROWSE, LUKE	KES	22.83	753	
4	COETZEE, RUBEN	HELPIE	24.04	667	
5	MARX, JOSHUA	WTK	24.46	640	
6	HECTOR, L	EGJAN	24.75	622	
7	NGOBESE, AMAHLE	KES	26.24	539	

Item 61 15:44:00 Final Results Girls 19 200m

**Meeting :HELPMEEKAAR GOUE LIGA
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1	VAN ROOYEN*, KATHLEEN	MENLO	25.32	855	8	G
2	ESTERHUYSE, VENE	HELPIE	25.58	838	7	S
3	VAN WYK, MIA	WTK	25.60	837	6	B
4	FOUCHE, KEIRA	HELPIE	25.86	821	5	
5	VAN JAARVELD, SHANIQUE	GRF	26.28	797	4	
6	LOOTS, ZANE	MENLO	26.31	795	3	
7	BOSHOFF, DANÉ	GRF	26.43	788	2	
8	DE BEER, ARETHA	OMAK	26.50	784	1	
9	DE WET, CHARNE	MENLO	26.75	770	0	
10	VAN NIEKERK, XANE	WTK	26.83	766	0	
11	TOMS, CARMEN	HELPIE	26.95	760	0	
12	BOSHOFF, A	EGJAN	27.11	752	0	
13	ADLAM, JENNA	MONT	27.17	748	0	
14	KEMPEN, NASTASHA	WTK	28.07	704	0	
15	DU PREEZ, CATHLENE	MONT	28.15	700	0	
16	MENGEL, AMBER	HELPIE	28.43	688	0	
17	JANSE VAN RENSBURG, ANKE	GRF	28.49	685	0	
18	PRETORIUS, S	EGJAN	30.03	620	0	
19	DEYSEL, D	EGJAN	30.81	591	0	

Item 61 15:44:00 Final 1 of 3 Girls 19 200m

1	FOUCHE, KEIRA	HELPIE	25.86	821		
2	BOSHOFF, DANÉ	GRF	26.43	788		
3	DE BEER, ARETHA	OMAK	26.50	784		
4	TOMS, CARMEN	HELPIE	26.95	760		
5	BOSHOFF, A	EGJAN	27.11	752		
6	DEYSEL, D	EGJAN	30.81	591		
7	BOTHA, YUNKE	MONT	DNS	0		

Item 61 15:44:00 Final 2 of 3 Girls 19 200m

1	VAN ROOYEN*, KATHLEEN	MENLO	25.32	855		
2	VAN WYK, MIA	WTK	25.60	837		
3	VAN JAARVELD, SHANIQUE	GRF	26.28	797		
4	VAN NIEKERK, XANE	WTK	26.83	766		
5	ADLAM, JENNA	MONT	27.17	748		
6	DU PREEZ, CATHLENE	MONT	28.15	700		
7	MENGEL, AMBER	HELPIE	28.43	688		

Item 61 15:44:00 Final 3 of 3 Girls 19 200m

1	ESTERHUYSE, VENE	HELPIE	25.58	838		
2	LOOTS, ZANE	MENLO	26.31	795		
3	DE WET, CHARNE	MENLO	26.75	770		
4	KEMPEN, NASTASHA	WTK	28.07	704		
5	JANSE VAN RENSBURG, ANKE	GRF	28.49	685		
6	PRETORIUS, S	EGJAN	30.03	620		
7	STOKES, MINE	OMAK	DNS	0		

Item 62 15:49:00 Final Results Boys 19 200m

1	KOEKEMOER, LEENDERT	HELPIE	20.79	911	8	G
2	RIEKERT, RYNO	MENLO	21.42	846	7	S
3	JOUBERT, DAVID	OMAK	21.70	820	6	B
4	COETZEE, DIRK	MONT	22.26	771	5	
5	JOHNSTONE, WILLIAM	KES	22.68	738	4	
6	ZULU, O	EGJAN	22.86	724	3	
7	MULLER, RULAN	MENLO	23.01	713	2	
8	MURRAY, SHANE	WTK	23.26	695	1	
9	ESTERHUIZEN, TROY	KES	23.34	690	0	

**Meeting :HELPMKAAR GOUE LIGA
2025/02/12 at UNIVERSITY OF JOHANNESBURG**

10	NKAMBULE , LINDELANI	JBHS 23.83	656	0
11	JOUBERT, DREW	OMAK 23.84	656	0
12	VAN ZYL, JANDRÉ	GRF 23.91	651	0
13	VAN DER MERWE, KEAGAN	MONT 24.09	640	0
14	COERTZE, STIAN	WTK 24.10	639	0
15	ERASMUS, JUANDRE	MONT 24.16	635	0
16	HARTMAN, DAMIAN	GRF 24.80	597	0
16	KOK, TRISTIAN	HELPIE 24.80	597	0
18	RUDOLPH, RUBEN	MENLO 24.84	594	0

Item 62 15:49:00 Final 1 of 4 Boys 19 200m

1	ZULU, O	EGJAN 22.86	724	
2	NKAMBULE , LINDELANI	JBHS 23.83	656	
3	ERASMUS, JUANDRE	MONT 24.16	635	
4	KOK, TRISTIAN	HELPIE 24.80	597	
5	RUDOLPH, RUBEN	MENLO 24.84	594	
6	BERRY, G	EGJAN DNS	0	
7	STUART, JUNAIDE	GRF DNS	0	

Item 62 15:49:00 Final 2 of 4 Boys 19 200m

1	KOEKEMOER, LEENDERT	HELPIE 20.79	911	
2	ESTERHUIZEN, TROY	KES 23.34	690	
3	COERTZE, STIAN	WTK 24.10	639	
4	THEKISO, TSHEPANG	VOR DNS	0	
5	VD MERWE, BRENDAN	MENLO DNS	0	
6	REYNDERS, J	EGJAN DNS	0	

Item 62 15:49:00 Final 3 of 4 Boys 19 200m

1	RIEKERT, RYNO	MENLO 21.42	846	
2	JOUBERT, DAVID	OMAK 21.70	820	
3	COETZEE, DIRK	MONT 22.26	771	
4	JOHNSTONE, WILLIAM	KES 22.68	738	
5	MURRAY, SHANE	WTK 23.26	695	
6	SOLONDWANA, LOYISO	VOR DNS	0	

Item 62 15:49:00 Final 4 of 4 Boys 19 200m

1	MULLER, RULAN	MENLO 23.01	713	
2	JOUBERT, DREW	OMAK 23.84	656	
3	VAN ZYL, JANDRÉ	GRF 23.91	651	
4	VAN DER MERWE, KEAGAN	MONT 24.09	640	
5	HARTMAN, DAMIAN	GRF 24.80	597	
6	BADENHORST, JAIDEN	WTK DNS	0	

Item 112 18:51:00 Final Results Girls 14 400m

1	BROODRYK, MADDISON	MENLO 1:00.64	828	8	G
2	PITZER, ROCHELLE	MENLO 1:03.33	771	7	S
3	RHOODE, GENELLLE	MENLO 1:03.99	757	6	B
4	WILLIAMS, LEAH	HELPIE 1:04.90	739	5	
5	BOTHA, MILAN	HELPIE 1:06.34	713	4	
6	SHIELLS, ISABELLA	GRF 1:06.97	702	3	
7	VAN DER WALT, BRECHE	WTK 1:07.90	686	2	
8	STEYN, MIA	HELPIE 1:08.64	674	1	
9	JONES, NIKITA	MONT 1:08.74	672	0	
10	DE BEER, LEAH	GRF 1:08.78	671	0	
11	DE NYSSCHEN, GABBY	OMAK 1:10.12	649	0	
12	VAN ROOYEN, MIKAYLA	OMAK 1:11.67	626	0	
13	GREYLING, NICOLE	MONT 1:12.47	614	0	
13	DU PREEZ, NIKA	GRF 1:12.47	614	0	

**Meeting :HELPMEEKAAR GOUE LIGA
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15	MOWBRAY, I	EGJAN	1:15.08	578	0
16	VAN DER MERWE, NOA	OMAK	1:16.12	564	0
17	KLEINGELD, CHANTEL	MONT	1:16.66	557	0

Item 112 18:51:00 Final 1 of 3 Girls 14 400m

1	RHOODE, GENELLLE	MENLO	1:03.99	757	
2	WILLIAMS, LEAH	HELPIE	1:04.90	739	
3	BOTHA, MILAN	HELPIE	1:06.34	713	
4	SHIELLS, ISABELLA	GRF	1:06.97	702	
5	STEYN, MIA	HELPIE	1:08.64	674	
6	DE NYSSCHEN, GABBY	OMAK	1:10.12	649	
7	DU PREEZ, NIKA	GRF	1:12.47	614	

Item 112 18:51:00 Final 2 of 3 Girls 14 400m

1	VAN DER WALT, BRECHE	WTK	1:07.90	686	
2	JONES, NIKITA	MONT	1:08.74	672	
3	DE BEER, LEAH	GRF	1:08.78	671	
4	VAN ROOYEN, MIKAYLA	OMAK	1:11.67	626	
5	VAN DER MERWE, NOA	OMAK	1:16.12	564	
6	BESTER, TYLO	WTK	DNS	0	

Item 112 18:51:00 Final 3 of 3 Girls 14 400m

1	BROODRYK, MADDISON	MENLO	1:00.64	828	
2	PITZER, ROCHELLE	MENLO	1:03.33	771	
3	GREYLING, NICOLE	MONT	1:12.47	614	
4	MOWBRAY, I	EGJAN	1:15.08	578	
5	KLEINGELD, CHANTEL	MONT	1:16.66	557	
6	GOOSEN, B	EGJAN	DNS	0	

Item 113 18:56:00 Final Results Boys 14 400m

1	DE VILLIERS, JEAN	MENLO	0:57.37	655	8	G
2	KLEINSMITH, RUBEN	HELPIE	0:57.44	653	7	S
3	VAN NIEKERK, GJ	WTK	0:57.70	647	6	B
4	MENTZ, HANCO	HELPIE	0:58.55	627	5	
5	VAN BERGEN, ADRIO	WTK	0:58.74	622	4	
6	VENTER, MJ	MENLO	0:59.99	594	3	
7	JOUBERT, CHRISTIAN	KES	1:00.14	591	2	
8	GUNTER, KAI	MONT	1:01.02	572	1	
9	GEORGHIOU, LEE	GRF	1:01.24	568	0	
10	GROBLER, D	EGJAN	1:01.37	565	0	
11	RHOODE, LOGAN	MENLO	1:01.96	553	0	
12	DOYLE, MC	HELPIE	1:02.62	540	0	
13	JORDAAN, ALEXANDER	OMAK	1:02.84	535	0	
14	MOKOATLE, LETLOTLO	MONT	1:03.29	527	0	
15	MOLOI, LEANO	KES	1:05.13	493	0	
16	LAUBSCHER, M	EGJAN	1:05.62	484	0	
17	MEYER, JUVAN	GRF	1:08.96	428	0	
18	KAMOHELO, MPHAHLELE	JBHS	1:12.82	370	0	
19	GONSALVES, CRUZ	KES	1:14.54	346	0	
20	OKILE, EKEDUM	KES	1:14.80	343	0	
21	MAFURO, CHIWARA	JBHS	1:21.90	254	0	
22	MAKHOANA, LETHABO	VOR	1:28.11	188	0	

Item 113 18:56:00 Final 1 of 4 Boys 14 400m

1	JOUBERT, CHRISTIAN	KES	1:00.14	591	
2	GEORGHIOU, LEE	GRF	1:01.24	568	
3	JORDAAN, ALEXANDER	OMAK	1:02.84	535	
4	KAMOHELO, MPHAHLELE	JBHS	1:12.82	370	

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5 MAKHOANA, LETHABO VOR 1:28.11 **188**

Item 113 18:56:00 Final 2 of 4 Boys 14 400m

1	DE VILLIERS, JEAN	MENLO	0:57.37	655
2	KLEINSMITH, RUBEN	HELPIE	0:57.44	653
3	VAN NIEKERK, GJ	WTK	0:57.70	647
4	MENTZ, HANCO	HELPIE	0:58.55	627
5	RHOODE, LOGAN	MENLO	1:01.96	553
6	MAFURO, CHIWARA	JBHS	1:21.90	254
7	PETERSEN, DIEGO	VOR	DNS	0

Item 113 18:56:00 Final 3 of 4 Boys 14 400m

1	DOYLE, MC	HELPIE	1:02.62	540
2	MOLOI, LEANO	KES	1:05.13	493
3	LAUBSCHER, M	EGJAN	1:05.62	484
4	MEYER, JUVAN	GRF	1:08.96	428
5	GONSALVES, CRUZ	KES	1:14.54	346
6	GREBE, MATTHEW	WTK	DNS	0

Item 113 18:56:00 Final 4 of 4 Boys 14 400m

1	VAN BERGEN, ADRIO	WTK	0:58.74	622
2	VENTER, MJ	MENLO	0:59.99	594
3	GUNTER, KAI	MONT	1:01.02	572
4	GROBLER, D	EGJAN	1:01.37	565
5	MOKOATLE, LETLOTLO	MONT	1:03.29	527
6	OKILE, EKEDUM	KES	1:14.80	343

Item 114 19:01:00 Final Results Girls 15 400m

1	KIRKPATRICK, JANELLE	MENLO	0:57.23	920	8	G	HMKG24
2	BOTHA, MIA	MENLO	0:59.87	850	7	S	
3	HOMAN, CELIA	MONT	1:00.27	840	6	B	
4	VAN DER WESTHUIZEN, LANE	WTK	1:01.50	812	5		
5	ENGELBRECHT, GEMMA	HELPIE	1:04.09	758	4		
6	BOSMAN, MELANDI	MENLO	1:04.17	756	3		
7	JORDAAN, MICHANE	HELPIE	1:04.61	747	2		
8	MULLER, C	EGJAN	1:05.42	732	1		
9	WESSELS, ANRI	GRF	1:06.08	720	0		
10	ADENDORFF, LUCHE	WTK	1:06.13	719	0		
11	DU PLOOY, EMMA	WTK	1:08.02	686	0		
12	SCHUTTE, A	EGJAN	1:08.56	677	0		
13	LIEBENBERG, DANIKE	GRF	1:16.74	558	0		
14	SNEYDERS, M	EGJAN	1:18.33	538	0		

Item 114 19:01:00 Final 1 of 3 Girls 15 400m

1	HOMAN, CELIA	MONT	1:00.27	840
2	VAN DER WESTHUIZEN, LANE	WTK	1:01.50	812
3	MULLER, C	EGJAN	1:05.42	732
4	SCHUTTE, A	EGJAN	1:08.56	677
5	SNEYDERS, M	EGJAN	1:18.33	538

Item 114 19:01:00 Final 2 of 3 Girls 15 400m

1	BOTHA, MIA	MENLO	0:59.87	850
2	ENGELBRECHT, GEMMA	HELPIE	1:04.09	758
3	BOSMAN, MELANDI	MENLO	1:04.17	756
4	JORDAAN, MICHANE	HELPIE	1:04.61	747
5	WESSELS, ANRI	GRF	1:06.08	720
6	JOUBERT, DIANE	OMAK	DNS	0

Item 114 19:01:00 Final 3 of 3 Girls 15 400m

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6 BRESLER, LUAN WTK DNS 0

Item 116 19:11:00 Final Results Girls 16 400m

1	BURGER, PETRA	GRF 0:58.12	869	8	G
2	VAN DER ENDE, RUVE	MENLO 0:58.22	866	7	S
3	VENTER, MEGAN	WTK 1:00.54	809	6	B
4	GROENEWALD, MARLENE	WTK 1:01.07	798	5	
5	KAMELE, MBALI	HELPIE 1:01.17	795	4	
6	HEYNEKE, ANNERIKE	MENLO 1:02.16	774	3	
7	STEENKAMP, MIA	OMAK 1:03.48	748	2	
8	OOSTHUISEN, S	EGJAN 1:03.60	745	1	
9	VAN DER NEST, KIARA	GRF 1:05.01	719	0	
10	DE KOOKER, KAYDEN	HELPIE 1:05.21	715	0	
11	KRUGER, LIZE	MONT 1:05.71	706	0	
12	PRINSLOO, ANE	WTK 1:06.61	691	0	
13	DEYSEL, ALEX	OMAK 1:06.89	686	0	

Item 116 19:11:00 Final 1 of 2 Girls 16 400m

1	BURGER, PETRA	GRF 0:58.12	869		
2	VAN DER ENDE, RUVE	MENLO 0:58.22	866		
3	KAMELE, MBALI	HELPIE 1:01.17	795		
4	HEYNEKE, ANNERIKE	MENLO 1:02.16	774		
5	VAN DER NEST, KIARA	GRF 1:05.01	719		
6	KRUGER, LIZE	MONT 1:05.71	706		
7	BOTHA, ILINE	OMAK DNS	0		
8	BESTBIER, A	EGJAN DNS	0		

Item 116 19:11:00 Final 2 of 2 Girls 16 400m

1	VENTER, MEGAN	WTK 1:00.54	809		
2	GROENEWALD, MARLENE	WTK 1:01.07	798		
3	STEENKAMP, MIA	OMAK 1:03.48	748		
4	OOSTHUISEN, S	EGJAN 1:03.60	745		
5	DE KOOKER, KAYDEN	HELPIE 1:05.21	715		
6	PRINSLOO, ANE	WTK 1:06.61	691		
7	DEYSEL, ALEX	OMAK 1:06.89	686		

Item 117 19:16:00 Final Results Boys 16 400m

1	VAN HEERDEN, LLEWELLYN	MENLO 0:49.06	879	8	G
2	BOTMA, DANIE	MENLO 0:50.15	837	7	S
3	JANSEN VAN RENSBURG, JACQUES	WTK 0:52.23	766	6	B
3	KELBRICK, DANIEL	HELPIE 0:52.23	766	6	B
5	KRUGER, WYNAND	GRF 0:53.24	736	4	
6	MUDAU, TAKALANI	KES 0:53.57	726	3	
7	VORSTER, HAYDEN	HELPIE 0:54.02	713	2	
8	VD MERWE, LIAM	MENLO 0:54.07	712	1	
9	MANGANA, JOHN PAUL	KES 0:55.07	684	0	
10	SMIT, ENRICO	MONT 0:55.42	675	0	
11	PRETORIUS, KEAGAN	GRF 0:55.56	672	0	
12	BHUDA, MICHAEL	OMAK 0:56.17	656	0	
13	TRYTSMAN, C	EGJAN 0:56.19	656	0	
14	MXHALISA, ONTHATILE	KES 0:57.91	614	0	
15	HAIL, T	EGJAN 1:00.89	549	0	
16	MAHLO, M	EGJAN 1:01.97	528	0	

Item 117 19:16:00 Final 1 of 4 Boys 16 400m

1	KELBRICK, DANIEL	HELPIE 0:52.23	766		
2	VORSTER, HAYDEN	HELPIE 0:54.02	713		
3	MANGANA, JOHN PAUL	KES 0:55.07	684		

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4	MXHALISA, ONTHATILE	KES	0:57.91	614
5	SMITH, LE ROUX	OMAK	DNS	0
6	HARTMAN, TRISTIAN	JBHS	DNS	0
7	DE JAGER, RIKUS	HELPIE	DNS	0

Item 117 19:16:00 Final 2 of 4 Boys 16 400m

1	VAN HEERDEN, LLEWELLYN	MENLO	0:49.06	879
2	VD MERWE, LIAM	MENLO	0:54.07	712
3	SMIT, ENRICO	MONT	0:55.42	675
4	TRYTSMAN, C	EGJAN	0:56.19	656
5	RADEMAN, WIHAN	WTK	DNS	0
6	MAMABOLO, MATUMA	JBHS	DNS	0

Item 117 19:16:00 Final 3 of 4 Boys 16 400m

1	MUDAU, TAKALANI	KES	0:53.57	726
2	PRETORIUS, KEAGAN	GRF	0:55.56	672
3	MAHLO, M	EGJAN	1:01.97	528
4	GOUWS, ADRIAAN	MONT	DNS	0
5	PITZER, EGHARDT	WTK	DNS	0
6	KAMFER, DIAN	OMAK	DNS	0

Item 117 19:16:00 Final 4 of 4 Boys 16 400m

1	BOTMA, DANIE	MENLO	0:50.15	837
2	JANSEN VAN RENSBURG, JACQUES	WTK	0:52.23	766
3	KRUGER, WYNAND	GRF	0:53.24	736
4	BHUDA, MICHAEL	OMAK	0:56.17	656
5	HAIL, T	EGJAN	1:00.89	549
6	MPAMBAMOSO, AKHONA	VOR	DNS	0

Item 118 19:21:00 Final Results Girls 17 400m

1	DE BEER, IZEL	MENLO	0:58.67	858	8	G
2	BOUWER, KARLA	MENLO	0:59.54	836	7	S
3	MENTZ, CHEMENE	HELPIE	1:00.42	816	6	B
4	LAYBOURN, T	EGJAN	1:01.64	789	5	
5	VAN DER MERWE, DANIKA	WTK	1:03.88	743	4	
6	PRETORIUS, LISA	MENLO	1:04.75	726	3	
7	VD BERG*, ZIANE	MENLO	1:04.83	725	2	
8	DINGELSTAD, MIA	OMAK	1:06.26	699	1	
9	NEL, SIONE	MONT	1:06.47	695	0	
10	ROSSOUW, NINA	HELPIE	1:06.56	694	0	
11	STOKES, ZANDRI	OMAK	1:08.15	667	0	
12	GILLESPIE, ADDISON	GRF	1:09.67	642	0	
13	MENGEL, AMBER	HELPIE	1:12.00	608	0	
14	ERNST, LINELL	WTK	1:13.45	587	0	
15	STRYDOM, DANITA	GRF	1:15.24	563	0	

Item 118 19:21:00 Final 1 of 3 Girls 17 400m

1	DE BEER, IZEL	MENLO	0:58.67	858
2	BOUWER, KARLA	MENLO	0:59.54	836
3	LAYBOURN, T	EGJAN	1:01.64	789
4	DINGELSTAD, MIA	OMAK	1:06.26	699
5	NEL, SIONE	MONT	1:06.47	695
6	SWANEPOEL, MELA	WTK	DNS	0

Item 118 19:21:00 Final 2 of 3 Girls 17 400m

1	MENTZ, CHEMENE	HELPIE	1:00.42	816
2	PRETORIUS, LISA	MENLO	1:04.75	726
3	STOKES, ZANDRI	OMAK	1:08.15	667



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4	MENGEL, AMBER	HELPIE	1:12.00	608
5	MEYER, NICOLE	MONT	DNS	0
6	BARTLE, K	EGJAN	DNS	0

Item 118 19:21:00 Final 3 of 3 Girls 17 400m

1	VAN DER MERWE, DANIKA	WTK	1:03.88	743
2	VD BERG*, ZIANE	MENLO	1:04.83	725
3	ROSSOUW, NINA	HELPIE	1:06.56	694
4	GILLESPIE, ADDISON	GRF	1:09.67	642
5	ERNST, LINELL	WTK	1:13.45	587
6	STRYDOM, DANITA	GRF	1:15.24	563

Item 119 19:26:00 Final Results Boys 17 400m

1	MYBURG, STIAAN	HELPIE	0:47.48	928	8	G	HMKG24
2	VAN ZYL, KEVIN	HELPIE	0:49.54	843	7	S	
3	JORDAAN, LEVI	GRF	0:50.19	819	6	B	
4	MALAN, DEWAN	OMAK	0:50.65	803	5		
5	GOUWS, JOSHUA	GRF	0:51.86	764	4		
6	LOUW, JOHANN	HELPIE	0:52.49	744	3		
7	MARX, JOSHUA	WTK	0:53.71	709	2		
8	BOTES, JADEN	WTK	0:53.75	707	1		
9	ESPAG, MARKUS	MONT	0:53.96	701	0		
10	MALICKY, KEVIN	KES	0:55.03	673	0		
11	ERASMUS, LOUIS	MENLO	0:55.69	656	0		
12	VAN NIEKERK, HENDRO	WTK	0:56.45	637	0		
13	ZEEKOEI, D	EGJAN	0:57.14	620	0		
14	SMITH, XANDER	MENLO	0:57.15	620	0		
15	HECTOR, L	EGJAN	0:57.54	611	0		
16	VERMAAK, LLEWELLYN	HELPIE	0:57.89	603	0		
17	NKATA, AHLUME	KES	0:58.92	580	0		
18	HORENG, OSEGO	VOR	1:04.54	470	0		
19	KHOZA, KGOTSO	VOR	1:09.82	384	0		

Item 119 19:26:00 Final 1 of 3 Boys 17 400m

1	MYBURG, STIAAN	HELPIE	0:47.48	928			HMKG24
2	VAN ZYL, KEVIN	HELPIE	0:49.54	843			
3	JORDAAN, LEVI	GRF	0:50.19	819			
4	ESPAG, MARKUS	MONT	0:53.96	701			
5	MALICKY, KEVIN	KES	0:55.03	673			
6	VAN NIEKERK, HENDRO	WTK	0:56.45	637			
7	SMITH, XANDER	MENLO	0:57.15	620			
8	VAN ZYL, T	EGJAN	DNS	0			

Item 119 19:26:00 Final 2 of 3 Boys 17 400m

1	GOUWS, JOSHUA	GRF	0:51.86	764
2	ERASMUS, LOUIS	MENLO	0:55.69	656
3	ZEEKOEI, D	EGJAN	0:57.14	620
4	HECTOR, L	EGJAN	0:57.54	611
5	KHOZA, KGOTSO	VOR	1:09.82	384
6	BOTHA, DEVAN	OMAK	DNS	0
7	ACKERMAN, RUBEN	MENLO	DNS	0
8	DAVIE, BRADLEY	JBHS	DNS	0

Item 119 19:26:00 Final 3 of 3 Boys 17 400m

1	MALAN, DEWAN	OMAK	0:50.65	803
2	LOUW, JOHANN	HELPIE	0:52.49	744
3	MARX, JOSHUA	WTK	0:53.71	709
4	BOTES, JADEN	WTK	0:53.75	707

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5	VERMAAK, LLEWELLYN	HELPIE 0:57.89	603
6	NKATA, AHLUME	KES 0:58.92	580
7	HORENG, OSEGO	VOR 1:04.54	470

Item 120 19:31:00 Final Results Girls 19 400m

1	ESTERHUYSE, VENE	HELPIE 0:57.25	874	8	G
2	VAN WYK, MIA	WTK 0:59.70	813	7	S
3	STANDER, MILA	MENLO 0:59.79	811	6	B
4	SWART, MICAELA	MENLO 1:01.06	783	5	
5	ACKERMAN, CARLA	WTK 1:02.25	758	4	
6	HOMAN, MARLI	MONT 1:03.69	730	3	
7	STOKES, MINE	OMAK 1:04.58	713	2	
8	GROBBELAAR, DEBORA	MENLO 1:05.51	696	1	
9	SCHOLTZ, SCHANE	MONT 1:08.84	641	0	
10	MARAIS, PAIGE	GRF 1:09.68	628	0	
11	DE KOCK, BERNIQUE	GRF 1:10.06	622	0	

Item 120 19:31:00 Final 1 of 2 Girls 19 400m

1	VAN WYK, MIA	WTK 0:59.70	813
2	GROBBELAAR, DEBORA	MENLO 1:05.51	696
3	SCHOLTZ, SCHANE	MONT 1:08.84	641
4	MARAIS, PAIGE	GRF 1:09.68	628
5	DE KOCK, BERNIQUE	GRF 1:10.06	622
6	PRETORIUS, S	EGJAN DNS	0

Item 120 19:31:00 Final 2 of 2 Girls 19 400m

1	ESTERHUYSE, VENE	HELPIE 0:57.25	874
2	STANDER, MILA	MENLO 0:59.79	811
3	SWART, MICAELA	MENLO 1:01.06	783
4	ACKERMAN, CARLA	WTK 1:02.25	758
5	HOMAN, MARLI	MONT 1:03.69	730
6	STOKES, MINE	OMAK 1:04.58	713

Item 121 19:36:00 Final Results Boys 19 400m

1	JOUBERT, DAVID	OMAK 0:48.34	860	8	G
2	JOHNSTONE, WILLIAM	KES 0:51.11	762	7	S
3	BRITS, MARCEL	MONT 0:51.19	760	6	B
4	KOEN, DIAN	MENLO 0:52.32	725	5	
5	JACOBS, DEVON	MENLO 0:52.38	723	4	
6	ESTERHUIZEN, TROY	KES 0:52.75	713	3	
7	KOEN, LUAN	MENLO 0:52.98	706	2	
8	TSHOLO, SAMKELO	KES 0:53.22	699	1	
9	ERASMUS, JUANDRE	MONT 0:53.89	681	0	
10	BALT, MIGAEL	GRF 0:54.23	672	0	
11	LOUW, ROCCO	HELPIE 0:54.49	665	0	
12	POSTHUMUS, TIAAN	WTK 0:54.63	661	0	
13	SCHOOMBEE, GORDON	MONT 0:54.69	660	0	
14	PIETERSON, D	EGJAN 0:55.36	643	0	
15	MOELICH, JEAN	WTK 0:55.49	639	0	
16	KRUGER, D	EGJAN 0:55.99	627	0	
17	LUCAS, CONRAD	WTK 0:56.38	618	0	
18	KOOPMAN, JAMIE	VOR 0:59.54	547	0	
19	MULLER, J	EGJAN 1:02.36	492	0	

Item 121 19:36:00 Final 1 of 3 Boys 19 400m

1	JOUBERT, DAVID	OMAK 0:48.34	860
2	JOHNSTONE, WILLIAM	KES 0:51.11	762
3	TSHOLO, SAMKELO	KES 0:53.22	699

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4	BALT, MIGAEL	GRF	0:54.23	672
5	LOUW, ROCCO	HELPIE	0:54.49	665
6	SCHOOMBEE, GORDON	MONT	0:54.69	660
7	KRUGER, D	EGJAN	0:55.99	627

Item 121 19:36:00 Final 2 of 3 Boys 19 400m

1	BRITS, MARCEL	MONT	0:51.19	760
2	KOEN, DIAN	MENLO	0:52.32	725
3	ERASMUS, JUANDRE	MONT	0:53.89	681
4	POSTHUMUS, TIAAN	WTK	0:54.63	661
5	MOELICH, JEAN	WTK	0:55.49	639
6	LUCAS, CONRAD	WTK	0:56.38	618
7	KOOPMAN, JAMIE	VOR	0:59.54	547

Item 121 19:36:00 Final 3 of 3 Boys 19 400m

1	JACOBS, DEVON	MENLO	0:52.38	723
2	ESTERHUIZEN, TROY	KES	0:52.75	713
3	KOEN, LUAN	MENLO	0:52.98	706
4	PIETERSON, D	EGJAN	0:55.36	643
5	MULLER, J	EGJAN	1:02.36	492
6	SOLONDWANA, LOYISO	VOR	DNS	0

Item 93 17:34:00 Final Girls 14 800m

1	BROODRYK, MADDISON	MENLO	2:21.88	865	8	G
2	PITZER, ROCHELLE	MENLO	2:22.25	860	7	S
3	BOTHA, MILAN	HELPIE	2:23.67	845	6	B
4	VAN DEN BERG, MINETTE	WTK	2:26.56	815	5	
5	WILLIAMS, LEAH	HELPIE	2:28.97	791	4	
6	GREYVENSTEIN, TENISHKE	HELPIE	2:31.15	771	3	
7	VAN DER WALT, BRECHE	WTK	2:32.91	755	2	
8	VAN DER WALT, MEGAN	MONT	2:40.99	689	1	
9	TONKIN, LEA	HELPIE	2:42.48	678	0	
10	KRUGER, LEA	GRF	2:44.03	667	0	
11	SUTHERLAND, HAYLEIGH	MENLO	2:44.84	661	0	
12	ESTERHUIZE*, CHENIQUE	MENLO	2:45.16	659	0	
13	VAN DER MERWE, NOA	OMAK	2:47.84	640	0	
14	DU PREEZ, NIKA	GRF	2:52.10	612	0	
15	MENTZ, ANIKA	MONT	2:53.14	605	0	
16	PEPLER, HAYLEY	MONT	2:55.19	592	0	
17	NAUDE, KARA	GRF	2:56.95	582	0	
18	SCHOEMBEE, E	EGJAN	2:57.15	580	0	

Item 92 17:30:00 Final Results Boys 14 800m

1	COETZER, EWAN	GRF	2:10.40	618	8	G
2	KLEINSMITH, RUBEN	HELPIE	2:11.15	605	7	S
3	MENTZ, HANCO	HELPIE	2:14.98	543	6	B
4	VENTER, MJ	MENLO	2:15.41	536	5	
5	SCHOONWINKEL, MISCHAN	MENLO	2:17.84	501	4	
6	VAN BERGEN, ADRIO	WTK	2:18.32	494	3	
7	HUGO, ADRIAAN	MONT	2:18.57	490	2	
8	CLAASSEN, RUBEN	MONT	2:20.24	467	1	
9	WOLHUTER, CONRAD	WTK	2:24.10	417	0	
10	DOYLE, MC	HELPIE	2:26.21	391	0	
11	MOLOI, LEANO	KES	2:27.18	379	0	
12	SIBANYONI, LWANDLE	MONT	2:27.43	376	0	
13	MEYER, KENZO	GRF	2:27.67	373	0	
14	KOTZE, HAROLD	MONT	2:28.85	359	0	

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15	TOREIN , CARTER	JBHS 2:28.94	358	0
16	TRYTSMAN, R	EGJAN 2:35.94	282	0
17	BALOYI , MASUNGULO	KES 2:39.67	245	0
18	MEYER, JUVAN	GRF 2:40.59	236	0
19	JANSE VAN RENSBURG , RHYS	JBHS 2:42.27	220	0
20	PETJA , MAKHUTUMA	JBHS 2:46.04	186	0
21	MAXWELL, ADRIAN	OMAK 2:54.72	113	0
22	BHENGU, SIPHOSETHU	KES 2:58.13	86	0
23	TLEANE, THABISO	KES 3:02.88	51	0
24	MAKHOANA, LETHABO	VOR 3:18.05	0	0
25	SCHOEMBEE, A	EGJAN 3:45.58	0	0

Item 92 17:30:00 Final 1 of 2 Boys 14 800m

1	COETZER, EWAN	GRF 2:10.40	618	
2	KLEINSMITH, RUBEN	HELPIE 2:11.15	605	
3	SCHOONWINKEL, MISCHAN	MENLO 2:17.84	501	
4	VAN BERGEN, ADRIO	WTK 2:18.32	494	
5	CLAASSEN, RUBEN	MONT 2:20.24	467	
6	WOLHUTER, CONRAD	WTK 2:24.10	417	
7	MOLOI, LEANO	KES 2:27.18	379	
8	MEYER, KENZO	GRF 2:27.67	373	
9	BALOYI , MASUNGULO	KES 2:39.67	245	
10	JANSE VAN RENSBURG , RHYS	JBHS 2:42.27	220	
11	BHENGU, SIPHOSETHU	KES 2:58.13	86	
12	TLEANE, THABISO	KES 3:02.88	51	
13	SCHOEMBEE, A	EGJAN 3:45.58	0	

Item 92 17:30:00 Final 2 of 2 Boys 14 800m

1	MENTZ, HANCO	HELPIE 2:14.98	543	
2	VENTER, MJ	MENLO 2:15.41	536	
3	HUGO, ADRIAAN	MONT 2:18.57	490	
4	DOYLE, MC	HELPIE 2:26.21	391	
5	SIBANYONI, LWANDLE	MONT 2:27.43	376	
6	KOTZE, HAROLD	MONT 2:28.85	359	
7	TOREIN , CARTER	JBHS 2:28.94	358	
8	TRYTSMAN, R	EGJAN 2:35.94	282	
9	MEYER, JUVAN	GRF 2:40.59	236	
10	PETJA , MAKHUTUMA	JBHS 2:46.04	186	
11	MAXWELL, ADRIAN	OMAK 2:54.72	113	
12	MAKHOANA, LETHABO	VOR 3:18.05	0	

Item 91 17:26:00 Final Girls 15 800m

1	VD MERWE, ISABELLA	MENLO 2:19.10	881	8	G
2	LOURENS, ZANTA	MENLO 2:20.36	866	7	S
3	HOMAN, CELIA	MONT 2:23.28	834	6	B
4	ENGELBRECHT, GEMMA	HELPIE 2:23.35	834	5	
5	PRINSLOO, SUNE-LOUISE	HELPIE 2:24.95	817	4	
6	VAN DER WESTHUIZEN, LANE	WTK 2:27.22	794	3	
7	ROOME, MICHAELA	HELPIE 2:28.56	782	2	
8	MULLER, C	EGJAN 2:32.31	748	1	
9	ROETS, ELANI	WTK 2:33.55	737	0	
10	VAN NIEKERK, NIANE	MONT 2:34.08	733	0	
11	DU PLOOY, EMMA	WTK 2:35.85	718	0	
12	WESSELS, ANRI	GRF 2:38.76	695	0	
13	PRINSLOO, LEZE	HELPIE 2:40.43	682	0	
14	DE JAGER, ANRI	GRF 2:44.23	654	0	
15	LIEBENBERG, LATIKA	MONT 2:44.60	652	0	

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16	VAN DER MERWE, LECHÉ	MENLO	2:44.61	651	0
17	VAN GREUNE, LEJA-MAI	GRF	2:47.26	633	0
18	GROBLER, LEIGH-CHAE	OMAK	2:56.87	572	0

Item 90 17:22:00 Final Results Boys 15 800m

1	SMIT, LEANDER	WTK	2:02.97	734	8	G
2	BOTHA, ETHAN	HELPIE	2:03.76	717	7	S
3	BRITS, CHRISTIAAN	MONT	2:06.94	655	6	B
4	KRAAMWINKEL, DYLAN	MENLO	2:07.57	643	5	
5	KRUGER, JAN	HELPIE	2:09.88	602	4	
6	NDLOVU, THABISO	KES	2:10.51	591	3	
7	SKOSANA, THEMBA	MENLO	2:14.43	529	2	
8	GROENEWALD, RUMARKO	WTK	2:14.56	527	1	
9	DELPORT, HANCO	GRF	2:16.23	502	0	
10	JORDAAN, JD	GRF	2:16.77	494	0	
11	GEYER, CIHAN	OMAK	2:18.45	471	0	
12	MEADON, WALDO	MENLO	2:18.83	465	0	
13	VAN DYK, DYLLON	GRF	2:19.01	463	0	
14	MENTZ, ARMAND	MONT	2:21.66	428	0	
15	BEZUIDENHOUT, Z	EGJAN	2:23.09	409	0	
16	PRETORIUS, IVANDRE	OMAK	2:25.98	374	0	
17	SEBITSO , ALUWANE	JBHS	2:28.19	348	0	
18	LEWIS, BRODY	KES	2:32.84	297	0	
19	RENS, ANDRE	MONT	2:38.43	240	0	
20	MATTHEW, TUBERRY	OMAK	2:53.86	104	0	

Item 90 17:22:00 Final 1 of 2 Boys 15 800m

1	BOTHA, ETHAN	HELPIE	2:03.76	717	
2	KRAAMWINKEL, DYLAN	MENLO	2:07.57	643	
3	KRUGER, JAN	HELPIE	2:09.88	602	
4	SKOSANA, THEMBA	MENLO	2:14.43	529	
5	JORDAAN, JD	GRF	2:16.77	494	
6	GEYER, CIHAN	OMAK	2:18.45	471	
7	VAN DYK, DYLLON	GRF	2:19.01	463	
8	MENTZ, ARMAND	MONT	2:21.66	428	
9	PRETORIUS, IVANDRE	OMAK	2:25.98	374	

Item 90 17:22:00 Final 2 of 2 Boys 15 800m

1	SMIT, LEANDER	WTK	2:02.97	734	
2	BRITS, CHRISTIAAN	MONT	2:06.94	655	
3	NDLOVU, THABISO	KES	2:10.51	591	
4	GROENEWALD, RUMARKO	WTK	2:14.56	527	
5	DELPORT, HANCO	GRF	2:16.23	502	
6	MEADON, WALDO	MENLO	2:18.83	465	
7	BEZUIDENHOUT, Z	EGJAN	2:23.09	409	
8	SEBITSO , ALUWANE	JBHS	2:28.19	348	
9	LEWIS, BRODY	KES	2:32.84	297	
10	RENS, ANDRE	MONT	2:38.43	240	
11	MATTHEW, TUBERRY	OMAK	2:53.86	104	

Item 89 17:18:00 Final Girls 16 800m

1	COETZEE, ELANDRI	WTK	2:14.41	930	8	G	HMKG24
2	HEYNEKE, ANNERIKE	MENLO	2:18.19	882	7	S	
3	KAMELE, MBALI	HELPIE	2:19.46	867	6	B	
4	GROENEWALD, MARLENE	WTK	2:22.58	833	5		
5	BADENHORST, LIDA-MARI	HELPIE	2:24.33	815	4		
6	PRETORIUS, LEANDRI	MONT	2:27.48	784	3		

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7	GROENEWALD, CHANEL	OMAK	2:28.42	775	2
8	BLOM, SHANI	MENLO	2:34.14	724	1
9	VAN DER NEST, KIARA	GRF	2:41.10	670	0
10	DE WET, KAELA	HELPIE	2:44.05	649	0
11	BESTBIER, A	EGJAN	2:44.21	647	0
12	LOURENS, LENÉ	GRF	2:44.36	646	0
13	DEYSEL, ALEX	OMAK	2:44.62	645	0
14	PRETORIUS, LARISSA	MONT	2:45.70	637	0
15	MARSHALL, JAMIE	OMAK	2:47.10	628	0
16	POSTHUMUS, MILLA	WTK	2:48.54	618	0
17	WILKEN, ANJUNETTE	HELPIE	2:49.68	610	0
18	ERASMUS, LUANE	MENLO	2:50.71	604	0
19	SWAN, MARLI	MONT	2:52.84	590	0

Item 88 17:14:00 Final Boys 16 800m

1	VAN HEERDEN, LLEWELLYN	MENLO	1:59.55	782	8	G
2	JANSEN VAN RENSBURG, JACQUES	WTK	2:00.09	769	7	S
3	MONTSHO, NEO	MONT	2:03.01	705	6	B
4	DE JAGER, RIKUS	HELPIE	2:06.32	641	5	
5	VD MERWE, LIAM	MENLO	2:06.75	633	4	
6	FERNANDEZ, FRANCO	MONT	2:07.91	612	3	
7	DU PLOOY, WILLEM	HELPIE	2:10.65	566	2	
8	SLABBERT, DANTE	MENLO	2:14.89	500	1	
9	DELPORT, R	EGJAN	2:16.81	473	0	
10	PRETORIUS, FRANCO	OMAK	2:17.25	467	0	
11	HARMSE, BRADLEY	GRF	2:18.27	453	0	
12	LOOCK, ETHAN	OMAK	2:18.84	445	0	
13	BADENHORST, AIDEN	OMAK	2:19.72	433	0	
14	KARSTEN, SETH	GRF	2:21.02	416	0	
15	MORALEE, CONNOR	KES	2:28.27	329	0	
16	NEL, WIAN	GRF	2:35.69	250	0	

Item 87 17:10:00 Final Girls 17 800m

1	LAYBOURN, T	EGJAN	2:18.21	876	8	G
2	MENTZ, CHEMENE	HELPIE	2:20.62	848	7	S
3	DIRKSE VAN SCHALKWYK, ELRI	GRF	2:21.45	839	6	B
4	VAN DER MERWE, DANIKA	WTK	2:23.66	816	5	
5	ROOME, MEGAN	HELPIE	2:24.57	807	4	
6	DU PLESSIS, KARA	MENLO	2:26.09	792	3	
7	VERMEULEN, DANIKA	WTK	2:27.07	782	2	
8	STEIDLER, ANJA	MENLO	2:29.79	757	1	
9	DE KLERK, LEILA	MONT	2:32.07	737	0	
10	VAN ROOYEN, KAITLYN	MENLO	2:35.86	706	0	
11	NEL, SIONE	MONT	2:38.59	684	0	
12	DU PREEZ, ELMIE	GRF	2:42.74	653	0	
13	SNYMAN, PIPPA	MONT	2:43.66	647	0	
14	REINACH, MOYA	GRF	2:44.54	641	0	
15	VAN DER MERWE, TINDALL	OMAK	2:52.74	587	0	
16	BOTHANG, PABALELO	VOR	3:21.09	437	0	
17	MAXWELL, CLARINE	OMAK	3:28.67	404	0	

Item 86 17:06:00 Final Results Boys 17 800m

1	LOUW, JOHANN	HELPIE	1:57.75	795	8	G
2	ESTERHUIZEN, DANIEL	OMAK	2:00.16	739	7	S
3	KROEF, TYLOR	HELPIE	2:01.24	715	6	B
4	MALICKY, KEVIN	KES	2:06.63	611	5	
5	PIENAAR, COLBI	WTK	2:07.21	601	4	



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5	MEYER, JANCO	GRF	2:07.21	601	4
7	MATSEKE, LETHABO	MONT	2:12.06	522	2
8	SMITH, XANDER	MENLO	2:12.25	519	1
9	MATSEKE, THABISO	MONT	2:13.54	499	0
10	HUGO, RUBEN	MONT	2:14.28	489	0
11	MAFORA, VALENTINO	VOR	2:14.53	485	0
12	SCHOOMBEE, R	EGJAN	2:14.81	481	0
13	TSIAKOS, MARCEL	HELPIE	2:16.98	450	0
14	CLERIHEW, ANDREA	GRF	2:17.06	449	0
15	ERASMUS, LOUIS	MENLO	2:17.36	445	0
16	WILLERING, HENRU	OMAK	2:18.62	428	0
16	FICK, CONNOR	WTK	2:18.62	428	0
18	VELLOEN, WIHAN	MENLO	2:18.89	425	0
19	MABITSELA, T	EGJAN	2:31.93	272	0
20	HORENG, OSEGO	VOR	2:38.49	207	0
21	KHOZA, KGOTSO	VOR	2:51.44	94	0

Item 86 17:06:00 Final 1 of 2 Boys 17 800m

1	ESTERHUIZEN, DANIEL	OMAK	2:00.16	739	
2	KROEF, TYLOR	HELPIE	2:01.24	715	
3	MALICKY, KEVIN	KES	2:06.63	611	
4	PIENAAR, COLBI	WTK	2:07.21	601	
5	MATSEKE, LETHABO	MONT	2:12.06	522	
6	SMITH, XANDER	MENLO	2:12.25	519	
7	SCHOOMBEE, R	EGJAN	2:14.81	481	
8	CLERIHEW, ANDREA	GRF	2:17.06	449	
9	WILLERING, HENRU	OMAK	2:18.62	428	
10	VELLOEN, WIHAN	MENLO	2:18.89	425	
11	HORENG, OSEGO	VOR	2:38.49	207	
12	KHOZA, KGOTSO	VOR	2:51.44	94	

Item 86 17:06:00 Final 2 of 2 Boys 17 800m

1	LOUW, JOHANN	HELPIE	1:57.75	795	
2	MEYER, JANCO	GRF	2:07.21	601	
3	MATSEKE, THABISO	MONT	2:13.54	499	
4	HUGO, RUBEN	MONT	2:14.28	489	
5	MAFORA, VALENTINO	VOR	2:14.53	485	
6	TSIAKOS, MARCEL	HELPIE	2:16.98	450	
7	ERASMUS, LOUIS	MENLO	2:17.36	445	
8	FICK, CONNOR	WTK	2:18.62	428	
9	MABITSELA, T	EGJAN	2:31.93	272	

Item 85 17:02:00 Final Girls 19 800m

1	VAN DER MERWE, LARA	WTK	2:13.70	929	8	G
2	SWART, MICAELA	MENLO	2:21.13	839	7	S
3	STANDER, MILA	MENLO	2:22.18	828	6	B
4	PIENAAR-KOTZE, JASMEN	MONT	2:22.81	821	5	
5	CONRADIE, HANNELEEN	GRF	2:26.14	788	4	
6	ACKERMAN, CARLA	WTK	2:27.16	778	3	
7	BOOYSEN, LEAH	MONT	2:27.58	774	2	
8	HARMSE, MORGAN	HELPIE	2:29.17	760	1	
9	GROBBELAAR, DEBORA	MENLO	2:31.84	736	0	
10	DE JONG, TASHA	MONT	2:35.63	705	0	
11	DE KOCK, BERNIQUE	GRF	2:41.13	662	0	
12	JEPPE, ISABELLA	HELPIE	2:51.25	594	0	
13	MAKGATA, KARABO	VOR	3:01.91	531	0	

Item 80 16:58:00 Final Boys 19 800m



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1	BRITS, MARCEL	MONT	1:57.04	754	8	G
2	NOLTE, WIAN	WTK	1:57.90	734	7	S
3	LENABA, INNOCENT	VOR	1:57.99	732	6	B
4	RAATH, DANTE	MENLO	1:58.00	732	5	
5	KOEN, LUAN	MENLO	1:59.49	700	4	
5	FRANKEN, CHRISTIAAN	GRF	1:59.49	700	4	
7	JACOBS, DEVON	MENLO	2:01.14	666	2	
8	BOUWER, MARNU	HELPIE	2:01.43	660	1	
9	TSHOLO, SAMKELO	KES	2:04.14	609	0	
10	SCHOOMBEE, GORDON	MONT	2:06.43	569	0	
11	GALLIARD, CHRISTOPHER	KES	2:07.79	547	0	
12	BALT, MIGAEL	GRF	2:10.83	499	0	
13	KRUGER, D	EGJAN	2:11.25	493	0	
14	POSTHUMUS, TIAAN	WTK	2:12.14	479	0	
15	SWANEOEL, J	EGJAN	2:19.54	379	0	
16	KOPP, DWAYNE	MONT	2:19.77	376	0	
17	POTGIETER, ZANTIN	OMAK	2:59.77	3	0	

Item 44 14:43:00 Final Girls 14 1500m

1	BOTHA, MILAN	HELPIE	04:54.29	838	8	G
2	VAN DEN BERG, MINETTE	WTK	04:57.36	822	7	S
3	BROODRYK, MADDISON	MENLO	05:05.56	783	6	B
4	GREYVENSTEIN, TENISHKE	HELPIE	05:11.87	755	5	
5	VAN DER WALT, BRECHE	WTK	05:14.49	744	4	
6	WILLIAMS, LEAH	HELPIE	05:17.71	731	3	
7	PRINSLOO, LEZE	HELPIE	05:21.52	715	2	
8	VAN LINGEN, ANZEL	MENLO	05:34.77	666	1	
9	CAMPHER, MIANE	MENLO	05:34.83	666	0	
10	VAN DER WALT, MEGAN	MONT	05:35.45	663	0	
11	TONKIN, LEA	HELPIE	05:37.43	657	0	
12	DU PLESSIS, LANA	OMAK	05:42.32	640	0	
13	MENTZ, ANIKA	MONT	05:44.83	632	0	
14	ESTERHUIZE*, CHENIQUE	MENLO	05:46.49	626	0	
15	VAN DER VYVER, LAILA	GRF	05:47.92	621	0	
16	KUPERUS, ANKE	WTK	05:48.59	619	0	
17	KRUGER, LEA	GRF	06:00.40	583	0	
18	VAN DER MERWE, NOA	OMAK	06:07.36	563	0	
19	VENTER, AMANRI	MONT	06:14.96	542	0	

Item 43 14:36:00 Final Boys 14 1500m

1	KLEINSMITH, RUBEN	HELPIE	04:24.58	817	8	G	HMKG24
2	COETZER, EWAN	GRF	04:25.27	813	7	S	
3	HUGO, ADRIAAN	MONT	04:32.66	767	6	B	
4	VENTER, MJ	MENLO	04:32.68	767	5		
5	SCHOONWINKEL, MISCHAN	MENLO	04:34.40	756	4		
6	CLAASSEN, RUBEN	MONT	04:41.96	715	3		
7	MENTZ, HANCO	HELPIE	04:45.94	694	2		
8	CRONJE, TOMMIE	MENLO	04:47.21	688	1		
9	WOLHUTER, CONRAD	WTK	04:58.00	636	0		
10	NHLAPO, HLELO	JBHS	05:03.34	613	0		
11	WESTERMEYER, OLIVER	JBHS	05:05.34	604	0		
12	DOYLE, MC	HELPIE	05:07.45	595	0		
13	SCHOEMAN, JANNEMAN	MONT	05:08.78	590	0		
14	HENNING, RYAN	WTK	05:09.36	587	0		
15	TRYTSMAN, R	EGJAN	05:11.76	577	0		
16	VAN DER MERWE, ALAN	WTK	05:18.14	552	0		
17	BALOYI, MASUNGULO	KES	05:39.08	478	0		

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18	MAXWELL, ADRIAN	OMAK	05:43.00	465	0
19	WESTERMEYER, CHRISTOPHER	JBHS	06:02.63	405	0
20	MAKHOANA, LETHABO	VOR	06:08.70	388	0
21	MPHAGA, SECHABA	VOR	06:20.23	357	0
22	BHENGU, SIPHOSETHU	KES	06:39.15	309	0

Item 36 14:28:00 Final Girls 15 1500m

1	LOURENS, ZANTA	MENLO	04:50.62	834	8	G
2	PRINSLOO, SUNE-LOUISE	HELPIE	04:52.56	824	7	S
3	VD MERWE, ISABELLA	MENLO	05:01.89	778	6	B
4	VAN NIEKERK, NIANE	MONT	05:11.54	736	5	
5	VAN DER WESTHUIZEN, LANE	WTK	05:12.31	733	4	
6	ENGELBRECHT, GEMMA	HELPIE	05:12.78	731	3	
7	KRUGER, J	EGJAN	05:14.95	722	2	
8	ROOME, MICHAELA	HELPIE	05:16.21	717	1	
9	MOUTON, DAMARI	GRF	05:18.15	709	0	
10	LIEBENBERG, LATIKA	MONT	05:34.63	648	0	
11	KLOPPERS, DANELLE	WTK	05:34.65	648	0	
12	ROETS, ELANI	WTK	05:35.52	645	0	
13	DE JAGER, ANRI	GRF	05:39.10	633	0	
14	VAN DER MERWE, LECHÉ	MENLO	05:43.44	619	0	
15	MASSYN, HUTTON	GRF	06:03.81	557	0	
16	VAN DER MERWE, SANDRA-KATE	OMAK	06:06.34	550	0	
17	NYAWO, AKHONA	VOR	06:17.37	520	0	

Item 35 14:21:00 Final Boys 15 1500m

1	BOTHA, ETHAN	HELPIE	04:19.56	832	8	G
2	BRITS, CHRISTIAAN	MONT	04:21.31	820	7	S
3	KRUGER, JAN	HELPIE	04:22.45	812	6	B
4	KRAAMWINKEL, DYLAN	MENLO	04:28.43	774	5	
5	SMIT, LEANDER	WTK	04:32.43	750	4	
6	JORDAAN, JD	GRF	04:37.13	724	3	
7	DE VILLIERS, JACQUES	GRF	04:38.39	717	2	
8	DELPORT, HANCO	GRF	04:39.26	713	1	
9	MOKGOTHU, LUFUNO	KES	04:43.29	692	0	
10	GROENEWALD, RUMARKO	WTK	04:45.84	679	0	
11	BEZUIDENHOUT, Z	EGJAN	04:49.67	660	0	
12	MENTZ, ARMAND	MONT	04:49.91	659	0	
13	GROBLER, MARNUS	OMAK	04:56.59	628	0	
14	TSHABALALA, BUHLE	MENLO	04:56.66	628	0	
15	PROOME, NATHAN	KES	04:58.37	620	0	
16	KLEINSMIT, AJ	OMAK	04:58.51	619	0	
17	PRETORIUS, IVANDRE	OMAK	05:07.41	581	0	
18	RENS, ANDRE	MONT	05:24.33	516	0	

Item 34 14:13:00 Final Girls 16 1500m

1	PRETORIUS, LEANDRI	MONT	04:47.26	837	8	G
2	GROENEWALD, MARLENE	WTK	04:49.21	826	7	S
3	GROENEWALD, CHANEL	OMAK	04:56.66	789	6	B
4	MARX, MICHEALA	MENLO	05:00.83	770	5	
5	STOLTZ, BIANCA	MENLO	05:03.50	758	4	
6	KAMELE, MBALI	HELPIE	05:08.70	735	3	
7	BADENHORST, LIDA-MARI	HELPIE	05:08.75	735	2	
8	PRETORIUS, LARISSA	MONT	05:26.00	668	1	
9	VAN VUUREN, DANIELLE	GRF	05:28.95	657	0	
10	DE WET, KAELA	HELPIE	05:34.49	638	0	
11	DEYSEL, ALEX	OMAK	05:37.28	628	0	

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12	BESTBIER, A	EGJAN	05:42.20	612	0
13	COETZEE, SKYLA	WTK	05:43.68	607	0
14	LOURENS, LENÉ	GRF	05:44.01	606	0
15	MASSYN, HELEN	GRF	05:44.03	606	0
16	WILKEN, ANJUNETTE	HELPIE	05:47.15	596	0
17	VENTER, DIANE	MONT	06:13.68	520	0

Item 33 14:06:00 Final Boys 16 1500m

1	MONTSHO, NEO	MONT	04:16.60	833	8	G
2	DU PLOOY, WILLEM	HELPIE	04:19.74	811	7	S
3	BLOM, ERWEE	MENLO	04:24.00	784	6	B
4	FERNANDEZ, FRANCO	MONT	04:24.53	781	5	
5	SLABBERT, DANTE	MENLO	04:31.32	740	4	
6	DELPORT, R	EGJAN	04:36.06	714	3	
7	BADENHORST, AIDEN	OMAK	04:39.33	696	2	
8	LEE, JOSH	WTK	04:40.51	690	1	
9	VD MERWE, LIAM	MENLO	04:42.18	682	0	
10	BEUKES, ZUWHAN	OMAK	04:45.62	665	0	
11	BLIGNAUT, MICHA	GRF	04:46.80	659	0	
12	PRETORIUS, FRANCO	OMAK	04:47.29	656	0	
13	RAATH, STIAAN	HELPIE	05:17.24	530	0	
14	NGOGODO, CHUMANI	KES	06:26.50	319	0	

Item 32 13:59:00 Final Girls 17 1500m

1	ROOME, MEGAN	HELPIE	04:48.50	821	8	G
2	DIRKSE VAN SCHALKWYK, ELRI	GRF	04:50.72	810	7	S
3	MENTZ, CHEMENE	HELPIE	04:54.26	793	6	B
4	VAN ROOYEN, KAITLYN	MENLO	04:57.15	779	5	
5	BARKLEY, K	EGJAN	04:58.89	771	4	
6	VERMEULEN, DANIKA	WTK	05:02.33	755	3	
7	VAN DER MERWE, DANIKA	WTK	05:05.61	741	2	
8	DE KLERK, LEILA	MONT	05:08.71	728	1	
9	DU PLESSIS, KARA	MENLO	05:08.99	727	0	
10	VAN DER HOVEN, RUT	WTK	05:30.94	643	0	
11	VERREYNNE, JANEL	MONT	05:36.11	626	0	
12	LAMPBRECHT, DANNI	WTK	05:42.47	605	0	
13	VAN DER MERWE, TINDALL	OMAK	05:55.05	566	0	
14	SNYMAN, PIPPA	MONT	06:07.04	532	0	
15	STRYDOM, DANITA	GRF	06:10.40	523	0	
16	GILLESPIE, ADDISON	GRF	06:16.08	508	0	
17	MAXWELL, CLARINE	OMAK	06:39.16	451	0	
18	BOTHANG, PABALELO	VOR	06:48.30	430	0	

Item 31 13:52:00 Final Boys 17 1500m

1	STOLTZ, LEON	MENLO	04:11.33	851	8	G
2	LOUW, JOHANN	HELPIE	04:16.41	815	7	S
3	KROEF, TYLOR	HELPIE	04:20.15	791	6	B
4	PIENAAR, COLBI	WTK	04:23.47	770	5	
5	MATSEKE, LETHABO	MONT	04:24.42	764	4	
6	DU PLESSIS, JEAN	MENLO	04:25.06	760	3	
7	MEYER, JANCO	GRF	04:27.40	746	2	
8	MATSEKE, THABISO	MONT	04:30.62	728	1	
9	HUGO, RUBEN	MONT	04:31.20	724	0	
10	SCHOOMBEE, R	EGJAN	04:32.35	718	0	
11	WILLIS, MATTHEW	KES	04:34.23	708	0	
12	COETZEE, REON	WTK	04:44.01	658	0	
13	TSIAKOS, MARCEL	HELPIE	04:44.06	657	0	



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14	CLERIHEW, ANDREA	GRF	04:53.00	616	0
15	WESSELS, HJ	GRF	04:54.07	611	0
16	MASHININI, SIPHIWE	KES	05:07.20	556	0
17	HORENG, OSEGO	VOR	05:26.54	484	0
18	MOCWIRI, THUTO	VOR	05:42.29	432	0
19	STOLP, TIAAN	OMAK	06:04.14	368	0
20	BADENHORST, BURGER	OMAK	06:06.17	362	0
21	MAFORA, VALENTINO	VOR	06:11.19	348	0

Item 30 13:45:00 Final Girls 19 1500m

1	STEYNBERG*, ANNEKE	MENLO	04:57.37	770	8	G
2	PIENAAR-KOTZE, JASMEN	MONT	05:00.35	756	7	S
3	HARMSE, MORGAN	HELPIE	05:01.32	752	6	B
4	DE JONG, TASHA	MONT	05:05.16	735	5	
5	CONRADIE, HANNELEEN	GRF	05:09.27	718	4	
6	PRETORIUS, LINEY	MONT	05:19.87	676	3	
7	HAASBROEK*, CLARABEL	MENLO	05:20.13	675	2	
8	HEYDENRYCH, SASKIA	HELPIE	05:27.86	647	1	
9	V ROOYEN, KARLA	MENLO	05:39.37	608	0	
10	SIEBERT, DANELLE	WTK	05:41.49	601	0	
11	HENNINGH, JAYLEIGH	WTK	05:43.52	595	0	
12	JEPPE, ISABELLA	HELPIE	05:49.10	577	0	

Item 29 13:34:00 Final Boys 19 1500m

1	BRITS, MARCEL	MONT	04:06.63	848	8	G
2	RAATH, DANTE	MENLO	04:07.50	841	7	S
3	NOLTE, WIAN	WTK	04:07.57	841	6	B
4	LOURENS, EWAN	MENLO	04:08.09	837	5	
5	BOUWER, MARNU	HELPIE	04:08.88	832	4	
6	FRANKEN, CHRISTIAAN	GRF	04:09.01	831	3	
7	KOEN, DIAN	MENLO	04:09.76	825	2	
8	QUITATA , DANIEL	JBHS	04:20.98	752	1	
9	COETZEE, HEINRICH	OMAK	04:30.65	697	0	
10	SCHOOMBEE, GORDON	MONT	04:34.32	677	0	
11	FICK, HAYDEN	WTK	04:34.68	675	0	
12	KOPP, DWAYNE	MONT	04:40.13	648	0	
13	NGAKANE, BOHLALE	KES	04:42.15	638	0	
14	WHEELER, CAMERON	KES	04:44.75	626	0	
15	SWANEPOEL, J	EGJAN	04:50.16	601	0	
16	MCGURK, REGAN	KES	04:53.81	585	0	
17	BOSCH, JADIN	GRF	04:55.02	580	0	

Item 124 19:48:00 Final Girls 17 3000m

1	COETZEE, ELANDRI	WTK	10:18.37	910	8	G	HMKG24
2	PRETORIUS, LEANDRI	MONT	10:33.72	885	7	S	
3	MARX, MICHEALA	MENLO	10:42.64	871	6	B	
4	PRINSLOO, SUNE-LOUISE	HELPIE	10:43.24	871	5		
5	VAN DEN BERG, MINETTE	WTK	10:48.08	863	4		
6	VERMEULEN, DANIKA	WTK	10:51.37	858	3		
7	DE KLERK, LEILA	MONT	11:08.52	834	2		
8	VAN NIEKERK, NIANE	MONT	11:18.20	821	1		
9	MOUTON, DAMARI	GRF	11:19.94	819	0		
10	ROETS, ELANI	WTK	11:32.08	803	0		
11	PRETORIUS, LARISSA	MONT	11:38.39	795	0		
12	VERREYNNE, JANEL	MONT	11:46.39	786	0		
13	HERMAN, E	EGJAN	11:54.68	776	0		
14	LAMPBRECHT, DANNI	WTK	11:56.59	774	0		

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15	MENTZ, ANIKA	MONT	11:56.94	773	0
16	DU PLESSIS, LANA	OMAK	12:02.45	767	0
17	VAN VUUREN, DANIELLE	GRF	12:03.32	766	0
18	LIEBENBERG, M	MONT	12:11.59	757	0
19	VAN DER WALT, MEGAN	MONT	12:20.42	747	0
20	VAN DER MERWE, TINDALL	OMAK	12:23.86	743	0
21	CAMPHER, MIANE	MENLO	12:31.05	736	0
22	SWART, HEIKE	MENLO	12:31.07	736	0
23	KLOPPERS, DANELLE	WTK	12:41.12	725	0
24	LE ROUX, TENIQUE	MENLO	12:46.97	719	0
25	VAN DER MERWE, SANDRA-KATE	OMAK	12:47.85	719	0
26	STRAUSS, ZANICA	GRF	12:57.20	710	0

Item 126 20:03:00 Final Boys 17 3000m

1	HORNE, NICHOLAS	KES	08:58.12	905	8	G
2	STOLTZ, LEON	MENLO	08:59.95	900	7	S
3	ESTERHUIZEN, DANIEL	OMAK	09:11.67	868	6	B
4	CLAASSEN, RUBEN	MONT	09:15.23	859	5	
5	DU PLOOY, WILLEM	HELPIE	09:20.07	846	4	
6	MATSEKE, THABISO	MONT	09:31.21	819	3	
7	MONTSHO, NEO	MONT	09:33.92	813	2	
8	KROEF, TYLOR	HELPIE	09:36.33	808	1	
9	MATSEKE, LETHABO	MONT	09:40.57	798	0	
10	HUGO, ADRIAAN	MONT	09:41.29	797	0	
11	FERNANDEZ, FRANCO	MONT	09:45.00	789	0	
12	PIENAAR, COLBI	WTK	09:45.79	787	0	
13	HUGO, RUBEN	MONT	09:49.78	778	0	
14	BLOM, ERWEE	MENLO	09:50.52	777	0	
15	BLIGNAUT, MICHA	GRF	10:02.81	752	0	
16	ROOS, REGARDT	MENLO	10:05.44	746	0	
17	PIENAAR, RUBEN	WTK	10:16.07	726	0	
18	BRITS, CHRISTIAAN	MONT	10:19.12	720	0	

Item 125 19:48:00 Final Girls 19 3000m

1	VAN DER MERWE, LARA	WTK	09:58.12	939	8	G	HMKG24
2	STEYNBERG*, ANNEKE	MENLO	10:48.08	857	7	S	
3	BARKLEY, K	EGJAN	10:51.37	853	6	B	
4	HARMSE, MORGAN	HELPIE	10:53.56	850	5		
5	PRETORIUS, LINEY	MONT	11:11.68	824	4		
6	HEYDENRYCH, SASKIA	HELPIE	11:19.30	814	3		
7	DE JONG, TASHA	MONT	11:25.96	806	2		
8	MULLER, RIANE	WTK	11:41.52	787	1		
9	V ROOYEN, KARLA	MENLO	11:59.21	766	0		
10	SCHULTZ*, CARA	MENLO	12:05.44	759	0		
11	SIEBERT, DANELLE	WTK	12:11.12	752	0		
12	HENNINGH, JAYLEIGH	WTK	12:32.37	730	0		
13	JEPPE, ISABELLA	HELPIE	12:43.89	718	0		

Item 127 20:03:00 Final Boys 19 3000m

1	LOURENS, EWAN	MENLO	08:05.30	1000	8	G	HMKG24
2	NOLTE, WIAN	WTK	09:05.30	855	7	S	
3	BOUWER, MARNU	HELPIE	09:28.89	798	6	B	
4	FICK, HAYDEN	WTK	09:34.90	784	5		
5	COETZEE, HEINRICH	OMAK	09:42.08	769	4		
6	KOEN, DIAN	MENLO	09:43.12	767	3		
7	NGAKANE, BOHLALE	KES	10:18.66	698	2		
8	KOPP, DWAYNE	MONT	10:30.11	678	1		

Item 63 16:03:00 Final Results Girls 14 90m Hurdles

76.2cm



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1	DU TOIT, LENKA	HELPIE	13.38	959	8	G
2	BURGER, SUNELLE	MENLO	13.45	952	7	S
3	DU PLESSIS, AVAH	MONT	13.64	933	6	B
4	KORFF, ROEMAY	OMAK	13.89	910	5	
5	OLIVIER, JOANNE	MENLO	14.31	873	4	
6	PRINSLOO, ABIGAIL	MENLO	14.47	860	3	
7	STEYN, MIA	HELPIE	14.48	860	2	
8	DE BRUYN, LOULENE	HELPIE	14.86	830	1	
9	COETZEE, AMORIE	HELPIE	15.16	809	0	
10	MARE, MIA	WTK	16.31	736	0	
11	MAHLANGU, MBALI	OMAK	16.42	729	0	
12	VAN WYK, RIHETTE	GRF	16.62	718	0	
13	BEYLEVELD, ISABEL	GRF	16.98	698	0	
14	JANSE VAN RENSBURG, AMORÉ	GRF	17.40	677	0	
15	WEPENER, J	EGJAN	17.71	661	0	
16	BUCKLE, L	EGJAN	17.85	654	0	
17	VAN DER NEST, RUCHELLE	WTK	17.92	651	0	
18	DE BEER, M	EGJAN	18.25	636	0	
19	MARAIS, LIENKA	MONT	18.96	604	0	

Item 63 16:03:00 Final 1 of 3 Girls 14 90m Hurdles 76.2cm

1	KORFF, ROEMAY	OMAK	13.89	910		
2	OLIVIER, JOANNE	MENLO	14.31	873		
3	PRINSLOO, ABIGAIL	MENLO	14.47	860		
4	COETZEE, AMORIE	HELPIE	15.16	809		
5	VAN WYK, RIHETTE	GRF	16.62	718		
6	JANSE VAN RENSBURG, AMORÉ	GRF	17.40	677		
7	IVANOV, KATARINA	WTK	DNS	0		

Item 63 16:03:00 Final 2 of 3 Girls 14 90m Hurdles 76.2cm

1	DU TOIT, LENKA	HELPIE	13.38	959		
2	BURGER, SUNELLE	MENLO	13.45	952		
3	STEYN, MIA	HELPIE	14.48	860		
4	MARE, MIA	WTK	16.31	736		
5	MAHLANGU, MBALI	OMAK	16.42	729		
6	BUCKLE, L	EGJAN	17.85	654		
7	MARAIS, AMOREY	OMAK	DNS	0		

Item 63 16:03:00 Final 3 of 3 Girls 14 90m Hurdles 76.2cm

1	DU PLESSIS, AVAH	MONT	13.64	933		
2	DE BRUYN, LOULENE	HELPIE	14.86	830		
3	BEYLEVELD, ISABEL	GRF	16.98	698		
4	WEPENER, J	EGJAN	17.71	661		
5	VAN DER NEST, RUCHELLE	WTK	17.92	651		
6	DE BEER, M	EGJAN	18.25	636		
7	MARAIS, LIENKA	MONT	18.96	604		

Item 64 16:06:00 Final Results Girls 15 90m Hurdles 76.2cm

1	BEZUIDENHOUT, MULAN	HELPIE	13.28	930	8	G
2	RAATH, CHELSEY	HELPIE	13.29	929	7	S
3	FOURIE, ZIONE	HELPIE	13.32	926	6	B
4	BOTHA, VIHANKE	GRF	13.98	866	5	
5	VAN NIEKERK, HAYLEE	WTK	14.45	829	4	
6	VAN WYK, VERONIQUE	WTK	14.46	828	3	
7	VAN JAARSVELDT, DEONE	MENLO	15.02	788	2	
8	VAN DE MERWE, KAYLA	MONT	15.33	768	1	
9	VERMUELEN, TALISHA	EGJAN	15.59	751	0	

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10	LOUBSHER, EMMA	MENLO	15.95	729	0
11	BIELDT, KIARA	OMAK	18.86	586	0
12	ERASMUS, NIKKI - LEE	MENLO	19.02	579	0
13	VAN STADEN, MIA	MONT	19.43	563	0
14	GINDRA, CHANTINAY	OMAK	19.45	562	0
15	BOTES, JUANE	HELPIE	24.43	402	0

Item 64 16:06:00 Final 1 of 3 Girls 15 90m Hurdles 76.2cm

1	RAATH, CHELSEY	HELPIE	13.29	929	
2	FOURIE, ZIONE	HELPIE	13.32	926	
3	BIELDT, KIARA	OMAK	18.86	586	
4	VAN STADEN, MIA	MONT	19.43	563	
5	BOTES, JUANE	HELPIE	24.43	402	
6	COETZEE, LISA	GRF	DNS	0	

Item 64 16:06:00 Final 2 of 3 Girls 15 90m Hurdles 76.2cm

1	BEZUIDENHOUT, MULAN	HELPIE	13.28	930	
2	BOTHA, VIHANKE	GRF	13.98	866	
3	VAN NIEKERK, HAYLEE	WTK	14.45	829	
4	VAN JAARSVELDT, DEONE	MENLO	15.02	788	
5	VAN DE MERWE, KAYLA	MONT	15.33	768	
6	VERMUELEN, TALISHA	EGJAN	15.59	751	

Item 64 16:06:00 Final 3 of 3 Girls 15 90m Hurdles 76.2cm

1	VAN WYK, VERONIQUE	WTK	14.46	828	
2	LOUBSHER, EMMA	MENLO	15.95	729	
3	ERASMUS, NIKKI - LEE	MENLO	19.02	579	
4	GINDRA, CHANTINAY	OMAK	19.45	562	
5	GALETTI, NICOLE	OMAK	DNS	0	

Item 75 16:18:00 Final Results Boys 14 100m Hurdles 84.0cm

1	VAN SCHOOR, MENAHEM	GRF	14.03	845	8	G
2	BLIGNAUT, DIAN	GRF	14.42	807	7	S
3	MOOLMAN, PG	HELPIE	14.53	797	6	B
4	BEUKMAN, KIAN	MENLO	15.17	743	5	
5	HOLZAPFEL, TYLER	JBHS	15.18	743	4	
6	GUNTER, KAI	MONT	15.32	732	3	
7	LIEBENBERG, ROEDOLF	MENLO	15.34	730	2	
8	MAWELELA, NHLAMULO	MENLO	15.47	720	1	
9	JACOBS, TIEGO	OMAK	16.40	656	0	
10	HATTINGH, JUAN	HELPIE	16.63	641	0	
11	ERLANK, L	EGJAN	16.81	630	0	
12	BADENHORST, RUBEN	WTK	17.39	595	0	
13	SCHULTZA, LEONHARDT	HELPIE	17.74	576	0	
14	JACOBS, JOSHWIN	GRF	17.84	571	0	
15	GROBLER, NIHAN	MONT	18.21	551	0	
16	PETERSEN, DIEGO	VOR	19.05	510	0	
17	DUBE, LWANDLE	VOR	19.27	499	0	
18	SMIT, JAMEE	MONT	19.32	497	0	
19	BESTER, JOHNATHAN	OMAK	19.94	470	0	
20	VISAGIE, ESTIAN	OMAK	20.10	463	0	
21	GRIFFITHS, OWEN	JBHS	23.37	341	0	

Item 75 16:18:00 Final 1 of 3 Boys 14 100m Hurdles 84.0cm

1	VAN SCHOOR, MENAHEM	GRF	14.03	845	
2	BEUKMAN, KIAN	MENLO	15.17	743	
3	HOLZAPFEL, TYLER	JBHS	15.18	743	
4	MAWELELA, NHLAMULO	MENLO	15.47	720	



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5	BADENHORST, RUBEN	WTK	17.39	595
6	DUBE, LWANDLE	VOR	19.27	499
7	SMIT, JAMEE	MONT	19.32	497
8	BESTER, JOHNATHAN	OMAK	19.94	470

Item 75 16:18:00 Final 2 of 3 Boys 14 100m Hurdles 84.0cm

1	BLIGNAUT, DIAN	GRF	14.42	807
2	MOOLMAN, PG	HELPIE	14.53	797
3	GUNTER, KAI	MONT	15.32	732
4	ERLANK, L	EGJAN	16.81	630
5	SCHULTZA, LEONHARDT	HELPIE	17.74	576
6	JACOBS, JOSHWIN	GRF	17.84	571
7	GROBLER, NIHAN	MONT	18.21	551
8	PETERSEN, DIEGO	VOR	19.05	510

Item 75 16:18:00 Final 3 of 3 Boys 14 100m Hurdles 84.0cm

1	LIEBENBERG, ROEDOLF	MENLO	15.34	730
2	JACOBS, TIEGO	OMAK	16.40	656
3	HATTINGH, JUAN	HELPIE	16.63	641
4	VISAGIE, ESTIAN	OMAK	20.10	463
5	GRIFFITHS, OWEN	JBHS	23.37	341

Item 76 16:21:00 Final Results Boys 15 100m Hurdles 84cm

1	NIEMAN, RUAN	MENLO	13.85	838	8	G
2	PRETORIUS, HANNES	HELPIE	13.88	835	7	S
3	JOUBERT, LIAM	KES	14.75	755	6	B
4	KUNZMAN, HEINZ	MENLO	15.00	736	5	
4	ROOS, FRANCOIS	WTK	15.00	736	5	
6	CLOETE, EMILE	GRF	15.25	716	3	
7	DIEDERICKS, BART	OMAK	15.53	695	2	
8	DEDEKIND*, LOTHAR	MENLO	15.59	691	1	
9	VAN HEERDEN, RAYMUND	MONT	15.71	682	0	
10	BREDENHAN, MELDON	OMAK	16.23	648	0	
11	DE VILLIERS, H	EGJAN	16.36	639	0	
12	DOUGLAS, NATHAN	GRF	16.41	636	0	
13	GOUWS, KEANO	MONT	16.42	635	0	
14	GROBLER, MARNUS	OMAK	16.54	628	0	
15	COETZEE, CARLO	WTK	16.66	620	0	
16	VISSER, JUAN	MONT	17.24	586	0	
17	SILUAN, ALEXANDER	VOR	18.98	497	0	

Item 76 16:21:00 Final 1 of 3 Boys 15 100m Hurdles 84cm

1	PRETORIUS, HANNES	HELPIE	13.88	835
2	KUNZMAN, HEINZ	MENLO	15.00	736
3	DE VILLIERS, H	EGJAN	16.36	639
4	DOUGLAS, NATHAN	GRF	16.41	636
5	SILUAN, ALEXANDER	VOR	18.98	497

Item 76 16:21:00 Final 2 of 3 Boys 15 100m Hurdles 84cm

1	JOUBERT, LIAM	KES	14.75	755
2	ROOS, FRANCOIS	WTK	15.00	736
3	DIEDERICKS, BART	OMAK	15.53	695
4	DEDEKIND*, LOTHAR	MENLO	15.59	691
5	VAN HEERDEN, RAYMUND	MONT	15.71	682
6	BREDENHAN, MELDON	OMAK	16.23	648
7	COETZEE, CARLO	WTK	16.66	620
8	NGCOBO, ALWANDE	KES	DNS	0

Item 76 16:21:00 Final 3 of 3 Boys 15 100m Hurdles 84cm

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1	NIEMAN, RUAN	MENLO	13.85	838
2	CLOETE, EMILE	GRF	15.25	716
3	GOUWS, KEANO	MONT	16.42	635
4	GROBLER, MARNUS	OMAK	16.54	628
5	VISSER, JUAN	MONT	17.24	586
6	BRESLER, LUAN	WTK	DNS	0
7	VAN JAARVELD, KEAGAN	HELPIE	DNS	0

Item 65 16:09:00 Final Results Girls 16 100m Hurdles

76.2cm

1	NIEMAN, MEGAN	MENLO	13.40	1000	8	G	HMKG24
2	MAREE, MEGAN	GRF	13.84	957	7	S	HMKG24
3	GUNTER, ISABELLA	MONT	14.35	910	6	B	
4	HAMILTON, M	EGJAN	14.87	867	5		
5	BREWIS, BIANCA	WTK	15.05	853	4		
6	CASSANOVES, MATTHEIA	HELPIE	15.60	814	3		
7	DE VILLIERS, LINE	MENLO	15.84	798	2		
8	STEENKAMP, MIA	OMAK	16.26	771	1		
9	MACWIRI , ONEILWE	VOR	16.98	728	0		
10	THAVHANA, R	VOR	17.62	695	0		
11	SHOLTZ, SHELLAINE	MONT	17.66	693	0		

Item 65 16:09:00 Final 1 of 2 Girls 16 100m Hurdles

76.2cm

1	GUNTER, ISABELLA	MONT	14.35	910
2	HAMILTON, M	EGJAN	14.87	867
3	BREWIS, BIANCA	WTK	15.05	853
4	CASSANOVES, MATTHEIA	HELPIE	15.60	814
5	DE VILLIERS, LINE	MENLO	15.84	798
6	MACWIRI , ONEILWE	VOR	16.98	728

Item 65 16:09:00 Final 2 of 2 Girls 16 100m Hurdles

76.2cm

1	NIEMAN, MEGAN	MENLO	13.40	1000			HMKG24
2	MAREE, MEGAN	GRF	13.84	957			HMKG24
3	STEENKAMP, MIA	OMAK	16.26	771			
4	THAVHANA, R	VOR	17.62	695			
5	SHOLTZ, SHELLAINE	MONT	17.66	693			

Item 73 16:12:00 Final Results Girls 17 100m Hurdles

76.2cm

1	BORNMAN, ANKE	WTK	14.25	886	8	G	
2	BOUWER, KARLA	MENLO	14.69	851	7	S	
3	DU PLESSIS, ELME	MENLO	15.41	799	6	B	
4	CASTELYN, ANKE	MONT	16.53	730	5		
5	BELLINGHAM, ALLISON	HELPIE	17.23	691	4		
6	ROUX, MISCKE	OMAK	17.92	657	3		
7	SETHUGA, PHATU	MONT	18.41	634	2		
8	LAMBRECHT, LAYA	HELPIE	18.42	634	1		
9	TROLLIP, LINEZE	MONT	18.65	624	0		
10	MUHAMMED , SHAZNEEN	VOR	23.98	438	0		

Item 73 16:12:00 Final 1 of 2 Girls 17 100m Hurdles

76.2cm

1	BORNMAN, ANKE	WTK	14.25	886
2	CASTELYN, ANKE	MONT	16.53	730
3	BELLINGHAM, ALLISON	HELPIE	17.23	691
4	LAMBRECHT, LAYA	HELPIE	18.42	634
5	TROLLIP, LINEZE	MONT	18.65	624
6	SCHEEPERS, Z	EGJAN	DNS	0
7	SMITH, K	EGJAN	DNS	0

Item 73 16:12:00 Final 2 of 2 Girls 17 100m Hurdles

76.2cm

**Meeting :HELPMKAAR GOUE LIGA
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1	BOUWER, KARLA	MENLO	14.69	851
2	DU PLESSIS, ELME	MENLO	15.41	799
3	ROUX, MISCKE	OMAK	17.92	657
4	SETHUGA, PHATU	MONT	18.41	634
5	MUHAMMED , SHAZNEEN	VOR	23.98	438
6	LOVE, LANA	OMAK	DNS	0

Item 74 16:15:00 Final Results Girls 19 100m Hurdles

84cm

1	RAATH, CESSANDRA	HELPIE	15.30	822	8	G
2	BERG, CHANTRE	WTK	15.53	806	7	S
3	DU PREEZ, CATHLENE	MONT	15.83	787	6	B
4	BOONSTRA, ANIKE	WTK	16.25	760	5	
5	LINDEQUE, K	EGJAN	16.96	719	4	
6	MOSHWEU, TOBI	MONT	17.31	701	3	
7	LE ROUX, ANGELA	MENLO	17.81	675	2	
8	COLLINS, AIMEE	WTK	17.91	670	1	
9	VAN DEN BERG, CHARNE	OMAK	18.89	625	0	
10	DEYSEL, D	EGJAN	19.77	589	0	
11	GELDENHUYS, DANIELLE	GRF	19.90	584	0	
12	BOTHA, SIMONE	OMAK	20.82	549	0	

Item 74 16:15:00 Final 1 of 2 Girls 19 100m Hurdles

84cm

1	DU PREEZ, CATHLENE	MONT	15.83	787
2	BOONSTRA, ANIKE	WTK	16.25	760
3	MOSHWEU, TOBI	MONT	17.31	701
4	LE ROUX, ANGELA	MENLO	17.81	675
5	COLLINS, AIMEE	WTK	17.91	670
6	DEYSEL, D	EGJAN	19.77	589

Item 74 16:15:00 Final 2 of 2 Girls 19 100m Hurdles

84cm

1	RAATH, CESSANDRA	HELPIE	15.30	822
2	BERG, CHANTRE	WTK	15.53	806
3	LINDEQUE, K	EGJAN	16.96	719
4	VAN DEN BERG, CHARNE	OMAK	18.89	625
5	GELDENHUYS, DANIELLE	GRF	19.90	584
6	BOTHA, SIMONE	OMAK	20.82	549

Item 77 16:25:00 Final Results Boys 16 110m Hurdles

84cm

1	GRIESEL, ALEXANDER	WTK	13.33	986	8	G	HMKG24
2	WERNER, MARCELLE	GRF	13.91	915	7	S	
3	BOSCH, ENRIQUE	HELPIE	14.29	874	6	B	
4	VENTER, LUKE	OMAK	14.62	841	5		
5	LUCAS, REGARDT	WTK	14.73	831	4		
6	WESSELS, CULLEM	MENLO	14.77	827	3		
7	BESTER, DANIEL	MONT	15.95	731	2		
8	BOOYSEN, CHRISTIAAN	MONT	16.12	718	1		
9	BURGER, LUAN	GRF	16.20	712	0		
10	MGWATU, ASANALISILE	KES	16.83	670	0		
11	AURET, NICO	MENLO	18.48	574	0		
12	MAPFUMO, MAKARIOS	KES	18.52	572	0		
13	HAIL, T	EGJAN	18.66	565	0		

Item 77 16:25:00 Final 1 of 3 Boys 16 110m Hurdles

84cm

1	GRIESEL, ALEXANDER	WTK	13.33	986			HMKG24
2	BOSCH, ENRIQUE	HELPIE	14.29	874			
3	LUCAS, REGARDT	WTK	14.73	831			
4	WESSELS, CULLEM	MENLO	14.77	827			
5	BOOYSEN, CHRISTIAAN	MONT	16.12	718			



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6 MAPFUMO, MAKARIOS KES 18.52 **572**

Item 77 16:25:00 Final 2 of 3 Boys 16 110m Hurdles 84cm

1	WERNER, MARCELLE	GRF	13.91	915
2	VENTER, LUKE	OMAK	14.62	841
3	BESTER, DANIEL	MONT	15.95	731
4	BURGER, LUAN	GRF	16.20	712
5	MGWATU, ASANALISILE	KES	16.83	670
6	KELBRICK, DANIEL	HELPIE	DNS	0

Item 77 16:25:00 Final 3 of 3 Boys 16 110m Hurdles 84cm

1	AURET, NICO	MENLO	18.48	574
2	HAIL, T	EGJAN	18.66	565
3	NEL, RICO	HELPIE	DNS	0
4	VORSTER, HAYDEN	HELPIE	DNS	0
5	TRYTSMAN, C	EGJAN	DNS	0

Item 78 16:29:00 Final Results Boys 17 110m Hurdles 91.4cm

1	KOTZE, LUCAN	MENLO	14.37	866	8	G
2	BOTHA, ZANRICH	GRF	14.42	861	7	S
3	VAN NIEKERK, XANDER	HELPIE	14.65	839	6	B
4	BLUMFIELD, WILLIAM	KES	14.92	813	5	
5	STANDER, HANNES	WTK	15.11	797	4	
6	DAVIE , BRADLEY	JBHS	16.74	676	3	
7	DREYER, CORNE	OMAK	16.86	668	2	
8	WILLEMSE, CHRISTIN	OMAK	16.98	660	1	
9	RAJCOOMAR, RUWAAD	KES	17.44	632	0	
10	VAN BLOMMESTEIN, PETRI	MONT	17.65	620	0	
11	BREYTENBACH, KEEGAN	OMAK	19.68	516	0	

Item 78 16:29:00 Final 1 of 2 Boys 17 110m Hurdles 91.4cm

1	KOTZE, LUCAN	MENLO	14.37	866
2	VAN NIEKERK, XANDER	HELPIE	14.65	839
3	STANDER, HANNES	WTK	15.11	797
4	DREYER, CORNE	OMAK	16.86	668
5	WILLEMSE, CHRISTIN	OMAK	16.98	660
6	RAJCOOMAR, RUWAAD	KES	17.44	632
7	VAN BLOMMESTEIN, PETRI	MONT	17.65	620
8	KRUGER, M	EGJAN	DNS	0

Item 78 16:29:00 Final 2 of 2 Boys 17 110m Hurdles 91.4cm

1	BOTHA, ZANRICH	GRF	14.42	861
2	BLUMFIELD, WILLIAM	KES	14.92	813
3	DAVIE , BRADLEY	JBHS	16.74	676
4	BREYTENBACH, KEEGAN	OMAK	19.68	516
5	PRESTON, RICO	HELPIE	DNS	0
6	VAN DER MERWE, M	EGJAN	DNS	0
7	MYBURG, STIAAN	HELPIE	DNS	0

Item 79 16:33:00 Final Results Boys 19 110m Hurdles 99.5cm

1	COETZEE, DIRK	MONT	14.77	843	8	G
2	MATEYA, BOITUMELO	KES	15.00	821	7	S
3	COMBRINK, C	EGJAN	16.09	734	6	B
4	LUCAS, CONRAD	WTK	16.76	687	5	
5	KOOPMAN, JAMIE	VOR	17.45	643	4	
6	JANSEN, MARKO	KES	17.92	616	3	
7	PETROWSKI, MICHAEL	OMAK	18.42	588	2	
8	VAN SCHALKWYK, JANCO	GRF	19.50	534	1	

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9 CORBETT, DANIE OMAK 20.62 **484** 0

Item 79 16:33:00 Final 1 of 2 Boys 19 110m Hurdles 99.5cm

1 MATEYA, BOITUMELO KES 15.00 **821**
2 KOOPMAN, JAMIE VOR 17.45 **643**
3 PETROWSKI, MICHAEL OMAK 18.42 **588**
4 CORBETT, DANIE OMAK 20.62 **484**
5 TUNJISAN, TOPE OMAK DNS **0**
6 VAN DEN BERG, DANDRE WTK DNS **0**

Item 79 16:33:00 Final 2 of 2 Boys 19 110m Hurdles 99.5cm

1 COETZEE, DIRK MONT 14.77 **843**
2 COMBRINK, C EGJAN 16.09 **734**
3 LUCAS, CONRAD WTK 16.76 **687**
4 JANSEN, MARKO KES 17.92 **616**
5 VAN SCHALKWYK, JANCO GRF 19.50 **534**
6 GEYER, J EGJAN DNS **0**

Item 20 13:18:00 Final Results Girls 14 300m Hurdles 76.2cm

1 DU TOIT, LENKA HELPIE 0:44.14 **915** 8 G HMKG24
2 KORFF, ROEMAY OMAK 0:45.06 **891** 7 S
3 BURGER, SUNELLE MENLO 0:46.67 **852** 6 B
4 DE BRUYN, LOULENE HELPIE 0:48.42 **815** 5
5 HEYNS, LINSEY MENLO 0:50.34 **777** 4
6 COETZEE, AMORIE HELPIE 0:51.57 **755** 3
7 VON WIELLLIG, JANE MENLO 0:52.63 **736** 2
8 MAHLANGU, MBALI OMAK 0:52.92 **732** 1
8 MARE, MIA WTK 0:52.92 **732** 1
10 JONES, NIKITA MONT 0:53.06 **729** 0
11 BEYLEVELD, ISABEL GRF 0:53.67 **719** 0
12 VAN WYK, RIHETTE GRF 0:54.11 **712** 0
13 IVANOV, KATARINA WTK 0:55.67 **688** 0
14 DE BEER, M EGJAN 0:55.96 **684** 0
15 BARNARD, KAYLA WTK 0:58.24 **652** 0
16 VAN JAARSVELDT, LUMANDIE OMAK 1:03.21 **589** 0
17 NYAWO, AKHONA VOR 1:09.57 **521** 0

Item 20 13:18:00 Final 1 of 3 Girls 14 300m Hurdles 76.2cm

1 KORFF, ROEMAY OMAK 0:45.06 **891**
2 BURGER, SUNELLE MENLO 0:46.67 **852**
3 MARE, MIA WTK 0:52.92 **732**
4 BEYLEVELD, ISABEL GRF 0:53.67 **719**
5 VAN WYK, RIHETTE GRF 0:54.11 **712**
6 BARNARD, KAYLA WTK 0:58.24 **652**
7 NYAWO, AKHONA VOR 1:09.57 **521**

Item 20 13:18:00 Final 2 of 3 Girls 14 300m Hurdles 76.2cm

1 DU TOIT, LENKA HELPIE 0:44.14 **915** HMKG24
2 DE BRUYN, LOULENE HELPIE 0:48.42 **815**
3 VON WIELLLIG, JANE MENLO 0:52.63 **736**
4 DE BEER, M EGJAN 0:55.96 **684**
5 VAN JAARSVELDT, LUMANDIE OMAK 1:03.21 **589**
6 DU PLESSIS, DANIKA MENLO DNS **0**

Item 20 13:18:00 Final 3 of 3 Girls 14 300m Hurdles 76.2cm

1 HEYNS, LINSEY MENLO 0:50.34 **777**
2 COETZEE, AMORIE HELPIE 0:51.57 **755**
3 MAHLANGU, MBALI OMAK 0:52.92 **732**

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4	JONES, NIKITA	MONT	0:53.06	729
5	IVANOV, KATARINA	WTK	0:55.67	688

Item 15 12:58:00 Final Results Boys 14 300m Hurdles

84.0cm

1	DE VILLIERS, JEAN	MENLO	0:42.26	659	8	G
2	MOOLMAN, PG	HELPIE	0:42.72	640	7	S
3	VAN RHYN, TIAAN	GRF	0:43.00	629	6	B
4	MAWELELA, NHLAMULO	MENLO	0:45.10	552	5	
5	HATTINGH, JUAN	HELPIE	0:45.40	542	4	
6	GUNTER, KAI	MONT	0:45.57	536	3	
7	SCHULTZA, LEONHARDT	HELPIE	0:46.61	503	2	
8	SEHLAKE, MOHAU	JBHS	0:46.68	500	1	
9	BADENHORST, RUBEN	WTK	0:48.26	453	0	
10	GROBLER, NIHAN	MONT	0:48.75	439	0	
11	PETERSEN, DIEGO	VOR	0:48.95	433	0	
12	KOTZE, HAROLD	MONT	0:49.12	429	0	
13	BESTER, JOHNATHAN	OMAK	0:53.15	327	0	

Item 15 12:58:00 Final 1 of 2 Boys 14 300m Hurdles

84.0cm

1	MOOLMAN, PG	HELPIE	0:42.72	640
2	HATTINGH, JUAN	HELPIE	0:45.40	542
3	SCHULTZA, LEONHARDT	HELPIE	0:46.61	503
4	BADENHORST, RUBEN	WTK	0:48.26	453
5	GROBLER, NIHAN	MONT	0:48.75	439
6	BESTER, JOHNATHAN	OMAK	0:53.15	327
7	SMIT, LUAN	WTK	DNS	0
8	ERLANK, L	EGJAN	DNS	0

Item 15 12:58:00 Final 2 of 2 Boys 14 300m Hurdles

84.0cm

1	DE VILLIERS, JEAN	MENLO	0:42.26	659
2	VAN RHYN, TIAAN	GRF	0:43.00	629
3	MAWELELA, NHLAMULO	MENLO	0:45.10	552
4	GUNTER, KAI	MONT	0:45.57	536
5	SEHLAKE, MOHAU	JBHS	0:46.68	500
6	PETERSEN, DIEGO	VOR	0:48.95	433
7	KOTZE, HAROLD	MONT	0:49.12	429

Item 19 13:14:00 Final Results Girls 15 300m Hurdles

76.2cm

1	KIRKPATRICK, JANELLE	MENLO	42.57	948	8	G	HMKG24
2	FOURIE, ZIONE	HELPIE	46.76	841	7	S	
3	VAN JAARSVELDT, DEONE	MENLO	48.12	812	6	B	
4	BOSMAN, MELANDI	MENLO	48.35	808	5		
5	GROBBELAAR, KIARA	WTK	48.73	800	4		
6	YOUNG, HANNAH	GRF	49.80	779	3		
7	VAN NIEKERK, HAYLEE	WTK	49.92	777	2		
8	RAUTENBACH, MIRE	HELPIE	50.07	774	1		
9	JORDAAN, MICHANE	HELPIE	50.48	766	0		
10	VAN DE MERWE, KAYLA	MONT	50.71	762	0		
11	JACOBS, ELNIKA	MONT	51.21	753	0		
12	FIELD, ANGELIQUE	MONT	51.54	747	0		
13	ODENDAAL, KARA-ANN	GRF	53.92	708	0		
14	SCHUTTE, A	EGJAN	53.97	707	0		
15	BIELDT, KIARA	OMAK	57.81	651	0		
16	MOKGOTHU, ORORISENG	VOR	62.85	587	0		

Item 19 13:14:00 Final 1 of 3 Girls 15 300m Hurdles

76.2cm

1	KIRKPATRICK, JANELLE	MENLO	42.57	948	HMKG24
2	VAN JAARSVELDT, DEONE	MENLO	48.12	812	

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3	BOSMAN, MELANDI	MENLO	48.35	808
4	GROBBELAAR, KIARA	WTK	48.73	800
5	JACOBS, ELNIKA	MONT	51.21	753
6	MOKGOTHU, ORORISENG	VOR	62.85	587

Item 19 13:14:00 Final 2 of 3 Girls 15 300m Hurdles 76.2cm

1	FOURIE, ZIONE	HELPIE	46.76	841
2	YOUNG, HANNAH	GRF	49.80	779
3	ODENDAAL, KARA-ANN	GRF	53.92	708
4	SCHUTTE, A	EGJAN	53.97	707
5	BIELDT, KIARA	OMAK	57.81	651
6	GINDRA, CHANTINAY	OMAK	DNS	0

Item 19 13:14:00 Final 3 of 3 Girls 15 300m Hurdles 76.2cm

1	VAN NIEKERK, HAYLEE	WTK	49.92	777
2	RAUTENBACH, MIRE	HELPIE	50.07	774
3	JORDAAN, MICHANE	HELPIE	50.48	766
4	VAN DE MERWE, KAYLA	MONT	50.71	762
5	FIELD, ANGELIQUE	MONT	51.54	747
6	GALETTI, NICOLE	OMAK	DNS	0

Item 14 12:54:00 Final Results Boys 15 300m Hurdles 84cm

1	JONK, CIAN	HELPIE	40.96	726	8	G
2	NIEMAN, RUAN	MENLO	40.99	724	7	S
3	PRETORIUS, HANNES	HELPIE	41.74	690	6	B
4	ROOS, FRANCOIS	WTK	42.20	670	5	
5	VAN DEN BERG, RUBEN	MENLO	43.25	628	4	
6	DIPPENAAR, LUAN	WTK	43.71	610	3	
7	BUYS, STIAAN	MONT	44.71	574	2	
8	STRYDOM, WANRE	OMAK	44.79	571	1	
9	SHONIWA, SHUNGU	KES	45.02	563	0	
10	VAN DER WESTHUIZEN, DAWID	MONT	46.68	508	0	
11	GROBLER, MARNUS	OMAK	46.88	501	0	
12	DIEDERICKS, BART	OMAK	47.00	498	0	
13	HITGE, MORNE	MONT	47.51	482	0	
14	NEL, MARCK	MENLO	48.23	461	0	
15	DOUGLAS, NATHAN	GRF	50.20	406	0	

Item 14 12:54:00 Final 1 of 3 Boys 15 300m Hurdles 84cm

1	ROOS, FRANCOIS	WTK	42.20	670
2	VAN DEN BERG, RUBEN	MENLO	43.25	628
3	DIPPENAAR, LUAN	WTK	43.71	610

Item 14 12:54:00 Final 2 of 3 Boys 15 300m Hurdles 84cm

1	SHONIWA, SHUNGU	KES	45.02	563
2	VAN DER WESTHUIZEN, DAWID	MONT	46.68	508
3	GROBLER, MARNUS	OMAK	46.88	501
4	DIEDERICKS, BART	OMAK	47.00	498
5	HITGE, MORNE	MONT	47.51	482
6	NEL, MARCK	MENLO	48.23	461

Item 14 12:54:00 Final 3 of 3 Boys 15 300m Hurdles 84cm

1	JONK, CIAN	HELPIE	40.96	726
2	NIEMAN, RUAN	MENLO	40.99	724
3	PRETORIUS, HANNES	HELPIE	41.74	690
4	BUYS, STIAAN	MONT	44.71	574
5	STRYDOM, WANRE	OMAK	44.79	571
6	DOUGLAS, NATHAN	GRF	50.20	406

Item 17 13:05:00 Final Girls 16 400m Hurdles 76.2cm

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1	NIEMAN, MEGAN	MENLO	1:00.44	965	8	G	HMKG24
2	DE VILLIERS, LINE	MENLO	1:01.17	950	7	S	HMKG24
3	BREWIS, BIANCA	WTK	1:07.21	842	6	B	
4	STEENKAMP, MIA	OMAK	1:10.07	800	5		
5	ELS, NINA	HELPIE	1:10.83	790	4		
6	BOTES, JUANE	HELPIE	1:10.95	788	3		
7	PRINSLOO, ANE	WTK	1:13.68	753	2		
8	SHOLTZ, SHELLAINE	MONT	1:16.19	723	1		

Item 13 12:50:00 Final Results Boys 16 400m Hurdles 84cm

1	LUCAS, REGARDT	WTK	0:55.39	814	8	G	
2	KELBRICK, DANIEL	HELPIE	0:56.90	757	7	S	
3	VORSTER, HAYDEN	HELPIE	0:57.43	739	6	B	
4	SCHUTTE, LIAM	WTK	0:58.78	695	5		
5	TRYTSMAN, C	EGJAN	1:00.03	657	4		
6	KLEYN, DIEDERICK	KES	1:00.69	638	3		
7	BHUDA, MICHAEL	OMAK	1:01.27	622	2		
8	KARSTEN, SETH	GRF	1:04.58	538	1		
9	HAIL, T	EGJAN	1:06.43	496	0		
10	SNYDERT, AIDEN	MONT	1:09.40	435	0		

Item 13 12:50:00 Final 1 of 2 Boys 16 400m Hurdles 84cm

1	LUCAS, REGARDT	WTK	0:55.39	814			
2	KELBRICK, DANIEL	HELPIE	0:56.90	757			
3	VORSTER, HAYDEN	HELPIE	0:57.43	739			
4	KLEYN, DIEDERICK	KES	1:00.69	638			
5	KARSTEN, SETH	GRF	1:04.58	538			
6	HAIL, T	EGJAN	1:06.43	496			
7	MXHALISA, ONTHATILE	KES	DNS	0			
8	BASSON, LUDWIG	HELPIE	DNS	0			

Item 13 12:50:00 Final 2 of 2 Boys 16 400m Hurdles 84cm

1	SCHUTTE, LIAM	WTK	0:58.78	695			
2	TRYTSMAN, C	EGJAN	1:00.03	657			
3	BHUDA, MICHAEL	OMAK	1:01.27	622			
4	SNYDERT, AIDEN	MONT	1:09.40	435			
5	NEL, RICO	HELPIE	DNS	0			
6	CRAFFORD, WILLEM	MONT	DNS	0			
7	DU TOIT, BERN	MENLO	DNS	0			

Item 18 13:10:00 Final Results Girls 17 400m Hurdles 76.2cm

1	VD BERG*, ZIANE	MENLO	1:09.20	806	8	G	
1	CASTELYN, ANKE	MONT	1:09.20	806	8	G	
3	LOVE, LANA	OMAK	1:14.59	736	6	B	
3	STANDER, LIANDI	WTK	1:14.59	736	6	B	
5	ERNST, LINELL	WTK	1:14.69	735	4		
5	WEIDEMANN, BIANCHA	HELPIE	1:14.69	735	4		
7	LOUW, LIA	VOR	1:15.21	729	2		
7	DU PLESSIS, M	EGJAN	1:15.21	729	2		

Item 18 13:10:00 Final 1 of 2 Girls 17 400m Hurdles 76.2cm

1	VD BERG*, ZIANE	MENLO	1:09.20	806			
2	STANDER, LIANDI	WTK	1:14.59	736			
3	WEIDEMANN, BIANCHA	HELPIE	1:14.69	735			
4	DU PLESSIS, M	EGJAN	1:15.21	729			

Item 18 13:10:00 Final 2 of 2 Girls 17 400m Hurdles 76.2cm

1	CASTELYN, ANKE	MONT	1:09.20	806			
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2	LOVE, LANA	OMAK	1:14.59	736		
3	ERNST, LINELL	WTK	1:14.69	735		
4	LOUW, LIA	VOR	1:15.21	729		

Item 12 12:45:00 Final Results Boys 17 400m Hurdles

84cm

1	MYBURG, STIAAN	HELPIE	0:51.43	977	8	G	HMKG24
2	BADENHORST, ANDREAS	HELPIE	0:58.63	684	7	S	
3	VAN BLOMMESTEIN, PETRI	MONT	0:59.30	663	6	B	
4	LABUSCHAGNE, RUBEN	WTK	1:00.31	634	5		
5	WEIDEMAN, DUWAN	HELPIE	1:00.50	629	4		
6	PRESTON, RICO	HELPIE	1:00.73	622	3		
7	WILLEMSE, CHRISTIN	OMAK	1:01.35	606	2		
8	FOURIE, JEAN	MONT	1:01.72	596	1		
9	DREYER, CORNE	OMAK	1:03.92	541	0		
10	VAN WYNGAARDT, R	EGJAN	1:05.15	512	0		
11	ROUX, RUBEN	MONT	1:05.25	510	0		
12	MKHANDAWIRI, SHAUN	VOR	1:07.60	459	0		

Item 12 12:45:00 Final 1 of 2 Boys 17 400m Hurdles

84cm

1	BADENHORST, ANDREAS	HELPIE	0:58.63	684		
2	VAN BLOMMESTEIN, PETRI	MONT	0:59.30	663		
3	LABUSCHAGNE, RUBEN	WTK	1:00.31	634		
4	FOURIE, JEAN	MONT	1:01.72	596		
5	DREYER, CORNE	OMAK	1:03.92	541		
6	VAN WYNGAARDT, R	EGJAN	1:05.15	512		
7	ROUX, RUBEN	MONT	1:05.25	510		

Item 12 12:45:00 Final 2 of 2 Boys 17 400m Hurdles

84cm

1	MYBURG, STIAAN	HELPIE	0:51.43	977			HMKG24
2	WEIDEMAN, DUWAN	HELPIE	1:00.50	629			
3	PRESTON, RICO	HELPIE	1:00.73	622			
4	WILLEMSE, CHRISTIN	OMAK	1:01.35	606			
5	MKHANDAWIRI, SHAUN	VOR	1:07.60	459			
6	SMITH, TAEALYN	MENLO	DNS	0			
7	BOTHA, D	EGJAN	DNS	0			

Item 16 13:02:00 Final Results Girls 19 400m Hurdles

76.2cm

1	LOOTS, ZANE	MENLO	1:06.19	839	8	G
2	RAATH, CESSANDRA	HELPIE	1:06.27	837	7	S
3	BERG, CHANTRE	WTK	1:07.85	814	6	B
4	LINDEQUE, K	EGJAN	1:12.24	754	5	
5	VAN BREDA, THANE	MONT	1:19.54	671	4	

Item 16 13:02:00 Final 1 of 2 Girls 19 400m Hurdles

76.2cm

1	LOOTS, ZANE	MENLO	1:06.19	839		
2	RAATH, CESSANDRA	HELPIE	1:06.27	837		
3	BERG, CHANTRE	WTK	1:07.85	814		
4	TALJARD, KATHLEEN	OMAK	DNS	0		
5	VD BERG*, Z	MENLO	DNS	0		

Item 16 13:02:00 Final 2 of 2 Girls 19 400m Hurdles

76.2cm

1	LINDEQUE, K	EGJAN	1:12.24	754		
2	VAN BREDA, THANE	MONT	1:19.54	671		
3	DEYSEL, D	EGJAN	DNS	0		
4	SLABBERT, M	EGJAN	DNS	0		

Item 3 12:40:00 Final Results Boys 19 400m Hurdles

91.4cm

1	RIEKERT, RYNO	MENLO	0:56.89	764	8	G
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2	COMBRINK, C	EGJAN	0:59.97	664	7	S
3	LUCAS, CONRAD	WTK	1:00.63	645	6	B
4	KOOPMAN, JAMIE	VOR	1:03.40	571	5	
5	JANSEN, MARKO	KES	1:03.73	563	4	
6	KEUN, ANDRU	MENLO	1:06.10	508	3	
6	TUNJISAN, TOPE	OMAK	1:06.10	508	3	
8	PIETERSON, D	EGJAN	1:06.22	505	1	
9	VENTER, JOHN-HIGGS	HELPIE	1:07.76	472	0	

Item 3 12:40:00 Final 1 of 2 Boys 19 400m Hurdles 91.4cm

1	COMBRINK, C	EGJAN	0:59.97	664		
2	LUCAS, CONRAD	WTK	1:00.63	645		
3	JANSEN, MARKO	KES	1:03.73	563		
4	TUNJISAN, TOPE	OMAK	1:06.10	508		
5	VENTER, JOHN-HIGGS	HELPIE	1:07.76	472		

Item 3 12:40:00 Final 2 of 2 Boys 19 400m Hurdles 91.4cm

1	RIEKERT, RYNO	MENLO	0:56.89	764		
2	KOOPMAN, JAMIE	VOR	1:03.40	571		
3	KEUN, ANDRU	MENLO	1:06.10	508		
4	PIETERSON, D	EGJAN	1:06.22	505		

Item 49 15:20:00 Final Girls 14 HighJump

1	SCHOLTZ, MALISHA	MONT	1.45	630	8	G
2	VAN EEDEN, C	EGJAN	1.40	570	7	S
2	FOURIE, JOHANÉ	GRF	1.40	570	7	S
2	VAN NIEKERK, ANIKA	HELPIE	1.40	570	7	S
5	DE BRUYN, LOULENE	HELPIE	1.40	570	4	
6	MARAIS, LIENKA	MONT	1.35	500	3	
6	MARE, MIA	WTK	1.35	500	3	
8	DE BEER, KAYLEE	MENLO	1.35	500	1	
9	BARAGWANATH, ANRI	WTK	1.35	500	0	
10	ROBINSON, KATELIN	MENLO	1.35	500	0	
11	LUBBE, NELIZE	GRF	1.35	500	0	
12	PHELADI, MAJI	MENLO	1.30	440	0	
12	NEL, C	EGJAN	1.30	440	0	

Item 50 15:20:00 Final Boys 14 HighJump

1	ROOS, JORDAN	MENLO	1.70	700	8	G
2	NWIGWE, HARRY	KES	1.65	640	7	S
3	LIEBENBERG, ROEDOLF	MENLO	1.60	590	6	B
4	COETZEE, ULRICH	HELPIE	1.60	590	5	
5	VAN DEN BERG, GIDEON	MONT	1.55	530	4	
6	KRIEK, ENRU	MENLO	1.55	530	3	
7	VAN DER MERWE, E	EGJAN	1.50	470	2	
7	JANNEKE, PIETER	WTK	1.50	470	2	
7	LANSDELL, JOSH	KES	1.50	470	2	
10	JOHANNES, LUAN	HELPIE	1.50	470	0	
11	ENGELBRECHT, DEHAN	MONT	1.45	410	0	
11	TOREIN, CARTER	JBHS	1.45	410	0	
13	PRETORIUS, CARLO	HELPIE	1.45	410	0	
14	ERLANK, L	EGJAN	1.45	410	0	
15	ENGELBRECHT, JAIDON	MONT	1.45	410	0	
16	COETZER, DYLAN	OMAK	1.40	360	0	
16	KRUGER, MALAN	WTK	1.40	360	0	
16	BLIGNAUT, DIAN	GRF	1.40	360	0	
16	DE WAAL, LEON	GRF	1.40	360	0	

Item 81 17:00:00 Final Girls 15 HighJump

**Meeting :HELPMEEKAAR GOUE LIGA
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1	VAN JAARSVELDT, DEONE	MENLO	1.50	660	8	G
1	BEZUIDENHOUT, MULAN	HELPIE	1.50	660	8	G
3	FIELD, ANGELIQUE	MONT	1.50	660	6	B
4	VERMUELEN, TALISHA	EGJAN	1.45	600	5	
4	KLOPPER, MIEKE	GRF	1.45	600	5	
6	VAN STADEN, MELINDA	HELPIE	1.45	600	3	
7	JACOBS, ELNIKA	MONT	1.40	540	2	
8	GALLOWAY, SHAE	OMAK	1.40	540	1	
9	V NIEKERK, CLARISE	MENLO	1.35	470	0	
9	POFFAAN, L	EGJAN	1.35	470	0	
9	PHYFER, BIANCA	GRF	1.35	470	0	
9	PRETORIUS, SEUNE	HELPIE	1.35	470	0	
13	VERMAAK, KAYLA	MONT	1.35	470	0	
14	JANSE VAN VUUREN, KYLA	WTK	1.35	470	0	
14	DU PREEZ, MIKAYLA	WTK	1.35	470	0	
16	BOTHA, AMELIA	OMAK	1.35	470	0	
17	HERBST, DENISE	MONT	1.30	410	0	
17	HANEKOM, EMMA	WTK	1.30	410	0	

Item 82 17:00:00 Final Boys 15 HighJump

1	KASEKE, OLE	JBHS	1.75	700	8	G
2	BARNARD, KYLE	KES	1.70	650	7	S
3	ROODT, AIDEN	MENLO	1.70	650	6	B
4	LABUSCHAGNE, CULLEN	KES	1.65	600	5	
5	RAPPAR, VICTOR	OMAK	1.60	540	4	
5	DU BOIS, WALTER	OMAK	1.60	540	4	
7	CLARK, TROY	MONT	1.60	540	2	
8	HUSSELMAN, FELIX	HELPIE	1.60	540	1	
9	GROENEWALD, STEFAN	GRF	1.60	540	0	
10	GRIESSEL, JEAN - PIERRE	MENLO	1.55	480	0	
11	CLOETE, EMILE	GRF	1.55	480	0	
12	BEUKES, JAYDEN	EGJAN	1.55	480	0	
13	VERMEULEN, PIETER	MONT	1.50	430	0	
14	MEYER, KIAN	GRF	1.50	430	0	
15	STORM, IVAN	OMAK	1.50	430	0	
16	WENTZEL, VICTOR	MENLO	1.45	370	0	
16	HATTINGH, ERIK	WTK	1.45	370	0	
16	LEIBRANDT, ALEXANDER	HELPIE	1.45	370	0	
19	MOHAMED, SHAAHEEN	VOR	1.40	310	0	

Item 21 13:30:00 Final Girls 16 HighJump

1	DU PLESSIS, LISA	GRF	1.60	750	8	G
2	MULLER, MIA	MENLO	1.60	750	7	S
3	FERREIRA, MEGAN	OMAK	1.50	630	6	B
4	GREYLING, JOANE	HELPIE	1.50	630	5	
5	JONKER, TALIA	MENLO	1.45	570	4	
5	VAN ECK, ARUSTHA	MONT	1.45	570	4	
7	VAN DER NEST, ESTE-ANN	MONT	1.45	570	2	
8	BARNARDT, IZELLE	WTK	1.40	500	1	
9	SCHEEPERS, K	EGJAN	1.40	500	0	
10	BREDELL, GABBY	MONT	1.40	500	0	
11	VAN ROOYEN, JESSICA	MENLO	1.35	440	0	
12	JEFFERY, KATELYNNE	OMAK	1.35	440	0	
13	COSYN, CARLA	HELPIE	1.30	380	0	
14	GREYLIN, XANTHE	HELPIE	1.30	380	0	
14	VEENEMANS, LEAH	GRF	1.30	380	0	

Item 22 13:30:00 Final Boys 16 HighJump

**Meeting :HELPMEEKAAR GOUE LIGA
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1	STEENKAMP, MARINUS	MENLO	1.85	760	8	G
2	VAN DER WESTHUIZEN, FRANK	MONT	1.80	710	7	S
3	HERBST, JADEN	GRF	1.80	710	6	B
4	FAUL, CARTER	KES	1.75	660	5	
5	MC CREAMER, RYAN	OMAK	1.65	550	4	
6	VAN DER NEST, N	EGJAN	1.60	500	3	
6	BREYTENBACH, W	EGJAN	1.60	500	3	
6	LUBBE, CHRISTIAAN	OMAK	1.60	500	3	
9	MULLER, LOGAN	WTK	1.60	500	0	
10	VAN DEN BERG, ROGAN	HELPIE	1.60	500	0	
11	BARNARD, DECLAN	WTK	1.55	440	0	
11	DE KLERK, ZAK	HELPIE	1.55	440	0	
13	POTGIETER, SW	GRF	1.55	440	0	
14	BARNETT*, PAUL	MENLO	1.55	440	0	
15	FRANCIS, COLLIN	MONT	1.50	380	0	
15	BOOYSEN, CHRISTIAAN	MONT	1.50	380	0	
15	STIGLINGH, ETIENNE	WTK	1.50	380	0	
18	VELLEMA, ANRU	WTK	1.45	330	0	
18	MADIKANE, UNAM	GRF	1.45	330	0	

Item 4 12:40: Final Girls 17 HighJump

1	BOSHOFF, MIA	HELPIE	1.55	670	8	G
2	MARITZ, MORGAN	HELPIE	1.55	670	7	S
3	DU PLESSIS, ELME	MENLO	1.45	550	6	B
4	HANEKOM, CHANTAL	MENLO	1.45	550	5	
5	THOMAS, MEGAN	WTK	1.45	550	4	
6	STANDER, LIANDI	WTK	1.40	480	3	
7	LAMBRECHT, LAYA	HELPIE	1.40	480	2	
8	FERREIRA, MAVILDA	MENLO	1.40	480	1	
8	KRUGER, CARLA	GRF	1.40	480	1	
10	STEYN, LEA	EGJAN	1.30	360	0	
11	WALTERS, EULELA	MONT	1.30	360	0	

Item 5 12:40: Final Boys 17 HighJump

1	SMITH, TAEALYN	MENLO	1.95	830	8	G
2	VAN WYK, WILLIE	GRF	1.95	830	7	S
3	RHIND, DANIE	WTK	1.85	720	6	B
4	STANDER, HANNES	WTK	1.75	620	5	
5	BOTES, JADEN	WTK	1.75	620	4	
6	PIETERSEN, DILAN	KES	1.75	620	3	
7	DE KLERK, ZAK	HELPIE	1.75	620	2	
8	KENYON, JAMES	KES	1.75	620	1	
9	BOTHA, MARTIENS	MONT	1.70	570	0	
10	RAJCOOMAR, RUWAAD	KES	1.65	510	0	
11	NEL, RICO	HELPIE	1.65	510	0	
12	GROBLER, RECO	MENLO	1.60	460	0	
12	MEYER, RONAN	MONT	1.60	460	0	
12	MAFORA, VALENTINO	VOR	1.60	460	0	
15	JOUBERT, RAWAIN	MENLO	1.60	460	0	
16	NKOSI, SIPHO	VOR	1.55	410	0	
16	BEZUIDENHOUT, JORDAN	GRF	1.55	410	0	

Item 37 14:30: Final Girls 19 HighJump

1	SCHORN, KAYLEE	WTK	1.50	570	8	G
2	BERG, CHANTRE	WTK	1.50	570	7	S
3	CONRADIE, ALTJE	MONT	1.45	510	6	B
4	VAN DER BERG, ZIANÉ	MENLO	1.45	510	5	



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4	RESENTE, NICOLA	WTK 1.45	510	5
4	OOSTHUIZEN, KAYLA	GRF 1.45	510	5
7	BOOYSEN, LEAH	MONT 1.45	510	2
7	TALJARD, KATHLEEN	OMAK 1.45	510	2
7	LOMBAARD, AMY-LEE	HELPIE 1.45	510	2
10	VERMAAK, TEAGAN	WTK 1.45	510	0
11	SWARTS, DANIKE	GRF 1.40	450	0
12	NEL, CHADE	OMAK 1.40	450	0
13	MALHERBE, GENEVIEVE	WTK 1.40	450	0

Item 38 14:30:00 Final Boys 19 HighJump

1	NEL, J	EGJAN 1.85	660	8	G
2	EASTHORPE, JOSHUA	KES 1.75	560	7	S
3	BURGER, RIKUS	WTK 1.75	560	6	B
4	BOSHOFF, SAREL	OMAK 1.70	510	5	
5	BLOM, JADON	WTK 1.70	510	4	
6	VAN DEVENTER, KIAAN	GRF 1.65	450	3	
7	BRONKHORST, KYLE	MONT 1.60	400	2	
7	VAN WYK, NEHAN	MONT 1.60	400	2	
9	RETIEF, ADRIAN	GRF 1.60	400	0	
10	LOMBARD, MATEO	MENLO 1.60	400	0	
10	LENABA, INNOCENT	VOR 1.60	400	0	
12	THEUNISSEN, K	EGJAN 1.55	350	0	
13	CORBETT, DANIE	OMAK 1.50	290	0	
13	ALBUTT, CJ	WTK 1.50	290	0	

Item 108 18:50:00 Final Girls 14 LongJump

1	BURGER, SUNELLE	MENLO 5.16	783	8	G
2	ELS, DEMI	MONT 4.73	616	7	S
3	PRINSLOO, ABIGAIL	MENLO 4.71	608	6	B
4	SCHOLTZ, MALISHA	MONT 4.69	600	5	
5	VILJOEN, LENE	HELPIE 4.60	568	4	
6	HERBST, ROE-CHELLE	GRF 4.51	530	3	
7	VAN DER NEST, RUCHELLE	WTK 4.39	484	2	
8	DU PREEZ, NIKA	GRF 4.36	470	1	
9	BADENHORST, RENE	WTK 4.33	460	0	
10	HARDING, ANICA	WTK 4.31	452	0	
11	SMUTS, ELLE	HELPIE 4.27	436	0	
12	VAN ROOYEN, MIKAYLA	OMAK 4.24	424	0	
12	KRUGER, CARLI	HELPIE 4.24	424	0	
14	VON WIELLLIG, JANE	MENLO 4.22	415	0	
15	COETZEE, LUA	MENLO 4.18	400	0	
16	CASANOVES, TAYLEM	HELPIE 4.03	340	0	
17	BUCKLE, L	EGJAN 3.98	316	0	
18	JANSE VAN RENSBURG, AMORÉ	GRF 3.92	292	0	
19	DU PLOOY, MIEKE	WTK 3.81	246	0	
20	SWART, DANE	MONT 3.80	243	0	
21	DE BEER, M	EGJAN 3.74	216	0	

Item 109 18:50:00 Final Boys 14 LongJump

1	DE VILLIERS, JEAN	MENLO 5.79	726	8	G
2	MOOLMAN, PG	HELPIE 5.35	580	7	S
3	SIBANYONI, SIYA	JBHS 5.24	540	6	B
4	MEIJ, ARIEL	HELPIE 5.23	536	5	
5	NWIGWE, HARRY	KES 5.20	526	4	
6	CRONJE, DIANVO	MONT 5.16	513	3	
7	HATTINGH, JUAN	HELPIE 5.15	510	2	

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8	TOPPER, QUADE	WTK 5.02	466	1
9	MODIMOLA, MAHLATSI	OMAK 5.01	463	0
10	ROOS, DIAAN	GRF 4.97	448	0
11	VAN DYK, AYDEN	MENLO 4.94	436	0
12	VAN DER MERWE, E	EGJAN 4.82	396	0
13	VENTER, TIAAN	MONT 4.81	393	0
14	GREBE, MATTHEW	WTK 4.57	308	0
15	BADENHORST, RUBEN	WTK 4.55	300	0
16	OLVER, WIAN	KES 4.50	283	0
17	MAZIBUKO, NKANYISO	KES 4.43	256	0
18	SEHLAKE, MOHAU	JBHS 4.07	124	0

Item 6 12:40:00 Final Girls 15 LongJump

1	DU PLOOY, CHANTE	WTK 5.31	780	8	G
2	FOURIE, ZIONE	HELPIE 5.19	733	7	S
3	GROBBELAAR, KIARA	WTK 5.03	676	6	B
4	VAN WYK, VERONIQUE	WTK 5.00	664	5	
5	KIRKPATRICK, JANELLE	MENLO 4.95	645	4	
6	FIELD, ANGELIQUE	MONT 4.85	608	3	
7	OOSTHUYSEN, JENEVIEVE	GRF 4.69	546	2	
8	GUMEDE, SIBONGISENI	VOR 4.67	540	1	
9	PIENAAR, NIKA	MENLO 4.65	530	0	
10	SMITH, RAGAB	MONT 4.44	450	0	
11	CRONJE, JOLENE	OMAK 4.34	410	0	
12	HONG, GABRIELLA	HELPIE 4.27	384	0	
12	POFFAAN, L	EGJAN 4.27	384	0	
14	VERMAAK, CHINIQUE	HELPIE 4.21	360	0	
15	THEUNISSEN, ALLENÉ	GRF 4.19	353	0	
16	RAUTENBACH, MIRE	HELPIE 4.17	345	0	
17	HUMAN, MICHELLE	OMAK 3.74	168	0	
18	VD BERG, MIEKE	MENLO 3.72	160	0	

Item 7 12:40:00 Final Boys 15 LongJump

1	KUNZMAN, HEINZ	MENLO 6.02	726	8	G
2	BEUKES, KAIDEN	MENLO 6.00	720	7	S
3	ELS, KEAGAN	HELPIE 5.99	716	6	B
4	VAN JAARVELD, KEAGAN	HELPIE 5.95	703	5	
5	MKHIZE, MOHAU	JBHS 5.77	646	4	
6	CLOETE, EMILE	GRF 5.63	600	3	
7	MARAIS, DEVON	MONT 5.60	590	2	
8	PIETERSE, JOSH	WTK 5.58	583	1	
9	MORRIS, JAYDEN	GRF 5.48	553	0	
9	LOMBARD, PIERRE	GRF 5.48	553	0	
9	BARNARD, KYLE	KES 5.48	553	0	
12	FOLSCHER, NATHAN	WTK 5.41	530	0	
13	BEUKES, JAYDEN	EGJAN 5.27	483	0	
14	CRUYWAGEN, MIKO	HELPIE 5.22	466	0	
15	THOMAS, GABRIEL	JBHS 5.18	453	0	
16	STRYDOM, WANRE	OMAK 5.17	450	0	
17	DE WET, LUAN	OMAK 5.13	436	0	
18	LOUW, R	EGJAN 5.10	426	0	
19	HANEKOM, MICHAEL	KES 4.97	383	0	
20	GROBLER, LUKE	HELPIE 4.83	333	0	
21	AINSLEY, TRISTAN	EGJAN 4.74	303	0	
22	MBE, MONDESIR	KES 4.69	286	0	

Item 66 16:10:00 Final Girls 16 LongJump

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1	VENTER, MEGAN	WTK	5.66	853	8	G
2	BREWIS, BIANCA	WTK	5.26	710	7	S
3	SMIT*, ALIAH	MENLO	5.17	676	6	B
4	VAN STADEN, ZOE	MENLO	5.12	660	5	
5	FERREIRA, MEGAN	OMAK	4.96	600	4	
6	VAN ECK, ARUSTHA	MONT	4.83	552	3	
7	VAN DER NEST, ESTE-ANN	MONT	4.66	488	2	
8	SCHEEPERS, K	EGJAN	4.60	466	1	
9	BREYTENBACH, TELANA	OMAK	4.56	452	0	
10	VAN DER WATH, ALETTA	GRF	4.33	364	0	
11	DELPORT, A	EGJAN	4.26	336	0	
12	VAN WYK, KARLA	OMAK	4.15	292	0	
13	BLIGNAUT, NARUSCKA	GRF	3.98	224	0	
14	ELS, NINA	HELPIE	3.46	12	0	
15	COSYN, CARLA	HELPIE	3.30	0	0	

Item 67 16:10:00 Final Boys 16 LongJump

1	MATLALA, KWENA	KES	6.12	694	8	G
2	VAN ASWEGEN, DECLAN	GRF	5.98	650	7	S
3	TWALA, NTSUMI	KES	5.89	623	6	B
4	AURET, NICO	MENLO	5.82	600	5	
5	HUGO, FRANCO	OMAK	5.71	566	4	
6	FOURIE, JUANTES	MONT	5.55	516	3	
7	DU PLESSIS, ROALD	HELPIE	5.46	486	2	
8	MALOBOLA, NTANDO	GRF	5.22	410	1	
8	PHIRI, NALEDI	KES	5.22	410	1	
10	SUMMERS, DIVAN	OMAK	5.20	403	0	
11	PRINSLOO, PHILIP	OMAK	5.16	390	0	
12	RALEWEDZHA, PRINCE	KES	5.05	353	0	
13	VELLEMA, ANRU	WTK	4.96	323	0	
14	UZOUKWA, CHISOM	VOR	4.13	36	0	
15	SEHLOHO, LUYANDA	VOR	4.07	16	0	

Item 51 15:20:00 Final Girls 17 LongJump

1	THEUNISSEN, MIGNONNE	HELPIE	5.33	690	8	G
2	DIRKER, NIHKE	HELPIE	5.23	653	7	S
3	DAVIS, CHRYSTABEL	WTK	5.02	580	6	B
4	ROUX, MISCKE	OMAK	4.78	492	5	
5	WEIDEMANN, BIANCHA	HELPIE	4.73	473	4	
6	HERMAN, E	EGJAN	4.58	416	3	
7	GRUNDLINGH, MARELIE	GRF	4.40	350	2	
8	NEL, VINE	MONT	4.35	332	1	
9	ROSSEAU, GEMMA	WTK	4.30	312	0	
10	LOUW, HANNAH	VOR	4.25	292	0	
11	HORN, KIARA	GRF	4.21	276	0	
12	BARKLEY, K	EGJAN	4.20	273	0	
13	FOURIE, NOVA-LEE	HELPIE	4.13	246	0	
14	TROLLIP, LINEZE	MONT	4.05	216	0	
15	MKWANAZI, R	EGJAN	3.86	140	0	
16	ORILEY, KYLIE	OMAK	3.69	72	0	
17	BOTHANG, PABALELO	VOR	3.53	4	0	
17	KUUN, AMBER	OMAK	3.53	4	0	

Item 95 17:50:00 Final Boys 17 LongJump

1	JOUBERT, RIGHARDT	GRF	6.95	888	8	G
2	DE KLERK, HANNO	WTK	6.83	853	7	S
3	VAN NIEKERK, XANDER	HELPIE	6.64	796	6	B



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4	BOTHA, MARTIENS	MONT 6.60	783	5
5	STANDER, HANNES	WTK 6.43	734	4
6	JOUBERT, JUAN	MENLO 6.00	603	3
7	GOUWS, JOSHUA	GRF 5.93	583	2
8	THAVHANA, DAVID	VOR 5.90	573	1
9	SWART, RYAN	MONT 5.73	520	0
10	MENDRIANO, ABRAHAMS	MENLO 5.71	514	0
11	LETSIE , PHANO	JBHS 5.68	505	0
12	DIESEL, J	EGJAN 5.57	470	0
13	NKOSI, SIPHO	VOR 5.51	453	0
14	RADEMEYER, CHRISTIAAN	HELPIE 5.45	433	0
15	HECTOR, L	EGJAN 5.41	420	0
16	MAFORA, VALENTINO	VOR 5.35	403	0
17	SWEENEY, TYLER	KES 5.23	363	0
18	ZOWITSKI, DIVAN	OMAK 5.20	353	0
19	KHUZWAYO, MHLengi	JBHS 5.00	290	0
20	MEYER, RONAN	MONT 4.94	270	0
21	MASHININI, SIPHIWE	KES 4.61	160	0

Item 23 13:30:00 Final Girls 19 LongJump

1	LOOTS, ZANE	MENLO 5.25	590	8	G
2	PIENAAR, KEIRA	HELPIE 5.14	553	7	S
3	DE BEER, ARETHA	OMAK 5.01	506	6	B
4	BADENHORST, AMORE	WTK 4.99	500	5	
5	SADLER, ZANÉ	GRF 4.97	493	4	
6	REEVES, KAYLA	WTK 4.86	453	3	
7	LOMBAARD, AMY-LEE	HELPIE 4.72	403	2	
8	BERG, CHANTRE	WTK 4.71	400	1	
9	STEENKAMP, JANA	OMAK 4.47	313	0	
10	VAN TONDER, WILMARIE	MONT 4.41	292	0	
11	VAN DEN BERG, CHARNE	OMAK 4.40	288	0	
12	BESTER, MARUZAAN	GRF 4.39	284	0	
13	BOTHA, YUNKE	MONT 4.20	212	0	
14	DE WET, MELISSA	MENLO 3.48	0	0	

Item 24 13:30:00 Final Boys 19 LongJump

1	BOSHOFF, SAREL	OMAK 7.05	825	8	G
2	MURRAY, SHANE	WTK 6.80	755	7	S
3	MATSHUANE, SANDILE	MENLO 6.22	587	6	B
4	VAN STADEN, R	EGJAN 6.21	585	5	
5	MAKWANYANE, THANDO	KES 5.98	517	4	
6	VERWEY, JUANDRE	HELPIE 5.93	502	3	
7	TRUTER, HENRE	WTK 5.85	480	2	
8	LENABA, INNOCENT	VOR 5.77	454	1	
9	VAN DER WESTHUIZEN, SETH	HELPIE 5.72	440	0	
10	VENTER, JEANDRE	OMAK 5.66	422	0	
11	SCHUTTE, BRAAM	MONT 5.60	403	0	
12	CHUMMIE, JOSHUA	VOR 5.60	403	0	
13	LOMBARD, MATEO	MENLO 5.56	391	0	
14	RETIEF, ADRIAN	GRF 5.49	370	0	
15	DU PLOOY, JANU	GRF 5.38	336	0	
16	THEUNISSEN, K	EGJAN 5.35	326	0	
17	SCHOEMAN, HENDREW	MONT 5.15	265	0	
18	KEUN, ANDRU	MENLO 4.46	43	0	
19	DE VILLIERS, MARQ	MONT 3.57	0	0	

Item 52 15:20:00 Final Boys 17 TripleJump

11m

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1	DE KLERK, HANNO	WTK	14.84	915	8	G
2	STANDER, HANNES	WTK	13.39	710	7	S
3	VAN NIEKERK, XANDER	HELPIE	12.62	598	6	B
4	KINLOCH, JAYDEN	KES	12.25	545	5	
5	LETSIE , PHANO	JBHS	12.20	538	4	
6	ATTERBURY, NICO	EGJAN	11.70	464	3	
7	LUBBE, CHRISTIAAN	OMAK	11.36	414	2	
8	RADEMEYER, CHRISTIAAN	HELPIE	11.31	406	1	
9	DE FLAMINGH, ENRIQUE	MONT	11.30	405	0	
10	KENYON , JAMES	KES	11.21	391	0	
11	BOTHA, HENDRE	MONT	11.11	376	0	
12	FABER, LINCON	GRF	11.06	369	0	
13	MEINTJES, JP	GRF	10.72	316	0	
14	LEUSCHNER, TRISTAN	MONT	10.71	315	0	
15	MAFORE, VALENTINO	VOR	10.67	309	0	
16	HOLLAND, LEHAN	WTK	10.50	283	0	
17	GONCALVES, KEL	EGJAN	10.30	251	0	
18	VAN DER MERWE, W	EGJAN	09.61	143	0	

Item 68 16:10:00 Final Girls 19 TripleJump

11m

1	THEUNISSEN, MIGNONNE	HELPIE	11.71	768	8	G	HMKG24
2	DE KLERK, HEIKE	WTK	11.53	738	7	S	HMKG24
3	DAVIS, CHRYSTABEL	WTK	11.31	701	6	B	HMKG24
4	BADENHORST, AMORE	WTK	10.92	636	5		
5	SMIT, ALIAH	MENLO	10.59	580	4		
6	DIRKER, NIHKE	HELPIE	10.36	540	3		
7	WEIDEMANN, BIANCHA	HELPIE	10.23	518	2		
8	TALJARD, KATHLEEN	OMAK	10.19	510	1		
9	CRAVEN, TENEAL	MENLO	10.15	503	0		
10	DU PLOOY, CHANTE	WTK	10.14	501	0		
11	DU PREEZ, CATHLENE	MONT	09.91	462	0		
12	ROUX, MISCHKE	OMAK	09.90	460	0		
13	DIPPENAAR, KIARA	OMAK	09.64	415	0		
14	BOTHA, YUNKE	MONT	09.42	376	0		
15	VAN TONDER, WILMARIE	MONT	09.31	356	0		
16	HAVENGA, ANNABELLE	GRF	09.03	305	0		
17	VAN DEN BERG, CHARNE	OMAK	08.65	236	0		
18	TROLLIP, LINEZE	MONT	08.44	198	0		
19	VD BERG, MIEKE	MENLO	08.43	196	0		

Item 96 17:50:00 Final Boys 19 TripleJump

13m

1	LOMBARD, MATEO	MENLO	12.96	590	8	G
2	MAKWANYANE, THANDO	KES	12.03	458	7	S
3	VENTER, JEANDRE	OMAK	11.76	420	6	B
4	SCHUTTE, BRAAM	MONT	11.49	380	5	
5	KEUN, ANDRU	MENLO	11.37	362	4	
6	DU PLOOY, JANU	GRF	11.22	340	3	
7	NEL, DELAREY	MONT	10.94	298	2	
8	DE VILLIERS, MARQ	MONT	10.60	248	1	

Item 71 16:10:00 Final Girls 14 Shotput

3kg

1	DU PLESSIS, ROLINE	MENLO	13.18	905	8	G
2	HANEKOM, IVANKE	MENLO	13.11	902	7	S
3	VISSER, CHEMICKE	WTK	11.71	846	6	B
4	MOUTON, DANIKA	HELPIE	10.16	778	5	
5	DU PLOOY, MILLA	HELPIE	09.82	762	4	
6	LEE, LE ROUX	MENLO	09.79	760	3	

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7	JACOBSON, TAMMY	MONT	09.47	745	2
8	DU TOIT, ABBY	WTK	09.42	743	1
9	OOSTHUIZEN, LUMARI	OMAK	09.27	736	0
10	DU PLESSIS, CARLI	GRF	09.22	733	0
11	GOUWS, LYLA	WTK	08.94	719	0
12	NEL, C	EGJAN	08.81	712	0
13	BARTLE, R	EGJAN	08.80	712	0
14	JANSE VAN RENSBURG, AMORÉ	GRF	08.56	700	0
15	JORDAAN, TANYA	GRF	08.51	697	0
16	ROOS, DANIKA	MONT	08.41	692	0
17	GREYLING, ANCHE	HELPIE	08.21	681	0
18	EHLERS, ANZEL	OMAK	08.00	670	0
19	MOWBRAY, I	EGJAN	07.91	665	0
20	MARAIS, LIENKA	MONT	07.81	659	0
21	HATTINGH, SUMARI	OMAK	07.57	646	0
22	EBERE, CHIAMAKA	VOR	06.87	604	0
23	THOBEJANE, NTHABELENG	VOR	06.54	584	0

Item 72 16:10:00 Final Boys 14 Shotput

4kg

1	NEL, JEAN-SCHALK	MONT	13.97	797	8	G
2	COETZEE, MARKUS	OMAK	13.93	795	7	S
3	DE BRUIN, JANO	GRF	12.90	745	6	B
4	VENTER, LE ROUX	EGJAN	12.63	732	5	
5	HATTINGH, WESSEL	HELPIE	12.48	724	4	
6	HATTINGH, HARDUS	WTK	11.96	697	3	
7	DU PLESSIS, B	EGJAN	11.90	694	2	
8	FOURIE, JEAN - PAUL	MENLO	11.60	678	1	
9	PRETORIUS, RAWDON	KES	11.23	659	0	
10	WAGENER, KEEGAN	GRF	11.11	652	0	
11	RAMETSI, SEBAKE	JBHS	11.05	649	0	
12	MCLAREN, MJ	MENLO	11.04	648	0	
13	LOTTERING, RUAN	HELPIE	10.74	632	0	
14	MEYER, IZAK	MONT	10.66	627	0	
15	BERNOT, SEBASTIAN	HELPIE	10.27	605	0	
16	DE WAAL, MJ	WTK	10.19	601	0	
17	RHEEDERS, RUDU	MENLO	10.17	600	0	
18	DE WAAL, PHILIP	WTK	10.12	597	0	
19	KGASI, APIWE	KES	10.02	591	0	
20	WOLMARANS, R	EGJAN	09.96	588	0	
21	MCLAREN, CHASE	JBHS	09.71	573	0	
22	DU PLESSIS, ESPE	HELPIE	09.48	559	0	
23	MAJOZI, ANOTHE	JBHS	08.81	518	0	
24	JORDAAN, ALEXANDER	OMAK	08.54	500	0	
25	MOTHLATSWI, KARABO	VOR	05.64	282	0	
26	RADEMEYER, LATHAN	VOR	04.20	140	0	

Item 41 14:30:00 Final Girls 15 Shotput

3kg

1	FOURIE, DANIELLA	MENLO	14.24	930	8	G
2	VERMUELEN, TALISHA	EGJAN	13.53	903	7	S
3	NEL, DOMINIQUE	HELPIE	13.29	894	6	B
4	SNIJDERS, SHILOH	MENLO	13.13	888	5	
5	BULOZE, JEANETTE	WTK	11.13	807	4	
6	GERRITSEN, SHANNA	MONT	11.08	805	3	
7	VAN DER MERWE, LUANIE	MONT	10.78	792	2	
8	VAN BAALLEN, MARLEEN	MONT	10.57	783	1	
9	MARÉ, ANÉ	GRF	10.37	774	0	
10	JANSEN, NIMARI	WTK	10.26	769	0	

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11	DU PREEZ, SILKE	WTK	10.04	759	0
12	JANSE VAN RENSBURG, SURIKA	GRF	09.98	756	0
13	LIEBENBERG, MIEKE	HELPIE	09.85	750	0
14	VAN DEN HEEVER, JUHNE	WTK	09.81	748	0
15	SCHOLTZ, ABIGAIL	OMAK	09.73	745	0
16	VAN ZYL, LEANDRI	MONT	09.38	728	0
17	BOTHA, E	EGJAN	09.31	724	0
18	JANSEN VAN VUUREN, NINA	MENLO	09.26	722	0
19	KOEKEMOER, ANNE-MIEKE	GRF	09.18	718	0
20	ALDERSON, AMORE	OMAK	08.95	707	0
21	MOJALEFE, CATHERINE	VOR	06.41	563	0
22	MOCWIRI, ONEILWE	VOR	06.28	555	0

Item 42 14:30:00 Final Boys 15 Shotput

4kg

1	VAN DYK, JACO	MENLO	21.04	1000	8	G	HMKG24
2	SWART, REINHARDT	MONT	15.83	875	7	S	
3	HENNING, JANU	HELPIE	15.70	870	6	B	
4	WILLIAMS, D	EGJAN	15.69	869	5		
5	SCHLEBUSCH, DEWAN	WTK	15.44	858	4		
6	DE KLERK, ANTON	MENLO	15.13	844	3		
7	VAN WYK, LOHAN	MONT	13.73	780	2		
8	VAN TONDER, NIEL	OMAK	13.03	746	1		
9	PITZER, LOGAN	HELPIE	12.90	740	0		
10	SWART, JUAN	WTK	12.77	733	0		
11	DU PLESSIS, PW	HELPIE	12.61	725	0		
12	PUTTER, ZACK	OMAK	12.53	721	0		
13	ARNOLD, GUSTUS	WTK	12.27	708	0		
14	DU PLOOY, N	EGJAN	12.00	694	0		
15	MKHIZE , MOHAU	JBHS	11.91	690	0		
16	HATTINGH, REINHARDT	MONT	11.47	666	0		
17	TONI, LEANDRO	KES	11.04	643	0		
18	BEUKES, MORNÉ	GRF	11.03	643	0		
19	VENTER, JD	GRF	10.92	637	0		
20	JERLING, C	EGJAN	10.79	630	0		
21	MNGONI , NKATEKO	JBHS	10.73	626	0		
22	VAN DYK, ZANDRE	OMAK	10.07	589	0		
23	BRITS, BENJAMIN	MONT	09.81	574	0		

Item 27 13:30:00 Final Girls 16 Shotput

3kg

1	LAMPRECHT, JOHANNE	MONT	15.37	958	8	G	HMKG24
2	SMITH, GIZELLE	MENLO	12.60	854	7	S	
3	GREY, TWANEY	HELPIE	12.36	845	6	B	
4	SCHUTTE, SYMHONE	HELPIE	11.85	824	5		
5	PIENAAR, ZOE	WTK	10.89	784	4		
6	VILJOEN, LIANE	OMAK	10.69	776	3		
7	BOTHA, LILLY MAE	GRF	10.62	772	2		
8	COETZER, MONIQUE	GRF	10.43	764	1		
9	PRETORIUS, LUME	WTK	10.35	760	0		
10	THEOLOGO, SHELBY	OMAK	10.27	757	0		
11	SMIT, LIANE	MENLO	10.16	752	0		
12	DU PREEZ, Z	EGJAN	10.14	751	0		
13	BOTHA, J	EGJAN	09.99	744	0		
14	KRUYSHAAR, JANIKE	GRF	09.79	735	0		
15	SWART, MILANE	MONT	09.75	733	0		
16	CRAVEN, TENEAL	MENLO	09.71	731	0		
17	KLOPPER, MARTELIZE	MONT	09.56	724	0		
18	DE KLERK, MARIKE	WTK	09.26	710	0		

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19	TERBLANCHE, M	EGJAN	09.11	702	0
19	SLABBERT, JANE	HELPIE	09.11	702	0
21	VAN DYK, MIANE	OMAK	08.02	646	0

Item 11 12:40:00 Final Boys 16 Shotput

5kg

1	FERREIRA, DAYLAN	HELPIE	15.56	844	8	G
2	GERBER, JOSHUA	MENLO	14.44	794	7	S
3	VIVIERS, GERHARD	WTK	14.40	792	6	B
4	POTGIETER, SW	GRF	13.90	769	5	
5	SCHUTTE, JUANDRÉ	GRF	13.83	766	4	
6	DUVENHAGE, REINHARD	WTK	13.52	751	3	
7	STEWART, JADEN	GRF	12.65	709	2	
8	KINGHORN, KYLE	HELPIE	12.45	700	1	
9	DU PLESSIS, ROALD	HELPIE	12.36	695	0	
10	HERHOLDT, HENDRO	MONT	12.31	693	0	
11	SMITH, TYRONE	EGJAN	11.53	653	0	
12	AVIS, WILLIAM	KES	11.34	643	0	
13	VORSTER, BRADLEY	KES	11.11	630	0	
14	OGIDI, SOCHI	KES	11.00	624	0	
15	DU PREEZ, RUDOLPH	EGJAN	10.86	617	0	
16	DE KLERK, JOHN	MONT	10.80	613	0	
17	BISHOFF, TADEN	EGJAN	10.79	613	0	
18	FIELD, DEAN	MENLO	10.77	612	0	
19	NAUDE, PHILLIP	HELPIE	10.70	608	0	
20	JONES, CALVIN	OMAK	10.65	605	0	
21	FOURIE, JUANTES	MONT	10.57	601	0	
22	KOLARIK, OLIVER	KES	10.18	579	0	
23	GOUWS, ESTIAN	OMAK	09.74	553	0	
24	DE JAGER, CHRIS	OMAK	09.71	551	0	
25	LAWRENCE, BRYTON	VOR	09.61	545	0	
26	MURPHY, IZAK	MENLO	09.58	544	0	
27	DLAMINI, KENYA	KES	07.93	440	0	
28	UZOUKWA, CHISOM	VOR	06.93	368	0	
29	MUSEKWA, WANANI	VOR	06.86	363	0	
30	SEHLOHO, LUYANDA	VOR	05.95	290	0	

Item 10 12:40:00 Final Girls 17 Shotput

3kg

1	JANSE VAN RENSBURG, MERLE	MENLO	14.18	901	8	G
2	CLETUS-OKOLO, FORTUNE	WTK	14.08	897	7	S
3	VENTER, KAYLIN	HELPIE	12.06	821	6	B
4	DE JONGH, TENEAL	HELPIE	11.45	796	5	
5	VILJOEN, JANIKE	MENLO	10.76	767	4	
6	BLANCHÉ, MIGNON	GRF	10.66	762	3	
7	J V VUUREN, ANNELE	MENLO	10.08	737	2	
8	DE CLERK, INGE	MONT	10.02	734	1	
9	HORN, KIARA	GRF	09.97	732	0	
10	COETZEE, SANDRI	HELPIE	09.85	726	0	
11	NEL, VINE	MONT	09.78	723	0	
12	VAN ASWEGEN, RUNE	EGJAN	09.77	723	0	
13	MYBURGH, CARMIE	WTK	09.39	705	0	
14	MARE, ZANI	GRF	09.31	701	0	
15	BARNARD, VERONIQUE	OMAK	09.12	692	0	
16	WALTER, CAITLIN	OMAK	08.78	675	0	
17	VENTER, JANA	MONT	08.77	675	0	
18	KRYNAUW, MIA	OMAK	08.61	667	0	
19	MKWANAZI, R	EGJAN	08.28	650	0	
20	MNCUBE, NTKOZO	VOR	06.10	522	0	



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21 POPOYI, AMANDA VOR 05.84 **504** 0

Item 28 13:30:00 Final Boys 17 Shotput

5kg

1	SENEKAL, ERIK	MENLO 18.53	966	8	G
2	SWANEPOEL, CHRIS	MENLO 17.93	940	7	S
3	NEL, KEANU	HELPIE 16.49	879	6	B
4	JOUBERT, ROAN	OMAK 14.88	809	5	
5	BOSHOFF, TIAAN	MENLO 14.50	792	4	
6	VAN DER MERWE, JEANDRE	HELPIE 13.72	756	3	
7	DE JAGER, LOURENZ	GRF 13.69	755	2	
8	THERON, BRENTEN	WTK 12.88	716	1	
9	BRANFORD, BRENDON	GRF 12.55	700	0	
10	VAN DER MERWE, M	EGJAN 12.51	698	0	
11	CAETANO, DIEGO	JBHS 12.39	692	0	
12	JORDAAN, DEVAN	KES 12.36	691	0	
13	BARNARD, ADRIAAN	KES 12.23	684	0	
14	BARNARD, BARRY	OMAK 11.67	655	0	
15	BOTHA, DIANDRO	HELPIE 11.60	652	0	
16	BORSJE, LIAM	MONT 11.57	650	0	
17	POTGIETER, TIAAN	WTK 11.53	648	0	
18	DU TOIT, JC	EGJAN 11.20	631	0	
19	GERBER, ULRICH	OMAK 11.15	628	0	
20	BOTHA, JP	GRF 10.60	598	0	
21	KRUGER, M	EGJAN 10.11	570	0	
22	BARNARD, LUAN	MONT 09.17	515	0	
23	KUNENE, ROFIWA	VOR 07.16	382	0	

Item 56 15:20:00 Final Girls 19 Shotput

4kg

1	NEL, ASHLYNN	MENLO 13.36	917	8	G	HMKG24
2	LOEDOLFF, CHIRSTE	MENLO 12.17	870	7	S	=HMKG24
3	PIENAAR, KEIRA	HELPIE 12.04	864	6	B	
4	GELDENHUYS, MONIQUE	OMAK 11.03	822	5		
5	SYMENS, KAYLEE	HELPIE 09.71	762	4		
6	VAN SCHALKWYK, LISA	WTK 09.60	757	3		
7	JOKANI, ANABELLE	GRF 08.89	722	2		
8	ROODT, LUME	OMAK 08.85	720	1		
9	BRITS, KAYLEY	MENLO 08.84	719	0		
10	DE BEER, KYLA	MONT 08.66	710	0		
11	HARPER, CARLI	WTK 08.26	688	0		
12	MARITZ, DANIELLE	GRF 08.16	683	0		
13	NGWENYA, ANGELA	VOR 07.16	626	0		
14	COETZEE, MONIQUE	WTK 07.12	624	0		
15	BEER, ELZAAN	GRF 06.29	572	0		

Item 57 15:20:00 Final Boys 19 Shotput

6kg

1	STEVENS, TIAAN	MONT 16.47	877	8	G
2	AMADI, CHINEDU	KES 16.39	873	7	S
3	VAN WYK, LEO	GRF 15.31	827	6	B
4	BASSON, OWEN	OMAK 14.66	798	5	
5	MOWBRAY, SLADE	EGJAN 14.00	768	4	
6	ERASMUS, AIDAN	MENLO 13.90	763	3	
7	BOSHOFF, TIAAN	MENLO 13.35	738	2	
8	SCHOEMAN, HENDREW	MONT 11.84	663	1	
9	DELPORT, NATHAN	EGJAN 11.59	650	0	
10	KNUPPLE, BRENNAN	JBHS 11.47	644	0	
11	CORY, JAYDEN	WTK 11.45	643	0	
12	VOGES, ZACH	GRF 11.28	634	0	

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13	BRONKHORST, KYLE	MONT	11.16	627	0
14	DU RANDT, HANNES	HELPIE	10.96	616	0
15	MAFU, NKOSENHLE	KES	10.90	613	0
16	OLKERS, KEVIN	HELPIE	10.82	609	0
17	PRINS, KENNETH	KES	10.74	604	0
18	NIENABER, LUAN	OMAK	10.63	598	0
19	GROTIUS, GUSTAV	HELPIE	10.49	591	0
20	COLLET, RAYNER	MENLO	10.17	573	0
21	BOTHA, JAYDON	OMAK	09.91	558	0
22	HARWOOD, JULLIAN	KES	09.40	528	0
23	MADATT, COLE	VOR	09.37	526	0
24	MULEA, ROFHIWA	KES	08.38	464	0
25	LEBEPE, MOHAU	VOR	08.02	440	0
26	CHIRANDU, ANESU	VOR	07.50	405	0

Item 98 17:50:00 Final Girls 14 Discus

1kg

1	DU PLESSIS, AVAH	MONT	36.84	897	8	G
2	DU PLESSIS, ROLINE	MENLO	33.94	851	7	S
3	VISSER, CHEMICKE	WTK	26.79	724	6	B
4	MOUTON, DANIKA	HELPIE	23.73	663	5	
5	ROOS, DUANE	MONT	23.40	656	4	
6	DE BRUIN, SONJA	WTK	22.28	632	3	
7	STRYDOM, LISA	MENLO	21.66	618	2	
8	EHLERS, ANZEL	OMAK	20.72	597	1	
9	MOWBRAY, I	EGJAN	20.63	595	0	
9	VAN ZYL, NICOLA	GRF	20.63	595	0	
11	NEL, C	EGJAN	20.22	585	0	
12	GREYLING, ANCHE	HELPIE	19.84	576	0	
13	ANGUS, CARA	HELPIE	19.34	564	0	
14	STEYN, LEANDI	HELPIE	18.50	543	0	
15	JACOBSON, TAMMY	MONT	18.20	536	0	
16	HATTINGH, SUMARI	OMAK	17.87	527	0	
17	MARITZ, KARLI	GRF	17.44	516	0	

Item 1 12:00:00 Final Boys 14 Discus

1kg

1	HATTINGH, HARDUS	WTK	48.96	838	8	G
2	DE BRUIN, JANO	GRF	43.83	772	7	S
3	VENTER, LE ROUX	EGJAN	42.70	757	6	B
4	VENTER, JUAN	MENLO	42.66	757	5	
5	MCLAREN, MJ	MENLO	42.22	751	4	
6	WOLMARANS, R	EGJAN	36.65	671	3	
7	COETZEE, MARKUS	OMAK	35.47	653	2	
8	RHEEDERS, RUDU	MENLO	35.39	652	1	
9	LAMPRECHT, PIETER	MONT	32.85	612	0	
10	BOROKO, KHANYA	JBHS	31.57	591	0	
11	DE WAAL, MJ	WTK	31.32	587	0	
12	MEYER, IZAK	MONT	30.64	575	0	
13	WAGENER, KEEGAN	GRF	30.41	571	0	
14	HATTINGH, WESSEL	HELPIE	29.64	558	0	
15	ESTERHUIZEN, JANCO	HELPIE	29.41	554	0	
16	JV RENSBURG, HENNO	HELPIE	28.56	539	0	
17	RALL, BISMARCK	HELPIE	27.73	524	0	
18	MAJOZI, ANOTHE	JBHS	27.60	522	0	
19	LOTTERING, RUAN	HELPIE	25.18	476	0	
20	DE LANGE, ROGAN	GRF	25.01	473	0	
21	GERMUSHUIZEN, WIAN	OMAK	24.41	461	0	
22	RAMETSI, SEBAKE	JBHS	24.31	459	0	

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23	DUBE, LWANDLE	VOR	20.06	367	0
24	MURPHY, LEVI	OMAK	19.14	345	0

Item 110 18:50: Final Girls 15 Discus

1kg

1	SNIJDERS, SHILOH	MENLO	36.14	869	8	G
2	JACOBS, CAROLI	WTK	31.26	789	7	S
3	JANSE VAN RENSBURG, SURIKA	GRF	30.32	773	6	B
4	VAN ZYL, LEANDRI	MONT	29.97	767	5	
5	VAN BAALEN, MARLEEN	MONT	26.77	708	4	
6	KOEKEMOER, ANNE-MIEKE	GRF	26.39	701	3	
7	GERRITSEN, SHANNA	MONT	25.77	689	2	
8	NEL, DOMINIQUE	HELPIE	25.54	685	1	
9	POTGIETER, ANZEL	MENLO	24.88	672	0	
10	DU PREEZ, SILKE	WTK	24.15	657	0	
11	JANSEN, NIMARI	WTK	23.94	653	0	
12	ROODT, MARIZAAN	MONT	23.60	646	0	
13	VILJOEN, SURITHA	HELPIE	22.23	616	0	
14	ALDERSON, AMORE	OMAK	21.18	593	0	
15	SCHOLTZ, ABIGAIL	OMAK	20.82	585	0	
16	KRUGER, J	EGJAN	20.71	582	0	
17	TOERIEN, MARIHETTE	GRF	20.32	573	0	
18	COETSEE, A	EGJAN	17.27	498	0	
19	MOJALEFE, CATHERINE	VOR	17.18	496	0	
20	MOCWIRI, ONEILWE	VOR	14.45	419	0	

Item 25 13:30: Final Boys 15 Discus

1kg

1	VAN DYK, JACO	MENLO	59.34	950	8	G	HMKG24
2	SCHLEBUSCH, DEWAN	WTK	53.47	881	7	S	
3	HENNING, JANU	HELPIE	50.91	851	6	B	
4	WILLIAMS, D	EGJAN	49.95	839	5		
5	DE KLERK, ANTON	MENLO	48.85	826	4		
6	BEUKES, MORNÉ	GRF	48.47	821	3		
7	PUTTER, ZACK	OMAK	43.57	758	2		
8	HATTINGH, REINHARDT	MONT	42.39	742	1		
9	SWART, REINHARDT	MONT	41.45	730	0		
10	LOOTS, FRANCO	GRF	38.00	681	0		
11	KOEKEMOER, M	EGJAN	37.91	680	0		
12	VAN WYK, LOHAN	MONT	36.05	652	0		
13	ARNOLD, GUSTUS	WTK	35.31	641	0		
14	VAN DYK, ZANDRE	OMAK	35.00	636	0		
15	PITZER, LOGAN	HELPIE	34.90	635	0		
16	HONIBAL, JADEN	MENLO	34.56	629	0		
17	QHU, KHUMO	JBHS	32.73	600	0		
18	JERLING, C	EGJAN	30.57	565	0		

Item 8 12:40: Final Girls 16 Discus

1kg

1	LAMPRECHT, JOHANNE	MONT	42.47	948	8	G
2	PRETORIUS, LUME	WTK	34.36	825	7	S
3	KRUYSHAAR, JANIKE	GRF	30.92	768	6	B
4	KLOPPER, MARTELIZE	MONT	30.24	757	5	
5	SMITH, GIZELLE	MENLO	29.86	750	4	
6	SWART, MILANE	MONT	29.64	746	3	
7	ORSMOND, JENICKE	WTK	28.01	717	2	
8	SMITH, VERUSCHA	GRF	27.97	716	1	
9	LIEBENBERG, MIEKE	HELPIE	27.73	712	0	
10	THEOLOGO, SHELBY	OMAK	26.85	696	0	
11	GREY, TWANEY	HELPIE	26.74	693	0	



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12	VAN DYK, MIANE	OMAK	25.62	672	0
13	DE KLERK, MARIKE	WTK	25.38	667	0
14	SWANEPOEL, A	EGJAN	22.83	615	0
15	SLABBERT, JANE	HELPIE	22.27	603	0
16	DE WET, LIANE	MENLO	17.81	499	0

Item 54 15:20:00 Final Boys 16 Discus

1.5kg

1	GERBER, JOSHUA	MENLO	55.53	936	8	G
2	STEWART, JADEN	GRF	45.54	811	7	S
3	FERREIRA, DAYLAN	HELPIE	45.34	808	6	B
4	DUVENHAGE, REINHARD	WTK	40.18	738	5	
5	FIELD, DEAN	MENLO	38.31	711	4	
6	KINGHORN, KYLE	HELPIE	36.98	691	3	
7	POTGIETER, SW	GRF	35.45	668	2	
8	SMITH, TYRONE	EGJAN	34.22	649	1	
9	VIVIERS, GERHARD	WTK	33.93	644	0	
10	GERBER, ALEX	GRF	33.33	634	0	
11	NAUDE, PHILLIP	HELPIE	32.70	624	0	
12	MURPHY, IZAK	MENLO	31.05	596	0	
13	DE KLERK, JOHN	MONT	30.45	586	0	
14	MEIRING, JOCK	OMAK	28.65	555	0	
15	HERHOLDT, HENDRO	MONT	27.55	535	0	
16	AFONSO, DIEGO	KES	27.53	534	0	
17	OGUNLADE, AYOMIDE	KES	25.72	500	0	
18	DU PREEZ, RUDOLPH	EGJAN	25.72	500	0	
19	BISHOFF, TADEN	EGJAN	25.27	491	0	
20	KOLARIK, OLIVER	KES	25.04	486	0	
21	GOUWS, ESTIAN	OMAK	24.89	483	0	
22	LAWRENCE, BRYTON	VOR	23.71	460	0	
23	POTGIETER, EDWAN	OMAK	18.44	340	0	

Item 122 19:40:00 Final Girls 17 Discus

1kg

1	CLETUS-OKOLO, FORTUNE	WTK	43.53	946	8	G
2	JANSE VAN RENSBURG, MERLE	MENLO	42.32	928	7	S
3	VILJOEN, JANIKE	MENLO	33.84	802	6	B
4	VORSTER, HELENE	MENLO	32.83	786	5	
5	VENTER, KAYLIN	HELPIE	29.71	733	4	
6	BEUKES, ZENEY	HELPIE	25.50	656	3	
7	MAREE, ELANE	HELPIE	23.58	618	2	
8	MALAN, DANIKA	MONT	22.20	589	1	
9	SMITH, K	EGJAN	22.05	586	0	
10	WILKINSON, MELENI	MONT	22.00	585	0	
11	DE CLERK, INGE	MONT	21.04	563	0	
12	SWART, COLETTE	WTK	20.38	548	0	
13	VAN STADEN, TIANA	GRF	19.95	539	0	
14	KRYNAUW, MIA	OMAK	18.87	513	0	
15	VAN DEVENTER, LARISSA	GRF	18.49	504	0	
16	BIERMAN, DANIELLE	OMAK	16.36	449	0	
17	MNCUBE, NTKOZO	VOR	12.71	340	0	

Item 39 14:30:00 Final Boys 17 Discus

1.5kg

1	SENEKAL, ERIK	MENLO	55.45	922	8	G
2	SWANEPOEL, CHRIS	MENLO	50.23	860	7	S
3	PILLMAN, HANRE	HELPIE	47.61	827	6	B
4	VAN DER MERWE, JEANDRE	HELPIE	46.64	815	5	
5	JORDAAN, DEVAN	KES	44.57	788	4	
6	NEL, KEANU	HELPIE	43.69	776	3	



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7	VAN DEN BERG, JEAN	WTK	41.38	745	2
8	JOUBERT, ROAN	OMAK	40.02	725	1
9	BRITZ, RUAN	OMAK	38.73	707	0
10	FOURIE, JJ	GRF	37.98	696	0
11	POTGIETER, TIAAN	WTK	37.84	694	0
12	DE JAGER, LOURENZ	GRF	36.42	673	0
13	BARNARD, ADRIAAN	KES	35.86	664	0
14	MEYER, LUCA	KES	35.57	660	0
15	BOTHA, JP	GRF	34.72	647	0
16	STOOP, JAAP	MENLO	32.20	606	0
17	KRUGER, M	EGJAN	31.89	601	0
18	MANS, PHILLIP	WTK	31.37	593	0
19	BORSJE, LIAM	MONT	28.58	544	0
20	PRETORIUS, BERNT	MONT	28.52	543	0
21	DU TOIT, JC	EGJAN	26.63	508	0
22	KAHUMUZA, KEVIN	KES	24.33	464	0
23	ROOS, PARIS	KES	24.00	457	0

Item 83 17:00:00 Final Girls 19 Discus

1kg

1	LOEDOLFF, CHIRSTE	MENLO	45.22	937	8	G
2	NEL, ASHLYNN	MENLO	40.79	876	7	S
3	PIENAAR, KEIRA	HELPIE	37.72	833	6	B
4	GELDENHUYS, MONIQUE	OMAK	31.67	740	5	
5	SYMENS, KAYLEE	HELPIE	31.60	738	4	
6	DE BEER, KYLA	MONT	28.57	687	3	
7	VAN SCHALKWYK, LISA	WTK	28.00	677	2	
8	ROODT, LUME	OMAK	26.13	642	1	
9	COETZEE, MONIQUE	WTK	24.63	614	0	
10	VERMAAK, TEAGAN	WTK	23.61	593	0	
11	BRITS, KAYLEY	MENLO	22.90	579	0	
12	NELL, ASHTYN	GRF	21.83	556	0	
13	PRETORIUS, KYLIE	MONT	21.66	553	0	
14	JOKANI, ANABELLE	GRF	21.15	542	0	
15	JOUBERT, LUCINDA	MONT	16.88	440	0	

Item 69 16:10:00 Final Boys 19 Discus

1.75kg

1	STEVENS, TIAAN	MONT	53.66	956	8	G
2	ERASMUS, AIDAN	MENLO	49.78	905	7	S
3	AMADI, CHINEDU	KES	44.51	836	6	B
4	BASSON, OWEN	OMAK	43.44	821	5	
5	MADATT, COLE	VOR	36.62	721	4	
6	DE BEER, JANDRE	OMAK	36.27	716	3	
7	VAN WYK, LEO	GRF	33.74	676	2	
8	COETZEE, RUAN	WTK	32.32	652	1	
9	PRINS, KENNETH	KES	32.05	647	0	
10	GROTIUS, GUSTAV	HELPIE	31.36	636	0	
11	HARWOOD, JULLIAN	KES	30.90	628	0	
12	SCHEEPERS, DIETER	MONT	30.71	624	0	
13	VAN SCHALKWYK, JANCO	GRF	29.89	610	0	
14	ENGELBRECHT, QUINTON	KES	29.60	605	0	
15	KNUPPLE, BRENNAN	JBHS	27.05	558	0	
16	STONE, ANTHONY	HELPIE	26.39	545	0	
17	OLKERS, KEVIN	HELPIE	25.83	534	0	
18	VAN DER MADE, AIDEN	MONT	23.46	486	0	
19	LEBEPE, MOHAU	VOR	22.40	463	0	
20	PRETORIUS, KEAGAN	MENLO	21.94	453	0	

Item 2 12:00:00 Final Girls 14 Javelin

500g

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1	VAN ZYL, NICOLA	GRF	31.67	696	8	G
2	DU PLESSIS, AVAH	MONT	31.47	693	7	S
3	BARNES, ASHLEIGH	WTK	31.06	685	6	B
4	LEE, LE ROUX	MENLO	28.71	639	5	
5	JANSEN VAN VUUREN, NINA	MENLO	27.84	621	4	
6	VILJOEN, LENE	HELPIE	27.20	608	3	
7	VAN DYK, JENORIE	WTK	27.18	608	2	
8	ENDLEY, DENE	WTK	26.03	583	1	
9	HATTINGH, SUMARI	OMAK	23.81	534	0	
10	SMITH, MILA	HELPIE	23.77	533	0	
11	NEL, ARIANA	GRF	23.13	519	0	
12	SUTHERLAND, HAYLEIGH	MENLO	23.03	516	0	
13	BARTLE, R	EGJAN	22.62	507	0	
14	DU PLOOY, MILLA	HELPIE	22.12	495	0	
15	VAN WYK, RIHETTE	GRF	20.40	452	0	
16	VAN DYK, HALEY	OMAK	18.66	406	0	
17	ESTERHUIZEN, TONE	OMAK	18.14	392	0	
18	NTHABELENG, THOBEJANE	EGJAN	13.90	262	0	

Item 26 13:30:00 Final Boys 14 Javelin

600g

1	HARMSE, DANILE-LUKE	HELPIE	43.62	543	8	G
2	MCLAREN, MJ	MENLO	42.53	523	7	S
3	POTGIETER, NICO	WTK	42.32	519	6	B
4	OREILLY, JOHN	MENLO	41.85	510	5	
5	COETZEE, DIVAN	HELPIE	39.70	470	4	
6	LEUSCHNER, KEENAN	MONT	38.56	448	3	
7	WEISS, HEINRICH	GRF	35.18	381	2	
8	ESTERHUIZEN, JANCO	HELPIE	35.13	380	1	
9	LOTTERING, RUAN	HELPIE	33.91	355	0	
10	LAMB, WICUS	MONT	33.87	354	0	
11	ALLCHURCH, KYLE	GRF	32.82	332	0	
12	MEINTJES, DILLON	MONT	32.62	327	0	
13	DONEGAN, COLE	KES	32.27	320	0	
14	MEYER, ZADOK	GRF	30.60	283	0	
15	KAUFMAN, DIHAN	WTK	28.93	245	0	
16	VENTER, LE ROUX	EGJAN	24.43	133	0	
17	JANSE VAN RENSBURG, EVAN	JBHS	11.80	0	0	

Item 123 19:40:00 Final Girls 15 Javelin

500g

1	BODENSTEIN, AMELIE	MENLO	43.89	891	8	G
2	OOSTHUYSEN, JENEVIEVE	GRF	40.64	840	7	S
3	THEUNISSEN, ALLENÉ	GRF	40.59	839	6	B
4	BIERMAN, BREGITHE	HELPIE	35.16	748	5	
5	POTGIETER, ANZEL	MENLO	33.35	716	4	
6	PRINSLOO, NINA	MENLO	32.45	700	3	
7	HATTINGH, MIA	WTK	32.03	692	2	
8	HERBST, DENISE	MONT	28.93	632	1	
9	SCHEEPERS, ASHLEY	EGJAN	27.43	602	0	
10	JANSE VAN RENSBURG, SURIKA	GRF	26.31	579	0	
11	DE LANGE, ZANE	WTK	23.53	517	0	
12	HEUNIS, CHRISTELLE	WTK	22.58	495	0	
13	VILJOEN, IZEBELLE	HELPIE	22.31	489	0	
14	BASSON, M	EGJAN	22.28	488	0	
15	KRYNAUW, MIEKE	OMAK	20.42	443	0	
16	ROODT, MARIZAAN	MONT	20.39	442	0	
17	BOTHA, E	EGJAN	20.18	436	0	
18	BRUYNS, CAITLIN	MONT	20.12	435	0	



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19	SCHOLTZ, ABIGAIL	OMAK	19.26	412	0
20	MOTAU, HOPE	OMAK	18.99	405	0

Item 55 15:20:00 Final Boys 15 Javelin

600g

1	SMIT, AIDEN	WTK	56.15	731	8	G
2	LUBBE, DILLAN	OMAK	50.48	640	7	S
3	PRETORIUS, HANNES	HELPIE	50.01	633	6	B
4	WENTZEL, VICTOR	MENLO	46.98	582	5	
5	BARNARD, SCOTT	HELPIE	46.74	578	4	
6	ERASMUS, ARNO	GRF	46.41	572	3	
7	GROBLER, LOUDEN	WTK	41.71	489	2	
8	MEYER, CHRIS	GRF	41.55	486	1	
9	BRITS, BENJAMIN	MONT	41.18	479	0	
10	PITZER, LOGAN	HELPIE	40.91	474	0	
11	BARTMAN, DIVAN	MONT	39.22	443	0	
12	SPANGENBERG, JANDRE	HELPIE	38.70	433	0	
13	DE BEER, BEN	WTK	36.90	398	0	
14	VAN DER NEST, C	EGJAN	35.00	360	0	
15	WILLIAMS, D	EGJAN	33.56	330	0	
16	SMITH, KEAGAN	MENLO	33.19	322	0	
17	LOUW, WALDO	MONT	30.69	268	0	
18	VAN DYK, ZANDRE	OMAK	30.16	256	0	
19	JERLING, C	EGJAN	28.79	225	0	
20	BEATTIE, DEVLAN	KES	28.26	212	0	
21	SAMUELS, LEVANDRE	VOR	21.15	27	0	

Item 111 18:50:00 Final Girls 16 Javelin

500g

1	SMIT, LIANE	MENLO	39.35	807	8	G
2	BREYTENBACH, TELANA	OMAK	36.50	760	7	S
3	BEZUIDENHOUT, LOGAN	WTK	33.95	716	6	B
4	MARSHALL, JAMIE	OMAK	32.42	688	5	
5	SCHUTTE, SYMHONE	HELPIE	31.72	675	4	
6	VAN RENSBURG, LIANNÉ	GRF	31.53	672	3	
7	BLOEM, MARNÉ	GRF	31.40	669	2	
8	DE BEER, ADRI	MENLO	30.99	662	1	
9	BARNARD, B	EGJAN	27.76	599	0	
10	DE WET, LIANE	MENLO	26.96	582	0	
11	BOTHA, LOGAN	HELPIE	26.70	577	0	
12	HEYMANS, LIEHANI	HELPIE	26.18	566	0	
13	BESSINGER, SHANIKE	WTK	26.05	563	0	
14	DE LANGE, DELIZE	MONT	25.01	541	0	
15	VAN DYK, MIANE	OMAK	24.00	518	0	
16	HERBST, MINETTE	WTK	21.11	450	0	
17	SLABBERT, JANE	HELPIE	20.13	426	0	
18	LAMB, SUEZELLE	MONT	19.93	421	0	
19	MASSYN, HELEN	GRF	18.21	375	0	
20	THAVHANA, R	VOR	14.71	271	0	
21	MUBUDZI, PRECIOUS	VOR	13.34	225	0	

Item 40 14:30:00 Final Boys 16 Javelin

700g

1	DE KLERK, ZAK	HELPIE	58.42	798	8	G
2	DE LANGE, LOHAN	GRF	57.44	783	7	S
3	SCHUTTE, JUANDRÉ	GRF	56.66	771	6	B
4	VD WALT, ALEXANDER	MENLO	52.40	702	5	
5	BARKHUIZEN, LOGAN	MONT	48.76	642	4	
6	WHITE, DAVID	OMAK	48.68	640	3	
7	HERHOLDT, HENDRO	MONT	44.48	567	2	

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8	V WYK, DEWALD	MENLO	43.35	547	1
9	BOTHA, HENDRE	MONT	38.84	462	0
10	VIVIERS, GERHARD	WTK	38.59	458	0
11	ROSSOUW, CONNOR	WTK	38.01	446	0
12	GREEN, DANIELLE	MENLO	37.75	441	0
13	BURNS, R	EGJAN	34.02	365	0
14	RAATH, STIAAN	HELPIE	33.52	355	0
15	KNOETZE, GARRICK	KES	33.36	351	0
16	VELLEMA, ANRU	WTK	28.88	251	0
17	VAN DER MERWE, ANDRIES	KES	25.08	158	0
18	LAWRENCE, BRYTON	VOR	21.28	53	0
19	BOWNES, THOMAS	KES	19.40	0	0
20	NOMVALO, MNOTHO	VOR	19.34	0	0

Item 70 16:10:00 Final Girls 17 Javelin

500g

1	BLOKPOEL, KATELYNN	MENLO	41.71	834	8	G
2	VAN EYSEN, MIELE	HELPIE	37.36	764	7	S
3	FERREIRA, MAVILDA	MENLO	34.09	708	6	B
4	BEUKES, ZENEY	HELPIE	31.08	654	5	
5	CHRISTIE, MILAN	WTK	30.44	642	4	
6	BIERMAN, DANIELLE	OMAK	28.41	602	3	
7	DE JONGE, ABBIGAIL	MONT	25.61	545	2	
8	SMITH, K	EGJAN	24.74	526	1	
9	STEYN, LIA	OMAK	23.31	494	0	
10	GROBLER, ZANICA	WTK	21.80	459	0	
11	BRIDER, ZURICA	OMAK	21.42	449	0	
12	ROOS, ZOE	WTK	21.30	446	0	
13	BOSHOFF, C	EGJAN	19.90	411	0	

Item 84 17:00:00 Final Boys 17 Javelin

700g

1	VAN DER BERG, HANRO	HELPIE	62.91	844	8	G
2	KOK, KAREL	OMAK	58.98	785	7	S
3	TURNER, ALEXANDER	HELPIE	53.20	695	6	B
4	FOURIE, JJ	GRF	50.62	653	5	
5	BARNARD, JADON	HELPIE	49.96	642	4	
6	GROBBELAAR, TIAAN	MONT	49.27	631	3	
7	VAN DEN BERG, JEAN	WTK	43.00	522	2	
8	ROUX, IAAN	OMAK	42.64	515	1	
9	SWANEPOEL, JAN - HENDRIK	MENLO	41.65	497	0	
10	CONLYN, JOSHUA	KES	35.24	373	0	
11	VD BERG, JEANDRE	MENLO	35.10	371	0	
12	EAGLETON, EWAN	WTK	35.09	370	0	
13	DU PLESSIS, GERHARD	GRF	34.68	362	0	
14	VAN WYNGAARDT, R	EGJAN	34.68	362	0	
15	BOSHOFF, TIAAN	MENLO	34.64	361	0	
16	VAN DER HEEFER, ETHAN	EGJAN	32.91	325	0	
17	BORSJE, LIAM	MONT	32.34	313	0	
18	LOUW, KYLE	VOR	28.86	235	0	
19	DE LANGE, JARED	JBHS	28.84	234	0	
20	KHUZWAYO, MHLengi	JBHS	26.78	185	0	
21	BINING, MATTHEW	JBHS	25.38	150	0	
22	DERCKSON, HUGO	WTK	25.27	147	0	
23	KUNENE, ROFHIWA	VOR	20.15	5	0	
24	MUHAMMAD, ALLISON	VOR	17.44	0	0	
25	J V VUUREN, STEFAN	MENLO		0	0	

Item 99 17:50:00 Final Girls 19 Javelin

600g



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1	GELDENHUYS, MONIQUE	OMAK	38.98	790	8	G
2	COETZEE, SUMÉ	GRF	35.71	736	7	S
3	GROBLER, ABIGAIL	WTK	34.97	723	6	B
4	DU PLESSIS, AVRIL	MENLO	34.61	717	5	
5	JANSE VAN RENSBURG, SERA	WTK	32.41	678	4	
6	LE ROUX, ANGELA	MENLO	31.34	658	3	
7	JANSE VAN RENSBURG, ANKE	GRF	28.15	597	2	
8	BRITS, KAYLEY	MENLO	27.77	589	1	
9	PIENAAR, KEIRA	HELPIE	27.52	584	0	
10	BESTER, MARUZAAN	GRF	27.41	582	0	
11	VESTER, ANA	HELPIE	27.12	576	0	
12	VAN SCHALKWYK, LISA	WTK	24.23	514	0	
13	BOSHOFF, IMKE	HELPIE	23.89	506	0	
14	SEYMOUR, CAYTLIN	OMAK	23.72	503	0	
15	BRIDER, MIKAYLA	OMAK	22.61	477	0	
16	JOUBERT, LUCINDA	MONT	20.81	434	0	
17	PRETORIUS, KYLIE	MONT	19.02	388	0	

Item 9 12:40:00 Final Boys 19 Javelin

800g

1	HEYMANS, JAN-HENDRIK	HELPIE	67.10	906	8	G
2	SERFONTEIN, TIAAN	MENLO	46.96	591	7	S
3	KRITZINGER, MARK	WTK	46.04	575	6	B
4	BOWNES, MICHAEL	KES	45.96	574	5	
5	BRONKHORST, KYLE	MONT	45.76	570	4	
6	MEERHOLZ, LUMIERE	GRF	44.08	541	3	
7	KEUN, ANDRU	MENLO	43.72	534	2	
8	SHIVAS, CJ	MONT	43.62	533	1	
9	PRINSLO, HENRÉ	GRF	42.78	517	0	
10	PRETORIUS, KEAGAN	MENLO	42.37	510	0	
11	SCHOEMAN, HENDREW	MONT	41.33	491	0	
11	CORBETT, DANIE	OMAK	41.33	491	0	
13	BOTHA, JAYDON	OMAK	39.99	466	0	
14	BERNING, JOSH	JBHS	39.51	457	0	
15	MULLER, JORDAAN	WTK	39.15	450	0	
16	BINNEMAN, CODY	WTK	38.68	441	0	
17	GEYER, J	EGJAN	31.33	290	0	
18	COMBRINK, C	EGJAN	27.43	200	0	
19	LATILLA, DEV	KES	21.80	53	0	

Item 128 20:18:00 Final Girls 14 4x100m Relay

1	RELAY TEAM,	MENLO	0:50.83	774	8	G
2	RELAY TEAM,	HELPIE	0:52.34	725	7	S
3	RELAY TEAM,	OMAK	0:54.52	662	6	B
4	RELAY TEAM,	WTK	0:55.14	646	5	
5	RELAY TEAM,	GRF	0:55.19	644	4	
6	RELAY TEAM,	EGJAN	0:55.54	635	3	
7	RELAY TEAM,	MONT	0:56.88	601	2	

Item 129 20:22:00 Final Results Boys 14 4x100m Relay

1	RELAY TEAM,	GRF	0:46.84	722	8	G
2	RELAY TEAM,	HELPIE	0:48.08	681	7	S
3	RELAY TEAM,	MENLO	0:48.57	666	6	B
4	RELAY TEAM,	KES	0:48.69	662	5	
5	RELAY TEAM,	JBHS	0:49.08	651	4	
6	RELAY TEAM,	EGJAN	0:49.14	649	3	
7	RELAY TEAM,	WTK	0:50.17	619	2	
8	RELAY TEAM,	OMAK	0:51.84	574	1	

Item 129 20:22:00 Final 1 of 2 Boys 14 4x100m Relay



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1	RELAY TEAM,	HELPIE	0:48.08	681
2	RELAY TEAM,	KES	0:48.69	662
3	RELAY TEAM,	JBHS	0:49.08	651
4	RELAY TEAM,	WTK	0:50.17	619
5	RELAY TEAM,	MONT	DNS	0

Item 129 20:22:00 Final 2 of 2 Boys 14 4x100m Relay

1	RELAY TEAM,	GRF	0:46.84	722
2	RELAY TEAM,	MENLO	0:48.57	666
3	RELAY TEAM,	EGJAN	0:49.14	649
4	RELAY TEAM,	OMAK	0:51.84	574

Item 130 20:26:00 Final Girls 15 4x100m Relay

1	RELAY TEAM,	MENLO	0:49.21	818	8	G	HMKG24
2	RELAY TEAM,	HELPIE	0:50.73	763	7	S	
3	RELAY TEAM,	WTK	0:51.34	743	6	B	
4	RELAY TEAM,	MONT	0:51.63	734	5		
5	RELAY TEAM,	GRF	0:52.45	709	4		
6	RELAY TEAM,	OMAK	0:54.89	640	3		
7	RELAY TEAM,	EGJAN	0:56.68	595	2		

Item 131 20:30:00 Final Results Boys 15 4x100m Relay

1	RELAY TEAM,	JBHS	0:45.71	752	8	G
2	RELAY TEAM,	MENLO	0:46.42	727	7	S
3	RELAY TEAM,	KES	0:46.55	722	6	B
4	RELAY TEAM,	GRF	0:46.69	718	5	
5	RELAY TEAM,	HELPIE	0:46.72	717	4	
6	RELAY TEAM,	WTK	0:47.02	707	3	
7	RELAY TEAM,	OMAK	0:47.60	687	2	
8	RELAY TEAM,	MONT	0:49.19	638	1	
9	RELAY TEAM,	EGJAN	0:49.85	620	0	

Item 131 20:30:00 Final 1 of 2 Boys 15 4x100m Relay

1	RELAY TEAM,	MENLO	0:46.42	727
2	RELAY TEAM,	HELPIE	0:46.72	717
3	RELAY TEAM,	OMAK	0:47.60	687
4	RELAY TEAM,	MONT	0:49.19	638
5	RELAY TEAM,	EGJAN	0:49.85	620

Item 131 20:30:00 Final 2 of 2 Boys 15 4x100m Relay

1	RELAY TEAM,	JBHS	0:45.71	752
2	RELAY TEAM,	KES	0:46.55	722
3	RELAY TEAM,	GRF	0:46.69	718
4	RELAY TEAM,	WTK	0:47.02	707

Item 132 20:34:00 Final Girls 16 4x100m Relay

1	RELAY TEAM,	MENLO	0:48.15	844	8	G	HMKG24
2	RELAY TEAM,	WTK	0:49.46	794	7	S	HMKG24
3	RELAY TEAM,	OMAK	0:51.09	738	6	B	
4	RELAY TEAM,	HELPIE	0:51.72	718	5		
5	RELAY TEAM,	MONT	0:52.12	706	4		
6	RELAY TEAM,	GRF	0:52.93	682	3		
7	RELAY TEAM,	EGJAN	0:54.16	648	2		

Item 133 20:38:00 Final Results Boys 16 4x100m Relay

1	RELAY TEAM,	WTK	0:44.52	788	8	G
2	RELAY TEAM,	MENLO	0:44.65	783	7	S
3	RELAY TEAM,	HELPIE	0:45.01	769	6	B



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4	RELAY TEAM,	JBHS 0:45.60	747	5
5	RELAY TEAM,	KES 0:46.43	717	4
6	RELAY TEAM,	EGJAN 0:46.62	711	3
7	RELAY TEAM,	OMAK 0:47.53	680	2
8	RELAY TEAM,	MONT 0:49.47	622	1
9	RELAY TEAM,	GRF 0:58.15	419	0

Item 133 20:38:00 Final 1 of 2 Boys 16 4x100m Relay

1	RELAY TEAM,	WTK 0:44.52	788	
2	RELAY TEAM,	HELPIE 0:45.01	769	
3	RELAY TEAM,	JBHS 0:45.60	747	
4	RELAY TEAM,	EGJAN 0:46.62	711	
5	RELAY TEAM,	OMAK 0:47.53	680	

Item 133 20:38:00 Final 2 of 2 Boys 16 4x100m Relay

1	RELAY TEAM,	MENLO 0:44.65	783	
2	RELAY TEAM,	KES 0:46.43	717	
3	RELAY TEAM,	MONT 0:49.47	622	
4	RELAY TEAM,	GRF 0:58.15	419	

Item 134 20:42:00 Final Girls 17 4x100m Relay

1	RELAY TEAM,	MENLO 0:49.32	786	8	G
2	RELAY TEAM,	WTK 0:49.55	777	7	S
3	RELAY TEAM,	HELPIE 0:50.06	760	6	B
4	RELAY TEAM,	OMAK 0:53.28	661	5	
5	RELAY TEAM,	MONT 0:54.60	626	4	
6	RELAY TEAM,	GRF 0:55.02	615	3	
7	RELAY TEAM,	EGJAN 0:55.69	598	2	

Item 135 20:46:00 Final Results Boys 17 4x100m Relay

1	RELAY TEAM,	KES 0:42.05	886	8	G	HMKG24
2	RELAY TEAM,	GRF 0:42.15	881	7	S	HMKG24
3	RELAY TEAM,	HELPIE 0:43.83	805	6	B	
4	RELAY TEAM,	MENLO 0:44.45	780	5		
5	RELAY TEAM,	MONT 0:44.82	766	4		
6	RELAY TEAM,	OMAK 0:45.01	758	3		
7	RELAY TEAM,	WTK 0:45.30	748	2		
8	RELAY TEAM,	EGJAN 0:47.14	684	1		

Item 135 20:46:00 Final 1 of 2 Boys 17 4x100m Relay

1	RELAY TEAM,	KES 0:42.05	886			HMKG24
2	RELAY TEAM,	GRF 0:42.15	881			HMKG24
3	RELAY TEAM,	MONT 0:44.82	766			
4	RELAY TEAM,	OMAK 0:45.01	758			
5	RELAY TEAM,	EGJAN 0:47.14	684			

Item 135 20:46:00 Final 2 of 2 Boys 17 4x100m Relay

1	RELAY TEAM,	HELPIE 0:43.83	805	
2	RELAY TEAM,	MENLO 0:44.45	780	
3	RELAY TEAM,	WTK 0:45.30	748	
4	RELAY TEAM,	JBHS DNS	0	

Item 136 20:50:00 Final Girls 19 4x100m Relay

1	RELAY TEAM,	MENLO 0:49.93	742	8	G
2	RELAY TEAM,	HELPIE 0:50.29	730	7	S
3	RELAY TEAM,	WTK 0:51.17	702	6	B
4	RELAY TEAM,	MONT 0:51.53	691	5	
5	RELAY TEAM,	GRF 0:51.98	678	4	

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6	RELAY TEAM,	OMAK	0:52.88	652	3
7	RELAY TEAM,	EGJAN	0:53.64	632	2

Item 137 20:54:00 Final Results Boys 19 4x100m Relay

1	RELAY TEAM,	MENLO	0:42.48	842	8	G	=HMKG24
2	RELAY TEAM,	OMAK	0:42.86	825	7	S	
3	RELAY TEAM,	KES	0:44.07	775	6	B	
4	RELAY TEAM,	WTK	0:44.25	768	5		
5	RELAY TEAM,	EGJAN	0:44.71	750	4		
6	RELAY TEAM,	HELPIE	0:44.91	743	3		
7	RELAY TEAM,	GRF	0:45.19	733	2		
8	RELAY TEAM,	MONT	0:45.28	729	1		

Item 137 20:54:00 Final 1 of 2 Boys 19 4x100m Relay

1	RELAY TEAM,	OMAK	0:42.86	825	
2	RELAY TEAM,	KES	0:44.07	775	
3	RELAY TEAM,	GRF	0:45.19	733	

Item 137 20:54:00 Final 2 of 2 Boys 19 4x100m Relay

1	RELAY TEAM,	MENLO	0:42.48	842		=HMKG24
2	RELAY TEAM,	WTK	0:44.25	768		
3	RELAY TEAM,	EGJAN	0:44.71	750		
4	RELAY TEAM,	HELPIE	0:44.91	743		
5	RELAY TEAM,	MONT	0:45.28	729		